

General Information/Updates:

Guide to Supports and Services
for Children and Young People
with Disabilities
in Laois and Offaly



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guide



The directory is available at
<https://open-up.ie/resources/>

To request a hard copy
please contact your local library

Launch of the 'Guide to Supports and Services for Children and Young People with Disabilities in Laois and Offaly': Laois Offaly CYPSC are delighted to announce the official launch of their disability guide in recent weeks. This directory was compiled by the Laois Offaly CYPSC Learning and Development Subgroup, with representation from both parents and service providers. Local services represented in this group include Offaly County Childcare Committee, Offaly Library Service, Laois Library Service, Laois and Offaly Sports Partnerships, Laois Partnership, Inclusion Ireland, LOFFA, and the IPPN. This fabulous resource is filled with information for both parents and professionals alike and enables them to find resources and support at a local, regional and national level. To download a copy of this guide and the Longford Westmeath Guide to Services for young people with disabilities, please click on the links below:

[Guide to Supports and Services for Children and Young People with Disabilities in Laois and Offaly](#)

[Guide to Services for Young People with Disabilities in Longford and Westmeath](#)

Both LO CYPSC and LW CYPSC continue to support the updating of both guides to ensure they are an up-to-date resource for parents and professionals alike in the midlands area.

Laois & Offaly Child & Youth Services website: Laois Offaly CYPSC are delighted to announce the recent launch of their new website www.open-up.ie. This is a signposting website to child, youth and family services in Laois and Offaly. [CLICK HERE](#) to view a short video to take you on a quick tour of the website and how it can be of use to you.

If you have any feedback or suggestions for content for the future, please contact niamh.dowler@tusla.ie. This is a website that can be used to share information across all the services that support children, young people and their families.

When viewing the website please use any browser except Internet Explorer

LW CYPSC Youth Forums - Understanding Social Media Series:

Longford Westmeath CYPSC Youth Forums have created a video series that explores Social Media from a young person's perspective and encourages adults to **'Don't ban us, Understand us'** when it comes to using the various Social Media Platforms. In this series, the young people explore both the positive aspects of Social Media as well as highlighting the challenges for other young people to be mindful of. The videos are a result of the LW CYPSC Internet Safety component, of the Healthy Ireland funded **'Our Voice Our Wellbeing'** initiative in which 75 young people from across Longford and Westmeath participated in.

Click on the links below for each of the videos (each video is under two minutes in duration)

[Let's Chat SnapChat](#) [Cyberbullying](#) [Investigating Instagram](#) [Lets Talk Tik Tok](#)

[Finding Facebook](#) [Let's Get Smart on Social Media](#)



'Don't Ban Us Understand Us!'

Understanding Social Media



Supported by



#UnderstandingSocialMedia

#SaferInternetDay



Cycle Against Suicide's talk for parents with Dr Blanaid Gavin:

Following an unprecedented interest in Cycle Against Suicide's recent information talk with [Dr. Blanaid Gavin](#) on 'Understanding Anxiety in Teenagers', parents can now register for access to the recording. In this session, Dr. Gavin talks about what anxiety is, why it happens, when to be concerned, and how to help.

Dr. Gavin also discusses what is known about the causes and consequences of depression and what is known to aid recovery. This recording is free to all parents. For access, parents can register at: <https://www.cycleagainstsucide.com/parent-talks/>



AIM (Access & Inclusion Model) Virtual Information Session for Parents: Longford County Childcare Committee in collaboration with [Better Start](#) will be offering a Virtual [AIM](#) Information Session for Parents on **Wednesday, 24th of May at 7pm.**

Any parent that is interested in attending this one hour AIM session can register through Eventbrite by clicking [HERE](#)

Any questions, please do not hesitate to contact the Longford County Childcare Committee on 043 33 42505.



Supporting Young People Who Had Experienced The Death Of A Sibling

Webinar: The Pillar Project is running a Supporting Young People Who Have Experienced The Death Of A Sibling workshop through Zoom for Parents/Guardians on Wed, 29 Mar at 7:30pm

This workshop, facilitated by Nuala Harmey, will explore the Issues for children/teens whose sibling has died; and the impact on the family system; and on parents and children individually. To register [CLICK HERE](#)

Many thanks to all for forwarding information and links,
please continue to forward your updates for sharing and continue to tag
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email the coordinators at:
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