We asked PRE-SCHOOL CHILDREN in Roscommon WHAT THEY NEED TO BE *Happy & Healthy* THIS IS WHAT THEY SAID...



SOMETIMES TREATS SCREEN TIME eating sweets

WE DON'T NEED THESE OFTEN TO BE HAPPY & HEALTHY

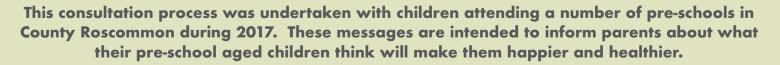
OFTEN

Playing inside & Outside GOING FOR WALKS Jumping in 2 HAVING PUDDLES 2 Bubble EXPLORING 2 Baths GRANDPARENTS

ALWAYS

Arinking Spending time with Laughing WATER MAMMY & DADDY

HUGS EVERYDAY Eating fresh STORYTIME



Havina

For information on fun family activities go to www.visitroscommon.com For further information on this project please email caroline.duignan@tusla.ie



Makes me Happy

Roscommon County Childcare Committee CLG







FRENCES

Blowing BUBBLES

BRUSHING TEETH



