



Longford Westmeath CYPSC 2024 ANNUAL PROGRAMME OF WORK

Longford Westmeath CYPSC Mission	Our aim is to secure better developmental outcomes by bringing together local partners within a single framework, to provide strategic leadership, agree and implement a Children and Young People's Plan in a cohesive manner so as to enhance the delivery of services to children, young people and their families within Longford and Westmeath.
Longford Westmeath CYPSC Statement of intent 2024	It is the intention of the LW CYPSC, to support Child, Youth and Family Services, in Longford and Westmeath, whilst implementing the actions as outlined below in the LW CYPSC Annual Programme of Work 2024.

National Outcome 1 Active and Healthy, Physical and Mental Wellbeing

CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Healthy Ireland Funded Initiatives	To further develop Healthy Ireland Projects and oversee the identification and development of new projects	Roll out of HIF Projects, uptake on programmes and feedback collated as part of evaluation process	Oversee, develop, review and recommend Healthy Ireland Fund Initiatives and liaise and collaborate where appropriate with the two County Healthy Ireland Coordinators and SlainteCare professionals.	Increase the proportion of people that are healthy at all stages of life	Preventative Measures	Active and Healthy Subgroup	LW CYPSC Member organisations	Healthy Ireland Fund
Family Wellness	Continuous evaluation of the LW CYPSC Family Wellness programme, and plan for further development of the LW CYPSC Family Wellness Programme	Increased knowledge and awareness amongst participants	Continued delivery of Family Wellness Programme (including iheart programme) in Longford Westmeath Where additional needs are identified, tailored programme for families to provide extra supports and further embed the family wellness ethos	Increase the proportion of people that are healthy at all stages of life	Wellbeing Factors	Four local Family Resource Centres and Mullingar Community Women's Project	Active and Healthy Subgroup member organisations	Healthy Ireland Fund
'Our Voice Our Wellbeing' Youth Initiative	Empowering youth health champions/ ambassadors in Counties Longford and Westmeath	Upskilling and awareness raising amongst LW CYPSC Youth Forum Members	Further development of 'Our Voice Our Wellbeing' Youth initiative based on feedback gathered from 2023 programme, LW CYPSC Youth Forums and Comhairli AGM's.	Increase the proportion of people that are healthy at all stages of life	Wellbeing Factors	Four local Family Resource Centres	Active and Healthy subgroup and Child and Youth Participation subgroup member organisations	Healthy Ireland Fund
Trauma Informed Conference	To organise and host a Trauma Informed Model of Care Conference	Number of services involved in planning of conference, numbers in attendance, feedback gathered following conference and increased trauma awareness/ responsiveness in service	LW CYPSC dedicated Trauma Informed Planning Conference multiagency group to plan and develop a Trauma Informed Conference for the Longford Westmeath area including follow on			The interagency trauma informed working group	LW CYPSC Member organisations	CYPSC Programme Fund
Supporting Parents in early years	Supporting parents with children 0 - 6 years , promoting parental self care and wellbeing for both parents and baby/child.	No. of agencies/ parents engaging	Work collaboratively supporting parents of children in early years promoting selfcare and wellbeing and addressing emerging needs as identified by subgroups			Early Years Learning subgroup	LW CYPSC Member organisations	CYPSC Programme Fund
Supporting Parents in early years	Development of campaign promoting 'Appropriate foods' for children in early years	No. of agencies/ parents engaging	LW CYPSC dedicated Trauma Informed Planning Conference multiagency group to plan and develop a Trauma Informed Conference for the Longford Westmeath area including follow on workshops/ webinars			SlainteCare Community Food & Nutrition workers alongside member organisations of the Active and Healthy & Early Years learning subgroups	LW CYPSC Member organisations	CYPSC Programme Fund

Establishment of collaborative initiative to enhance supports for young people with Autism	Development of interagency supports for young people with Autism and their families	No. of agencies/ parents engaged	Establishment of an interagency working group to explore development of additional supports for young people with Autism in Longford and Westmeath			HSE Disability Services alongside Active and Healthy subgroup member organisations	LW CYPSC Member organisations	CYPSC Programme Fund
Connecting for Life Midlands Louth Meath Suicide Prevention Action Plan 2023 – 2024	Support the implementation of relevant actions of the Phase Two Connecting for Life Midlands Louth Meath Suicide Prevention Action Plan 2023 – 2024 where CYPSC are identified as a partner	Number of Actions completed and number of child, youth and family services engaged in implementation of plan	Support the delivery and development of targeted initiatives and services for priority groups at risk of suicide or self-harm and collaborate on awareness and preventative youth initiatives			LW Mental Health Services HSE alongside Active and Healthy subgroup and Child and youth participation subgroup member organisations	LW CYPSC Member organisations	
Establishment of collaborative initiative to enhance supports for young people with Autism								
Connecting for Life Midlands Louth Meath Suicide Prevention Action Plan 2023 – 2024	Support the implementation of relevant actions of the Phase Two Connecting for Life Midlands Louth Meath Suicide Prevention Action Plan 2023 – 2024 where CYPSC are identified as a partner	Number of Actions completed and number of child, youth and family services engaged in implementation of plan	Support the delivery and development of targeted initiatives and services for priority groups at risk of suicide or self-harm and collaborate on awareness and preventative youth initiatives	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Supporting Play in early years	To support the roll out of the Play initiatives in local IPAS centres	Number of families engaging in the initiative	Continued support of Play initiatives, in IPAS centres			County Childcare Committees and Early Years Learning Subgroup	LW CYPSC Member organisations	CYPSC Programme Fund
Music and the Arts	To remove barriers and promote participation in music with an inclusive approach to teaching and learning music in the early years sector and support the Feadh and make accessible for families and those with disabilities	Number of Child care Providers and children that participate. Engagement with the Early Years Practitioners and children Engagement of CYPSC Member organisations	Support the delivery of Music Generation Early Years Programme in Longford and Westmeath			Music Generation, LW ETB & County Childcare Committees	LW CYPSC Member organisations	CYPSC Programme Fund
Guide to Services for Young People with Disabilities	To sign post supports that are available in Longford and Westmeath for young people with disabilities	No. of contacts/ requests for the directory/ leaflet and no. of hits on website	Complete the update of the Disability Directory and development of an Information leaflet based on information contained in the Disability Directory of Services & dissemination of leaflet to parents.			County Childcare Committees and Early Years Learning Subgroup	LW CYPSC Member organisations	
Interagency Parent and Toddler Development Plan	Continued support of Parent and Toddler groups in Longford and Westmeath	Maintaining the number of Parent and Toddler Services in Longford and Westmeath	Continued support of P&T groups through interagency approach including support of Edgeworthstown P&T group and Áirc groups			Early Years Learning subgroup	LW CYPSC Member organisations	CYPSC Programme Fund
			Promote parent and toddler network throughout Longford Westmeath to parents & local agencies					
Enhancing Children's communication skills development within the preschool setting	To support early years services in using strategies and ideas to promote children's communication/ interaction skills	No. of services/ families/ agencies that participate	Promotion of HSE Speech and Language resources and development of programme with early years sector			Early Years Learning Subgroup member organisations alongside HSE Speech and Language Services LW	LW CYPSC Member organisations	CYPSC Programme Fund
			Link with local libraries in LW regarding promotion of reading, language in early years					

National Outcome 3 Safe and Protected from Harm								
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Implementation of Meitheal National Practice Model	To promote Meitheal and sustain the number of Meitheals across the two counties and number of Lead Practitioners	The number of meitheals requested and feedback gathered from participants i.e. children, young people and parents	LW CYPSC to advocate the benefits of Meitheal as a preventative tool and encourage all frontline partner agencies to participate as Lead Practitioners and support and encourage services in the area to chair Meitheals			Tusla alongside PPFS Subgroup member organisations	LW CYPSC Member organisations	
Homelessness in Longford/ Westmeath	To implement a multidisciplinary team approach so as to minimise where possible the impact of homelessness, hidden homelessness and support children and families at risk of losing their home or who are living in substandard accommodation in Longford and Westmeath.	Engagement of local area response with relevant services and up-take of families/ clients in services provided	To further develop the LW CYPSC Homelessness Initiative led out by Tusla and Local Authorities alongside partner agencies			PPFS Subgroup member organisations	LW CYPSC Member organisations	
			Review of the outreach counselling service to IPAS centres in Westmeath Dec 2020 - Dec 2023					International Protection Support Fund
			Continued roll out of family and youth initiatives under the IPS fund in the Longford and Westmeath IPAS Centres					
Domestic, Sexual, Gender Based Violence	Continued implementation of the Domestic Violence Policy and promotion of services available to victims in Longford and Westmeath Garda Districts	Number of agencies engaged in DSGBV LW CYPSC projects, and number of referrals to DSGBV services directly linked to CYPSC DSGBV projects	Coordination and support of the LW Domestic Abuse Local area network including the development of the following actions listed below:			Longford Westmeath Domestic Abuse Local Area Network alongside the PPFS Subgroup member organisations	LW CYPSC Member organisations	
			DSGBV Multilingual Information Leaflets - Complete review of provision of leaflets and any additional translation or printing of leaflets for Longford/ Westmeath area where need is identified					CYPSC Programme Fund
			Support and promote the roll out of the multiagency training - Fundamentals of Domestic abuse and coercive Control					
			Launch of the Longford Westmeath Domestic Abuse Resource Pack at the LW Go Purple Day event in April 2024					CYPSC Programme Fund
			Development of Healthy Relationships Programme in Longford Westmeath, building on pilot programme developed by LO CYPSC					

			Domestic Abuse Awareness Campaign- Esker House Domestic Violence Service have secured funding for development of a Training, Development and Community Engagement Project for 2024. This is a pilot training and awareness initiative, which is in line with the CYPSC DA Awareness action and will be supported by the CYPSC and Domestic Abuse Local Area Network, with the hope of further development and roll out across the two counties in the future					Other
			Support the LWL Domestic Violence Interagency Model initiative. This model incorporates specific training and workshops which enhance knowledge and a mutual understanding between all agencies working within the criminal justice system of Longford and other areas.					Other
Families, Children and Young People at Risk	To strengthen the links between LW CYPSC and the CFSN Networks and support CFSN agencies in their work	Strengthen referral pathways at local level and continued support for Non Violence Resistance Network	Continued support and strengthening of links between CYPSC and CFSN including possible actions identified by the CFSN's regarding emerging needs in Longford and Westmeath			PPFS Subgroup member organisations	LW CYPSC Member organisations	CYPSC Programme Fund
			Support Ukrainian refugees entering the country through Community Contact Centres and Community Response Forums			PPFS Subgroup member organisations		CYPSC Programme Fund
			Support collaborative multiagency Arts project 'Awakening Sionnan'.			Athlone Family Resource Centre alongside PPFS Subgroup member organisations		CYPSC Programme Fund
			Continued Support and coordination of network for NVR Facilitators			PPFS Subgroup member organisations		CYPSC Programme Fund
Parental Separation	To support young people affected by Parental Separation in Longford and Westmeath and their parents	Number of young people and number of services engaged in initiative	Explore possibility of establishment of youth project/group to support young people of separated parents			PPFS Subgroup and Parenting Support Subgroup member organisations	LW CYPSC Member organisations	CYPSC Programme Fund
			Support for separated parents including development of pilot programme, 'Strengthening Child Parental Relationship Post Separation abuse'					CYPSC Programme Fund
Parental Participation	To actively involve parents/grandparents/ guardians in the planning of and evaluation of services which are aimed at supporting them	Feedback from parents and service providers	Parental Consultations with parents/guardians in LW - e.g. Start from the Heart groups, Parent Groups			Parenting Support Subgroup member organisations	LW CYPSC Member organisations	CYPSC Programme Fund
Parent Support and Parent Support Programmes	To provide information regarding Parent Support and Parent Support Programmes in Longford and Westmeath	Number of programmes/ supports/ organisations engaged in initiative and number of parents communicated to.	Gather and communicate information on parenting programmes available in Longford Westmeath - to be circulated quarterly. Commence development of Parent Hub/ signposting website for Longford Westmeath			Parenting Support Subgroup member organisations	LW CYPSC Member organisations	CYPSC Parenting Awareness Fund

			Support the development/ redesigning of the suite of multi-lingual Parenting leaflets developed by Cork CYPSC in collaboration with Barnardos			National CYPSC working group	LW CYPSC Member organisations	
			Mindfulness Facilitator Training - To review the training which took place in 2022 (Funded by Community Foundation) and decide whether this action is deemed complete			Parenting Support Subgroup member organisations	LW CYPSC Member organisations	CYPSC Programme Fund
			Support HSE Healthy Communities Parenting initiative in Longford and Westmeath					
			Parenting Webinar Series including a dedicated series for Foster Carers					CYPSC Programme Fund
			Supporting parents of LGBTBI+ young people and transitions in life e.g. adolescence, school etc.			Parenting Support subgroup and Child & Youth Participation subgroup member organisations		CYPSC Programme Fund
			Support 'My Child My Vision' Transition Programme in participating Schools			Tusla Education Support Service and LW ETB		

National Outcome 4 Economic Security and Opportunity

CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Economic security and opportunity for young people and their families	To develop outcome four related actions based on knowledge of local services on Outcome four subgroup and improve life skills and opportunities for young people and families in Longford and Westmeath	Number of agencies engaged and programmes developed	Continued strengthening of knowledge and pathways between subgroup member organisations			Economic Security and Opportunity Subgroup member organisations	LW CYPSC Member organisations	
			Collation and dissemination of information regarding further education opportunities in Longford Westmeath					
			Development of budget planner for use in Family Wellness Programme - hard copies for participating families and digital copies to be made available also.					CYPSC Programme Fund
			Promote educational opportunities for targeted youth groups and parents e.g. exploring how to further develop supports for young people not attending school, or providing opportunities to learn about further education to families living in disadvantaged areas e.g. facilitating open day(s) to TUS Athlone campus.					CYPSC Programme Fund
			Support a collaborative approach to the delivery of the STEM passport and digital skills programme, as well as support where needed for STEM programmes in Longford Westmeath					CYPSC Programme Fund

Youth as Researchers UNESCO Programme	To build the capacity of youth to carry out action research on issues of concern to their lives and their wider community and to enhance the dissemination of their research findings with a view to influencing change.	Number of youth researchers in LW on completion of the programme	Support the co-ordination of 14 young people to engage in the Youth as Researchers programme, conduct their research and disseminate it to influence change among decision makers.			Foroige Gateway Youth Project UBU Athlone, Child and Youth Participation Subgroup & Economic Security and Opportunity Subgroup	LW CYPSC Member Organisations & University of Galway	CYPSC Programme Fund
Longford Local Community Safety Plan	Support the implementation of relevant actions contained in the Longford Community Safety Plan 2022 - 2024 where CYPSC are identified as a partner	Number of Actions completed and number of child, youth and family services engaged in implementation of actions	Support the delivery and development of targeted initiatives and services as identified in the Longford Community Safety Partnership Local Community Safety Plan including collaboration on initiatives led out by the Longford Traveller Interagency Group (est. 2024)			Economic Security and Opportunity Subgroup member organisations	LW CYPSC Member Organisations	CYPSC Programme Fund
National Outcome 5 Connected, respected and contributing to their world								
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Active Participation and Communication	Children and Young People are actively involved in the Planning of services which are aimed at supporting them	Children and young people contribute to the implementation of the LW CYPSC Plan through the LW CYPSC Youth Forums across the two counties	Ongoing development of LW CYPSC Youth Forums			Child and youth Participation Subgroup member organisations	LW CYPSC Member Organisations	CYPSC Programme Fund
			Support Internet Awareness through CYPSC Youth Forums and SID 2024					CYPSC Programme Fund
			Develop Our Voice Our Wellbeing Programme 2024 - through consultation with LW CYPSC Youth Forums as well as feedback from both Longford and Westmeath Comhairlí on key themes as identified at 2023 AGM consultations	Increase the proportion of people that are healthy at all stages of life	Wellbeing Factors			Healthy Ireland Fund
			Development of Online First Aid information posts for Parents and for young people					CYPSC Programme Fund
			Further development of Intergenerational project					CYPSC Programme Fund
			Develop Internet training workshop - see Change management action - Social Media Upskilling below					CYPSC Programme Fund
			Support the co-ordination of 14 young people to engage in the Youth as Researchers programme, conduct their research and disseminate it to influence change among decision makers. (joint action)					Foroige Gateway Youth Project UBU Athlone, Child and Youth Participation Subgroup & Economic Security and Opportunity Subgroup

			Collaboration with Connecting for Life to support the delivery and development of targeted initiatives and services for priority groups at risk of suicide or self-harm and collaborate on awareness and preventative youth initiatives			Child and youth Participation Subgroup and Active and Healthy subgroup member organisations		Other
			Strengthening of supports for LGBTI+ young people in Longford and Westmeath			Child and Youth Participation subgroup and Parenting Support subgroup member organisations and LGBT + Midlands project		CYPSC Programme Fund
Change Management								
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s)	Please select relevant Healthy Ireland goal if applicable.	Please select relevant Healthy Ireland Outcomes Framework Indicator Set if applicable	Lead Agency	Partners	Fund Name
Inter - CYPSC Working	Working collaboratively with neighbouring CYPSC's	Projects that involve more than one CYPSC being achieved	LW CYPSC Coordinator to work collaboratively with neighbouring coordinators where required			LW CYPSC Member Organisations		CYPSC Programme Fund
LW CYPSC Project Support	To assist the LW CYPSC Coordinator with the collaborative roll out of CYPSC initiatives.	Projects being achieved and in a timely manner	To support the ongoing development and roll out of CYPSC actions contained within the LW CYPSC APOW					CYPSC Programme Fund
CYPSC Children and Young People's Plan Consultations	To consult with Partner agency members, Parents, children and young people so as to inform the development of a new Children and Young People's Plan (CYPP)	Consultations completed and information collated for inclusion in CYPP	To develop and host consultations with key stakeholders so as to inform the development of the next Longford Westmeath Children and Young People's plan.				Longford and Westmeath Local Community Development Committee's	CYPSC Programme Fund
Social Media Upskilling for CYPSC Organisation members	Opportunity for CYPSC members to enhance their skills and use of multiple social media platforms.	Increased skills and presence online of CYPSC member organisations including increased online engagement with families and young people	Working collaboratively with CYPSC members and the LW CYPSC Youth Forums to develop and deliver a Social Media Workshop for LW CYPSC Members					CYPSC Programme Fund