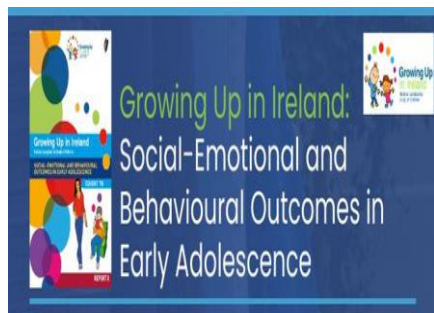


### General Information/ Updates:



**Growing Up in Ireland: Social- Emotional and Behavioural Outcomes in Early Adolescence:** The latest Growing Up in Ireland report was launched yesterday, Thursday 11<sup>th</sup> March 2021. The report documents the social, emotional and behavioural outcomes of the 13-years-olds in the Growing Up in Ireland (GUI) study and examines factors that are associated with these outcomes. The analysis is based on data collected from 7,423 families in the Child ('98) Cohort of Growing Up in Ireland interviewed first in 2007/8 at Wave 1 when the children were 9 years of age, and again in 2011/12 at Wave 2 when the children were 13 years of age.

For full details contained in the report and to download the report please [CLICK HERE](#)



**The COVID Word Online Campaign:** The Covid Word campaign, launched on 24<sup>th</sup> February, will continue each week until **24<sup>th</sup> March**. Many thanks to all who have been promoting and sharing #TheCovidWord campaign, which can be found on **TikTok, Twitter, Instagram and Facebook**. This social media campaign was created in collaboration with young people from South Dublin, Sligo and Leitrim and in a partnership between Foróige and Children and Young People's Services Committees (CYPSC), the aim of the campaign is to offer peer community support for young people - to cope through tough times, and make good times even brighter. As experts in their own lives this campaign **uncovers and shares the thoughts and ideas of young people** and is a campaign **by young people for young people** which helps acknowledge and manage losses while recognising personal power to live well through current

circumstances and boost individual and collective resilience in 2021.

CYPSC across the country are supporting this campaign and we would appreciate if you would continue to like, share and re-share #THECOVIDWORD campaign on your Social Media Platforms. New posts are shared on the various platforms **each Wednesday** for the duration of the campaign. Together we can spread the message of youthful resilience.

For further information on The COVID word campaign [CLICK HERE](#)

**For ease of sharing you can find this week's campaign posts on the following platforms:**

[Twitter](#) [Facebook](#) [Instagram](#) [TikTok](#)



### Continued phased return of in-school teaching and learning for students:

The phased return of in-school teaching and learning for students will progress as planned next week with the return of 3<sup>rd</sup> Class to 6<sup>th</sup> Class in Primary Schools along with 5th year students in post-primary schools.

For back to school advice for parents, students and families on the gov.ie website [CLICK HERE](#)

### Launch of Jigsaw Schools Hub | New mental health and wellbeing resources for schools:

Jigsaw, the youth mental health charity, have just launched the Jigsaw Schools Hub. A new resource offering schools across Ireland the latest tools and information to help them support young people's mental health and wellbeing.

At [www.jigsaw.ie/schools](http://www.jigsaw.ie/schools) you will find a growing range of resources for school staff, created in collaboration with young people, school staff, and parents.

The resources can contribute to supporting the delivery of the mental health and wellbeing curriculum and they have been tailored to support school staff and students during the Covid-19 pandemic.



## Information Bulletin – 12<sup>th</sup> March 2021

**KEEP WELL**

IN YOUR COMMUNITY



Riaghainn na hÉireann  
Government of Ireland



**Keep Well In Your Community:** To keep up to date on the cross-government community resilience campaign, including guidelines, information and tips on how to keep well visit the [Healthy Ireland](#) Keep Well campaign webpage.

For information on how to **Keep Well in your Community** at a local level, check out your local Authority Keep Well Pages at the following links:

[Longford](#), [Westmeath](#), [Laois](#), [Offaly](#) and a full list of [Local Authorities in Ireland](#)

**Local Authorities also provide a local community helpline and befriending service.**

**The Midlands Area Local Community Call numbers are as follows:**

**Longford** – 1800 300 122    **Westmeath** – 1800 805 816    **Laois** – 1800 832 010    **Offaly** – 1800 818 181

There are a wide range of resources available from your **local library** and on their social media platforms, click on your county library for further details:

[Longford](#), [Westmeath](#), [Laois](#), [Offaly](#), and also you can check out the [Libraries Ireland website](#) for an extensive collection from across the country, of free online resources, find out about children's programmes, reading tips and information on services to primary and secondary schools

For a list of **Contact Details for Children, Youth and Family Services in Longford and Westmeath** [CLICK HERE](#) and in **Laois and Offaly**, [CLICK HERE](#)

**LGBTI+ Youth Leadership Programme**



An empowering programme for 15-24 year old LGBTI+ young people to help them uncover their potential and develop their skills to become tomorrow's leaders.

**LGBTI+ Youth Leadership Programme:** The Minister for Children, Equality, Disability, Integration and Youth, Roderic O'Gorman, T.D., has recently announced (March 5<sup>th</sup>) a new [LGBTI+ Youth Leadership Programme](#) aimed at LGBTI+ young people.

The LGBTI+ Youth Leadership Programme will be run by Foróige in collaboration with BelongTo and is open to applications from all LGBTI+ young people.

The Programme aims to enable LGBTI+ young people to develop the skills, inspiration, vision, confidence, and action plans to be effective leaders and to empower LGBTI+

young people to make a positive difference to their society and their communities through the practice of effective leadership. For full details contained in the Press Release, [CLICK HERE](#) For details about the Programme, [CLICK HERE](#)  
**For more details on the LGBTI+ Youth Leadership Programme and how to apply** [CLICK HERE](#) **Closing date for applications:** Tuesday the 23rd of March at 12 noon

**A White Paper to End Direct Provision and to Establish a New International Protection Support Service**

**Establishment of a New International Protection Support Service:** The Minister for Children, Equality, Disability, Integration and Youth, Roderic O'Gorman, T.D., recently published a [White Paper to End Direct Provision and to Establish a new International Protection Support Service](#). This White Paper sets out a new Government policy to replace Direct Provision, which will be phased out over the next four years. A new system for accommodation and supports for applicants for International Protection will be established. Under this new system, people who are applying for protection will be helped to integrate into Ireland from day one, with health, housing, education, and employment supports at the core of the system. The transition to the

new system will be led by the Department of Children, Equality, Disability, Integration and Youth. At a local level an inter-agency working group will be established in each county, chaired by the Local Authority, to coordinate services to applicants. The inter-agency working group will include representatives of the Local Authority, Education and Training Board, Education Welfare Service, County Childcare Committee, CYPSC, SICAP, HSE, Intreo and An Garda Síochána, Local Development Companies and other Community Development Organisations where relevant. It will ensure that services are aware of the arrival and needs of applicants and their families. Overall progress will be monitored by a Programme Board whose membership will include non-government stakeholders. It is envisaged that the new system will be fully operational by December 2024. To download the White Paper please [CLICK HERE](#)

### CALL FOR PARTICIPANTS

Join our new Youth Participation Panel...  
and make a difference

Youth Work Ireland

**Youth Work Ireland Youth Participation Panel:** Youth Work Ireland are calling for young people to join their new Youth Participation Working Group. Through work on their new Strategic Plan, Participation Policy and roll out of the 2021 Consensus Process, the young people involved in the Youth Participation Working Group will lead initiatives to identify youth issues and advocate for young people on behalf of the entire Youth Work Ireland Federation. Their first task will be a national youth consultation, which will identify key young people's issues for the Youth Work Ireland Strategic Plan, while raising young people's immediate concerns in national dialogue, the media and directly with decision makers.

If you are a youth worker and you know young people that you feel would like to be involved in leading youth participation initiatives, please discuss this opportunity

with them. Please consider discussing this opportunity with young people who are from seldom heard or underrepresented groups or backgrounds. For further details [CLICK HERE](#)

### Public Health Information regarding Covid-19:

Ireland are currently on [Level 5](#) of the [Resilience and Recovery 2020-2021: Plan for Living with COVID-19](#)

For the **most up to date information** and advice on Coronavirus, please see:

**Department of Health DOH:** Covid 19 information and campaigns [CLICK HERE](#).

**Health Service Executive HSE:** Covid 19 information including symptoms, testing and how to manage Coronavirus at home [CLICK HERE](#)

**For the most up to date Partner resources for COVID-19:** [CLICK HERE](#)

**Health Protection Surveillance Centre HPSC:** Covid 19 Information including advice for general public, return to work, resources and posters [CLICK HERE](#)

For information on **Protecting your Child from COVID-19**, please see:

[www.gov.ie/adviceforparents](http://www.gov.ie/adviceforparents)

### Webinars/ Training/ Online Events:



**FORÓIGE**  
**YOUNG PEOPLE'S APPRECIATION DAY**  
ONLINE EVENT  
SATURDAY 13TH OF MARCH 2021  
2.00 Chef Daniel Lambert -Cooking Demo  
3.00 James Kavanagh- Live Zoom Chat and Q & A  
4.00 Rory's Stories- Live Zoom Chat and Q & A  
5.00 Amy Callaghan - Boogie Nights Dance Workout  
Contact your local Foróige Youth Worker or Leader to register or find us on Foróige's social media channels or email [wellfest@foroige.ie](mailto:wellfest@foroige.ie)

**Foróige WellFest:** Young People across the North West (Donegal, Sligo, Leitrim, & Longford) are invited to take part in an upcoming Foróige event this Saturday 13<sup>th</sup> March entitled '**Foróige Young People's Appreciation Day**'. This day is a THANK YOU from Foróige North West for the commitment, dedication and creativity shown by all of their youth members over the past 12 months, who have worked alongside Foróige in creating a new way to engage with local Foróige Projects and Clubs! There is an excellent line up of events on the day, all based on input from Foróige members. If you would like to register for any of the events, you can contact your local Foróige Worker– **(For young people in Longford you can email [joanna.casey@foroige.ie](mailto:joanna.casey@foroige.ie))**, or email [wellfest@foroige.ie](mailto:wellfest@foroige.ie) or contact any Foróige Social Media Channel in the North West. Registration links can also be found below for each individual event, and they must be completed by a parent/guardian.

2:00pm - [Cookery Demonstration with Chef Daniel Lambert](#) (age group: 10 – 17 years)

3:00pm - [Live Chat and Q&A with James Kavanagh](#) (age group: 12 – 17 years)

4:00pm - [Live Chat and Q&A with Rory's Stories](#) (age group: 12 – 17 years)

5:00pm - ["Boogie Nights" Dance Workout with Amy Callaghan](#) (age group: 10 – 17years)



## Information Bulletin – 12<sup>th</sup> March 2021



**Saint Patrick's Day Show:** Star camp are hosting a **FREE virtual 2 hour St Patrick's Day Show for children and young people** next week! It will be full of song, dance, games, draw with Don, Magic, baking, science, fun, laughter and much more. From beginning to end, the show will proudly celebrate all things Irish in a way that children will adore! (It will also include a very special message to the children of Ireland from a well-known face!) There will be some great prizes up for grabs for different categories including best home parade, overall best picture or video submitted and one lucky winner will win a Yamaha Digital Piano for their school! Once you have registered for the event, the show will be available to watch from the 15<sup>th</sup> March! For further details and to register for this event [CLICK HERE](#)



**Dúisigh Éire Awaken Ireland St Patricks Festival:** *Dúisigh Éire! Awaken Ireland!* is the theme of this year's [St. Patrick's Festival](#), offering a clarion call to Irish people worldwide to throw off the long, dark months and rise to embrace the brighter days ahead... For this year's online event, hundreds of artists, musicians, performers, makers, creators, arts and live events workers and community organisations across Ireland are gathering to celebrate via St. Patrick's Festival TV, a dedicated online global TV channel that launches on March 12, and runs over six virtual days and nights. For full details on the St Patrick's Festival 2021 [CLICK HERE](#)



To view the event [CLICK HERE](#)



**Family In Mind Programme:** The [Childhood Development Initiative](#) supported by South Dublin CYPSC, are running a four day FREE online event, with a multitude of online workshops and activities which **promotes and supports family resilience**. These free events including such workshops as Cooking Class, Dad Time, Let's look at books, Smartphone film making for Teens, Rock Art, Becoming a Parent and many more, will run from **Monday 29<sup>th</sup> March until Thursday 1<sup>st</sup> April**. For further details on the #FamilyInMind programme and for registration for the various workshops [CLICK HERE](#)



**Barnardos 'Plugged In Switched Off' Webinar:** Barnardos are facilitating a webinar entitled 'Plugged In Switched Off' on 30<sup>th</sup> March 2021, 10am – 12pm. The webinar is aimed at both Parents and Professionals working with Children and Young People and the aim of the webinar is to empower parents and professionals with tools and strategies to help manage children's Screen Time and Digital Wellbeing, as well as to discuss and learn from one other in break out workshops based on different themes. For further details and to register for this event, please [CLICK HERE](#)

Many thanks to all for forwarding information and links,  
please continue to forward your updates for sharing and continue to tag  
LW CYPSC on [Facebook](#) and/or [Twitter](#), or LO CYPSC on [Facebook](#) and/or [Twitter](#)  
or you can

email the Coordinators at:  
Longford Westmeath CYPSC: [grainne.reid@tusla.ie](mailto:grainne.reid@tusla.ie) or  
Laois Offaly CYPSC: [niamh.dowler@tusla.ie](mailto:niamh.dowler@tusla.ie)  
[www.cypsc.ie](http://www.cypsc.ie)