



CYPSC 2023 ANNUAL PROGRAMME OF WORK

County CYPSC Mission
 Monaghan Children and Young people's Services Committees are working collaboratively to improve outcomes for Children and Young people 0-24years. Making small changes which will make a big differences in young people's lives.

County CYPSC Statement of intent 2023
 The process of developing a new 3year plan starts again in 2023. We hope that this again will lead us to a greater understanding of how we can work together on joint initiatives resulting in a shared understanding of the need for services to change in order to meet the complex needs of families and communities in Co. Monaghan.

National Outcome 1 Active and Healthy, Physical & Mental Wellbeing

CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s) 2022	Lead Agency	Partners
Irish Young people are over represented among those who die by suicide. In Ireland , the mortality rate from suicide in the 15-24 age group is the fourth highest in the EU, and the third highest among young men 15-19 yrs.	Reduce the Stigma of seeking help for mental health concerns	Insights on Connecting You App downloads increase +500 downloads	Run campaign #Connecting Cavan & Monaghan March 28th Day	Youth Work Ireland Cavan and Monaghan	Child and Family Support Networks Schools HSE Connecting for Life Cavan Monaghan
Increase in % of Children and Young people meeting Physical Activity Guidelines	Only 54% of adolescent girls exerting themselves more that 3 times per week	>56 % of young girls involved in team sports and clubs >13%of all children exercising more than one hour per day.	Increase by 30% more opportunities for play and afterschool and summer camp activities through Planet Youth	Cavan and Monaghan Education and Training Board	Youth Work Ireland Sports Partnership Schools Foróige Family Resource centres
Increase the rates of Breastfeeding across the County.	Increase in breastfeeding % rates at first PHN visit and at 3 month follow-up	More than 23% of mums Breastfeeding exclusively by 3 months. 30-50 businesses signed up to promote breastfeeding	Support the We're Breast Feeding Friendly Monaghan Initiative	Teach Na Daoine Family Resource Centre	HSE Cavan General CYPSC, La Leche League HSE Child Health and Wellbeing, Child and Family Support Network

National Outcome 2 Learning and Development

CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Lead Agency	Partners
Increase the proportion of children reaching a good level of development at age 5	Chatterbox Enhancement programme to include Physio therapists and Occupational Therapists	Reduction in presentation of children with developmental delays to primary care by 5%	Codesign and pilot a programme with Preschool providers which supports all aspects of child development through the Aistear Curriculum	HSE	Monaghan County Childcare Committee National Childhood Network Chatterbox HSE
Transitions Programme	To ensure 6th class students are offered a transition programme in 2023/24	5 schools currently registered for the smart moves programme. Target for 25 schools for 2024	Champion Smart Moves Programme Contact all the primary schools in Monaghan to promote the Smart moves programme and other resources on the Monaghan Education and Training website	ISPCC	Monaghan Education and Training Centre Child and Family Support Networks Schools CAMHS HSE National Educational Psychological Service

National Outcome 3 Safe and Protected from Harm					
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Lead Agency	Partners
To protect young people from abuse	To address side-line abuse during sport	Base line questionnaire 50% have personally received abuse from the side line. Reduce to 25%	Fund promotional material for the project Highlight the initiative to local partners	Largy School (Young Social Innovators)	GAA and other sports clubs Monaghan Sports Partnership Parenting Monaghan
Leaflets and Pants programme	To create resources on neglect , physical and sexual abuse	Increase in more appropriate referrals to Tusla	Develop and Publish Leaflets	Prevention Partnership and Family Support (PPFS)	Tusla ISPCC, NSPCC,
Prevalence of heavy episodic drinking (percentage of young people who report drinking six or more standard drinks in a single session)	Decrease in prevalence of age standardised heavy episodic drinking	less than 35% of adolescents reporting having more than 6 standardised drinks in a 2 hour period (Planet Youth Data 2021)	Information talks for parents x 3 on the impact of alcohol on the adolescent brain Design and run an awareness raising campaign with young people for young people	Planet Youth Implementation ion group	North East Drug and Alcohol Task Force Monaghan and Cavan Youth Substance Support Service TUSLA PPFS Child and Family Network Support ISPCC Youth Work Ireland Cavan and Monaghan Foróige
National Outcome 4 Economic Security & Opportunity					
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Lead Agency	Partners
Establish additional Outcome 4 group with a focus on poverty and safe youth friendly environments	A working group will be set up to address some of the issues of child poverty in the County	Actions developed for inclusion in new 3 year CYPSC Monaghan Plan	Working group established	Children and Young People's Services Committee	Monaghan Co Co Monaghan Integrated Development CLG St Vincent De Paul Teach na Daoine Family Resource Centre National Childhood Network Dept of Social Protection Prevention Partnership and Family support Tusla Aftercare Tusla
Support the Roma Community in South Monaghan to engage with local parent and toddler groups and preschools	Currently 210 Roma families live in the South of the County.	Increase in numbers of children from the Roma Community attending preschool	Conduct a base line of children from the Roma community currently in Preschool. Work with parents to encourage participation in parents and toddler groups and the Early Childhood Care & Education Scheme	Monaghan Integrated Development CLG	Monaghan County Childcare Committee National Childhood Network

National Outcome 5 Connected, respected & contributing to their world					
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Lead Agency	Partners
Whole school approach to Anti- Racism, Inclusion, Diversity and Respect	Support a culture where all types of bullying and abuse in all it's forms is challenged	Less than 28% of young people experiencing cyber bullying and 30% teased (Planet Youth 2021)	Consult with young people and schools to choose an approach- Schools of Sanctuary Yellow Flag, Blue Shield / Kiva to support a whole school approach	Monaghan Youth Activists	Monaghan Equality Subgroup LCDC Monaghan Education and Training Centre Cavan and Monaghan Rainbow Youth
Support the delivery of hygiene packs in Post Primary School bathrooms, third level YouthReach, and Youth settings	To support girls who may be experiencing period poverty	Post primary schools and other formal and non formal youth settings will have hygiene baskets in their bathrooms.	Pilot initiative with select number of schools Get feedback from the students and apply for funding if warranted to continue this initiative	Teach na Daoine Family Resource Centre	Cavan and Monaghan n Education and Training Board Schools Youth Centres YouthReach Youth Work Ireland Cavan and Monaghan Fóroige Monaghan Institute for Further Education and Training
Change Management					
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Lead Agency	Partners
Parenting Monaghan	To support the coordination of parenting programmes in Monaghan	15 parenting programmes delivered	Support development of new website Support the delivery of 5 parenting programmes per year	Monaghan Integrated Development CLG Parenting Monaghan	Monaghan County Childcare Committee Tusla Prevention Partnership, and Family Support, Public Health Nursing HSE, National Childhood Network Child and Family Support Networks, Community Mental Health HSE, Monaghan Libraries, Cavan and Monaghan Education and Training Board
Develop and publish new Children and Young People's Plan	To develop and publish a new 3 year plan for the county	Plan approved by National CYPSC plan review board and published	Create and advertise tender for completion of consultations and development of Children and Young People's Plan	Monaghan Children and Young People's Services Committee	All committee and subgroup members
Bring a focus to Early Intervention and Development	Create a Monaghan Infant Mental Health (IMH)Network Group that will support a greater understanding of IMH	Infant Mental Health Network created	Infant Mental Health Network established 32 people complete training across a range of disciplines	Child & Adolescent Mental Health Monaghan	Child and Family Support Networks Preschool Providers Family resource Centres Prevention Partnership &Family Support Tusla Area based Childhood Programme Cavan CYPSC