



Monaghan CYPSC 2025 ANNUAL PROGRAMME OF WORK

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| County CYPSC Mission | | To foster continuous collaboration between agencies on a range of actions aimed at improving outcomes for children young people and their families in Monaghan | | | | |
| County CYPSC Statement of intent 2025 | | To work together and strengthen relationships between key stakeholders to understand, and respond to the issue of child poverty within the county. | | | | |
| National Outcome 1 Active and Healthy, Physical & Mental Wellbeing | | | | | | |
| CYPSC Priority | Objective | Indicator over 3-year CYP period | Action(s) 2025 | HIF Actions 2025 | Lead Agency | Partners |
| Young people will enjoy play recreation sport arts culture ad nature | To improve access to leisure time activities for children and young people | Continued increase numbers of young people engaged in out of school activities 3 or more times a week +5% Create more parent child play opportunities through Play Champions | Planet Youth afterschool activities Family fun events and activities. Summer and Halloween activities Pop up play session across the county facilitated by Play Champions Baby Yoga Infant Massage Support National Play day | Physically healthy and make positive health choices | Cavan and Monaghan Education and Training Board National Childhood network | National Childhood Network Monaghan Sports Partnership & Healthy Monaghan Coordinator Monaghan Co Co Local Youth Creative Arts Monaghan Libraries Foróige |
| Children and young people make informed health and lifestyle choices | To deliver key messages to parent re the impact of alcohol vaping, lack of sleep has on the developing brain | Currently 19% of young people are bought alcohol by their parents (Planet Youth survey Oct 23) reduction by 4% by Jan 26 | Child and family health messages in relation to healthy behaviours - healthy eating, physical activity, screen-time, sleep and mental wellbeing are made available to local community and statutory partners to integrate into their communications, information for parents and those working with families | Lifestyle and behaviour risks; Harmful use of alcohol Screen time | Monaghan and Cavan Youth Substance Service | Planet Youth Implementation group Youth Work Ireland Cavan Monaghan Monaghan Youth Activists, Monaghan Comhairle na Nog Foróige |

| National Outcome 2 Achieving Full Potential in all Areas of Learning and Development | | | | | | |
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| CYPSC Priority | Objective | Indicator over 3-year CYP period | Action(s) | HIF Actions 2025 | Lead Agency | Partners |
| Achieving Full potential in all areas of learning and development | Multi Disciplinary Team(MDT) Education session delivered to preschools and parents – all county MDT Early Years Support Resource packs designed and made available – all county | Children are supported to meet their developmental goals: evidenced through improved performance and school readiness, measured via clinical evaluation and parent/EYS feedback. Chatterbox 360 project –a multidisciplinary Prevention &Early Intervention model delivered from Sept-Dec 2025 targeting 6-8 preschools in the Monaghan area, including a number of Child Poverty sites | Support delivery of Phase 2 in partnership with HSE by funding therapy assistant and specialist OT and Physio hours to increase pilot catchment area and gather essential evidence- base required for HSE business case to mainstream this crucial support after Phase 2. Co design and deliver MDT education and training to include specific activity resource packs for parents and for preschools to support speech, language and communication, gross and fine motor and sensory development of preschool aged children. | Socio Economic Factors Early Intervention and Prevention Education Attainment & Play | Chatterbox 360 team Monaghan County Childcare Committee HSE Primary Care | National Childhood Network Children and Young People's Services Committee Preschools |
| Children and young people have the social, emotional and communication skills to achieve their potential and lead fulfilling lives. | To increase foster carers and foster link workers awareness of the sensory processing needs of children. To support the needs of neurodivergent children in care. | 20 foster carers and 10 link workers participate in the training | Design and deliver a series of 4 work shops on understanding sensory processing and practical activities to support children to self regulate . Provide a resource pack to foster carers. Engage | | Fostering Team | Aslam Monaghan Autism Friendly |
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| CYPSC Priority | Objective | Indicator over 3-year CYP period | Action(s) | | Lead Agency | Partners |
| Children and young people are protected from violence, neglect, ill-treatment and harm | | Number of children and young people participating Number of schools per annum participating | Continue to implement the Healthy Relationships Programme. Focus on staff resources to sustain delivery of the programme and expand to more areas/schools | | Child and Family Support Networks | Health Service Executive, Family Resource Centres, Childline ISPCC, Prevention Partnership and Family Support , Planet Youth Group Building Safer Communities |

| National Outcome 4 Economic Security & Opportunity | | | | | | |
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| CYPSC Priority | Objective | Indicator over 3-year CYP period | Action(s) | | Lead Agency | Partners |
| Young people are protected from poverty and social exclusion | Work with 20 families across Monaghan to increase their economic opportunity and security | 20 families engaged in project | Stakeholder event in April Engagement with families and young people Family support worker in place in April. Families recruited in May | Socio Economic Factors Consistent poverty rate | Teach na Daoine Family Resource centre | Local Community Development Committee Children and Young People's Services Outcome 4 Subgroup |
| National Outcome 5 Connected, respected & contributing to their world | | | | | | |
| CYPSC Priority | Objective | Indicator over 3-year CYP period | Action(s) | | Lead Agency | Partners |
| Children and Young People have their own identity, connected to their culture, language and beliefs | To pilot a Roma youth club in Carrickmacross | Number of young people attending 8-10 | Hold a consultation with young people to see where they would like to meet and what activities they would like to do. Link with other areas e.g. Roscommon CYPSC who have had good engagement with young people from the Roma community | | Foróige and ISPCC | Outcome 5 subgroup and |
| Young people are aware of their rights and are civically, socially and environmentally engaged offline and online | Continue to support the Monaghan Youth Activists in raising important issues and participating in the CYPSC planning and delivery of actions. | Young people represented in the CYPSC structures and actively contributing to local planning | Attending 6 subgroup meetings per year Planning and delivering on actions agreed. Develop key messages around body image and the impact social media has on wellbeing. Work with Outcome 4 group to pilot life skills module and part-time work opportunities | | Children and Young People's Services Committee | Tusla youth support service CAMHS Primary Care HSE Connecting for Life Pieta House |

| Change Management | | | | | | |
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| CYPSC Priority | Objective | Indicator over 3-year CYP period | Action(s) | | Lead Agency | Partners |
| Monaghan Autism Friendly | Work with parents young people and local agencies to attain the Autism Friendly towns accreditation | 10 businesses 10 statutory agencies and 10 community services sign up over 3 years as Autism Champions | Need for autism training in the community. Resources and training for parents and pre-school staff Explore addition of information on autism services and training to the Parenting Monaghan directory to be updated and distributed | | Monaghan Autism Friendly Committee | Monaghan Sports Partnership, Monaghan Libraries, National Learning Network, Teach na Daoine, Monaghan Co Co. |
| Infant Mental Health Network | To continue supporting the infant Mental Health Network and deliver key messages for parents on the importance of early relationships | Network meeting 4 times per year | Deliver Solihull programme to 12 people involved in the network | | Child and Adolescent Mental Health | Members of the Infant Mental health network |