



Longford Westmeath CYPSC 2020 ANNUAL PROGRAMME OF WORK

Longford Westmeath CYPSC Vision / Mission						Our aim is to secure better developmental outcomes by bringing together local partners within a single framework, to provide strategic leadership, agree and implement a Children and Young People's Plan in a cohesive manner so as to enhance the delivery of services to children, young people and their families within Longford and Westmeath.
LW CYPSC Statement of intent 2020						It is the intention of the LW CYPSC, to complete and publish our Children and Young People's Plan in the second quarter of 2020 and to implement the actions as outlined below from the plan.
National Outcome 1 Active and Healthy, physical & mental wellbeing						
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s) 2020	Lead Agency	Partners	
Active and Healthy, physical and mental wellbeing	To establish a LW CYPSC Outcome one Subgroup in Quarter one 2020	The establishment of a multidisciplinary Outcome One Subgroup	1. Identify key agencies for membership 2. Review and coordinate existing practice, policies and plans 3. Review and recommend Healthy Ireland Funding applications	LW CYPSC and HSE		
Family Wellness	To further develop and provide a Family Wellness programme, which will assist and educate families in improving lifestyle choices and healthy living	Increased knowledge and awareness amongst participants	Delivery of Family Wellness Programme in Longford and Westmeath	Family Resource Centres - Granard, Ballymahon, Ballinacarraigh and Athlone	HSE, County Childcare Committee's, Community Mothers, Tusla, local childcare providers,	
'Our Voice Our Wellbeing' Youth Initiative	Empowering youth health champions/ ambassadors in Counties Longford and Westmeath	Upskilling and awareness raising amongst LW CYPSC Youth Forum Members	Delivery of Youth Health Initiative, including development of internet safety plan	Lus na Greine Family Resource Agency	Longford and Westmeath County Councils, Longford and Westmeath Comhairle na Nóg, Emper FRC, Bridgeways FRC, Foroige, Youth Work Ireland Midlands, Longford County Childcare Committee, Longford Womens Link, Tusla	
Community Mental Health	Building resilient families and communities 'Making every contact count'	Increased awareness, knowledge and resilience amongst participants	Delivery of 'Making every contact count' in Longford and Westmeath	Family Resource Centres - Granard, Ballymahon, Ballinacarraigh and Athlone	Family Resource Centres - Granard, Ballymahon, Ballinacarraigh and Athlone	
National Outcome 2 Achieving full potential in all areas of learning & development						
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s) 2020	Lead Agency	Partners	
Promoting Play and language in early years	To promote the awareness and importance of play to parents through various media sources	Measure engagement with parents/ carers on cypsc member organisation platforms	1. Develop an awareness campaign regarding importance of play and language development through a video on social media and promotion of Play in local parent & toddler groups and local childcare providers 2. I am Baba Spring Tour 2020 - Longford, Granard and Kinnegad Updating of information to ensure it is accurate and can be used as a support tool for young people and their	Early Years Learning Subgroup	LW CYPSC Member organisations	
Updating of the Guide to Services for Young People with Disabilities	To sign post supports that are available in Longford and Westmeath for young people with disabilities	No of contacts/ requests for the directory for the directory of hits on website	Updating of information to ensure it is accurate and can be used as a support tool for young people and their families	Early Years Learning Subgroup	LW CYPSC Member Organisations	
Transitional Passport for young people with disabilities	To support the transition for young people with disabilities between the various support services/ agencies	Number of families who receive the passport and feedback from these families on its use	Continued dissemination of passport to families through relevant agencies. Management of the distribution of the passport. Develop a review mechanism and gain feedback from users.	Early Years Learning Subgroup	LW CYPSC Member Organisations	
Promote the identification of areas and barriers and develop plan of how to overcome the barriers where there is lower uptake of the government childcare programme schemes	To research and identify barriers to the uptake of these schemes	Number of areas identified and barriers to participation in schemes	1. Identify the barriers through collaboration with relevant agencies 2. Identify the capacity of places available in Longford and Westmeath in government childcare programmes schemes 3. Develop plan to overcome barriers where there is lower uptake of government childcare programme schemes	Early Years Learning Subgroup	LW CYPSC Member organisations	
Interagency Parent and Toddler Development Plan	Continued support of Parent and Toddler Groups throughout Longford and Westmeath	Maintaining the Number of Parent and Toddler Services in Longford Westmeath	To continue to support the Parent and Toddler Groups in Longford and Westmeath through an interagency approach, to support parents of young children through the provision of information and advice in a supportive and friendly environment, to promote parent and toddler network throughout Longford and Westmeath	Early Years Learning Subgroup	LW CYPSC Member organisations	
Enhancing Children's communication skills development within the preschool settings	To support early years services in using strategies and ideas to promote childrens communication/ interaction skills	No of Services that participate in project of workshops completed	1. HSE Speech and Language Services (SLT) to deliver Training workshops to staff in early years services in Longford and Westmeath 2. SLT to provide resources with regards how to make referrals from early years childcare services to SLT services	Early Years Learning Subgroup with HSE Speech and Language Services LW as lead	LW CYPSC Member organisations and local libraries	
National Outcome 3 Safe & protected from harm						
CYPSC Priority	Objective	Indicator over 3-year CYPP period	Action(s) 2020	Lead Agency	Partners	
Implementation of Meitheal National Practice Model	To increase the number of Meitheals across the two counties and number of Lead Practitioners	An increase in the number of Meitheals requested and an increase in number of meitheals carried out	LW CYPSC to advocate the benefits of Meitheal as a preventative tool and encourage all frontline partner agencies to participate as Lead Practitioners and support and encourage services in the area to chair Link with Comhairle na Nóg's, LW CYPSC Youth Forums and local youth groups with regards local climate actions and support their work in this area where	PPFS Subgroup of LW CYPSC and Tusla	LW CYPSC Member organisations	
Climate Change related Anxiety for Young People	To support young people around potential anxieties related to Climate Change	Engagement with local youth groups by LW CYPSC member organisations on topic of Climate Change				

Homelessness	To develop a multidisciplinary team approach so as to minimise where possible the impact of homelessness, hidden homelessness and support children and families at risk of losing their home in Longford and Westmeath.	Engagement and development of local area response with relevant services	1. Develop a Terms of Reference for the LW CYPSC Homelessness Working Group. 2. Develop and strengthen links among services working with young people and families that are homeless/ at risk of homelessness so as to facilitate an appropriate and timely response for families accessing community supports 3. LW CYPSC Coordinator to remain on the DSGBV Midlands Advisory Board and assist with the development of the Midlands & Roscommon Needs Analysis Project Plan 4. Further DSGBV services to be represented on LW CYPSC Subgroups 5. LW CYPSC to be informed by the recommendations from Midlands & Roscommon Needs Analysis Project Plan and assist where appropriate in the implementation of the plan's recommendations 6. Support the continuing work of the DSGBV working groups i.e. Gardai and DV services group and development of Child Care Services and DV services group, including increasing the number of members of the groups, supporting access to training for relevant services in the Certificate in the Fundamentals of Understanding and Responding to Domestic Abuse training course and development of DV policy for Child Care Services	PPFS Subgroup - LW CYPSC Homelessness Working Group	LW CYPSC Member organisations
Domestic, Sexual, Gender Based Violence	To strengthen and develop further links with DSGBV services within Longford and Westmeath To implement the new Domestic Violence Policy and promote services available to victims in Longford and Westmeath Garda Districts	Number of services engaging with LW CYPSC and 10 practitioners trained in Certificate of Fundamentals of Understanding and Responding to Domestic Abuse	1. LW CYPSC Coordinator to remain on the DSGBV Midlands Advisory Board and assist with the development of the Midlands & Roscommon Needs Analysis Project Plan 2. Further DSGBV services to be represented on LW CYPSC Subgroups 3. LW CYPSC to be informed by the recommendations from Midlands & Roscommon Needs Analysis Project Plan and assist where appropriate in the implementation of the plan's recommendations 4. Support the continuing work of the DSGBV working groups i.e. Gardai and DV services group and development of Child Care Services and DV services group, including increasing the number of members of the groups, supporting access to training for relevant services in the Certificate in the Fundamentals of Understanding and Responding to Domestic Abuse training course and development of DV policy for Child Care Services 5. LW CYPSC to be informed by the recommendations from Midlands & Roscommon Needs Analysis Project Plan and assist where appropriate in the implementation of the plan's recommendations	LW CYPSC member organisations, Gardai, Longford Women's Link	LW CYPSC Member organisations
Children and Young People at Risk	To strengthen the links between LW CYPSC and the CFSN Networks and support CFSN agencies in their work	Strengthen referral pathways at local level and 40 practitioners trained in Non Violence Resistance Training	PPFS Subgroup to develop a local multi agency early intervention response plan for children and young people at risk in consultation with the Child and Family Support Networks to include the training of practitioners in	PPFS Subgroup of LW CYPSC	LW CYPSC Member organisations
Parental Participation	To actively involve parents/ grandparents/ guardians in the planning of and delivery of services which are aimed at supporting them	Engagement with the 200+ parents consulted with in 2019	1. Review of feedback from 2019 consultations by Midlands Area Parental Participation Working Group 2. Planning and delivery of actions from consultations	Parenting Support Subgroup of LW CYPSC, with lead agencies LW FRC's	LW CYPSC member organisations
National Outcome 4 Economic security & opportunity					
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s) 2020	Lead Agency	Partners
Education and Employment	To establish a LW CYPSC Outcome four Subgroup in 2020	The establishment of a multidisciplinary Outcome four Subgroup	1. Identify key agencies for membership 2. Establish subgroup 3. Delivery of Youth Employability Initiatives incorporating	LW CYPSC member organisations	
National Outcome 5 Connected, respected & contributing to their world					
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s) 2020	Lead Agency	Partners
Active Participation and Communication	Children and Young People are actively involved in the planning of services which are aimed at supporting them	Children and young people contribute to the implementation of the Longford Westmeath Children and Young People's plan through the LW CYPSC Youth forums across the two counties	1. Continued development of the LW CYPSC Child & Youth Participation Project to include Implementation of any direct positive outcomes from youth consultations – including ongoing development of CYPSC Youth Forums 2. Support and encourage local services to actively engage and consult with children and young people 3. Continued work on the completion of the "CYPSC response" section in the Participation Report, amending the current report and follow up on actions as identified by the children and young people 4. Support the roll out of Healthy Ireland Fund Round 3 Action 2 entitled 'Our Voice Our Wellbeing' Empowering Youth health Champions/ Ambassadors in Longford Westmeath to the LW CYPSC Youth Forum 5. Develop a Youth Friendly LW CYPSC Action Plan	Child and Youth Participation Subgroup of the LW CYPSC	LW CYPSC Member organisations
CYPSC Priority	Objective	Indicator over 3-year CYPSC period	Action(s) 2020	Lead Agency	Partners
Inter - CYPSC Working	Working collaboratively with neighbouring CYPSC's	Projects that involve more than one CYPSC being achieved	LW CYPSC Coordinator to work collaboratively with neighbouring coordinators where required including working alongside Roscommon CYPSC on the National Child and Youth Participation Event 2020	LW CYPSC and neighbouring CYPSC's	