



General Information/ Updates:



Let's Play Ireland 2021 – Summer of Play: <u>Let's Play Ireland</u>, is an annual governmentled campaign designed to remind everyone, young and old, of the fundamental importance of play. This year **National Play Day and Recreation Week will run from 3rd to 10th July 2021** and the #SummerOfPlay campaign is encouraging all children to enjoy play time this Summer. For further information on the Let's Play Ireland campaign <u>CLICK HERE</u>

LW CYPSC Promoting Play in the Early Years Online Campaign: In support of National Play Week in Ireland which runs from 3rd – 10th July Longford Westmeath CYPSC will be promoting play in the early years each day this coming week. Keep an eye on our Social Media Platforms for our daily **#PromotingPlay** posts. LW CYPSC have also collated a 'Promoting Play' resource list from the many excellent resources available online. To download #PromotingPlay resource <u>CLICK HERE</u>

Artwork for the #PromotingPlay logo was produced by the Athlone LW CYPSC Youth Forum hosted by <u>Athlone FRC</u> as part of the #MindYour Health and Wellbeing programme.

Keep Well In Your Community: To keep up to date on the cross-government community resilience campaign, on how to keep well visit the <u>Healthy Ireland</u> Keep Well campaign webpage. For information on how to *Keep Well in your Community* at a local level, check out your local Authority Keep Well Pages at the following links:

Longford, Westmeath, Laois, Offaly and a full list of Local Authorities in Ireland

For a list of local **Contact Details for Child, Youth and Family Services** in the Midlands Area click on the following links for <u>Longford and Westmeath</u> and <u>Laois and Offaly</u>



LW CYPSC Health & Wellbeing Programme: The LW CYPSC Healthy Ireland funded #MindYour Health and Wellbeing Programme commenced on Monday 14th June and will conclude on Friday 16th July. Children and Young People across Longford and Westmeath are taking part in a series of Youth Wellbeing Workshops. The aims of the programme are to enhance the knowledge and skills of the youth participants regarding health and wellbeing and encourage and support the participants to become Youth Health Champions in their respective local communities. An article about the programme is featured on the National CYPSC website and can be read <u>HERE.</u> You can also keep up to date with the programme on Social Media by searching the hashtag **#MindYour**



Summer Stars Libraries Ireland National Reading Programme: Summer Stars is the free national reading programme for children that takes place in all public libraries and online. The Summer Starts programme runs throughout the summer until 31st August 2021.

For further information **<u>CLICK HERE</u>** or visit your local library (links below).

Longford Westmeath Laois Offaly Libraries Ireland



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Support young people through the transition to secondary school





Family Resource Centre Clg Website now live

Sport Ireland Family Fitness Programme: Doing things as a family and being active together is a lovely way to strengthen those family bonds, and everybody's health benefits!

Sport Ireland's Family Fitness Series is suitable for all the family to enjoy.

To view the full FREE programme of Family Fitness Videos CLICK HERE

Jigsaw School transition toolkit - primary to post-primary: The transition from primary to post-primary school is a milestone in a young person's life. While exciting it can also bring its own challenges. Jigsaw has developed a toolkit for primary schools to support teachers to prepare young people for the change ahead. Jigsaw have incorporated strategies in a number of engaging resources with a mix of methodologies including classroom discussions, animations, scenarios, reflective exercises and worksheets.

Jigsaw's school transition toolkit is supported by Rethink Ireland through the Innovate Together Fund, a collaboration between Rethink Ireland and the Department of Rural and Community Development. For further details <u>CLICK HERE</u>

Lus na Gréine Family Resource Centre Website now LIVE: Lus na Gréine FRC works in partnership with the community of North Longford to support the goal of achieving a welcoming, vibrant, inclusive community, confident and self-empowered. A place where families are healthy, happy and are able to grow in confidence and peace; a place where the vulnerable are protected and the young are free to shape their own future. Lus na Gréine are excited to announce the launch of their new website which provides a host of information regarding the wide range of supports and services available in Lus na Gréine FRC.

<u>CLICK HERE</u> to view the new website.



Be Internet Legends by Google: This platform helps children be safe and confident while using the internet. For parents, it provides a handbook with tips and advice for supporting your child's digital education. For children, they can play an online game, learning about internet safety through the interactive game, and at the end of it all they are certified as an internet legend! There are also resources for teachers to include into their class time.

CLICK HERE to find out more.



Longford Playground Passport: Longford Library have recently launched a handy guide which contains lots of useful information on the 24 playgrounds in the County, along with helpful hints on creative things to do in the vicinity. With this guide you will find there are lots of things to fill those long summer days with, so be sure to pick up your copy in your nearest Library branch! For further details <u>CLICK HERE</u>



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Public Health Information regarding Covid-19: As part of the <u>Resilience and Recovery 2020-</u> 2021: Plan for Living with COVID-19 there are a number of public health measures in place. To read more about these measures including those that come into place from 5th July <u>CLICK HERE</u>.

For the *most up to date information* and advice on Coronavirus, please see: Department of Health DOH: Covid 19 information and campaigns <u>CLICK HERE</u>. Health Service Executive HSE: Covid 19 information including symptoms, testing and how to manage Coronavirus at home <u>CLICK HERE</u> For the most up to date Partner resources for COVID-19, <u>CLICK HERE</u> Health Protection Surveillance Centre HPSC: Covid 19 Information including advice for general public, return to work, resources, and posters <u>CLICK HERE</u>

For information on **Protecting your Child** from COVID-19, please see: <u>www.gov.ie/adviceforparents</u>

Online Survey/ Consultations for completion/circulation:



INCLUSION IRELAND

Focus Group 3rd July 2021 **UNCRC Children's Report Focus Group Saturday July 3, 2021:** The United Nations wants to hear from children about what they think Ireland is doing to make sure all children get their rights. This is done through a report by children. The Office of the Ombudsman for Children and Inclusion Ireland are helping children to write this report and they are seeking participants to join a focus group which they are hosting this Saturday 3rd July. The aim of the focus group is to hear from children with an intellectual disability about what they think Ireland is doing to make sure all children get their rights as part of the UNCRC reporting process. To find out further information please <u>CLICK HERE</u> or contact Petria Malone of Inclusion Ireland at petria@inclusionireland.ie or 086-8373454.



Public Consultation on a new National Action Plan Against Racism for Ireland Public Consultation 2021: The anti- racism committee's public consultation on a new National Action Plan against racism remains open until the 14th of July 2021. This public consultation gives everyone a chance to voice their opinion on how Ireland can effectively tackle racism in all its forms. You can access the committee's informative Consultation Document, which is available in 29 other languages by clicking <u>HERE</u> or to find out more on gov.ie <u>CLICK HERE</u>.



Barnardos Back to School Survey: <u>Barnardos</u> invites parents and guardians to take part in their Back-to-School Survey 2021. Barnardos listens and then informs the Government what the main concerns and worries are and the costs to send a child to school. They remind the Government of their responsibility to deliver free education for all and provide the necessary support for children most in need as they return to school.

There is both a survey if your child is in primary or secondary education. This survey is also open to young people themselves. To take part in this survey and to find out more, please <u>CLICK HERE</u>.





Webinars/ Training/ Online Events:



Building a

Family Law

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Covid19

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The Future of Education Political Panel Discussion

Supporting Young People's

Mental Health During

An online workshop for those who work or volunteer with young people aged 12-25 ve **The Children's Rights Alliance - The Future of Education Webinar:** The Children's Rights Alliance is delighted to invite you to attend their online political panel discussion on the Future of Education. A panel of political representatives will discuss the lessons learned from Covid-19 along with various issues such as the proposed Constitutional Convention on Education, the need for a publicly funded Early Childhood Education and Care model, how to amplify the voices of children and young people in the education system and the importance of alternative methods of education. This discussion will take place via webinar on Tuesday, 6 July from 11.20am to 1pm. To register <u>CLICK HERE</u>

Building A Family Law System for Children Webinar: At the start of June, <u>One Family</u> hosted a webinar on 'Building a Family Law System for Children' with a panel of national and international experts including Dr Stephanie Holt of Trinity College Dublin, Dr Jan Ewing of the University of Exeter, Liam Coen of the Department of Justice and Emer Darcy of the Courts Service. The event covered developments in Family Law in Ireland and looked at international experiences to determine what could be learnt as we reform our family law system.

A recording of the event is now available to watch this webinar CLICK HERE

Supporting Young People's Mental Health During COVID-19: <u>Jigsaw Ireland</u>, who are the National Centre for Youth Mental Health and the <u>HSE (Health and Wellbeing Division)</u> have joined forces to offer free online training to support Youth Mental Health during COVID-19. This online workshop is for those who work or volunteer with young people aged 12-25 years old.

Remaining dates for these workshops are as follows:

- Tuesday 20th July: 10am 1 pm
- Tuesday 7th September: 10am 1pm

To apply for a place on this training, email <u>Kathleen.pardy@hse.ie</u> and include a phone number, the name of your organisation and your role or for further enquiries about the training, contact Michele Baker at 086 047 4725.



Creative Tech Fest: <u>Creative Tech Fest</u> is open to any young person supported by a staff or volunteer who has completed a TechSpace training with Camara Ireland. All entries will be uploaded to this year's Creative Tech Fest Virtual Reality Gallery and celebrated during the Annual Awards Ceremony Broadcast which is held on the **28th of October**. In order to win prizes, you must choose your project category, create your project, and talk about your project. To find out more information, <u>CLICK HERE</u>.

Many thanks to all for forwarding information and links, please continue to forward your updates for sharing and continue to tag LW CYPSC on <u>Facebook</u> and/or <u>Twitter</u>, or LO CYPSC on <u>Facebook</u> and/or <u>Twitter</u>

> or you can email the coordinators at: Longford Westmeath CYPSC: <u>086 6063228</u> or Laois Offaly CYPSC: <u>086 0487464</u> <u>www.cypsc.ie</u>