

Wicklow CYPSC Newsletter Q2 Summer 2023.



Well done to all involved in the fantastic Wicklow Pride Festival 2023!

Wicklow CYPSC Subgroup Updates Q2 2023

<p>Outcome 1: Youth Mental Health and Physical Health Subgroup</p>	<p>Healthy Ireland Funding of €45k has been distributed to two collaborative projects in the county. The first led by Wicklow Child & Family Project and partnering with Arklow Springboard, West Wicklow Outreach DV Service and the Wicklow Youth Mental Health Initiative. The focus of the work is on health and wellbeing initiatives for children, young people and families and a youth mental health campaign that targets up to 400 TY students across 6 schools in Wicklow Town and surrounding area.</p> <p>Minding Me – Maternal Mental Health resources were promoted during the recent campaign. Wicklow CYPSC is an active member of the group which has developed resources to support maternal mental health during the perinatal period i.e. from pre-birth to 12 months post birth. You can access the resources at Parentingsupport.ie</p> <p>LCDC Health and Wellbeing Committee meetings ongoing most recent June 2023: receiving updates on Healthy Community (Bray), Healthy Ireland (LCDC & CYPSC)</p>
<p>Outcome 2: Learning & Development</p>	<p>Emotionally Based School Avoidance (EBSA/School Refusal) Parent Leaflet was given a final review in June 2023 and distribution to all schools is to be organised for late September 2023</p> <p>Group are planning to focus their September meeting on next steps and practical supports for schools around EBSA</p> <p>Transition Workshops were run in Bray only in 2023 so far. Transition Enrolment/Admissions work outstanding from previous plan</p> <p>I Am Baba promotion materials being produced for later in 2023</p>

<p>Outcome 3: Prevention Partnership and Family Support (Safe & Secure)</p>	<p><i>The PPFS Group said a fond farewell to its colleague Martina Deasy of Arklow Springboard who will retire from her position in early August 2023. She will be missed and we thank her for her fantastic contribution to PPFS and to family support services in Co. Wicklow. We wish you well in your new chapter. Thank you!</i></p> <p style="text-align: center;">I will arise and go now, and go to Innisfree, And a small cabin build there, of clay and wattles made: Nine bean-rows will I have there, a hive for the honey-bee; And live alone in the bee-loud glade.</p> <p style="text-align: center;">And I shall have some peace there, for peace comes dropping slow, Dropping from the veils of the morning to where the cricket sings; There midnight's all a glimmer, and noon a purple glow, And evening full of the linnet's wings.</p> <p style="text-align: center;">I will arise and go now, for always night and day I hear lake water lapping with low sounds by the shore; While I stand on the roadway, or on the pavements grey, I hear it in the deep heart's core.</p> <p style="text-align: center;">The Lake Isle of Innisfree, W.B. Yeats.</p>
<p>PPFS Contd.</p>	<p>TLC Kids Programme to run in Arklow in September</p> <p>New Communities Family Support Pillar has met and updated the workplan: this group is overseeing the delivery of supports to IPAS centres from the funding of 50k received and distributed to three Implementation Partners: Bray Area Partnership, County Wicklow Partnership and Wicklow Sports and Recreation Partnership. Funding to focus on 0-18 years and their families and themes are parenting support including family trips/outings, summer/holiday activity provision, play packs, language supports. It is accepted that transport will be a significant costs factor.</p> <p>Trauma/mental health pillar meetings to be followed up</p> <p>Kildare and Wicklow CYPSC submitted a joint application for funding under Parenting Support Awareness funding to support parental participation and redesign of parentingsupport.ie</p> <p>Domestic Violence Working Group continue to meet and are to undertake a review of their workplan at the end of 2023.</p>
<p>Outcome 4 and Change Management</p>	<p>Food Poverty Research launch to be organised (WicklowCoCo/ LCDC/CYPSC)</p> <p>Critical Incident Protocol reviewed and to be signed off at next meeting</p> <p>C&V Election Criteria and Group reviewed and signed off in June</p> <p>Combined Progression pathway document for NEETS young people and young people with disabilities to be finalised at the next meeting</p> <p>The group are also exploring collaboration around data in the county</p> <p>This group is also overseeing the development of the new CYPSC plan 2024-2026. To date online surveys for Secondary & FET Students, Primary Students and Preschools have issued. A literature review is being undertaken which will inform the Local Needs analysis and data is being gathered to support the area profile. Consultations with stakeholders are planned for summer 2023 and we hope to have a joint planning session of CYPSC and Subgroup members in September.</p>

Outcome 5: Connected & Respected	Drugs/Cannabis report is to be finalised and shared widely. Second young adult representative is being sought (ongoing) Emily Murray Nelson has joined as the Young Adult Rep to CYPSC
West Wicklow Subgroup	Second West Wicklow Child & Family Support Network meeting took place in Blessington on the 26 th June West Wicklow Directory Updates ongoing – Mapping exercise to take place at next CFSN to inform the creation of an infographic of services for the area Tusla Area PPFS and CYPSC teams for Dublin South, Kildare, West Wicklow met recently for discussion on areas for collaboration Baltinglass Creative Arts Project focussed on a wide range of activities for Cruinniú na nÓg and the Coordinator for the project is to be in post shortly InSync hope to recruit a Counsellor to fill the post in the West Wicklow Youth Project which has been vacant for some time It is also hoped to commence the therapeutic supports for primary school age children in West Wicklow in September 2023 The opening of the Blessington Community Hub has been delayed but a new premises in under negotiation The West Wicklow New Communities Group continues to meet to try to address any issues arising for residents – funding has been used to provide summer camps for children and play packs are being provided to each centre
Other CYPSC News of interest	The Child Care Act Draft Heads of Bill has moved to pre-legislative stage and the draft contains the proposal to put CYPSC on a statutory footing The Ukrainian Community Response Forum for the county continues to meet bi-monthly and can be contacted on communityforum@wicklowcoco.ie The Department of Children Equality Disability Integration and Youth [DCEDIY] met CYPSC on the 26 th June and the Minister and Secretary General joined for the final hour. The issue of resourcing of the CYPSC initiative was highlighted. The relationship between LCDC and CYPSC was also discussed. The successor to Better Outcomes, Brighter Futures is to be published in 2023

Training Opportunities



Connecting for Life
 Dublin South East, Dublin South and Wicklow

<https://bookwhen.com/che#focus=ev-s8o5-20230727100000>

All of our training programmes (LivingWorks Start, safeTALK, Understanding Self-Harm, ASIST, Suicide Bereavement Training) are for **over 18s only** and there is no charge to the participant.

For more information on training programmes contact admin@breakingthrough.org

The purpose of the **STATUS Toolkit** is to provide a Quality Assurance {QA} Framework whereby, youthwork organizations can engage in a process of self-evaluation and agree and Continuous Improvement Plan {CIP}} to support their youth and community work practices to be more inclusive of members of Traveller Community

We would like to invite you to attend one of our trainings in September and October this year, training dates can also be organized for a closer date if preferred.

If you would like to sign up to this training, please fill out the google forms.



<https://forms.gle/kBhVANDM2rWCDQHF6>



New STATUS Toolkit.pdf



STATUS Toolkit Bio.pdf

<p>One Family offer a range of parenting supports. One Family offer a series of group based parenting courses via Zoom. Our courses are specially designed for people parenting alone, sharing parenting and separating. You can view the Zoom course calendar here.</p> <p>One Family E-learning for parents' offers a selection of five online courses that allow you to learn at your own pace. You can sign up for the courses here. They have also recently redesigned the Family Communications: Separating Well for Children e-course. You can learn more about the course here.</p>	
<p>General Updates and Events</p>	
<p>For those with an interest in Child Poverty: Dublin City South CYPSC organised a webinar on Friday, 30th June. The new Child Poverty Unit in the Department of the Taoiseach provided the first input. The research presentation by SVP which followed gives significant insights into the issue. Each of the Presentations are available on DCS CYPSC Webpage & includes a link the powerful Video by the Dolphin House Regeneration Project Dublin City South EU CHILD GUARANTEE WEBINAR</p>	
 ICBN - June Newsletter.pdf	<p>Irish Childhood Bereavement Network June Newsletter</p> <p>Check if out for updates and links to resources</p>
<p>Bereaved Children's Awareness Campaign will run over the month of November with some concentrated events during the key week of 13th – 17th November 2023.</p> <p>ICBN have recently launched their resource for Teachers supporting bereaved students. Email icbn@hospicefoundation.ie for copies</p>	
 Teachers - Supporting Bereaved	
<p>The Mental Health Engagement and the ARCHES Recovery College team are delighted to relaunch the CHEER (Community Healthcare East Engagement and Recovery) newsletter. This newsletter is a snapshot of some of the incredible work and community spirit displayed across our Recovery Community so far this year. Follow the link to the Ju https://mher.ie/cheer-newsletter-july/</p>	
<p>To see a wide range of activities and events on offer through Wicklow Library Services click on this link Wicklow Library Service Events or follow them on Facebook Wicklow Libraries Facebook</p>	<p>Wicklow Sports & Recreation Partnership For lots of information on keeping active in Wicklow https://wicklowisp.ie/ as well as information on inclusive summer camps and taster sessions for those with additional needs Or sign up for their Newsletter Sign Up Here</p>



<https://wicklowlsp.ie/wicklow-summer-camps-2023/>

Exciting News! **Her Wicklow, Her Outdoors** is back this year, it will run from the 14th to the 20th of August! Get ready for our biggest edition yet, filled with amazing outdoor experiences. Stay tuned as we will release the full schedule of events very soon. Just like last year, our Active Wicklow newsletter subscribers will enjoy **48 hours of VIP pre-access** to book their spots. Help us spread the word and invite all your friends to join in the fun!

Local Link Bus Services around Wicklow
Check out the timetables for all services here
[Wicklow Bus Services](#)



HSE Talking Health and Wellbeing Podcast, Episode 20 - Parents Matter: In this episode, we speak to Professor Bobby Smyth, Consultant Child and Adolescent Psychiatrist, on the role of parents in the area of substance prevention and education, as part of an ongoing campaign 'Parents Matter' to promote information about substances and how to engage children and young people on this matter.
Listen and follow wherever you get your [Podcasts](#) or on the [HSE Health and Wellbeing YouTube channel](#).

The HSE Health and Wellbeing Newsletter Issue 13: June 2023

[Available HERE](#)

Have your say!

New Action Plan for Youth Services

The Public Consultation on the new Action Plan for Youth Services opened in June and will run until **Friday July 14th**. Details of the consultation can be accessed [here](#).

HSE Alcohol Programme

The HSE Alcohol Programme are inviting people to take part anonymously in a research study that is being conducted by researchers at Trinity College Dublin, led by Professor Catherine Comeskey. The aim of this study is to provide an evidence informed consultation of alcohol services with a focus on accessibility, partnership, experience of using and delivering services and views on how services should be delivered within these contexts. The findings from this study will be used to inform the delivery of new Integrated Alcohol Services. Get more information [HERE](#)

Public Consultation on Vaping Devices

Please see below a public consultation on disposable vaping devices. I would encourage all people/organisations to consider making a submission particularly those working with young people or interested in protecting the environment. Disposable vapes are cheaper and more attractive to young people and are very damaging to the environment.

The risks and negative health effects linked with vaping include:

- nicotine dependence
- injuries - for example, from defective e-cigarette batteries
- poisoning and exposure to toxins
- changes to how your heart, lungs and other organs normally work

Over time these risks may cause diseases such as heart disease, lung disease and cancer.

Vaping liquids can contain high levels of nicotine. The amount of nicotine you inhale from a vape can vary. Some vape product labels do not show that they contain nicotine. Some vape liquids sold as 0% nicotine have been found to contain nicotine.

Vaping liquid often has other chemicals such as colours and flavourings. These chemicals can be harmful when you inhale them into your lungs.

Vaping use in young people under the age of 18 has increased in recent years. About 1 in 5 young people say they vape.

Children and young people are more at risk of:

- developing an addiction to nicotine
- the negative effects of nicotine use on the developing brain - for example, problems with attention, learning, mood and impulse control
- Many young people who vape did not smoke cigarettes before they started vaping.

The Minister of State at the Department of Environment, Climate and Communications, Ossian Smyth, invites the public to participate in a public consultation on disposable vaping devices.

Feedback will help to inform Ireland's policy response to dealing with waste disposable vaping devices. Disposable vapes are electronic cigarettes that are NOT rechargeable. Rechargeable cigarettes are outside the scope of this consultation. The consultation period closes on Thursday, 27 July 2023 @ 5:30pm.

You are very much encouraged to contribute to this public consultation at the following link:

<https://www.gov.ie/en/consultation/826a1-public-consultation-on-disposable-vaping-devices/#>

For more information contact: Fionnuala Curry, Coordinator Wicklow CYPSC,

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10th July 2023