



## ROSCOMMON Children and Young People's Services Committee 2026 ANNUAL PROGRAMME OF WORK

**Roscommon Children and Young People's Services Committee Mission** The mission of Roscommon Children and Young People's Services Committee is to provide strategic direction and leadership to ensure effective interagency coordination and collaboration in order to achieve the best outcomes for children and young people in the County.

**Roscommon Children and Young People's Services Committee Statement of intent 2026** Our priority for 2026 is to work towards the development of a new Children and Young People's Plan, and to continue to work of Children and Young People's Services Committee regarding strategic actions for children and young people's wellbeing.

### National Outcome 1 Active and Healthy, Physical and Mental Wellbeing

Children and Young People's Services Committee Priority	Objective	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name	
Play and Recreation/ Additional Actions - Early Years - Breastfeeding	To increase breastfeeding support and awareness by delivering coordinated county-wide initiatives targeted at parents and expectant parents, provide evidence based sessions, develop and implement a We're Breastfeeding Friendly Initiative, develop and support breastfeeding groups and deliver Healthy Ireland aligned information resources, by end of year.	Increase in and awareness of Breastfeeding supports in Roscommon	To continue to roll out 'We're Breastfeeding Friendly Roscommon' To facilitate 4 Beginning Breastfeeding information evenings. To promote and develop breastfeeding supports and groups.	Create an environment where every individual and sector of society can play their part in HI	Wellbeing Factors	no	Health Service Executive - Health Promotion and Improvement	Roscommon Children and Young People's Services Committee, Public Health Nurses, Lactation Consultants, General Practitioner, Breastfeeding Buddy.	Healthy Ireland Fund 2026 (Round 4)
Play and Recreation - Early Years - Balance Bikes	Enhance physical activity by delivering county wide balance bike 3 week programmes, for children aged 3-6 years, delivered in 8 community settings/ locations, providing structured sessions to children in safe cycle skills delivery, by end of year. Feedback measured through practitioner assessments and parent feedback surveys.	Access to balance bike programme increased throughout the County and an increase in the number of children cycling.	To deliver 8 programmes with over 140 children across the County.	Increase the proportion of people that are healthy at all stages of life	Wellbeing Factors	yes	Roscommon Sports Partnership	Roscommon Children and Young People's Services Committee, Roscommon Library , Roscommon Sports Partnership, Health Promotion, Family Resource Centres	Healthy Ireland Fund 2026 (Round 4)
Play & Recreation - Early Years - Outdoor Play	To strengthen outdoor play opportunities through structured outdoor play initiative for baby and toddler groups across the County to increase participation in toddler's outdoor play time and improve service confidence in delivering outdoor play sessions (measured through pre and post session surveys), by end of year.	Increased opportunity and access to outdoor play across the County	Develop and support outdoor play strategies, initiatives and awareness by promoting and normalising outdoor play.	Create an environment where every individual and sector of society can play their part in HI	Wellbeing Factors	yes	Health Service Executive - Health Promotion and Improvement	Roscommon Children and Young People's Services Committee, Roscommon Sports Partnership, Willowbrook Preschool, Family Resource Centres, Health Promotion, Roscommon County Childcare Committee	Healthy Ireland Fund
Children and Youth Participation	That young people are supported to contribute to Children and Young People's Services Committee and it's Subgroups.	Young People contributing to Children and Young People's Services Committee and it's subgroups.	Consultation with stakeholders regarding existing youth representative fora in Roscommon. Agreement regarding participatory actions reached.	Create an environment where every individual and sector of society can play their part in HI	Wellbeing Factors	no	Roscommon Children and Young People's Services Committee	All Roscommon Children and Young People's Services Committee member organisations.	Healthy Ireland Fund

Mental Health	Deliver key messages regarding services supporting mental health and wellbeing in Roscommon for children and young people.	Updated information on services and referral pathways available for all Children and Young People's Services Committee member organisations.	Update and distribute mental health services poster. Distribute information on West be Well. Host an information event for parents/young people Explore training for professionals in the County e.g. Decider Skills	Reduce health inequalities	Wellbeing Factors	no	Resource Officer for Suicide Prevention and West be Well	Western Region Drug and Alcohol Task Force, Children and Young People's Services Committee, Resource Officer for Suicide Prevention, National Education Psychological Services, Tusla, Health Service Executive, Foroige.	Healthy Ireland Fund
<b>National Outcome 2 Achieving Full Potential in all Areas of Learning and Development</b>									
<b>Children and Young People's Services Committee Priority</b>	<b>Objective</b>	<b>Indicator over 3-year CYPP period</b>	<b>Action(s)</b>	<b>Please select relevant Healthy Ireland goal if applicable.</b>	<b>Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable</b>	<b>Is this action being evaluated?</b>	<b>Lead Agency</b>	<b>Partners</b>	<b>Fund Name</b>
Inclusion in Education - Supports for Roma communities in Roscommon	Improve Roma families' health knowledge by delivering culturally appropriate education sessions on dental care, sexual and physical health, and social skills - improving access and wellbeing outcomes by end of year.	Roma families and young people engaging in health education, and greater engagement with services	Deliver culturally appropriate Roma Health education workshops, provide information resources, Summer programmes, facilitate discussions and support families to link with local services.	Reduce health inequalities	Preventative Measures	no	Foroige	Roscommon Children and Young People's Services Committee, Health Service Executive, Tusla, Tus, An Garda Síochána, Foroige, Roscommon Leader Partnership, Family Resource Centres, Galway and Roscommon Education and Training Board, St Nathys , Dept Welfare.	CYPSC Programme Fund

Participation in Education	To highlight the issues around school avoidance and refusal	Schools and professionals are engaged regarding school avoidance/refusal	Promote the use of Planet Youth data, facilitate information sessions. Revisit the School Refusal Toolkit.	Create an environment where every individual and sector of society can play their part in a HI	Wellbeing Factors	no	Children and Young People's Services Committee	Tusla, Health Service Executive, Planet Youth, Foroige, Youth Service, Education, National Education Psychological Service, Child & Adolescent Mental Health Services	CYPSC Programme Fund
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**National Outcome 3 Safe and Protected from Harm**

Children and Young People's Services Committee Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Prevention & Early Intervention - Programmes in Family Resource Centre's	Increase participation of parents and young people in community based parenting, youth and integration programmes through targeted & inclusive supports, improving mental health, engagement and community inclusion outcomes.	Increase in number of parents and young people participating in Family Resource Centre parenting, youth and integration programmes with improved engagement and positive feedback reported.	Deliver programmes through Family Resource Centre's, promote services through outreach and referrals, and support families to engage with local community supports.	Create an environment where every individual and sector of society can play their part in a HI	Wellbeing Factors	no	Family Resource Centre's	Roscommon Children and Young People's Services Committee, Tusla, Foroige, Health Service Executive, Family Resource Centres.	CYPSC Programme Fund
Children & Youth as Victims and Witnesses of Crime - domestic abuse supports	To increase domestic abuse support for children and young people through specialised programmes facilitated by trained staff, incorporate a multiagency approach.	Increase variety of supports available for parents, children and young people, with more services being trained to develop multi agency supports.	Develop and create more supports for children and young people experiencing and affected by domestic abuse. Reprint of the Domestic Abuse Resource Pack with an unmarked cover	Protect the public from threats to health and wellbeing	Wellbeing Factors	yes	Roscommon Safelink	Roscommon Safelink, Family Resource Centre's, Children and Young People's Services Committee, Tusla.	CYPSC Programme Fund
Children and Youth Participation - Planet Youth	Continue to support Planet Youth data collection and to support Planet Youth Implementation Framework	Identify statistics relating to issues impacting the health and wellbeing of children and young people in Roscommon.	Promote the use of Planet Youth data and facilitate information sessions.	Create an environment where every individual and sector of society can play their part in a HI	Lifestyle and Behaviour Risks	no	Planet Youth Western Region Drug and Alcohol Task Force	Roscommon Children and Young People's Services Committee, Schools,	CYPSC Programme Fund

**National Outcome 4 Economic Security and Opportunity**

Children and Young People's Services Committee Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Supports for Young Carers in Roscommon	Build on the work that has been achieved with Young Carers in Roscommon and that young carers are supported in their caring role.	Numbers of young carers engaged in the Roscommon Young Carers Project. Variety of activities available for young carers.	Fund a part time coordinator post for the Roscommon Young Carers Project. Engagement of young carers across the county. Monthly activity sessions provided.	Create an environment where every individual and sector of society can play their part in a HI	Wellbeing Factors	yes	South Roscommon Family Resource Centre	Family Resource Centre's in Roscommon, Tusla, Health Service Executive, Roscommon Youth Services	Healthy Ireland Fund 2026 (Round 4)
Prevention & Early Intervention - Parenting Hub	Coordination of parenting supports and programmes in County Roscommon and collaborate with new network including Sligo and Leitrim to create a parenting Hub accessible to entire network.	Coordination of formal parenting programmes across all services and development of Parenting Hub website or media for the network of Sligo, Leitrim, Roscommon.	Development of a database and calendar of programmes and events within the network. Development of accessible information of supports and services.	Increase the proportion of people that are healthy at all stages of life	Wellbeing Factors	no	Roscommon Children and Youth People's Services Committee	Sligo Leitrim Children and Young People's Services Committee	CYPSC Programme Fund

**National Outcome 5 Connected, respected and contributing to their world**

Children and Young People's Services Committee Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated ?	Lead Agency	Partners	Fund Name
Engagement With Agriculture - AgriKids and FRS Training	Increase children's awareness of farm safety by delivering AgriKids educational sessions in schools and communities, improving knowledge of safe behaviours on farms by end of year. Raise awareness regarding tractor safety in TY.	Increase in participation of safe practice, and demonstration of improved awareness and knowledge of safe behaviours on farms	Deliver AgriKids farm safety workshops, provide resources, engage children in activities and coordinate TY tractor safety/driving courses.	Protect the public from threats to health and wellbeing	Lifestyle and Behaviour Risks	yes	Ballaghaderreen Family Resource Centre	Roscommon Children and Young People's Services Committee , Family Resource Centres, schools	CYPSC Programme Fund

Participating in Democracy - Leadership - Supporting young people in their participation in the Leadership for Life Programme	That Children and Young People's Services Committee funding is pooled with funding from Galway and Roscommon Education and Training Board, Foroige, and University of Galway to support programme.	Numbers of young people being supported during their transition year programme.	Allocation of Children and Young People's Services Committee funding towards the programme. Presentations by young people to Children and Youth People's Services Committee members	Create an environment where every individual and sector of society can play their part in a HI	Wellbeing Factors	no	Foroige	Foroige, Roscommon Community College, University of Galway.	CYPSC Programme Fund
Participating in Democracy - Citizenship	To empower young people to learn more about themselves and their communities, enabling them to make meaningful, positive contributions.	More young people are active in their communities.	To work with Foroige on the Leadership for Life Programme	Create an environment where every individual and sector of society can play their part in a HI	Wellbeing Factors	no	Foroige	Foroige, Children and Young People's Services Committee, Youth Service, Galway and Roscommon Education and Training Board, Tusla.	CYPSC Programme Fund
Gender Recognition - LGBTI+ Project - Kid's Own	Develop a visually dynamic and relevant youth-led output that truthfully and meaningfully represents the concerns, ideals and lived experiences of LGBTI+ youth and conveys this clearly to their professional service providers.	Young people have engaged in this process and published their creative work.	Using creative practices, phase 1 consults young people on meaningful outputs reflecting their lives. Phase 2 supports them to shape and produce a resource based in their ideas, experiences and vision.	Create an environment where every individual and sector of society can play their part in a HI	Wellbeing Factors	no	Foroige	Roscommon Children and Young People's Services Committee, Young people, Roscommon Leader Partnership, Foroige.	CYPSC Programme Fund
<b>Change Management</b>									
<b>Children and Young People's Services Committee Priority</b>	<b>Objective</b>	<b>Indicator over 3-year CYPP period</b>	<b>Action(s)</b>	<b>Please select relevant Healthy Ireland goal if applicable.</b>	<b>Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable</b>	<b>Is this action being evaluated?</b>	<b>Lead Agency</b>	<b>Partners</b>	<b>Fund Name</b>
Interagency Cooperation	To have a coordinated response with organisations involved in dealing with critical incidents that impact on children, young people, and their families in Roscommon.	Embedding of the Critical incident protocol	Ensuring all organisations are aware of the protocol and its use.	Protect the public from threats to health and wellbeing	Preventative Measures	yes	Tusla, Health Service Executive, An Garda Síochána	All Organisations.	
Interagency Cooperation	One parenting hub for information, awareness for parents. Families and professionals across the network	One stop shop Sligo Leitrim Roscommon parenting information	Liaise with and work with colleagues in Sligo Leitrim.	Increase the proportion of people that are healthy at all stages of life	Wellbeing Factors	no	Children and Young People's Services Committee		
Mental Health	Increase level of trauma informed awareness, practices and training in the county	Trauma Informed trainings completed and being part of the work across the network	Trauma Informed survey to see level and needs within the county in conjunction with Sligo & Leitrim.	Increase the proportion of people that are healthy at all stages of life	Wellbeing Factors	no	Children and Young People's Services Committee	All organisations	