



**Cavan CYPSC 2026 ANNUAL PROGRAMME OF WORK**

<b>Cavan CYPSC Mission</b>	Cavan Children and Young People's Services Committee (CYPSC) mission is to secure better outcomes for children and young people through more effective cooperation and collaboration by existing services and through interventions at a local level.
----------------------------	---

<b>Cavan CYPSC Statement of intent 2026</b>	Cavan CYPSC will commence on laying frameworks and delivering the agreed actions from its Children and Young Peoples Plan 2026-28
---	---

**National Outcome 1 Active and Healthy, Physical and Mental Wellbeing**

CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Empowering communities to participate	<ul style="list-style-type: none"> <li>Play together – as families and communities. Including piloting a programme such as 'Games on the Green' within a community</li> <li>Create opportunities for inclusive play sessions, ensuring activities are culturally sensitive and physically accommodating.</li> <li>Promote campaigns and activities that highlight Quality Family Time and Decrease Screen Time themes</li> </ul>	<ul style="list-style-type: none"> <li>Flagship pilot programme delivered.</li> <li>Increase understanding of the value of participation and benefits of engagement</li> <li>Models of good practice identified and promoted.</li> </ul>	<ul style="list-style-type: none"> <li>Create awareness across County Cavan and highlight the benefits of 'play' for all ages.</li> <li>Increase 'play' opportunities across Cavan for all age groups</li> </ul>	Protect the public from threats to health and wellbeing	Lifestyle and Behaviour Risks	no	Cavan CYPSC	Cavan Sports Partnership, Tusla, SOSAD, Cavan County Council, HSE, Cavan Traveller Movement, NERDTF, Extern, MACYSS, NEPS, CMETB, Healthy Cavan, MQI, NCN	CYPSC Programme Fund

**National Outcome 2 Achieving Full Potential in all Areas of Learning and Development**

CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Everyday Counts in Learning and Development	<ul style="list-style-type: none"> <li>Developing a clearer understanding and awareness of the factors impacting learning progression</li> <li>Building confidence in young people to learn and achieve</li> </ul>	<ul style="list-style-type: none"> <li>Improved retention for vulnerable groups within education</li> <li>Identification and addressing perceived barriers</li> <li>Support the delivery of Personal Youth Development Programme</li> <li>Support parents to maintain active participation of children in appropriate education settings.</li> </ul>	Provide framework and supports for interagency initiatives and local programmes that are actively working to improve school retention, address barriers, and support families.			no	Cavan CYPSC	TESS, Tusla, Cavan Co. Co, CTM, CMETB, Schools, County Childcare Committee, Tusla, FRC's, Youth Services (Foroige, ISPCC, YWI), HSE, Infant Mental Health Network, Childcare Providers, Planet Youth Steering Committee	

National Outcome 3 Safe and Protected from Harm									
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Building Stronger Communities through Positive Lifestyle Choices	<ul style="list-style-type: none"> <li>Increase understanding among service providers of young people's lifestyle and behaviour choices</li> <li>Children and young people engage in positive lifestyle choices as an alternative to engaging in antisocial and problematic behaviours</li> <li>Educate children and young people on the dangers of vaping, alcohol and other drugs</li> </ul>	<ul style="list-style-type: none"> <li>No. of children and young people participating</li> <li>No. of parents attending</li> <li>Provide opportunities for safe socialising and fun activities</li> </ul>	<ul style="list-style-type: none"> <li>Maintain partner network events to facilitate the exchange of best practices and enhance collective awareness across the sector</li> <li>Safer socialising and promotion of non-sporting activities including Planet Youth Afterschool's Programme</li> <li>Support methods to broadcast shared key messages</li> </ul>	Protect the public from threats to health and wellbeing	Lifestyle and Behaviour Risks	no	Cavan CYPSC	SOSAD, Mental Health Ireland, HSE, Cavan County Council, Tusla, Merchant Quay Ireland, MaCYSS, Cavan Traveller Movement, Extern, NEPS, CMETB, Safe Ireland, YWI, Foroige, ISPC, Teach Osaill FRC, Focus FRC, Barnardo's, An Garda, CCLD, Planet Youth,	Other
Actions for Promoting Positive Youth Behaviour	<ul style="list-style-type: none"> <li>Awareness about the pervasive nature of domestic violence</li> <li>Promote inclusion and diversity across community</li> <li>Improved relationships, attitudes and behaviours amongst young people</li> </ul>	<ul style="list-style-type: none"> <li>Ensure connectivity between partners delivering Safer Community initiatives.</li> <li>Scope potential for support services working with perpetrators to deliver in Cavan.</li> <li>Support campaigns and agreeing key messages as whole CYPSC entity – e.g. 16 days</li> </ul>	<ul style="list-style-type: none"> <li>Support the development of a domestic abuse-informed community</li> <li>Digital Health - Including topics such as Sexting, Relationships, Coercive Control, Bullying, AI. Educate children and young people on sharing and soliciting of explicit and personal images</li> </ul>			no	Cavan CYPSC	SOSAD, Mental Health Ireland, HSE, Cavan County Council, Tusla, Merchant Quay Ireland, MaCYSS, Cavan Traveller Movement, Extern, NEPS, CMETB, Safe Ireland, YWI, Foroige, ISPC, Teach Osaill FRC, Focus FRC, Barnardo's, An Garda, CCLD, Planet Youth. Digital Health work cascading across all subgroups	CYPSC Programme Fund
National Outcome 4 Economic Security and Opportunity									
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Empowering disadvantaged and marginalized communities	Empowering vulnerable groups to participate fully in society and closing gaps in access to essential resource	Business plan developed and published	<ul style="list-style-type: none"> <li>Secure Leader funding for a feasibility study for a social enterprise partnership</li> <li>Commission a feasibility study</li> </ul>			Yes	Teach Osaill FRC	Tusla, CCLD, Cavan CYPSC	Other
National Outcome 5 Connected, respected and contributing to their world									
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated ?	Lead Agency	Partners	Fund Name
Inclusion of children and young people	<ul style="list-style-type: none"> <li>Ensure the voice of children and young people are included in decision making and initiatives in the local community</li> <li>Embed "Participation with Purpose" practise across networks</li> </ul>	Number of children and young people engaged and number of groups engage	<ul style="list-style-type: none"> <li>Proactive engagement of children and young people in CYPSC and other decision-making structures/consultations in the County</li> <li>Cultivate a culture of belonging: Ensuring youth who identify outside of mainstream social norms are fully integrated and valued</li> </ul>			no	Cavan CYPSC	Cavan Youth Network including: CCLD, Parenting Cavan, Cavan County Childcare Committee, CMETB, Planet Youth, Cavan Sports Partnership SOSAD, Mental Health Ireland, HSE, Cavan County Council, Tusla, Merchant Quay Ireland, MaCYSS, Cavan Traveller Movement, Extern, NEPS, CMETB, Safe Ireland, YWI, Foroige, ISPC, Teach Osaill FRC, Focus FRC, Barnardo's, An Garda.	CYPSC Programme Fund

Change Management									
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Parenting and Early Years	Empower parents and ensure signposting to other support and reduce isolation for parents  Strengthening the ways in which services engage with families	Increase in parents accessing programmes and engaging with services to support their children participate	<ul style="list-style-type: none"> <li>• Create dedicated spaces and opportunities to connect with parents and carers.</li> <li>• Scope and develop new opportunities to improve early prenatal engagement.</li> <li>• Progress a specialised support programme for children and young people experiencing grief, bereavement, or parental separation</li> <li>• Strengthen and progress transition programmes across all key developmental stages</li> </ul>	Protect the public from threats to health and wellbeing	Lifestyle and Behaviour Risks	no	Parenting Cavan and Early Years Subgroup	CCLD, Parenting Cavan, Cavan County Childcare Committee, CMETB, Planet Youth, Cavan Sports Partnership SOSAD, Mental Health Ireland, HSE, Cavan County Council, Tusla, Merchant Quay Ireland, MaCYSS, Cavan Traveller Movement, Extern, NEPS, CMETB, Safe Ireland, YWI, Foroige, ISPC, Teach Osaill FRC, Focus FRC, Barnardo's, An Garda.	Healthy Ireland Fund
Specific focus on 5-10 year old cohort	Address concerns raised regarding limited supports for this cohort		<ul style="list-style-type: none"> <li>• Enhance parental connections: <ul style="list-style-type: none"> <li>• Start from Heart</li> <li>• Seedings for Growth</li> <li>• Connect when you collect</li> <li>• Deliver a Rainbows Programme</li> <li>• Train staff in Theraplay and provide early intervention group sessions</li> <li>• Develop a Community of Practise</li> </ul> </li> </ul>			no	Cavan CYPSC	Cavan CYPSC partner network	
Infant Mental Health Network	Progress Infant mental health network development and key messaging campaign	Increased membership of IMH	<ul style="list-style-type: none"> <li>• Campaign to deliver key IMH messages for community settings that increase awareness</li> <li>• Deliver a flagship event for IMH awareness</li> </ul>			no	Infant Mental Health Network	HSE, Parenting Cavan, CCLD, CAMHS, Tusla, County Childcare	CYPSC Programme Fund
Reduce isolation and widen participation	To increase community awareness and usage of existing county transport infrastructure while identifying strategic service improvements through the lens of young people	Increase in young people accessing local transport initiatives	<ul style="list-style-type: none"> <li>• Identify and promote transport connections available to reduce isolation.</li> <li>• Scope structural, financial, and social barriers that prevent young people from accessing.</li> </ul>			no	Cavan CYPSC	Cavan Youth Network including: CCLD, Parenting Cavan, Cavan County Childcare Committee, CMETB, Planet Youth, Cavan Sports Partnership SOSAD, Mental Health Ireland, HSE, Cavan County Council, Tusla, Merchant Quay Ireland, MaCYSS, Cavan Traveller Movement, Extern, NEPS, CMETB, Safe Ireland, YWI, Foroige, ISPC, Teach Osaill FRC, Focus FRC, Barnardo's, An Garda.	