

Parenting in a Pandemic

'Minding Yourself & The Wee One's'

FREE ZOOM Workshop for Parents
with

DR. COLMAN NOCTOR

- Assistant Professor UCD
- Child & Adolescent Psychotherapist
- Popular Podcast #Asking for a Parent
- Featured in RTE's "Big Year in Big School" Programme



Tuesday 2nd February
8pm - 9pm

OPEN TO ALL

TO BOOK YOUR PLACE CONTACT:

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