



**Laois and Offaly CYPSC 2026 ANNUAL PROGRAMME OF WORK**

<b>Laois and Offaly CYPSC Mission</b>		To support children, young people and families at all stages through the network of services across counties Laois and Offaly.							
<b>Laois and Offaly CYPSC Statement of intent 2026</b>		Sustaining established Laois Offaly CYPSC best practices and sub-group work, while highlighting critical, long-term underfunding in the region.							
<b>National Outcome 1 Active and Healthy, Physical and Mental Wellbeing</b>									
CYPSC Priority	Objective	Indicator over 3-year CYPSP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Child & youth infrastructure	Greater Capital investment in youth infrastructure	Secure a permanent space for youth in Portlaoise.	1. Secure a budget for design and planning permission costs for Youth Wellness Centre proposal. 2. Ongoing meetings to try source funding for the building. 3. Liaise with young persons organisations			no	CYPSC Subgroup	Laois County Council, HSE, Tusla, Education and Training Board and Youth Services	CYPSC Programme Fund
Child & youth infrastructure	Respond to the Planet Youth data for Laois and Offaly	No. of Planet Youth initiated activities that are delivered	Planet Youth outcome				Midland Regional Drugs Taskforce	CYPSC Subgroup	CYPSC Programme Fund
Child & youth infrastructure	Increase youth literacy levels	No. of projects carried out and level of engagement	Awaiting the Youth literacy research outcomes report				Laois Offaly Education and Training Board	Offaly Local Development Company, TBC	CYPSC Programme Fund
Child & youth infrastructure	Guidance for parents, care givers, and referring professionals when making referrals to services	1 information guide	Information guide to understand the referral pathway and the thresholds for HSE services				CYPSC subgroup	HSE therapeutic services	CYPSC Programme Fund
Community-based therapeutic supports	Increase community-based therapeutic supports in the community.	Level of funding to Community services to try support their therapeutic practices	Sustain the Art therapy service for 2 days per week in Youth community service	Protect the public from threats to health and wellbeing	Wellbeing Factors	yes	Youth Work Ireland Laois	Youth services and Schools and Tusla and HSE	Healthy Ireland Fund

National Outcome 2 Achieving Full Potential in all Areas of Learning and Development									
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Community Supports for disabilities	to provide a resource to parents of a child with a disability of contacts, supports and services	no. of directories printed and circulated, no. of edits carried out	Reprint & edit Disability Directory (Laois & Offaly)				TBC	Inclusion Ireland and subgroup members	CYPSC Programme Fund
Training and Parents Supports	to increase knowledge of baby brain development to new parents	No. of Network meetings and workshops	Set up Infant Mental Health Network and deliver baby brain development workshops to First time parents support programme action in outcome 3			yes	Parents First	Public Health Nurses and subgroup	CYPSC Programme Fund
Training and Parents Supports	to improve the food value of foods to babies and toddlers and increase safety and minimise risks	No. of weaning programmes No. of First Aid workshops No. of Parent and Toddler facilitated sessions	1. 0-5's supports: Paediatric First Aid & weaning programme with Public Health Nurses 2. Neurodiversity seminar for early years educators 3. Parent & toddler group facilitator			yes	County Childcare Committees and Parents First	HSE	CYPSC Programme Fund
Community Supports for disabilities	to offer opportunities to children with disabilities to engage in activities and experiences	No. of young people and parents supported and no. of programmes delivered	Community disability supports: Sensory Laois and Offaly, 1:1 activities (Sports P.ships), All Abilities camps & workshops	Create an environment where every individual and sector of society can play their part in HI	Mortality and Morbidity Outcomes	yes	Library Service Laois and Offaly	Sports Partnerships	Healthy Ireland Fund
Community Supports for disabilities	To respond to Occupational therapy needs in the community	No. of young people and parents supported and no. of programmes delivered	FRC's Neurodiversity project			yes	Clara and Tullamore Family Resource Centre		
Afterschools and life skills	To increase the progression and transition rate of students to secondary school and engagement thereafter	No. of young females who progress to secondary School	Traveller Education – young female Traveller progression to secondary school (N)			yes	Offaly Traveller Movement	Tusla, Foroige, Schools	CYPSC Programme Fund
National Outcome 3 Safe and Protected from Harm									
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Healthy Relationships Programme in Schools	Empower young people to make more informed decisions when it comes to relationships.	No. of workshops delivered, No. of requests for Workshops, Evaluation report of programme, infographic developed	Continue to inform young people on consent, sexual violence, healthy and unhealthy relationships and the law in relation to these along with sexual health. Provide young people with information on services related to the above through infographic development for distribution in schools, evaluation report carried out			yes	Tullamore Rape Crisis Centre	1. HSE Sexual Health Clinic Portlaoise 2. Gardaí Divisional Protective Services Unit Portlaoise 3. Laois Domestic Abuse Service 4. Offaly Domestic Violence Support Service 5. Tullamore Rape crisis6. SATU Sexual Assault Treatment Unit Mullingar	CYPSC Programme Fund

Community wellness	Signposting of supports for parents through Parent Hub Year 3, Coordination of parent trainings through Parent Hub	Level of engagement of parents with the Parent Hub, Use of Parent Hub calendar on open-up.ie by service-providers	1. Continue to develop the Parent Hub with dedicated worker in 2026 2. Co-ordinate trainings in Laois and Offaly in 1 central place for improved support to parents 3. Deliver new trainings and parenting programmes			no	Barnardos	Safe and Protected subgroup	CYPSC Parenting Awareness Fund
Community wellness	to target young parents pre birth to help the first 1000 days of childhood and parents support	No. of first time parent support programmes	Set up a number of First time parent support groups in Laois and Offaly				Parents First	HSE	CYPSC Programme Fund
Community wellness	To engage fathers to support their wellbeing	No. of fathers who engage	Set up a single fathers group and facilitate it				FRC's	Tusla	CYPSC Programme Fund
NVR Network & Start from the Heart Network	to reduce family violence and intergenerational trauma	No. of NVR and Start from the Heart trainings delivered and no. of attendees who completed the training	1. Child to parent violence awareness event 2. Facilitate the Midlands Non Violent Resistance Network 3. Support the Start From The Heart Professional Development Network			yes	CYPSC	Tusla, HSE, Barnardos and Family Resource Centres	CYPSC Programme Fund
<b>National Outcome 4 Economic Security and Opportunity</b>									
<b>CYPSC Priority</b>	<b>Objective</b>	<b>Indicator over 3-year CYPSC period</b>	<b>Action(s)</b>	<b>Please select relevant Healthy Ireland goal if applicable.</b>	<b>Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable</b>	<b>Is this action being evaluated?</b>	<b>Lead Agency</b>	<b>Partners</b>	<b>Fund Name</b>
Young Carers	Provide a youth friendly space for young carers to meet and develop supportive peer friendships supported by Youth Workers	Number of Young Carers supported	Ensure this group of young people receive extra support and break away from everyday duties of caring for their family members.				YWI Midlands	Family Carers Ireland	
<b>National Outcome 5 Connected, respected and contributing to their world</b>									
<b>CYPSC Priority</b>	<b>Objective</b>	<b>Indicator over 3-year CYPSC period</b>	<b>Action(s)</b>	<b>Please select relevant Healthy Ireland goal if applicable.</b>	<b>Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable</b>	<b>Is this action being evaluated ?</b>	<b>Lead Agency</b>	<b>Partners</b>	<b>Fund Name</b>
Youth & Inclusion	Assist Family Resource Centres to deliver family wellness	No. of therapeutic interventions No. of group activity sessions	Family Resource Centre summer camps - developmental / therapeutic interventions for children and youth			yes	Family Resource centres	Schools and Tusla	CYPSC Programme Fund
Youth Wellness	to reduce the cultural fear of water and lack of awareness of risks of unsupervised swimming areas	No. of water safety trainings held	Water Safety training for IPAS families and Youth in summer			no	Sports Partnerships	Community Youth projects	CYPSC Programme Fund
Youth Wellness	to increase young peoples understanding of how AI works	No. of training sessions delivered to young people from adults trained	Experience AI' training for youth sector staff & youth groups			yes	Youth participation subgroup	Kinia	CYPSC Programme Fund

Youth Wellness	To empower young people to develop youth wellness initiatives	No. of wellness initiatives that take place	1. Edenderry Youth Café and Acorn Project wellness activities 2. FUSION and Tullamore Youth Project wellness activities 3. Birr new youth group 4. Sibshops – outdoor wellness camps 5. Sports Partnership research outcomes for key communities that have experienced trauma			yes	CYPSC Subgroup	Acorn Project, FUSION Project, Tullamore Youth Project, CDNT's, Laois Sports Partnership (Sibshops) Offaly Sports Partnership (trauma communities)	CYPSC Programme Fund
<b>Change Management</b>									
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Interagency engagement	To increase service to service co-operation and awareness	Number of events that take place	Services-to-services showcase / networking event			yes	CYPSC Safe and protected subgroup	Laois Volunteer Centre, Offaly Volunteer Centre and Drugs Taskforce	CYPSC Programme Fund
Interagency engagement	To increase funding to CYPSC and CYPSC partners	Proportionate increase in funding where possible and new funding opportunities created.	Number of CYPSC related Interagency funding applications completed and won			yes	CYPSC Committee	Healthy Ireland & Local Community Development Committee's & Community Safety	
Communications & social media	Better communications by promoting CYPSC activities on our website, social media-Facebook, Twitter.	Interaction on social media, local press, Tusla Hub	Weekly updates on social media and sharing of good practice.			yes	CYPSC Committee		CYPSC Programme Fund
Research, scalability & funding	Advocate for Services and supports in Laois Offaly	Increased funding for Laois & Offaly	1. Continue to liaise with Dept of Children to highlight that Laois and Offaly are 2 separate counties with 1 Healthy Ireland budget 2. Research key areas of need Birr, Portarlinton, Edenderry with CYPSC partners 3. Establish better links in South Laois				CYPSC Committee		
Interagency engagement	Supporting traumatized communities and vicarious trauma	No. of trauma aware events that take place	1. Trauma training - 2 Resilience screenings in Sept 2. Source a budget to develop our trauma work in the community				Safe and Protected Subgroup	Family Resource Centres	