



CYPSC 2026 ANNUAL PROGRAMME OF WORK

Longford Westmeath CYPSC Mission	Our aim is to secure better developmental outcomes by bringing together local partners within a single framework, to provide strategic leadership, agree and implement a Children and Young People's Plan in a cohesive manner so as to enhance the delivery of services to children, young people and their families within Longford and Westmeath.						
Longford Westmeath CYPSC Statement of intent 2026	It is the intention of the LW CYPSC, to support Child, Youth and Family Services, in Longford and Westmeath, whilst implementing the actions as outlined below in the LW CYPSC Annual Programme of Work 2026.						
National Outcome 1 Active and Healthy, Physical & Mental Wellbeing							
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s) 2026	HIF Actions 2026	Lead Agency	Partners	
Healthy Ireland Fund Initiatives	To review and evaluate HIF projects to date and inform development of future projects	Roll out of HIF programmes, uptake by participants, feedback collated as part of evaluation process	Complete independent evaluation(commenced in 2025) of LW CYPSC HIF programmes namely Family Wellness and Our Voice Our Wellbeing and further development and roll out of both programmes.	Family Wellness and Our Voice Our Wellbeing	Active and Healthy Subgroup partners led out by the four local FRC's and WCI/WCP Mullingar in collaboration with Healthy Longford and Healthy Westmeath	LW CYPSC Member organisations	
Trauma Informed Care Taking Action Collectively (TIC TAC)	To further strengthen and enhance knowledge of Trauma Informed Model of Care across services	No. of services engaged in planning of TIC TAC events/ trainings/ workshops and no. of participants. (Service providers and service users) Feedback gathered through continuous evaluation process	Further roll out of TIC TAC programmes in the LW area including development of Five Year TIC TAC plan for the two counties		TIC TAC Interagency group	LW CYPSC Member organisations	
Appropriate Foods for Age Initiative	Continued development of interagency Appropriate foods for Age initiative	No of agencies/ participating families engaging	Continued development of Appropriate foods for age campaign in Longford Westmeath		Slaintecare Healthy Communities, Active and Healthy subgroup members, early years learning subgroup, family support subgroup	LW CYPSC Member organisations	
Continued collaboration with relevant multidisciplinary groups and committees where health is a priority	To strengthen collaborations across local services, avoiding overlap and addressing emerging needs and gaps in service provision	No. of agencies engaged	To continue to support and collaborate with other local health related multiagency committees e.g. Slaintecare Healthy communities, Healthy Longford, Healthy Westmeath, Connecting for Life Midlands Louth Meath, Midland Regional Drug & Alcohol Task Force, Jigsaw interagency group etc.		Active and Healthy Subgroup	LW CYPSC Member organisations	

National Outcome 2 Achieving Full Potential in all Areas of Learning and Development							
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)		Lead Agency	Partners	
Supporting Parents of Children in early years	Supporting parents with children aged 0 - 6 years, including promoting self-care, wellbeing for parents and children	No. of agencies and parents engaging	Work collaboratively supporting children in early years promoting self care and wellbeing and addressing emerging needs as identified by subgroups		Early Years Learning	LW CYPSC Member organisations	
Supporting Play in early years	Continued promotion of the therapeutic powers of play and its importance in the early development stage	No. of agencies and families engaged	Continued support of Play initiatives e.g. Stay and Play initiative in IPAS centres, Therapeutic Powers of Play, My Place to Play initiative etc.		Shared action across multiple subgroups i.e. Early years learning, Family Support and Active and Healthy	LW CYPSC Member organisations	
Promoting Music in early years	To remove barriers and promote participation in music with an inclusive approach to teaching and learning music in the early years sector	No. of childcare providers and children engaging and taking part.	Support the delivery of Music Generation Early Years Programme		Music Generation, Longford Westmeath ETB, Longford County Childcare Committee	Early Years Learning Subgroup and LW CYPSC Member organisations	
Guide to Services for Young People with Disabilities	To sign post supports that are available in Longford and Westmeath for children and young people with disabilities	No. of contacts/ requests for the directory/ no. of hits on website/ post engagement on social media	Review and updating of the Disability Services Guide and development of supporting parent resources		County Childcare Committee's, Early Years Learning subgroup and Supporting Children and Young People with Additional Needs (SCYPAN) interagency group	LW CYPSC Member organisations	
Interagency Parent and Toddler groups	Continued support and promotion of Parent and Toddler groups in Longford and Westmeath	Maintaining the number of parent and toddler groups in the area	Continued promotion and support of P&T groups through interagency approach		Early Years Learning Subgroup	LW CYPSC Member organisations	
Enhancing Children's communication skills development	To promote and support enhancement of children in early years communication/ interaction skills through interagency approach	No of agencies/ services/ families that engage	Continued collaboration with and promotion of Speech and Language supports and resources and promotion of library initiatives and programmes throughout the year promoting reading and language development		Early Years Learning Subgroup, HSE Speech and Language Services and local libraries	LW CYPSC Member organisations	

National Outcome 3 Safe and Protected from Harm							
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)		Lead Agency	Partners	
Implementation of Meitheal National Practice Model	To promote Meitheal and sustain the number of Meitheals across the two counties and number of Lead Practitioners	The number of meitheals requested and feedback gathered from participants i.e. children, young people and parents	LW CYPSC to advocate the benefits of Meitheal as a preventative tool and encourage all frontline partner agencies to participate as Lead Practitioners and support and encourage services in the area to chair Meitheals		Tusla alongside Family Support (Safe and Protected from Harm) Subgroup member organisations	LW CYPSC Member organisations	
Families, Children & Young People at risk	To implement a multidisciplinary team approach alongside the CFSN networks to improve outcomes for families, children and young people at risk in Longford and Westmeath	No. of agencies/ families/ young people engaged and positive outcomes captured through evaluation process	Continued collaboration between CYPSC and CFSN networks, including possible actions identified by the CFSN's regarding emerging needs in Longford and Westmeath, including continued roll out of NVR, and of family and youth initiatives under the IPS fund in the Longford and Westmeath IPAS Centres in collaboration with the two Community Integration Forums.		Family Support (Safe and Protected from Harm) Subgroup Members	Longford and Westmeath CFSN's, Longford and Westmeath Community Integration Forums, LW CYPSC Member organisations	
Supporting Children & Young People (& their families) with additional needs (SCYPAN)	Establishment of an interagency working group to explore the development of additional supports for young people with additional needs in Longford and Westmeath	No. of agencies/ families engaged	Continued collaboration amongst members of the interagency SCYPAN group to identify gaps/needs and collate possible actions to address same including supports for parents and children with neurodivergent conditions. Identified actions, to be assigned to most relevant existing CYPSC subgroup. e.g. Review of Disability Directory led by EYL subgroup.		All LW CYPSC Subgroups	LW CYPSC member organisations	
Parent (Carer) Support and Parent Support programmes	To provide information regarding Parent Support and Parent Support Programmes in Longford and Westmeath and development of an online hub/ events padlet for families	Number of programmes/ supports/ organisations engaged in initiative and number of parents engaged	Gather and communicate information on parenting programmes and supports available in Longford and Westmeath as well as delivery of additional parenting supports/ programmes e.g. development and updating of family events padlet, supporting roll out of Start from Heart Parent programme, Support parents of LGBTI+ young people, delivery of parenting webinar series (including dedicated webinar for foster carers) and supporting Kinship Carers, Young Carers and additional supports where identified		Family Support (Safe and Protected from Harm) Subgroup and Child & Youth Participation Subgroup (on joint actions)	LW CYPSC Member organisations	
Parental Separation	To support children, young people and families affected by Parental Separation in Longford and Westmeath	Number of agencies/ families engaged	Support for families affected by parental separation, including development of pilot programme, 'Strengthening Child Parental Relationship post Separation abuse' and explore development of youth group/ project to support young people of separated parents		Family Support (Safe and Protected from Harm) Subgroup Members	LW CYPSC Member organisations	

National Outcome 4 Economic Security & Opportunity							
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)		Lead Agency	LW CYPSC Member organisations	
Development of initiatives using an interagency approach which aims at improving life skills and opportunities for young people and families in Longford and Westmeath	To identify gaps in service provision and possible initiatives to improve economic security, safety and opportunities for young people and their families	Number of agencies engaged and programmes developed	Continued strengthening of knowledge and pathways between subgroup member organisations, including development of relevant interagency actions to promote educational opportunities for young people and families (e.g. Transitions to Adult project, joint initiative with CYP subgroup in collaboration with TUS)		Economic Security and Opportunity subgroup	LW CYPSC Member organisations	
Youth as Researchers UNESCO Programme	To build the capacity of youth to carry out action research on issues of concern to their lives and their wider community and to enhance the dissemination of their research findings with a view to influencing change.	Number of youth researchers in LW on completion of the programme and impact of research following dissemination	Support the launch and dissemination of the Youth as Researchers research pieces to promote and influence change among decision makers.		Foroige Gateway Youth Project UBU Athlone, Child and Youth Participation Subgroup & Economic Security and Opportunity Subgroup	LW CYPSC Member Organisations & University of Galway	
Planet Youth Midlands	Support the implantation of relevant actions contained in the Midlands Planet Youth Research Report	Number of Actions completed, and number of young people engaged	Support the development and implementation of targeted initiatives as identified by the Midlands Planet Youth Oversight Committee in consultation/ agreement with LW CYPSC members		Midlands Planet Youth Oversight Committee, in collaboration with relevant LW CYPSC Subgroup dependent on initiative	LW CYPSC Member Organisations	
Domestic, Sexual, Gender Based Abuse	Continued implementation of the Domestic Violence Policy and promotion of services available to victims in Longford and Westmeath Garda Districts	Number of agencies engaged in DSGBV LW CYPSC projects, and number of referrals to DSGBV services directly linked to CYPSC DSGBV projects	Coordination and support of the LW Domestic Abuse Local Area Network including the following actions: LW Go Purple Day, DSGBA Multilingual leaflets, support roll out of interagency training in Fundamentals of Domestic abuse and coercive control (including exploration of possible delivery of level 8 programme), promote/ review LW Domestic Abuse resource pack, development of Healthy Relationships programme in LW and supporting roll out of The Safe & Together Model		Joint Action Economic Security & Opportunity and Family Support (Safe and Protected from Harm) Subgroup Members alongside LW DA LAN members	LW CYPSC member organisations	
National Outcome 5 Connected, respected & contributing to their world							
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)		Lead Agency	Partners	

Active Participation and Communication	Children and Young People are actively involved in planning of services which are aimed at supporting them	Children and young people contribute to the implementation of the LW CYPSC plan through participation on the LW CYPSC Youth Forums	<p>Ongoing support and development of LW CYPSC Youth Forums including work in the following areas:</p> <ul style="list-style-type: none"> •Review LW CYPSC Youth Forums TOR and further embed as a consultative and youth participative model •Continued development of the Our Voice Our Wellbeing Programme •Support development of youth led initiatives in line with CYPSC POW •Collaborations where appropriate with Longford and Westmeath Comhairlí •Digital Champions initiative – possibility of youth forums becoming digital champions in the community, promoting internet safety awareness, as well as a youth led information campaign/ training regarding social media and how to navigate the platforms, in a safe and secure manner. •Further enhancement and development of youth led local intergenerational and intercultural programmes and events •Launch of the Youth as Researchers research for participating forum members, and role in dissemination of research to key decision makers i.e. CYPSC partner organisations •‘Transitions’ Initiatives to strengthen supports for young people (and their parents) – including joint action with Economic Security and Opportunity Subgroup to look at a ‘Transitions to Adulthood’ project, which would look at supporting young people (and their parents) during this transition phase in life (including navigating school exams, and third level opportunities for all); also continued work with the Family Support subgroup regarding ‘Transitions in Life’ for young people (and their parents) who identify as LGBT+, including a collaboration with HSE Connecting for Life and Midlands LGBT + project in 2026. •Support development/ implementation of any relevant Planet Youth initiatives •Support development/ implementation of any CYPSC partner agency youth related actions in 2026 e.g. Not around us campaigns in Longford and Westmeath etc. 		LW CYPSC Youth Forums, Four local FRC's, Child and Youth Participation Subgroup	LW CYPSC Member organisations	
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Change Management & Communications							
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)		Lead Agency	Partners	
Inter-CYPSC Working	Working collaboratively with neighbouring CYPSC	Projects involving more than one CYPSC achieved	LW CYPSC Coordinator to work collaboratively with neighbouring CYPSC coordinators where appropriate e.g. Supporting the coordination of Midlands NVR and Start from the Heart networks etc.		LW CYPSC	LO CYPSC and other CYPSC where appropriate	
Continued CYPSC engagement on local interagency community committees in Longford and Westmeath	Working collaboratively with relevant community interagency committees in the two counties	Increase in interagency collaboration and reduction in overlap and duplication	Continued engagement by LW CYPSC Coordinator with local community interagency committees, providing feedback to and input from LW CYPSC where appropriate to further strengthen interagency working and initiatives in Longford and Westmeath e.g. Of groups include Local Community Safety Partnerships, Traveller Interagency Groups, Community Integration forums, Planet Youth Oversight Committee, Health & Wellbeing steering group, Slaintecare healthy communities local implementation team, LCDC's, Comhairle na Nóg steering groups, Connecting for Life MLM CHO, Midland Drug & Alcohol Task force, and other interagency groups as identified by LW CYPSC.		LW CYPSC	Community interagency groups in Longford and Westmeath	
LW CYPSC Children and Young People's Plan development	To commence work on the LW CYPSC CYPP	Development of new Children and young People's strategic plan for Longford and Westmeath	To conduct consultations with key stakeholder and partner organisations, children, young people and families so as to inform the development of the next LW CYPSC CYPP		LW CYPSC Member organisations	All key stakeholders including Longford and Westmeath Local Community Development Committee's	