Children and Young People Resources

BeLonG To Youth Services is the national organisation supporting lesbian, gay, bisexual, transgender, and intersex (LGBTI+) young people in Ireland.

RTE Junior Covid-19 Questions & Answers: Dr Ronan Glynn answers your coronavirus questions for RTE Junior (March 6th)

How to wash your hands properly

Ireland's Ombudsman for Children's Coronavirus information for children and young people

RTÉ news2day

Spun Out Ireland's youth information website and their list of support services and helplines for young people.

Childline the active listening service for young people under 18

Jigsaw The National Centre for Youth Mental Health - a free support service for 12-25 year olds

Youth Work Ireland

EPIC – Empowering people in care

Webwise - Internet Safety offers free information, advice and resources to help parents, teachers and students address internet safety issues.

ScoilNet - A portal for Irish education

Shine – Supporting people affected by mental ill health

Turn2me Youth - A space for young people to find information, and explore different ways of getting through tough times.

Teenline a national active listening service for children and young people up to the age of 18 in Ireland. Teenline can be contacted 24 hours a day, 365 days a year, by calling 1800 833 634.

Wellbeing
Play
Tip sheets for on play for young children available in 7 languages (0-18 months, 12 months to 3 years and 2.5 to 6 years)
https://ncca.ie/en/early-childhood/supporting-your-childs-play

Resources for play (0-6 years)
http://aistearsiolta.ie/en/Play/Resources-for-Sharing/Aistear-PlayResources-Appendix1.pdf

Recipes
https://www.bordbia.ie/lifestyle/recipes/
https://www.safefood.eu/Recipes.aspx

30 minute meals https://www.safefood.eu/Healthy-Eating/Food,-Diet-and-Health/Eating-In/30-minute-meals.aspx

Easy ways to 5 a day https://www.safefood.eu/Easy-ways-to-eat-5-a-day.aspx

10 ways to make your dishes heathier https://www.safefood.eu/Healthy-Eating/Food-Diet/Eating-In/Top-10-ways-to-make-your-dishes-healthier.aspx

Nutrition
https://www.bordbia.ie/lifestyle/information/
https://www.safefood.eu/Start/Welcome.aspx
https://www.safefood.eu/Healthy-Eating/Food,-Diet-and-Health/Life-Stages.aspx
https://www.healthpromotion.ie/health/healthy_eating

Minding your mental health during COVID-19
https://www2.hse.ie/wellbeing/mental-health/minding-your-mental-health-during-the-coronavirus-outbreak.html

Mindfulness
https://www.hsa.ie/eng/news_events_media/news/news_and_articles/coronavirus.html

Bereavement
https://www.childhoodbereavement.ie/

Active and healthy at home
https://www.safefood.eu/START/Ten-ways-to-keep-active-and-healthy-at-home.aspx

Mychild.ie
www.mychild.ie

Learning
Department of Education and Skills (DES) updates on COVID 19
https://www.education.ie/covid19

DES official portal for Irish education
https://www.scoilnet.ie/

Irish Language Resources
https://www.cogg.ie/en/

Garda Children's Corner
https://www.garda.ie/en/Crime-Prevention/Children-s-corner/

Kids and Families Activity Packs (printer access required)
https://chesterbeatty.ie/learning/kids-families/

Elizabeth Wood - Key messages for parents of young children
https://vimeo.com/151312015

Supporting mathematics: Key messages for parents (3-6 years)
https://vimeo.com/149621820

Range of tips sheet for parenting – both for parents and for those working with parents
http://aistearsiolta.ie/en/Building-Partnerships-With-Parents/

Resources for parents of primary school children
https://ncca.ie/en/primary/resources-for-parents

Information on the Junior Cycle
https://ncca.ie/en/junior-cycle

Information on the Senior Cycle
https://ncca.ie/en/junior-cycle

Resources and online tools during the current school closure period
https://ncca.ie/en/updates-and-events/links-to-resources-and-online-tools-during-the-current-school-closure-period

List of higher education websites
https://www.education.ie/en/Learners/Information/Providers-of-Higher-Education/List.html

Natual History Museum virtual tour
https://www.museum.ie/Natural-History/Exhibitions/Current-Exhibitions/3D-Virtual-Visit-Natural-History

World virtual museum and art tours
https://www.theguardian.com/travel/2020/mar/23/10-of-the-worlds-best-virtual-museum-and-art-gallery-tours

Curriculum online
https://www.curriculumonline.ie/Home/

Council for Special Education
https://ncse.ie/

Online parent resources - https://ncse.ie/online-resources-for-parents

Education and entertainment resources for children
https://sites.google.com/cybersafeireland.org/csi-stuck-at-home/home

COVID 19
Latest updates on COVID-19
https://www.gov.ie/en/news/7e0924-latest-updates-on-covid-19-coronavirus/

Ireland's response to COVID-19
https://www.gov.ie/en/publication/a02c5a-what-is-happening/

Health Service Executive / Department of Health
www.hse.ie

COVID-19 overview
https://www2.hse.ie/conditions/coronavirus/coronavirus.html

HSE (@HSELive) and Department of Health (@roinnslainte) twitter feeds

HSE COVID-19 translated resources
https://www.hse.ie/eng/services/news/newsfeatures/covid19-updates/partner-resources/covid-19-translated-resources/

WHO information
https://www.who.int/emergencies/diseases/novel-coronavirus-2019

WHO WhatsApp Health Alert
https://www.who.int/news-room/feature-stories/detail/who-health-alert-brings-covid-19-facts-to-billions-via-whatsapp

Centre for Disease Control and Prevention
https://www.cdc.gov/

Talking to children and young people about COVID-19
https://www.education.ie/en/The-Department/Announcements/talking-to-children-and-young-people-about-covid-19-coronavirus-advice-for-parents-and-schools.pdf

Covid-19: Dr Ronan Glynn answers your coronavirus questions for RTE Junior (March 6th)
https://www.youtube.com/watch?v=yTTgUDRgeRk&list=PLKdME9gs3do-HuP0UXGy9QxrN2YERJOr8&index=2&t=0s

Teaching children how to hand wash properly
https://youtu.be/EfQvLT0sKNc

Citizens information service COVID-19 updates
https://www.citizensinformation.ie/en/health/covid19/

COVID-19 pandemic unemployment payment
https://services.mywelfare.ie/en/other-info-pages/covid-19/

European Centre for disease Prevention and Control
https://www.ecdc.europa.eu/en/coronavirus

Sources of updated information on COVID-19 in the EU/EEA and the UK
https://ec.europa.eu/info/live-work-travel-eu/health/coronavirus-response/eu-eea-and-uk_en

Coronavirus information for children and young people
https://www.oco.ie/childrens-rights/coronavirus-information-for-children-and-young-people/

Pavee Point COVID-19 information resources
https://www.paveepoint.ie/covid-19-information-resources/

Supports
www.positiveparenting.ie (CYPSC Roscommon)

Contact a social worker
https://www.tusla.ie/services/child-protection-welfare/contact-a-social-worker/

Emergency Foster Support Service
https://www.tusla.ie/uploads/content/Fostering_Support.pdf

Domestic, Sexual & Gender Based Violence Services
https://www.tusla.ie/services/domestic-sexual-gender-based-violence/local-services-for-woment/
https://www.mensaid.ie/

Find your nearest Family Resource Centre
https://www.tusla.ie/services/family-community-support/family-resource-centres/find-family-resource-centre/

List of county council websites
https://www.housing.gov.ie/local-government/administration/local-authorities/local-authorities

Mental health services
https://www2.hse.ie/services/mental-health/services-search/

One family
https://onefamily.ie/

Parentline
https://www.parentline.ie/

Bereavement service
https://www.rainbowsireland.ie/

Children and Young People Service Committees
planning and co-ordinating services for children and young people aged between 0 – 24 years in every county in Ireland. www.cypsc.ie has local information for every county.

Parenting
Parenting 24/7 - Key messages on what works best for children and families at different ages and stages.
https://www.tusla.ie/services/family-community-support/parenting-24-seven/

Mychild.ie – Parenting advice
https://www2.hse.ie/parents/

Notes
COVID 19 posters
https://www.hsa.ie/eng/news_events_media/news/news_and_articles/coronavirus.html