

Carlow CYPSC 2026 ANNUAL PROGRAMME OF WORK

Carlow CYPSC Mission	The mission of CYPSC Carlow for the period of this Children and Young People's Plan is to try move Carlow towards becoming more trauma aware.								
Carlow CYPSC Statement of intent 2026	In 2026 CYPSC Carlow is considering cross agency initiatives wherever possible to increase collaboration and share resources. This is an effort to decrease the possibility of duplication and increase the efficacy of supportive initiatives enacted.								
National Outcome 1. Active and Healthy, Physical and Mental Wellbeing									
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Infant Mental Health	Develop & Implement Infant Mental Health Strategy	Formation of an Infant Mental Health Steering group, an infant mental health network and an IMH strategy	Form a strategic steering group, form a IMH network for shared learning and enhance collaboration and consultation with stakeholders re needs.	Increase the proportion of people that are healthy at all stages of life	Wellbeing Factors	no	CYPSC Carlow	CYPSC Kilkenny	Healthy Ireland Fund
Physical health & Healthy Eating	Launch of Healthy Streets toolkit	Toolkit created	Create a working group, organise launch to include families that have used Healthy Streets programme. Distribute toolkit to all services	Increase the proportion of people that are healthy at all stages of life	Lifestyle and Behaviour Risks	yes	Carlow CYPSC	CYPSC Kilkenny	Healthy Ireland Fund
Youth Mental Health	Illustrate the effects of excessive technology use on sleep, school and mental health of young people	Consultation with Young People, Meeting with graphic designer and creation of animation. Share on social media and with schools.	Consultation with young people. Meeting with graphic designer and youth working group, creation of animation. Share with networks. Create parents leaflet on same topic.	Protect the public from threats to health and wellbeing	Lifestyle and Behaviour Risks	no	CYPSC Carlow	Comhairle na nóg	CYPSC Programme Fund
National Outcome 2. Achieving Full Potential in all Areas of Learning and Development									
Primary to post primary transitions	Develop a booklet to ease transitions of young people to post primary school with a section on neurodivergent/disability needs	Booklet created and distributed throughout schools to be given to parents of children in 5th class.	Create a working group, Review current transition documents, create new document.	Protect the public from threats to health and wellbeing	Wellbeing Factors	no	Education Subgroup	Home school liaison	CYPSC Programme Fund
School Avoidance	To reduce the amount of young people that are experiencing school avoidance	Toolkit developed	Form a working group, review other school avoidance toolkits, create parents leaflet, develop Carlow specific toolkit	Protect the public from threats to health and wellbeing	Wellbeing Factors	no	Education subgroup working group		CYPSC Programme Fund

National Outcome 3 Safe and Protected from Harm									
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Drug Misuse	To educate the young people of Carlow on the dangers of drug misuse	Number of art projects created by young people. Number of events held to educate Young People.	Youth created art projects, youth made podcast episodes created on drug and alcohol misuse. Wellness event held with focus on education and wellness of young people	Protect the public from threats to health and wellbeing	Lifestyle and Behaviour Risks	no	Comhairle na Nóg	Carlow Regional Youth Services, Healthy Carlow, Active Carlow and CYPSC	Healthy Ireland Fund
Youth mental Health	To gain a better picture of the mental health needs of Young people in Carlow and have a coordinated response to critical events.	Number of documents created to gain a picture of youth mental health in Carlow.	Critical incident protocol updated and reviewed. Review of 2023 Community therapies, mapping of youth mental health services available in Carlow and their thresholds. Publication of document on youth mental health needs in Carlow	Increase the proportion of people that are healthy at all stages of life	Preventative Measures	no	CYPSC Carlow	Forward Steps Resource Centre, Bagenalstown Resource Centre, St Catherines Community Centre, Carlow Regional Youth Services, Carlow CFSN	Healthy Ireland Fund
National Outcome 4 Economic Security and Opportunity									
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Child Poverty	Support creation of relationships between services and families on the Tullow Road area.	Number of events created to help relationships grow.	Review of Carlow's Child Poverty application. Identify actions from this application that could be achieved. Enact these actions. Created family friendly events around the new community centre on the Tullow Road.	Create an environment where every individual and sector of society can play their part in a HI	Socio Economic Factors	no	Economic Security Subgroup	Carlow County Council, Carlow Regional Youth Service.	Healthy Ireland Fund
Families living in IPAS and Emergency Accommodation	Create a calendar of supports for those living in overcrowded situations.	Number of consultations completed on needs. Number of supportive measures put in place.	Create a subgroup to work on this. Consult with parents in IPAS setting and identify the needs. Create a cross agency calendar of supports that address these needs.	Protect the public from threats to health and wellbeing	Environmental Factors	yes	Interagency working group- coordinated by CYPSC & LAIT	Carlow County Council, Carlow Regional Youth Services, Tusla, Resource centres, Visual theatre, Primary & post primary principals.	Healthy Ireland Fund
National Outcome 5 Connected, respected and contributing to their world									
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Youth Participation	CYPSC Carlow will consult as widely as possible with young people in County Carlow.	Number of visits to primary schools, secondary schools, alternative education placements and 3rd level institutions.	Arrange visits to educational placements. Consult with young people. Raised the awareness of youth participation organisations within Carlow. Seek views on how to get the voice of all sectors of children and young people within Carlow.	Create an environment where every individual and sector of society can play their part in a HI	Wellbeing Factors	no	Carlow CYPSC	Educational Placements, Children and Young People	

Change Management									
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Is this action being evaluated?	Lead Agency	Partners	Fund Name
Terms of Reference	To create a terms of reference for Carlow CYPSC and its Subgroups	Terms of reference completed.	Review past document, consult CYPSC policy documents and blueprint. Write terms of reference, share with Chairperson and then committee for feedback. Publish terms of reference with CYPP.				Carlow CYPSC		