## **BLUE SKIES INITIATIVE**

## CIRCLE OF SECURITY ® PARENTING™

FOR PARENTS OF CHILDREN AGED 4 MONTHS - 6 YEARS

## **Book a place now!**

A programme for parents and children to support you:

- To understand your child's needs
- To support your child's ability to successfully manage emotions
- To enhance the development of your child's self-esteem
- Help parents recognise their own worries around parenting and how to manage these

This programme is run virtually over 12 weeks.

When: July 2020

Where: Classes are run through the video conferencing platform Zoom

Email: kcostello@archways.ie Tel: 085 722 59 19

This programme is free of charge. Group size limited to three participants.



The Area Based Childhood Programme







