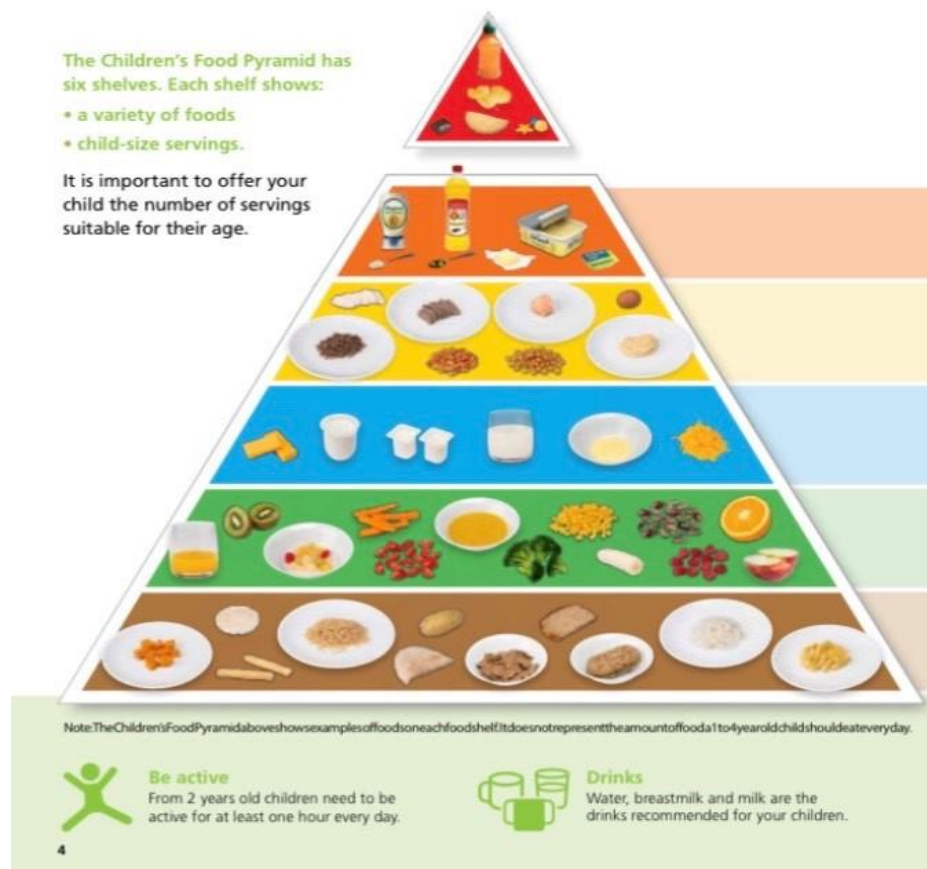


General Information/ Updates:

Department of Health Press Release: Minister for Health Stephen Donnelly TD, together with the Minister for Children, Roderic O’Gorman TD and the Minister of State for Public Health and Wellbeing, Frank Feighan yesterday launched the first ever National Healthy Eating Guidelines for one to four year olds. The new guidelines aim to help parents and carers establish good eating habits in children. Developed by nutrition experts in Ireland, the guidelines are based on Irish dietary evidence. They include a newly designed children’s food pyramid which will help people understand what children should be eating, what portion sizes look like and when treats should be given. [CLICK HERE](#) for full press release. [CLICK HERE](#) for the new guidelines, as well as a suite of resources for parents and guardians, healthcare professionals and creche managers including the newly designed children’s food pyramid (pic below).



Let's get ready: Please find below this week's resources from the Let's get ready campaign:

[National Quality Guidelines for School-Age Childcare Services](#)

[The call for submissions on the Workforce Development Plan for the Early Learning and Care and School-Age Childcare Sector in Ireland remains open until 2 October 2020](#) (Deadline is today)

[Public Consultation on Future Funding of Early Learning and Care and School-Age Childcare in Ireland. Submissions open until 2 October 2020](#) (Deadline is today)

For information and resources for preschool and parents, please see: www.gov.ie/letsgetready

For information and resources for schools and parents, please see: www.gov.ie/backtoschool

For information on protecting your child from COVID-19, please see: www.gov.ie/adviceforparents

Weekly Information Bulletin – 2nd October 2020

A Review of the Youth Work Sector Response to the COVID-19 Pandemic: The National Youth Council of Ireland (NYCI) launched a new piece of research this week entitled “A review of the Youth Work Sector Response to the Covid-19 Pandemic”. Dr Roderic O’Gorman TD, Minister for Children, Equality, Disability, Integration and Youth spoke at the online launch as well as report authors Deborah Erwin and Lorraine Thompson. The report found that young people who were already deemed ‘most at risk’ became the most disconnected from youth services and supports as a result of Covid-19. To download the full report and/or the infographic summary report, please [CLICK HERE](#). To view the recorded launch webinar [CLICK HERE](#)

Let’s talk about Consent: The NYCI National Youth Health Programme have launched research findings and two new support guides (for youth workers and young people) entitled Let’s talk about Consent. To download the findings and the guides [CLICK HERE](#)

World Mental Health Day 10th October: World Mental Health Day will take place on October 10th and the theme this year is *Mental Health for All – Greater Investment – Greater Access. Everyone, everywhere*. Mental Health Ireland is currently planning a range of activities through the support of our Development Officers, Mental Health Associations and partners. Please check their website [HERE](#) for details in the run up to October 10th. Also see Mental Health Ireland webinar listed in the webinar section below.

School Refusal Resource Pack: Roscommon CYPSC and its partner organisations developed a resource pack on School Refusal in 2018. This resource has since been updated in July of this year and is available to download by [CLICKING HERE](#)

Optimistic October: To download your [Action for Happiness](#) October calendar containing positive goals and affirmations [CLICK HERE](#)

Public Health Information: For the *most up to date information* and advice on Coronavirus, please see:

- **Department of Health DOH:** Covid 19 information and campaigns [CLICK HERE](#). You can view the latest national public health measures [here](#).
- **Health Service Executive HSE:** Covid 19 information including symptoms, testing and how to manage Coronavirus at home [CLICK HERE](#)
- **Health Protection Surveillance Centre HPSC:** Covid 19 Information including advice for general public, return to work, resources and posters [CLICK HERE](#)

Online Survey for completion/circulation:

Youth Consultations on the EU Child Rights Strategy: The EU are developing a Child Rights Strategy which will be published in early 2021. The EU Commission would like to hear from children and young people so as to inform this strategy and to help the EU better understand the challenges children face and help prioritize and suggest solutions. For further details on this online survey please [CLICK HERE](#)

Webinars/ Training/ Online Events:

Connected for Life Webinar: Connected for life will host an online webinar for parents entitled *What is 'Attachment' and why does it Matter?* The webinar will take place on 13th October. Please [CLICK HERE](#) for registration details.

Spun Out.ie Sexual Health Train the Trainer Programme: [SpunOut.ie](#) are delivering a four part online train the trainer series, which focuses on an introduction to sexual health education. The four sessions will cover topics from sexual health education for young people to the topics of sexting, porn and online safety. Part one of the trainer series will commence on October 7th. For further details and registration please [CLICK HERE](#)

Weekly Information Bulletin – 2nd October 2020

National Parents Council Parenting and Supporting your Child webinars: The National Parents Council are hosting a series of free, interactive webinars for parents every Wednesday in October. The webinars with Dr Colman Noctor entitled 'Let's Talk' discuss parenting and supporting your child. For further details and to register please [CLICK HERE](#) or phone 01 8874034.

Sharing the Vision – Translating Policy into Practice: Mental Health Ireland are hosting a webinar on Friday 9th October, in keeping with the theme of World Mental Health Day, ***Mental Health for All – Greater Investment – Greater Access, everyone, everywhere.*** The event will explore the Sharing the Vision – a Mental Health Policy for Everyone for the period 2020-2030. Panelists for the webinar will include speakers from the Mental Health Commission, Mental Health Reform, the Office of Mental Health Engagement & Recovery, the HSE Mental Health Services, the National Office for Suicide Prevention, and University College Cork. [CLICK HERE](#) for further details and to register

Action for Happiness – Actively Happier: Action for Happiness are hosting a movement webinar on Tuesday 6th October with Darryl Edwards the founder of the [Primal Play Method](#). Darryl is on a mission to change lives through the power of primal movement and active play. For further details and to register [CLICK HERE](#)

It All Works Out: A six part podcast series, entitled "It All Works Out" is currently running each Friday, hosted by Luke Casserly. The series reflects on the Leaving Cert 2020 and how it has been a Leaving Cert like no other. You can listen to **Part four** of the Podcast series, 'Transitioning to University' by [CLICKING HERE](#). The fifth part of the series is available later today on [A Lust for Life](#) Facebook page.

Webwise Wednesdays: Webwise and RTE junior continue their internet awareness series every Wednesday. To view the latest episode and the series to date [CLICK HERE](#).

NYCI Virtual Young Voices Events: The National Youth Council of Ireland have announced three new virtual Young Voices events – designed and delivered by current members of NYCI and which will run on Saturdays throughout October. The three different events have been tailored to suit various levels of involvement with Young Voices:

- **Event 1** is for those who are **new** to the world of change-making, activism, and campaigning
 - **Event 2** is designed for young activists and campaigners who want to **enhance** their knowledge and skills
 - **Event 3** is aimed at **seasoned** activists who are inspired to explore new ideas and approaches
- For further details on each of the events and also details of how to register [CLICK HERE](#)

OMEP Ireland Annual Conference 2020: OMEP Ireland National Conference '**2020 Vision for EYE**' (Early Years Education) will be held online on 7th November 2020. [CLICK HERE](#) for further information and registration details.

Early Childhood Care and Education (ECCE 2020 Digital) Conference: The 10th International Conference "Early Childhood Care and Education" (ECCE 2020 Digital) will be held on December 10–12, 2020. Preschool education experts, researchers and practitioners in the early childhood field from across the globe are invited to take part in the event. The Conference is held in an all-digital format for the first time ever and will gather over 20,000 participants including speakers from Sweden, Australia, UK, US, Netherlands, Norway and Russia amongst other countries. For full details and to register [CLICK HERE](#)

Many thanks to all for forwarding information and links,
please continue to forward your updates for sharing and continue to tag
LW CYPSC on [Facebook](#) and/or [Twitter](#), or LO CYPSC on [Facebook](#) and/or [Twitter](#)
or you can
email the Coordinators at:
Longford Westmeath CYPSC: grainne.reid@tusla.ie or
Laois Offaly CYPSC: niamh.dowler@tusla.ie

