Planet Youth



Planet Youth came from Iceland. In the 1990's, studies showed they had one of the worst youth drug and alcohol use amona teens in Europe. A research study and prevention model was developed called the Icelandic Prevention Model (IPM). This model has led to huge improvements in Iceland and the model is now being adopted successfully in other parts of Europe including Ireland. It is mostly now referred to as Planet Youth.

It is a five-year programme that involves carrying out an anonymous survey with young people between the ages of 15-16 every second year throughout the programme (year one, three and five). The survey looks at all aspects of a young person's life.

A Planet Youth Committee is formed from a mix of services who work with young people across the county from education backgrounds, youth justice, Juvenile Liaison Officers, health and wellbeing, research academics, children's services. sports partnerships, drugs and alcohol services and more.



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