

CYPSC 2025 ANNUAL PROGRAMME OF WORK

Longford Westmeath CYPSC Mission

Our aim is to secure better developmental outcomes by bringing together local partners within a single framework, to provide strategic leadership, agree and implement a Children and Young People's Plan in a cohesive manner so as to enhance the delivery of services to children, young people and their families within Longford and Westmeath.

Longford Westmeath CYPSC Statement of intent 2025

It is the intention of the LW CYPSC, to support Child, Youth and Family Services, in Longford and Westmeath, whilst implementing the actions as outlined below in the LW CYPSC Annual Programme of Work 2025.

National Outcome 1 Active and Healthy, Physical & Mental Wellbeing

CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s) 2025	HIF Actions 2025	Lead Agency	Partners
Healthy Ireland Fund Initiatives	To review and evaluate HIF projects to date and inform development of future projects	Roll out of HIF programmes, uptake by participants, feedback collated as part of evaluation process	Conduct an independent evaluation of LW CYPSC HIF programmes namely Family Wellness and Our Voice Our Wellbeing and further development and roll out of both programmes.	Family Wellness and Our Voice Our Wellbeing	Active and Healthy Subgroup partners led out by the four local FRC's and WCP Mullingar and in collaboration with Healthy Longford and Healthy Westmeath	LW CYPSC Member organisations
Trauma Informed Care Taking Action Collectively (TIC TAC)	To further strengthen and enhance knowledge of Trauma Informed Model of Care across services	No. of services engaged in planning of TIC TAC events/ trainings/ workshops and no. of participants. (Service providers and service users) Feedback gathered through continuous evaluation process	Further roll out of TIC TAC programmes e.g. Parent webinars on Therapeutic Powers of Play; one day TIC TAC conference and development of schedule of events/ trainings for the LW area	One day Trauma Informed Care Conference - May 2025	TIC TAC Interagency working group	LW CYPSC Member organisations
Appropriate Foods for Age Initiative	Continued development of interagency Appropriate foods for Age initiative	No of agencies/ participating families engaging	Continued development of Appropriate foods for age campaign in Longford Westmeath		Slaintecare Healthy Communities, Active and Healthy subgroup members, early years learning subgroup, parenting support subgroup	LW CYPSC Member organisations

Continued collaboration with relevant multidisciplinary groups and committees where health is a priority	To strengthen collaborations across local services, avoiding overlap and addressing emerging needs and gaps in service provision	No. of agencies engaged	To continue to support and collaborate with other local health related multiagency committees e.g. Slaintecare Healthy communities, Healthy Longford, Healthy Westmeath, Connecting for Life Midlands Louth Meath etc.		Active and Healthy Subgroup	LW CYPSC Member organisations
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National Outcome 2 Achieving Full Potential in all Areas of Learning and Development

CYPSC Priority	Objective	Indicator over 3-year CYP period	Action(s)		Lead Agency	Partners
Supporting Play in early years	Continued promotion of the therapeutic powers of play and its importance in the early development stage	No. of agencies and families engaged	Continued support of Play initiatives e.g. Stay and Play initiative in IPAS centres, Therapeutic Powers of Play parent webinars etc.		Shared action across multiple subgroups i.e. early years learning, PPFS, parenting support and Active and Healthy	LW CYPSC Member organisations
Guide to Services for Young People with Disabilities	To sign post supports that are available in Longford and Westmeath for children and young people with disabilities	No. of contacts/ requests for the directory/ no. of hits on website/ post engagement on social media	Continued promotion of the Disability Directory including continued review of information contained within and updating when required		County Childcare Committee's and Early Years Learning subgroup	LW CYPSC Member organisations
Interagency Parent and Toddler groups	Continued support and promotion of Parent and Toddler groups in Longford and Westmeath	Maintaining the number of parent and toddler groups in the area	Continued promotion and support of P&T groups through interagency approach		Early Years Learning Subgroup	LW CYPSC Member organisations
Enhancing Children's communication skills development	To promote and support enhancement of children in early years communication/ interaction skills through interagency approach	No of agencies/ services/ families that engage	Continued collaboration with and promotion of HSE Speech and Language supports and resources and promotion of library initiatives and programmes throughout the year promoting reading and language development		Early Years Learning Subgroup, HSE Speech and Language Services and local libraries	LW CYPSC Member organisations

National Outcome 3 Safe and Protected from Harm

CYPSC Priority	Objective	Indicator over 3-year CYP period	Action(s)		Lead Agency	Partners
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Implementation of Meitheal National Practice Model	To promote Meitheal and sustain the number of Meitheals across the two counties and number of Lead Practitioners	The number of meitheals requested and feedback gathered from participants i.e. children, young people and parents	LW CYPSC to advocate the benefits of Meitheal as a preventative tool and encourage all frontline partner agencies to participate as Lead Practitioners and support and encourage services in the area to chair Meitheals		Tusla alongside PPFS Subgroup member organisations	LW CYPSC Member organisations
Families, Children & Young People at risk	To implement a multidisciplinary team approach alongside the CFSN networks to improve outcomes for families, children and young people at risk in Longford and Westmeath	No. of agencies/ families/ young people engaged and positive outcomes captured through evaluation process	Continued collaboration between CYPSC and CFSN networks, including possible actions identified by the CFSN's regarding emerging needs in Longford and Westmeath, including roll out of pilot programme in 'Restorative Family work', continued roll out of family and youth initiatives under the IPS fund in the Longford and Westmeath IPAS Centres in collaboration with the two Community Integration Forums Continued support and Coordination of network for NVR Facilitators		PPFS Subgroup Members	Longford and Westmeath CFSN's, Longford and Westmeath Community Integration Forums, LW CYPSC Member organisations

Domestic, Sexual, Gender Based Abuse	Continued implementation of the Domestic Violence Policy and promotion of services available to victims in Longford and Westmeath Garda Districts	Number of agencies engaged in DSGBV LW CYPSC projects, and number of referrals to DSGBV services directly linked to CYPSC DSGBV projects	Coordination and support of the LW Domestic Abuse Local Area Network including the following actions: LW Go Purple Day, DSGBA Multilingual leaflets, support roll out of interagency training in Fundamentals of Domestic abuse and coercive control, promote/ review LW Domestic Abuse resource pack, development of Healthy Relationships programme in LW		PPFS Subgroup Members and LW DA LAN members	LW CYPSC member organisations
Parental Participation	To actively involve parents/ grandparents/ guardians in the planning of and evaluation of services which are aimed at supporting them	Feedback from parents and service providers	Parental Consultations with parents/guardians in LW - e.g. Start from the Heart groups, Parent Groups		Parenting Support subgroup members	LW CYPSC Member organisations

Parent Support and Parent Support programmes	To provide information regarding Parent Support and Parent Support Programmes in Longford and Westmeath and development of a Parental Support Hub	Number of programmes/ supports/ organisations engaged in initiative and number of parents engaged	Gather and communicate information on parenting programmes and supports available in Longford and Westmeath (including HSE Healthy Communities parenting initiative) Support Start from Heart Parent groups, including facilitators network and programme roll out Support parents of LGBTI+ young people Deliver parenting webinar series (including dedicated webinar for foster carers) Support 'My Child My Vision' Transition programme in participating schools		Parenting Support subgroup members	LW CYPSC Member organisations
Supporting Children & Young People (& their families) with additional needs (SCYPAN)	Establishment of an interagency working group to explore the development of additional supports for young people with additional needs in Longford and Westmeath	No of agencies/ families engaged	Establishment of interagency SCYPAN working group. Complete initial scoping exercise to identify gaps/needs and collate possible actions to address same including supports for parents and children with neurodivergent conditions		Joint action across all subgroups i.e. Parenting Support, PPFS, Early years learning, Child & Youth Participation, Economic Security & Opportunity and Active and Healthy subgroups	
Parental Separation	To support children, young people and families affected by Parental Separation in Longford and Westmeath	Number of agencies/ families engaged	Support for separated parents, including development of pilot programme, 'Strengthening Child Parental Relationship post Separation abuse' Explore development of youth group/ project to support young people of separated parents		Joint action - Parenting Support and PPFS Subgroup members	LW CYPSC Member organisations

Supporting Parents of children in early years	Supporting parents with children aged 0-6 years, promoting self care, wellbeing for parents and children	No. of agencies and parents engaging	Work collaboratively supporting children in early years promoting self care and wellbeing and addressing emerging needs as identified by subgroups		Joint action across multiple subgroups namely: Parenting Support, Early years learning and Active and Healthy subgroups	LW CYPSC Member organisations
National Outcome 4 Economic Security & Opportunity						
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)		Lead Agency	LW CYPSC Member organisations
Development of initiatives using an interagency approach which aim at improving life skills and opportunities for young people and families in Longford and Westmeath	To identify gaps in service provision and possible initiatives to improve economic security, safety and opportunities for young people and their families	Number of agencies engaged and programmes developed	Building on scoping exercise and discussions from 2024, development of relevant interagency actions to promote educational opportunities for young people and families in disadvantage areas and/or those experiencing school avoidance e.g. of actions include open day in TUS, promotion of STEM programmes in the area, collaborative initiative with the TIG'S etc.		Economic Security and Opportunity subgroup	LW CYPSC Member organisations
Youth as Researchers UNESCO Programme	To build the capacity of youth to carry out action research on issues of concern to their lives and their wider community and to enhance the dissemination of their research findings with a view to influencing change.	Number of youth researchers in LW on completion of the programme	Support the co-ordination of the Youth as Researchers programme, where youth participants from the CYPSC Youth Forums and Comhairle na Nóg conduct research and disseminate it to influence change among decision makers.		Foroige Gateway Youth Project UBU Athlone, Child and Youth Participation Subgroup & Economic Security and Opportunity Subgroup	LW CYPSC Member Organisations & University of Galway

Community Safety Partnership collaborations	Support the implementation of relevant actions contained in the Longford Community Safety Plan where CYPSC are identified as a partner and Westmeath Community Safety Plan when developed	Number of Actions completed and number of child, youth and family services engaged in implementation of actions	Support the delivery and development of targeted initiatives and services as identified in the Community Safety Partnership Local Community Safety Plans		Community Safety Partnership(s) and Economic Security and Opportunity subgroup	LW CYPSC member organisations
National Outcome 5 Connected, respected & contributing to their world						
CYPSC Priority	Objective	Indicator over 3-year CYP period	Action(s)		Lead Agency	Partners
Active Participation and Communication	Children and Young People are actively involved in planning of services which are aimed at supporting them	Children and young people contribute to the implementation of the LW CYPSC plan through participation on the LW CYPSC Youth Forums	Ongoing consultation and development of LW CYPSC Youth Forums and actions with ongoing active involvement in development of Our Voice Our Wellbeing programme including topics such as internet safety, drugs & alcohol awareness, first aid, further enhancement of intergenerational project, participation in youth as researchers programme, collaboration with Connecting for Life supporting delivery and development of targeted supports for priority groups at risk of suicide or self harm, strengthening of supports for LGBTI+ young people etc.		LW CYPSC Youth Forums, Four local FRC's, Child and Youth Participation Subgroup	LW CYPSC Member organisations

Social Media Upskilling for CYPSC Organisation members	To enhance social media skills and knowledge of CYPSC members led out by Youth Forums	Increased online presence of CYPSC members, including increased online engagement with families and young people	Youth led collaboration between CYPSC partner organisations and CYPSC youth forums to deliver Social media training/ information sessions to CYPSC members		LW CYPSC Youth Forums, Four local FRC's, Child and Youth Participation Subgroup	LW CYPSC Member organisations
Change Management						
CYPSC Priority	Objective	Indicator over 3-year CYP period	Action(s)		Lead Agency	Partners
Inter-CYPSC Working	Working collaboratively with neighbouring CYPSC	Projects involving more than one CYPSC achieved	LW CYPSC Coordinator to work collaboratively with neighbouring CYPSC coordinators where appropriate e.g. collation of midlands information bulletins, supporting the coordination of Midlands NVR and Start from the Heart networks etc.		LW CYPSC	LO CYPSC and other CYPSC where appropriate
Continued CYPSC engagement on local interagency community committees in Longford and Westmeath	Working collaboratively with relevant community interagency committees in the two counties	Increase in interagency collaboration and reduction in overlap and duplication	Continued engagement by LW CYPSC Coordinator with local community interagency committees, providing feedback to and input from LW CYPSC where appropriate to further strengthen interagency working and initiatives in Longford and Westmeath e.g. of groups include Traveller Interagency Groups, Community Integration forums, Health & Wellbeing steering group, Slaintecare healthy communities local implementation team, LCDC's, Comhairle na Nóg steering groups, Connecting for Life MLM CHO), etc.		LW CYPSC	Community interagency groups in Longford and Westmeath

LW CYPSC Children and Young People's Plan development	To commence work on the LW CYPSC CYPP	Development of new Children and young People's strategic plan for Longford and Westmeath	To conduct consultations with key stakeholder and partner organisations, children, young people and families so as to inform the development of the next LW CYPSC CYPP		LW CYPSC Member organisations	All key stakeholders including Longford and Westmeath Local Community Development Committee's
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