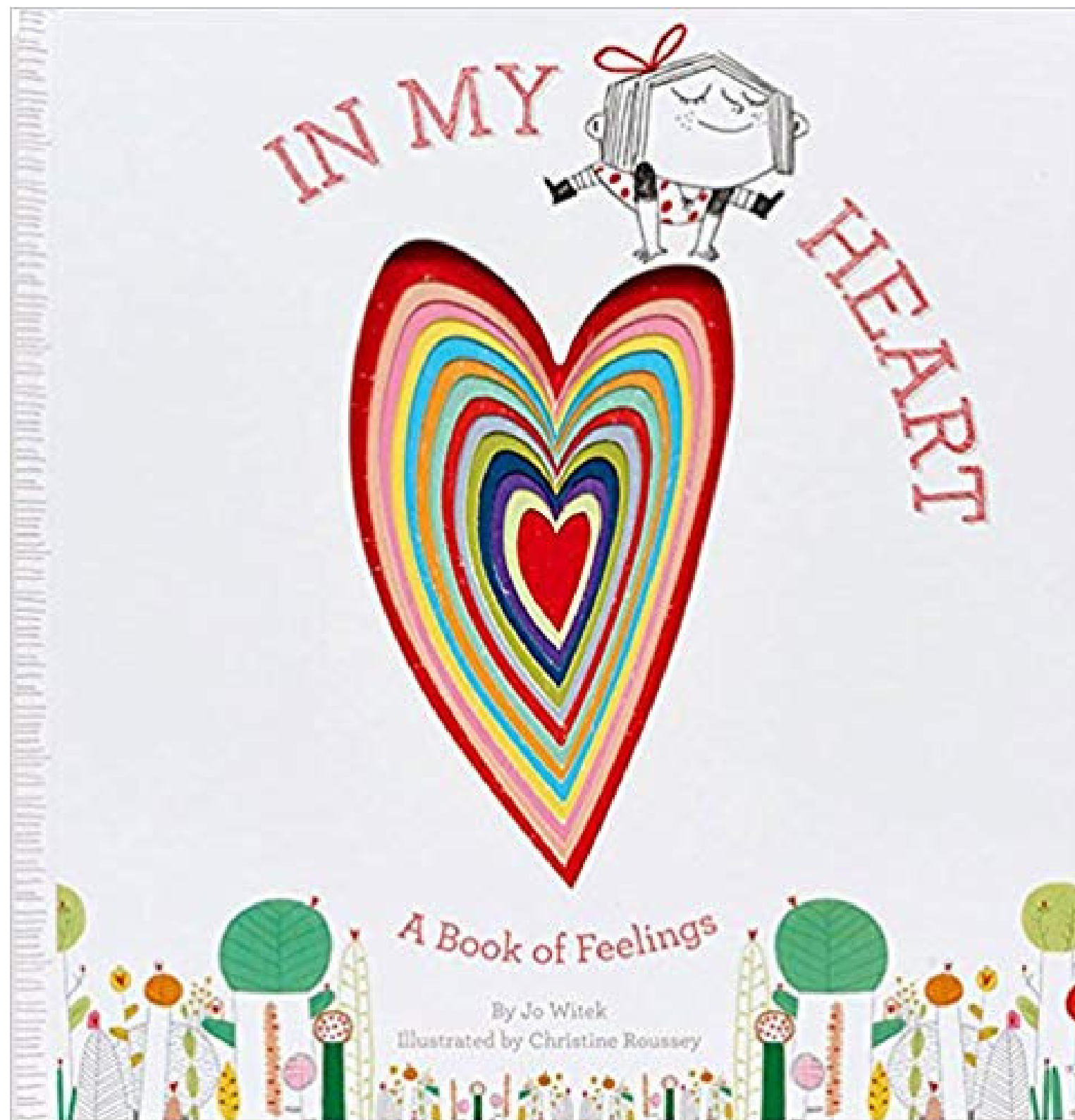


# Picture Book of the Month May 2019



**"When I get really angry, my heart feels like it's going to explode! Don't come near me! My heart is yelling, hot and loud. This is when my heart is mad." In this simple but expressive and empowering book, a little girl explores her different emotions - happiness, sadness, bravery, anger, shyness and more. In My Heart lyrically explains what an emotion feels like, physically, inside.**



Leabharlann Chontae Mhaigh Eo  
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