

Language & Play Programme 2014

The Language & Play Programme is aimed at parents & carers of children aged 0-3 years. The programme is run over 6 weeks (6 x 90 minute interactive workshops) and encourages parents to interact and play with their children in a positive way to promote and stimulate their child's language & numeracy development, including increasing their range of words and vocabulary. The programme also promotes a strong healthy relationship with parent and child through fun activities. The aims of the programme are:

- To foster parents' confidence in their ability to support their child's early years development;
- To improve literacy & numeracy development in children in their early years;
- To encourage and explore communication and methods of play;
- To highlight the importance of storytelling, nursery rhymes, songs and sharing books;
- To prepare children for learning when they start pre-school through developing their social & fine motor skills.



The 6 themes /topics covered in the L&P programme workshops include:

- 1. The Importance of Talk- Lots of tips for speaking & listening to your child using treasure baskets and quality play stimulation, to promote the importance of early communication.
- 2. Routines- Ideas on how to include your child in routines; give good clear instructions and develop early self-help skills.
- 3. Out & About- Focusing on the world outside, making the most of car journeys, shopping & daily outings
- 4. Books & Story Telling- Opening the world of books to you and your child. Endless ideas on using props, making books and sharing books and stories
- 5. Songs & Rhymes- Promoting the use of song and rhyme as a powerful early literacy tool, by sharing rhyme and song using puppets.
- 6. Mark making- Introducing learning to write as a process identifying the importance of scribble.



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