
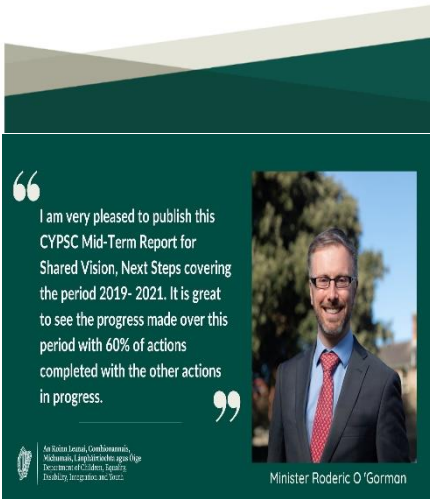



**General Information/Updates:**

 An Roinn Leanaí, Comhionannais, Míchumais, Láithreacha agus Oige  
Department of Children, Equality, Disability, Integration and Youth

Shared Vision, Next Steps, 2019–2024:  
The National Policy Document for Children and Young People's Services Committees  
Mid-term Report 2019–2021



“ I am very pleased to publish this CYPSC Mid-Term Report for Shared Vision, Next Steps covering the period 2019- 2021. It is great to see the progress made over this period with 60% of actions completed with the other actions in progress. ”



Minister Roderic O'Gorman

An Roinn Leanaí, Comhionannais, Míchumais, Láithreacha agus Oige  
Department of Children, Equality, Disability, Integration and Youth

**Shared Vision, Next Steps, 2019–2024: The National Policy Document for Children and Young People's Services Committees - Mid-term Report**

**2019–2021:** Minister for Children, Equality, Disability, Integration and Youth (DCEDIY), Roderic O’Gorman, on 20<sup>th</sup> July 2023, announced the publication of the Children and Young People’s Services Committees Shared Vision, Next Steps Mid Term Report for 2019 - 2021. Children and Young People’s Services Committees (CYPSC) promote and support effective inter-agency coordination and collaboration to achieve the best outcomes for all children and young people.

Shared Vision, Next Steps 2019 – 2024 is the national policy document for CYPSC. It assists CYPSC to further develop in a strategic, integrated and sustainable manner, in order to support the coordination and planning of efficient and effective services for children and young people. This mid-term report for Shared Vision, Next Steps provides an update on the work achieved in the development of CYPSC at a national level, and by individual CYPSC across Ireland over the period 2019–2021. The report provides information regarding the funding of CYPSC from 2019 to 2021 and highlights CYPSC best practice under the five national outcomes for children and young people during this time. To download the report, [CLICK HERE](#)



**Summer Stars**  
Libraries Ireland

Enjoy all the fun and excitement of reading  
See [www.librariesireland.ie](http://www.librariesireland.ie)

**Summer Stars Libraries Ireland National Reading Programme:** Summer Stars is the free national reading programme for children that takes place in all public libraries and online. The Summer Stars programme runs throughout the summer until 31st August 2023. All children throughout the country are invited to join the adventure and to enjoy the fun and pleasure of reading and writing over the summer. Summer Stars is non-competitive and every child who reads even one book/ eBook is regarded as having completed the programme – and it’s all completely free!

For further information [CLICK HERE](#) or visit your local library (links below)



**First 5** Bags of stories and fun for every child starting school in 2023!

Pick up their **FREE** Little Library Book Bag at your local library

**First 5 My Little Library Initiative:** The [‘My Little Library Book Bag’](#) initiative is providing a FREE bag of goodies (available in English and Irish) to every child starting school in 2023 to help them to prepare! **Children & their parents/guardians can collect the bags at any library throughout the country!** You can also check out your local library webpages at the following links [Longford](#), [Westmeath](#), [Laois](#), [Offaly](#)

This project is a collaboration between the Department of Children, Equality, Disability, Integration and Youth (DCEDIY), the Department of Rural and Community Development (DRCD), local authorities and the Local Government Management Agency (LGMA). Roderic O’ Gorman, Minister for Children, Equality, Disability, Integration and Youth, together with Heather Humphreys, Minister for Rural and Community Development, this month also launched [Léamh Le Chéile](#), as part of the My Little Library Initiative 2023.

Léamh Le Chéile, funded under the Creative Ireland initiative, is a freely accessible online video resource, which demonstrates the reading of Irish Language storybooks by a performer. There are 6 videos, each one depicts a high quality children’s story book chosen from those contained within this year’s My Little Library Irish language book bags. This resource aims to support and encourage parents to select the Irish language book bags and read the books with their children. It is intended that the videos can be shown to children and discussed with them, and also can be used by parents, families and early years educators for modelling of reading stories out loud in Irish. The Léamh Le Chéile video resources can be accessed [HERE](#).



Na Chéad 5

An Ceart chun Léitheoireachta ag do Leabharlann

Leabharlanna Éireann

Rialtas na hÉireann  
Government of Ireland

Clár Éire hÍdeach  
Creative Ireland  
Programme

Comhairle Contae Dhún na nGall  
Donegal County Council



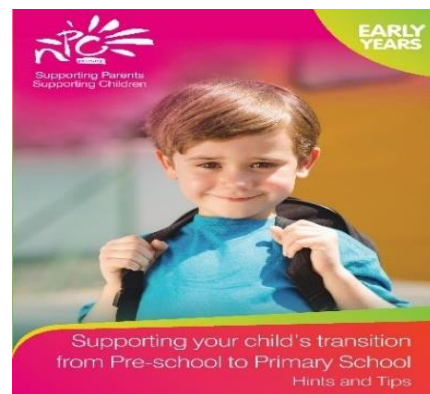
**Let's Get Ready:** The [Let's Get Ready webpage](#) has recently been updated in preparation for the new school year. Let's Get Ready focuses on children's transitions to pre-school and school. It includes information on:

- My Little Library
- Free School Books Scheme for primary school children
- Learning through Play
- Children with Additional Needs
- Resources



The Let's Get Ready campaign by the Department of Children, Equality, Disability, Integration and Youth (DCEDIY) aims to support parents & children and help them know what to expect when they start pre-school, crèche or go to a childminder.

For further information [CLICK HERE](#)



## National Parents Council Primary - Supporting your child's transition from

**Pre-school to Primary School:** NPC Primary Supporting Parents Supporting Children have produced a Hints and Tips document to support a child's transition from Pre-school to Primary School. Topics included in the document are:

- Social Development
- Language and Literacy
- Independence
- Uniform
- School Routine

For further details and to download this resource please [CLICK HERE](#)



**Jigsaw School transition toolkit - primary to post-primary:** Jigsaw has developed a toolkit for primary schools to support teachers to prepare young people for the transition to post-primary school. They have incorporated strategies in a number of engaging resources with a mix of methodologies including classroom discussions, animations, scenarios, reflective exercises and worksheets.

Jigsaw's school transition toolkit is supported by Rethink Ireland through the Innovate Together Fund, a collaboration between Rethink Ireland and the Department of Rural and Community Development. For further details [CLICK HERE](#)



**Barnardos Free E-BOOK 'Outdoor Play Matters':** This booklet, published by Barnardos, is for parents of young children up to the age of six although most of the information applies to children of all ages. The aim of the booklet is to highlight the benefits of outdoor play for young children.

For further information on other Barnardo's e-booklets and for information on how to download a copy of this e-booklet [CLICK HERE](#)



**Sun Smart Campaign:** As part of the Sun Smart campaign the HSE's National Cancer Control Programme, in collaboration with Healthy Ireland and cross-sectoral partners are working together to support people to protect their skin from the sun.

The aim of the campaign is to increase awareness of the steps you and your family can take to protect your skin from the sun and reduce your risk of skin cancer in Ireland.

For further information, resources, tips and videos on how you can be SunSmart and protect your families skin from the sun [CLICK HERE](#)

**Be SunSmart**  
Protect your skin



**HSE CADS ADAPT (Adolescent Drug & Alcohol Prevention & Treatment)**

**Service:** The HSE CADS ADAPT service delivers a community-based drug and alcohol prevention and treatment support service to individuals under 18 years and families across the midlands area. The service provides support and treatment to those under 18 years who are experiencing difficulties in relation to their drug and/or alcohol use themselves or are affected by drug and/or alcohol misuse within families. The service also provides education, information and support to service users and families as well as support the delivery of a range of education and prevention programmes in line with best practice to the community, voluntary and statutory sectors.

Funded by HSE CADS & the MRDATF this free, confidential and holistic service works with all relevant agencies to ensure best possible outcomes for those engaged with the service. **To contact the service or make a referral:**

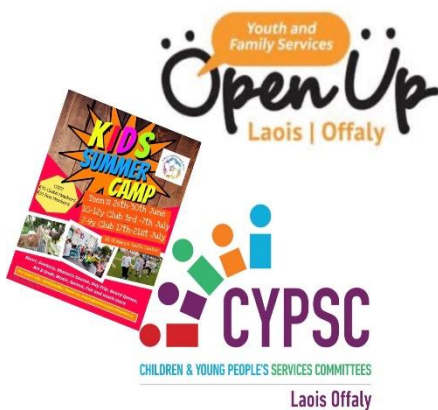
Contact the Social Care Lead Sinead O’Shea Tel: 087 4518358 Email: [CADS.adapt@hse.ie](mailto:CADS.adapt@hse.ie)

**Online Survey/ Consultations for completion/circulation:**



**Tusla Public Consultation Survey:** Tusla are always looking to continually improve the quality of our services. 2024 marks the 10th anniversary of the agency and whilst much has been achieved in the organisation over the years, Tusla continue the journey of continuous improvement and addressing key challenges. Tusla’s next Corporate Plan will detail what will be the central in focus over the next three years. This [short survey](#) will allow you to share your ideas and how you experience Tusla services.

**Webinars/ Training/ Events:**



**Laois & Offaly Child & Youth Services website – Summer Camps:** Laois Offaly [Open Up website](#) is a signposting website to child, youth and family services in Laois and Offaly.

[CLICK HERE](#) to view a short video to take you on a quick tour of the website and how it can be of use to you.

This is a website that can be used to share information across all the services that support children, young people and their families and this summer you can keep up to date with all of the camps happening in Counties Laois and Offaly.

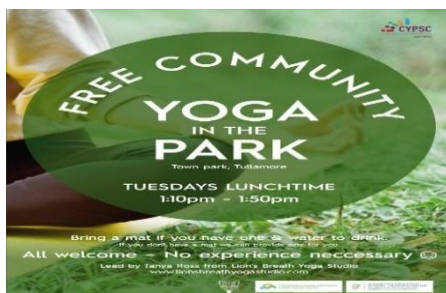
Click on the links below for details:

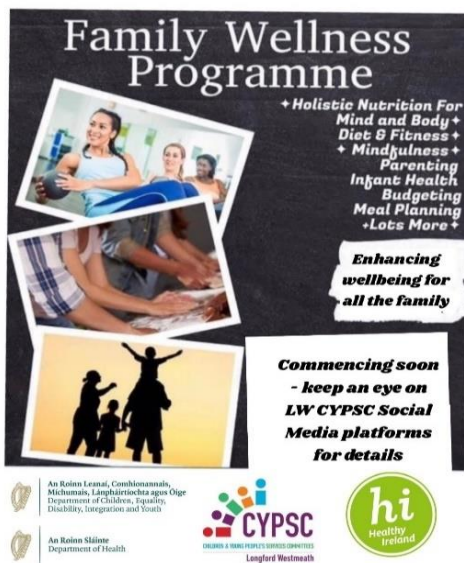
[Summer Camps 2023 – County Laois](#)

[Summer Camps 2023 – County Offaly](#)

**YOGA in the Park – Tullamore Co. Offaly:** Laois Offaly CYPSC in collaboration with Offaly County Council and Lions Breath Yoga Studio, are hosting **FREE** community yoga sessions every Tuesday lunchtime from 1:10pm – 1:50pm in the town park in Tullamore.

If you would like to No experience is necessary, bring a yoga mat (they can be provided if needed) and water. Yoga sessions lead by Tanya Ross, [Lions Breath Yoga Studio](#).





**Family Wellness Programme**

- + Holistic Nutrition For Mind and Body + Diet & Fitness +
- + Mindfulness + Parenting Infant Health Budgeting Meal Planning + Lots More +

*Enhancing wellbeing for all the family*

**Commencing soon - keep an eye on LW CYPSC Social Media platforms for details**

An Roinn Leanaí, Comhionannais, Míchumais, Láirghleasra agus Oige  
Department of Children, Equality, Disability, Integration and Youth

An Roinn Sláinte  
Department of Health

**CYPSC**  
CHILDREN & YOUNG PEOPLE'S SERVICES COMMITTEES  
Longford Westmeath

**hi**  
Healthy Ireland

**Longford Westmeath Family Wellness Programme:** The [LW CYPSC Family Wellness Programme](#), funded by Healthy Ireland is currently taking place at multiple venues in Longford and Westmeath. The aim of the programme is to support families to reduce/eliminate toxic stress and anxiety harmful to family wellbeing and promote long lasting and effective change.

Workshops take place in Athlone, Mullingar, Ballinacarrigy, Granard and Ballymahon.

To view a summary video about the Family Wellness Programme [CLICK HERE](#)

Keep an eye on LW CYPSC Social Media Platforms for further details or contact your nearest participating host organisation for details:

Lus na Greine FRC: 043 66 60977      Bridgeways FRC: 090 64 32691

Cara Phort FRC: 044 93 73060      Athlone FRC: 085 251 2224

Women's Community Project Mullingar: 044 93 44301

**'Our Voice Our Wellbeing' – Youth Health Initiative:** The LW CYPSC youth forums are currently rolling out workshops for their '[Our Voice Our Wellbeing](#)' initiative. Workshops are taking place in Athlone, Ballinacarrigy, Granard and Ballymahon and places on the programme are open to children and young people in Longford and Westmeath to join with the local CYPSC Youth Forum's in promoting health and wellbeing for all.

Keep an eye on LW CYPSC Social Media Platforms for further details or contact your nearest participating host organisation for details:

Lus na Greine FRC: 043 66 60977      Bridgeways FRC: 090 64 32691

Cara Phort FRC: 044 93 73060      Athlone FRC: 085 251 2224

**Non Violence Response (NVR) Parent Programme - Mullingar and surrounding area:** Are you walking on eggshells around your child? NVR is a non-judgemental programme that helps re-build confidence in parents / carers.

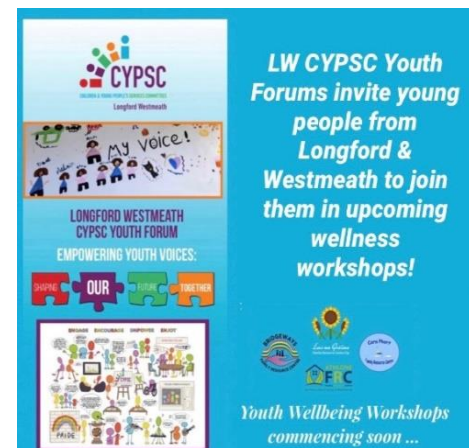
The [NVR programme](#) is for parents or carers who are experiencing child to parent violence, intimidation, emotional abuse or controlling behaviour. NVR helps to empower parents/carers to take positive action to end the violent and controlling behaviour experienced by learning new ways to deal with certain patterns of behaviour and repair the damaged relationship between the parent and the child.

**A six week programme will commence in Mullingar Primary Care Centre this September.** For further details or to register please contact:

Linda, Child and Family Support Network Coordinator – email: [Lindam.mccann@tusla.ie](mailto:Lindam.mccann@tusla.ie) or Anne Coordinator Cara Phort FRC -

Phone: 044-9373060, email: [coordinator@caraphortfrc.ie](mailto:coordinator@caraphortfrc.ie)

If you would like further information regarding the programme [CLICK HERE](#) or contact: Linda, Child and Family Support Network Coordinator Longford Westmeath - [lindam.mccann@tusla.ie](mailto:lindam.mccann@tusla.ie) or Martina, Child and Family Support Network Coordinator Laois Offaly - [martina.muller1@tusla.ie](mailto:martina.muller1@tusla.ie)



**LW CYPSC Youth Forums invite young people from Longford & Westmeath to join them in upcoming wellness workshops!**

LONGFORD WESTMEATH CYPSC YOUTH FORUM  
EMPOWERING YOUTH VOICES:

My Voice!

Youth Wellbeing Workshops commencing soon ...



**MIDLANDS NON-VIOLENT RESISTANCE (NVR) PROGRAMME**  
RESPONDING TO CHILD-TO-PARENT VIOLENCE

For families where young people are violent/abusive towards their parents/carers

Are you walking on eggshells around your child?

**TUSLA**      **CYPSC**



## Triple P Discussion Group Workshops (for parents of children 0-12 years)

**Developing good bedtime routines:** With a new school year around the corner, it can be difficult reintroducing good bedtime routines for children. A Triple P Workshop will be held on Thursday 17<sup>th</sup> August and again on Thursday 24<sup>th</sup> August 2023 in Clonbrusk Resource Centre, Athlone from 10am – 12pm on the topic of developing good bedtime routines. The skills children need to get into a good bedtime routine are discussed and parents are introduced to positive parenting strategies to help prevent problems. As places are limited, it is necessary to register attendance. If you would like further information or to register please contact Theresa Bracken on 086 035 8569 or email [triplepathlone@barnardos.ie](mailto:triplepathlone@barnardos.ie)

## HSE Health & Well-being! “Making every, Contact Count”:

The Making Every Contact Count training programme is available to all healthcare professionals in Ireland. It was developed in consultation with healthcare professionals and patients to provide effective tools and knowledge to carry out a brief intervention with patients or service users.

It consists of a 4-hour eLearning training and an optional follow-on 3.5-hour workshop.

The Making Every Contact programme covers the following topic areas:

- Tobacco use
- Alcohol and drug use
- Healthy eating
- Physical activity
- Overweight and Obesity
- Mental Health and Wellbeing

By [Making Every Contact Count](#) health professionals can encourage patients to make healthier lifestyle choices during routine contacts to help prevent and manage chronic diseases.

For further information and queries on the Making Every Contact Count training programme please email: [makingevery.contactcount@hse.ie](mailto:makingevery.contactcount@hse.ie)

31 AUGUST

INTERNATIONAL OVERDOSE  
AWARENESS DAY

The HSE National Social Inclusion Office invite you to register for our webinar and join us to raise awareness about overdose and recognise people who go unseen

**Thursday 31st of August**  
**13:30 - 15:00**



SCAN ME



#EndOverdoseIRE  
FOR INFORMATION AND SUPPORT GO TO DRUGS.I

**International Overdose Awareness Day 2023:** A **LIVE WEBINAR** will take place on International Overdose Awareness Day on 31<sup>st</sup> August 2023 from 1:30pm to 3pm, the theme of which is, “Recognising those people who go unseen”. They are the family and friends grieving the loss of a loved one; workers in healthcare and support services extending strength and compassion; or spontaneous first responders who selflessly assume the role of lifesaver. As part of the world’s annual campaign to raise awareness about overdose, those who have died and to acknowledge the grief of the family and friends left behind the [HSE National Social Inclusion Office](#) are hosting a LIVE WEBINAR.

Dr Denis O’Driscoll, Independent Chair of the National Naloxone Oversight Quality Assurance Group, will host the event and be joined by Minister Hildegard Naughton, Andy O’Hara, Daniel O’Callaghan, Prof Jo-Hanna Ivers, Prof Eamon Keenan and Jenny Smyth

To register for this LIVE WEBINAR please [CLICK HERE](#)



HSE MIDLANDS (Laois/Offaly and Longford/Westmeath)

Face to face Suicide Behaviour Awareness & Training Programmes  
**JUNE – NOVEMBER 2023**

**HSE Midlands Suicide Behaviour Awareness & Training Programmes:** The HSE Suicide Prevention Training Schedule for the midlands area is now available. Several trainings are available to assist with up-skilling staff and volunteers in the statutory, community and voluntary sector.

All of the training programmes (LivingWorks Start, safeTALK, Understanding Self-Harm, ASIST, Suicide Bereavement Training) are for **over 18s only** and there is no charge to the participant. The Schedule is outlined on the booking website, through which registrations to attend any of the training programmes can be made. For the full list of programmes available [CLICK HERE](#)

**Drug Related Intimidation Reporting Programme Briefing**  
**Responding to the needs of individuals and families that experience Drug Related Intimidation:** An online briefing session will be hosted by DRIVE (an interagency response to Drug Related Intimidation and Violence Engagement in Ireland) on the Drug Related Intimidation Reporting Programme.

This briefing session which will take place on **Thursday 10<sup>th</sup> August** from 10am to 11am, will provide workers with information about the structured intervention for individuals and families that are experiencing drug related intimidation. This information may help build confidence and enhance capacity of workers responding to this issue. To register please [CLICK HERE](#)

**Save the Date – Advancing Alcohol Research in Ireland:** The Health Research Board (HRB), in partnership with the Department of Health, is pleased to announce their upcoming research conference, "Advancing Alcohol Research in Ireland", taking place on **Thursday, 14 September 2023**, at the Gibson Hotel in Dublin.

The conference will bring together experts in the field of alcohol research to discuss evidence-based policy, existing and proposed legislation governing alcohol use, availability, and related harms. Further details about the conference, including registration and the full conference programme, will be provided in due course.

Many thanks to all for forwarding information and links,  
please continue to forward your updates for sharing and continue to tag  
LW CYPSC on [Facebook](#) and/or [Twitter](#), or LO CYPSC on [Facebook](#) and/or [Twitter](#)  
or you can

email the coordinators at:

Longford Westmeath CYPSC: [grainne.reid@tusla.ie](mailto:grainne.reid@tusla.ie) or

Laois Offaly CYPSC: [niamh.dowler@tusla.ie](mailto:niamh.dowler@tusla.ie)

[www.cypsc.ie](http://www.cypsc.ie)



Drug Related Intimidation  
Reporting Programme Briefing  
*Responding to the needs of individuals and families  
that experience Drug Related Intimidation.*



Advancing alcohol research in Ireland