



**Clare CYPSC 2026 ANNUAL PROGRAMME OF WORK**

**Clare CYPSC Mission**  
Clare CYPSC strives towards ensuring that all young people in Clare are valued, thriving, safe, content, have equal opportunity, are respected in their lives and are connected to their communities.

**Clare CYPSC Statement of intent 2026**  
To secure better outcomes for children and young people through more effective cooperation and collaboration by existing services and through interventions at local level.

**National Outcome 1 Active and Healthy, Physical and Mental Wellbeing**

CYPSC Priority	Objective	Indicator over 3-year CYP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
<b>Behavioural Change Campaign</b>	Promoting health and wellbeing in the home	Number of people engaging with the campaign.	Explore and discuss the possibility of running a county wide campaign - "One small thing" under the themes sleep hygiene, screen time, healthy diet and hydration. The campaign will target families who want to improve their family health and wellbeing through the use of a special designed app	Increase the proportion of people who are healthy at all stages of life, promoting healthier lifestyles from childhood through older age	Population measures - health status	Self Evaluated	HSE	Active and Healthy subgroup	Healthy Ireland Fund
<b>Mental Health and Wellbeing Community Provision for Children and Young People</b>	Supporting New Youth Mental Health Service	Recommendations from Clare CYPSC Mental Health Research are implemented	Support the implementation of Jigsaw in Co Clare as well as other youth mental health supports	Reduce health inequalities	Wellbeing Factors	no	Jigsaw, HSE	Active and Healthy subgroup Tusla	N/A
<b>Promote access to and participation in mainstream sports</b>	Support Physical Activity for Children with Additional Needs - To explore and remove barrier for disadvantaged youth/youth with disabilities to participate in sports	Number of clubs that organise a swap shop event in Co Clare Number of young people with mild disabilities will have participated in mainstream sporting events in the county	Engage with Cumann na mBunscoil, school sports provision to ensure that young people with mild disabilities participate in their events. Learning will be taken from the pilot with potential to expand to other community sporting initiatives such as Clare Community Games.	Create an environment where every individual and sector of society can play their part in HI	Wellbeing Factors	no	Clare Sports Partnership	National Council for Special Education Active and Healthy Subgroup Cumann na mBunscoil, Clare Children's disability services	Healthy Ireland Fund
<b>Young people supported to develop healthy relationships</b>	Develop online universal health relationships materials for young people	Number of young people accessing the online healthy relationships materials. Number of hits on the website	Edit the existing young people in care healthy relationships course to make a universal resource	Create an environment where every individual and sector of society can play their part in HI	Lifestyle and Behaviour Risks	no	Active and Healthy Subgroup	N/A	
<b>Promote health and wellbeing practices in the home and community to tackle the issue of food poverty in Clare</b>	Clare Food Partnership Interagency Initiative - Assist in the development of an interagency forum which examines responses to food insecurity issues across the County	The numbers of new initiatives developed across the county based on the findings of the report	Gaps in service provision reported and hot spots identified Healthy Food Education Programmes delivered in the communities based on findings of the mapping exercise Partnership consortium established with a dedicated worker and funding stream attached	Reduce health inequalities	Mortality and Morbidity Outcomes	no	Clare Food Partnership Interagency (Clare County Council, Clare Local Development Company, LCETB, St. Vincent de Paul, MidWest Simon, HSE, University of Limerick)	Department of Children, Equality, Disability, Integration and Youth	Healthy Ireland Fund

**National Outcome 2 Achieving Full Potential in all Areas of Learning and Development**

CYPSC Priority	Objective	Indicator over 3-year CYP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
<b>Early Years pre-literacy and numeracy nurtured in the home</b>	Support parents in their child's learning and development through play based learning at home	Children are better able to engage with primary school curriculum as reported by Junior Infant teachers	Embed the Explore Play Learn model within an existing county framework and identify a suitable partner who could roll out the initiative regularly	N/A	N/A	no	Active and Healthy Subgroup	Glor, Clare County Library	N/A
<b>Early Years pre-literacy and numeracy nurtured in the home</b>	Literacy initiative for children aged 5-6 years of age	Number of schools/after-schools rolling out the initiative Number of parents doing the programme at home	Assist with the introduction of the Doodle Den CDI initiative to Co Clare	N/A	N/A	Self Evaluated	CDI	Achieving and Learning Subgroup CDLC	Programme Fund
<b>Trauma Awareness in practices in educational settings</b> (Develop Restorative Schools)	Promote positive relationship building between services and families	Number of CYPSC affiliated practitioners trained and implementing CPS models	Engage with HSE Clinical Psychology around the potential to roll out the CPS (Collaborative and Proactive Solutions) <a href="https://livesinthebalance.org/educators-tour/">https://livesinthebalance.org/educators-tour/</a>	N/A	N/A	Trainer evaluations	HSE Clinical Psychology	All CYPSC subgroups	Programme Fund
<b>Anxiety in Children</b>	Assist Youth Mental	Number of therapy bears produced Number of children across receiving therapy bears	Deliver an intergenerational CYPSC project creating therapeutic bears for children in Co Clare, engaging schools, older adults and distributing to local support services.	N/A	N/A		HSE Clinical Psychology NEPS FRCs	Age friendly Clare Participating Secondary Schools	Programme Fund

National Outcome 3 Safe and Protected from Harm									
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Supporting the delivery of parenting supports	To promote a safe and secure home environments	Number of website views.	Marketing and maintenance of clareparenting.ie website	N/A	N/A	no	Clarecare	Subgroup	N/A
To promote Trauma Aware practices across sectors	Enhance practitioners skills in the area of trauma informed practice	Implementation of Training Plan and Numbers trained.  Number of organisations with a Trauma policy in place	Deliver a Brag and Steal practice sharing event.  Identify trauma responsive agencies/teams who can be exemplars of best practice by which an organisational implementation model can be developed.  Trauma informed toolkit developed	Protect the public from threats to health and wellbeing	Wellbeing Factors	yes	ISPC	Trauma Informed Working Group	Healthy Ireland Fund
Parental Mental Health	Support parents with mental health challenges - Sinead to have conversations with working group	Recommendations from the study implemented by stakeholders.	Engage with key stakeholders to explore joint initiatives.  Explore with stakeholders on other subgroups the effect of parental mental health on children and young people	Increase the proportion of people that are healthy at all stages of life	Wellbeing Factors	no	Parental Mental Health Working Group	Safe & Protected from Harm subgroup	
Anti-bullying initiatives	Practitioners feel equipped to address issues of bullying for young people	Numbers of young people involved in devising an anti-bullying campaign.  Number of bullying cases reported in youth spaces i.e. schools/sports clubs/youth spaces.  Reduction in the number of reported incidents	Devise a Clare anti-bullying campaign with advice from the ISPC with young people from minority ethnic groups leading the direction of the campaign.	N/A	N/A	no	ISPC	Safe & Protected from Harm subgroup	
Hidden Harm training and Promotion	Promote the use of Hidden Harm training and resources to practitioners in Clare	Numbers of professionals attending the practice sharing network.  Number of professionals attending training	Create a sharing practice network among practitioners in order to open dialogue around what's working to support families effected by substance abuse.	N/A	N/A	no	Regional Drug & Alcohol Forum		
Development of an Infant Mental Health Network	To develop an awareness of infant mental health amongst practitioners and support parents	Establishment of network.  Number of practitioners attending the network as well as training events	Set up a reflective practice forum.  Raise awareness with parents through information dissemination.	N/A	N/A	no	Safe & Protected from Harm subgroup/ H.S.E Clinical Psychology		
To Formalise Communication with the Community Safety Partnership under Clare County Council	To build a partnership and shared communication mechanism between CSP's and CYPSC	Information sharing protocol devised	Number of joint initiatives planned	N/A	N/A		Tusla CYPSC Office/LCDC	Safe & Protected from Harm subgroup	
Solihull Approach explored	To expand awareness of the Tusla adopted family support model	Number of frontline agencies trained in Solihull	Liaise with Tusla national to support training/implementation at county level	N/A	N/A		Tusla CYPSC Office	Safe & Protected from Harm subgroup	
Preventing young people from exploitation and criminality	Children and young people are safe in their community and free from exploitation and criminality	Actions devised based on consultations with relevant stakeholders	Pending a probation representative to be appointed to this subgroup  To address issues relating to children involved in criminality and younger children groomed by older peers to commit harmful acts, a discussion between Probation and Community Safety Partnership	N/A	N/A		Probation Services. Am Garda Siochana. Garda Youth Diversion Projects	Safe & Protected from Harm subgroup	

National Outcome 5 Connected, respected and contributing to their world									
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	
Gender Identity Awareness Training	Practitioners feel equipped to address issues of gender identity with young people	Number of practitioners trained in gender identity awareness.	Follow up with key education stakeholders to plan bespoke school gender identity training in Co Clare	N/A	N/A	no	Subgroup	CLDC, Clare Youth Service, LCETB Youth Worker	Programme Fund
Implementation of Migrant Youth Consultation recommendations	To support the integration of newly arrived immigrant young people	Number of youth based actions being delivered under the Clare Integration Plan.  Actions identified in the National Plan for Integration and Inclusion	Coordination of stakeholder meeting between CYPSC and the Local Implementation Team within the Clare County Council including key representative to progress locally driven actions from the consultation report and actions stemming from the National Integration and Inclusion Strategy	N/A	N/A	no	Clare County Council LAIT, LCDC	Clare Local Development Company, Clare Youth Service, National Youth Council of Ireland	
Expand Restorative Practices	Support the generation of restorative practice based communities	Expanded areas outside Kiltrush that where RP methods are being employed by practitioners in that area.	RP promotional event in April 2026	N/A	N/A	no	Mid-West Regional Drugs Task Force/Working Group	Clare Youth Service, CLDC	
Youth volunteering Data Capture Project	To enhance young people's civic engagements through youth volunteering opportunities	Number of organisations developing youth volunteer roles  Number of young people participating in "Be part of it"	Data Capture on Youth Volunteering - To gather data on young people under 25 who volunteer across the county to understand impact and support the development of youth prescribing model for young people in Clare	N/A	N/A		Connected, Respected and Engaged Subgroup	Clare Sports Partnership  Clare Volunteer Centre  Clare Youth Service	CYPSC Programme Fund
Young Carers	Not in plan - something we will look at in prep for new plan		Coordinate stakeholder meetings and surveys to replicate the young volunteering data capture project, gathering county wide insights and implementing actions based on feedback.	N/A	N/A		Connected, Respected and Engaged Subgroup		
Option B: Youth Social Prescribing Model	Young people at risk of social isolation are connected and engaged in their local community		Explore development for a youth social prescribing model for 16-21-year-olds, engaging key partners, service and funding opportunities.  Will include certain target groups i.e., young people attending after care services, Traveller young people, migrant young people, young people with disabilities	N/A	N/A		Barnardos/FRC's	Connected, Respected & Engaged subgroup	Programme Fund
Supporting families with IPAS and BTOP status in the county - LLP Local Leadership Programme	Provide integration supports to families in the county	Number of families engaged with the link workers.  Numbers of young people involved in youth activities	Family Link Worker to engage with families living in IPAS accommodation	N/A	N/A		ISPCC, University of Limerick	All CYPSC Subgroups	IPAS Fund