

# West Wicklow Interagency Committee



## The Seomra Dunlavin Parenting Hub

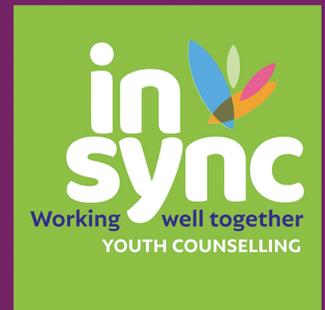


The Dunlavin Parenting Hub was established under the PPFs Parenting Support funding and is supported by Tusla Family Support. It is a parent led initiative that serves the rural community of Dunlavin where there are no other family support type services available. The Hub is based in the Imaal Hall in Dunlavin which is located in the centre of the town with a catchment population between 2,000 to 5,000 experiencing mixed levels of socioeconomic deprivation and affluence. For example, one of the few DEIS secondary schools in Wicklow is located in Dunlavin. The services of the Parenting Hub are available to any parent wishing to avail of it and in recent times has undertaken work to support integration of new communities in the town.

The objectives of the Dunlavin Parenting Hub are: To act as a parent led initiative in the community; to provide weekly supports for parents such as Parent and Toddler groups, Breastfeeding groups etc. and; to provide workshops and training for parents as identified by parents. The volunteer parents committee prepare a calendar of events in September. This is shared by social media and posters and through schools and services locally.

## West Wicklow Youth Project (Youth Counselling)

The West Wicklow Youth Counselling service offers counselling to 11 to 25 year olds who live or are in school/college/work in West Wicklow. In person and telecommunication counselling support is offered. It can provide short or longer term counselling options to young people and their guardians, depending on assessed needs. To date only a limited service has been possible and in the last year it has not been possible to fill the Counselling post due to the limited hours available. In 2024 CYPSC Healthy Ireland funding of €40,000 is being made available enable the employment of a counsellor for West Wicklow for up to 3.5 days per week to engage with young people from an existing waiting list of up to 30 young people. In Sync will monitor and report on the outputs and outcomes of this therapeutic provision, within agreed parameters, with the Wicklow CYPSC Coordinator to inform the preparation of a business case for a more sustainable funding model for such an essential service.



## Maternal Mental Health



Wicklow CYPSC has been an active partner in a wide range of work relating to maternal mental health led by the Minding Me interagency group for Dublin South/ Kildare and West Wicklow. The Minding Me group has developed a range of resources to support mothers from pregnancy up to their child's first birthday. The resources are also helpful to their partners and families and include videos, booklets and workbooks. The workbooks are shared with expectant mothers and have been produced in other languages (French/Polish/Arabic and Romanian). An annual promotion is held to promote the resources during Maternal Mental Health month in May every year. These resources are available to download from <https://www.parentingsupport.ie/resources/maternal-mental-health/>

In 2023 this group collaborated with RCSI on research with mothers in the perinatal period which has led to the development of a new website <https://www.themotherhoodprogramme.ie/> which offers practical educational support to people who are pregnant, new parents, and their families and friends.



An Roinn Leanaí, Comhionannais,  
Míchumais, Lánpháirtíochta agus Óige  
Department of Children, Equality,  
Disability, Integration and Youth

