

Kerry Children's Services Committee

Directory of Services

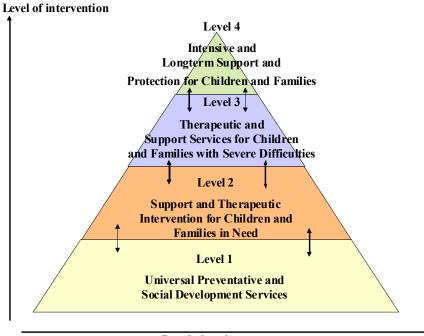
INTRODUCTION	4
BACKGROUND	5
MEMBERSHIP OF KERRY CHILDRENØS SERVICES COMMITTEE	8
EMERGENCY CONTACT NUMBERS	9
EMERGENCY SERVICES DIAL 999 OR 112 KERRY GENERAL HOSPITAL (066) 7184000	
LOCAL GARDAÍ	
Tralee Garda Station (066) 7102300	
Killarney Garda Station (064) 6631222	
Listowel Garda Station (068) 21000	
Cahersiveen Garda Station (066) 9472111 Dingle Garda Station (066) 9151522	
Dingle Garda Station (066) 9151522 Castleisland Garda Station (066) 7141204	
Killorglin Garda Station (066) 9790500	
Kenmare Garda Station (064) 6641177	9
Ballybunion Garda Station (068) 27104	
HSE SOCIAL WORK DEPARTMENT	
Duty Social Worker Killarney (064) 6636030 Duty Social Worker Tralee (066) 7121566	
Kerry Childrenge Services Committee Priority Action Areas	و 9 10
PART 1: UNIVERSAL SERVICES FOR CHILDREN, YOUNG PEOPLE & FAMILIES IN KERRY	
HSE PRIMARY CARE	
Kerry Primary, Community & Continuing Care Services & Local Health Centres Public Health Nurse Home Visits:	
HSE Health Promotion:	
Breast Feeding Support Groups	
Meet a Mum Groups	
FAMILY RESOURCE CENTRES	
KERRY COUNTY COUNCIL	
Housing & Social Support Department Kerry County Childcare Committee	
Parent & Toddler Groups	
Kerry County Childcare Language & Play Programmes	
JIGSAW KERRY	18
KERRY DIOCESAN YOUTH SERVICE	
KDYS Universal Services	
Youth Clubs	
Youth Information Service School Based Delivery	
Youth Cafés	
Community Based Youth Projects	
KDYS Targeted work	
Community Based Drugs Initiatives (Listowel& Killarney)	
KDYS Garda Youth Diversion Projects (Tralee x 3, Listowel, Castleisland & Killarney)	
KDYS Mentor Project	
KDYS Killorglin Neighbourhood Youth Project (N.Y.P.)	
KDYS Tralee Springboard Project Kerry Youthreach Programme:	
Youthreach / Vocational Training Opportunities Scheme (VTOS) Killorglin & Cahersiveen	
KERRY EDUCATION SERVICE	
Parenting & Family Learning Programmes	23
Community Education	
Adult Literacy & Basic Education	
Youth Work Kerry Life Skills	
	23 2
Kerry Children's Services Committee Directory of Services:	Z
Version 1, October 2012	

NORTH & EAST KERRY DEVELOPMENT (NOW ALSO WORKING IN CORCA DHUIBHNE)	
RAINBOWS	
SOUTH KERRY DEVELOPMENT PARTNERSHIP	27
SOUTHERN REGIONAL DRUGS TASK FORCE	
Club Kerry	29
ST. VINCENT DE PAUL	29
PART 2: SUPPORT & THERAPEUTIC SERVICES FOR CHILDREN, YOUNG PEOPLE FAMILIES: CHILDREN WITH DISABILITIES	
ASSESSMENT OF NEED - HSE DISABILITY SERVICES	
BROTHERS OF CHARITY EARLY INTERVENTION SERVICES (0 6 6 YEARS)	
BROTHERS OF CHARITY AUTISM SERVICES	
ENABLE IRELAND	
HSE PAEDIATRIC SPEECH & LANGUAGE	
HSE CHILD, ADOLESCENT & FAMILY PSYCHOLOGY SERVICE	
ST JOHN OF GOD SERVICES	34
YOUTH MENTAL HEALTH – THERAPEUTIC SERVICES	
HSE CHILD, ADOLESCENT & FAMILY PSYCHOLOGY SERVICE	35
NATIONAL EDUCATIONAL PSYCHOLOGICAL SERVICE (NEPS)	
CHILD & ADOLESCENT COUNSELLING SERVICES	36
CHILD & ADOLESCENT MENTAL HEALTH SERVICE (CAMHS)	
Adult Mental Health Services	
EIST LINN ADOLESCENT IN-PATIENT	37
DRUGS & ALCOHOL – YOUTH ADDICTION TREATMENT SERVICES & SUPPORTS	
DRUGS & ALCOHOL – YOUTH ADDICTION TREATMENT SERVICES & SUPPORTS HSE Addiction Counselling Service	
	38
HSE Addiction Counselling Service	38 38
HSE Addiction Counselling Service Community Based Drugs Initiative	38 38 39
HSE Addiction Counselling Service Community Based Drugs Initiative Arbour House Addiction Treatment Centre Aislinn Adolescent Treatment Centre Cara Lodge Adolescent Treatment Centre	38 38 39 39 39
HSE Addiction Counselling Service Community Based Drugs Initiative Arbour House Addiction Treatment Centre Aislinn Adolescent Treatment Centre	38 38 39 39 39
HSE Addiction Counselling Service Community Based Drugs Initiative Arbour House Addiction Treatment Centre Aislinn Adolescent Treatment Centre Cara Lodge Adolescent Treatment Centre	38 38 39 39 39 40
HSE Addiction Counselling Service Community Based Drugs Initiative Arbour House Addiction Treatment Centre Aislinn Adolescent Treatment Centre Cara Lodge Adolescent Treatment Centre Link Workers	38 38 39 39 39 40 40
HSE Addiction Counselling Service Community Based Drugs Initiative Arbour House Addiction Treatment Centre Aislinn Adolescent Treatment Centre Cara Lodge Adolescent Treatment Centre Link Workers Talbot Grove PARENTING & FAMILY LEARNING SUPPORTS	38 38 39 39 39 40 40 41
HSE ADDICTION COUNSELLING SERVICE COMMUNITY BASED DRUGS INITIATIVE ARBOUR HOUSE ADDICTION TREATMENT CENTRE AISLINN ADOLESCENT TREATMENT CENTRE CARA LODGE ADOLESCENT TREATMENT CENTRE LINK WORKERS TALBOT GROVE PARENTING & FAMILY LEARNING SUPPORTS HSE HOME VISITATION & OUTREACH	38 38 39 39 39 40 40 41
HSE ADDICTION COUNSELLING SERVICE COMMUNITY BASED DRUGS INITIATIVE ARBOUR HOUSE ADDICTION TREATMENT CENTRE AISLINN ADOLESCENT TREATMENT CENTRE CARA LODGE ADOLESCENT TREATMENT CENTRE LINK WORKERS TALBOT GROVE PARENTING & FAMILY LEARNING SUPPORTS HSE HOME VISITATION & OUTREACH HSE COMMUNITY PARENTS	38 38 39 39 39 40 40 41 41
HSE ADDICTION COUNSELLING SERVICE COMMUNITY BASED DRUGS INITIATIVE ARBOUR HOUSE ADDICTION TREATMENT CENTRE AISLINN ADDLESCENT TREATMENT CENTRE CARA LODGE ADDLESCENT TREATMENT CENTRE LINK WORKERS TALBOT GROVE PARENTING & FAMILY LEARNING SUPPORTS HSE HOME VISITATION & OUTREACH HSE COMMUNITY PARENTS HSE CHILDREN & FAMILY SERVICES	38 38 39 39 40 40 40 41 41 41 42
HSE ADDICTION COUNSELLING SERVICE COMMUNITY BASED DRUGS INITIATIVE ARBOUR HOUSE ADDICTION TREATMENT CENTRE AISLINN ADOLESCENT TREATMENT CENTRE CARA LODGE ADOLESCENT TREATMENT CENTRE LINK WORKERS TALBOT GROVE PARENTING & FAMILY LEARNING SUPPORTS HSE HOME VISITATION & OUTREACH HSE COMMUNITY PARENTS HSE CHILDREN & FAMILY SERVICES TRALEE SPRINGBOARD	38 39 39 40 40 41 41 41 42 42
HSE ADDICTION COUNSELLING SERVICE COMMUNITY BASED DRUGS INITIATIVE ARBOUR HOUSE ADDICTION TREATMENT CENTRE AISLINN ADOLESCENT TREATMENT CENTRE CARA LODGE ADOLESCENT TREATMENT CENTRE LINK WORKERS TALBOT GROVE PARENTING & FAMILY LEARNING SUPPORTS HSE HOME VISITATION & OUTREACH HSE COMMUNITY PARENTS HSE CHILDREN & FAMILY SERVICES TRALEE SPRINGBOARD LE CHEILE	38 38 39 39 40 40 40 41 41 41 42 42 42
HSE ADDICTION COUNSELLING SERVICE	
HSE ADDICTION COUNSELLING SERVICE	
HSE ADDICTION COUNSELLING SERVICE	38 38 39 39 39 40 40 40 41 41 41 42 42 42 42 42 44 44
HSE Addiction Counselling Service Community Based Drugs Initiative Arbour House Addiction Treatment Centre. Aislinn Adolescent Treatment Centre. Cara Lodge Adolescent Treatment Centre. Link Workers. Talbot Grove. PARENTING & FAMILY LEARNING SUPPORTS HSE Home Visitation & Outreach HSE Community Parents HSE Children & Family Services Tralee Springboard Le Cheile. YOUNG PEOPLE AT RISK . National Educational Welfare Board Garda Juvenile Diversion Programme. Young Persons Probation Service.	38 38 39 39 39 40 40 40 41 41 41 42 42 42 42 44 44 44
HSE Addiction Counselling Service Community Based Drugs Initiative. Arbour House Addiction Treatment Centre. Aislinn Adolescent Treatment Centre. Cara Lodge Adolescent Treatment Centre. Link Workers. Talbot Grove. PARENTING & FAMILY LEARNING SUPPORTS HSE Home Visitation & Outreach. HSE Community Parents. HSE Children & Family Services. Tralee Springboard . Le Cheile. YOUNG PEOPLE AT RISK . National Educational Welfare Board . Garda Juvenile Diversion Programme. Young Persons Probation Service. Killorglin NYP.	
HSE Addiction Counselling Service Community Based Drugs Initiative Arbour House Addiction Treatment Centre. Aislinn Adolescent Treatment Centre. Cara Lodge Adolescent Treatment Centre. Link Workers. Talbot Grove. PARENTING & FAMILY LEARNING SUPPORTS HSE Home Visitation & Outreach HSE Community Parents HSE Children & Family Services Tralee Springboard Le Cheile. YOUNG PEOPLE AT RISK . National Educational Welfare Board Garda Juvenile Diversion Programme. Young Persons Probation Service.	

Introduction

The Kerry Children's Services Committee (CSC) has developed this Directory of Services in order to outline the services and supports available to children, young people and their families across 'priority action areas' in Kerry. The Kerry CSC has established working groups to ensure better coordination of services, cooperation and effective interagency working in identified priority action areas which include: Children with Disabilities; Drugs & Alcohol; Youth Mental Health; Parenting & Family Learning; Young People at Risk; Community & Volunteer Led Initiatives; and Budget Management.

This Directory of Services is divided into two sections; Part 1 outlines universal services for children & families in Kerry and Part 2 outlines services and supports available to children & families on levels 2, 3 & 4 according to their 'priority action area' and in line with the Hardiker Model:



Population size

We hope the Kerry CSC Directory of Services will provide useful information on the services and supports available across key areas, information includes service contact details and how to access services. The Kerry CSC will endeavour to keep the information in this Directory current and correct. Please contact us if you

- Find errors in the directory
- You would like to see additional agencies or information listed
- If your service's information needs to be updated.

Information should be forwarded to:

Claire O'Toole Coordinator, Kerry Children's Services Committee, HSE Community Services Building, Rathass, Tralee, Co Kerry. Telephone: (066) 7199764 or Email: Claire.otoole@hse.ie

Background

The Kerry Children's Services Committee was established on September 15th, 2010 under the Office of the Minister for Children's Working Together for Children Initiative. The Office of the Minister for Children is now the Department of Children and Youth Affairs (DCYA). The Department of Children and Youth Affairs is charged with leading the development of harmonised policy and integrated service delivery to secure better outcomes for children and young people. The *Working Together for Children* initiative is a key instrument for securing these objectives through the work of the Children's Services Committees (CSC) at local level in planning more effective integration and coordination of services for children and young people in their locality. The Minister for Children and Youth Affairs is committed to the further development of the CSCs and it is planned that there will be 20 local CSCs in place by the end of 2012. The 7 National Outcomes envision that all children should be:

- 1. Healthy, both physically and mentally
- 2. Supported in active learning
- 3. Safe from accidental and intentional harm
- 4. Economically secure
- 5. Secure in the immediate and wider physical environment
- 6. Part of positive networks of family, friends, neighbours and the community
- 7. Included and participating in society

A number of developments and changes at national and local level are relevant to these objectives. These include;

A new Children and Young People's Policy Framework 2012- 2017 which is being developed by the Department for publication later this year. The new framework will build on "*Our Children - Their Lives*", Ireland's first Children's Strategy which was published in 2000. The national outcomes to do with children and young people being healthy, involved in active learning, safe and secure, economically secure and included in society will be central to the aims of the new policy framework. It will be the overarching framework under which policy and services for children and young people will be developed and implemented in the State and CSCs will have a key role in achieving the framework's implementation objectives at local level;

The new Child and Family Support Agency. Plans for the new Agency are well advanced and the Minister intends to bring forward legislation to establish the new body early in 2013. The new Agency will bring together the child protection and family support services of the HSE, the Family Support Agency and its programmes and other relevant services in line with the Government's commitment to establish a dedicated Agency and reform the model of service delivery for children and families. The CSCs will be a significant vehicle for achieving the collaborative and seamless 'whole of Government' approach to child and family support that the new Agency will be charged with bringing about. Other national policy and service delivery reforms are highly relevant to the CSCS. These include the restructuring of the delivery of health and welfare within the HSE, the aggregation of 33 Vocational Educational Committees into 16 Education and Training Boards, the very significant changes underway as a result of the local Government alignment project designed to ensure the provision of 'joined up' high quality front line services in a more integrated way that responds to the needs of communities. The developing local delivery infrastructure that includes County Childcare Committees, Child Protection Committees and/or CSC Children First Sub Committees, and initiatives such as 'age friendly' counties is also significant to the work of the CSCs. Consideration needs to be given to the linkages between these structures to ensure no duplication and a 'joined up' approach to issues of common interest which is central to the role of CSCs as the key drivers of integrated planning and coordinated delivery of children and young people's services in their area.

In the light of these developments, the Department's strategy statement has prioritised developing "a roadmap for the future direction of the Children's Services Committees". The objective is to plan for the optimal positioning of the CSCs and to ensure continuity in their work in the context of the changing institutional environment. This plan is being overseen by the National Children's Strategy Implementation Group (NCSIG) and CSCs will be consulted and updated regularly on progress.

Membership of Kerry Children's Services Committee

Kerry Children's Services Committee is made up of representatives from Community, Voluntary and Statutory agencies that provide support, and /or service delivery to children in County Kerry. In order that the CSC can address issues relating to the seven national outcomes for children, senior managers from all the major statutory and voluntary providers of services to children and families are represented on the CSC. Membership of the Kerry CSC includes representatives from the following:

HSE Area Manager Kerry (Chair) Kerry County Council Director of Services (vice-Chair) Manager, Children & Family Services Acting CEO, Kerry Education Services Youth Officer, Kerry Education Services Manager, Kerry County Childcare Committee **Consultant Psychiatrist, Kerry CAMHS** An Garda Síochána Senior Probation Officer, Probation Service CEO, South Kerry Development Partnership CEO, North & East Kerry Development Partnership Manager, Kerry Diocesan Youth services Regional Manager, National educational Welfare Board School of Health & Social Sciences, IT Tralee Kerry Network of Family Resource Centres Irish Primary Principals Network National Ass. of Principals & Deputy Principals Coordinator, Southern Regional Drugs Task Force Coordinator, Kerry Children's services Committee

Mr Michael Fitzgerald Mr John Breen Mr Oliver Mawe Ms Ann O'Dwyer Ms Miriam Galvin Ms Oonagh Fleming Dr Claire Craven Insp. Fearghal Pattwell Mr John Brosnahan Mr Noel Spillane Mr Eamonn O'Reilly Ms Gemma O'Brien Mr Dan O'Shea Ms Aisling Sharkey Mr Seamus Falvey Ms Ursula Coffey Mr Padraig Firtéar Mr Chris Black Ms Claire O'Toole

Emergency Contact Numbers

Emergency Services	Dial 999 or 112
Kerry General Hospital	(066) 7184000
Local Gardaí	
Tralee Garda Station	(066) 7102300
Killarney Garda Station	(064) 6631222
Listowel Garda Station	(068) 21000
Cahersiveen Garda Station	(066) 9472111
Dingle Garda Stati on	(066) 9151522
Castleisland Gar da Station	(066) 7141204
Killorglin Garda Station	(066) 9790500
Kenmare Garda Station	(064) 6641177
Ballybunion Garda Station	(068) 27104
HSE Social Work Department	
Duty Social Worker Killarney	(064) 6636030
Duty Social Worker Tralee	(066) 7121566

Kerry Children's Services Committee Priority Action Areas

The Kerry Children's Services Committee has established Working Groups to ensure better integrated, interagency working across identified priority action areas. The working groups have developed 'high level goals' and action plans in order to ensure better developmental outcomes for children in Kerry.

Priority Action	Desired Outcomes
Area	
Children with Disabilities	 Disability Services will be reconfigured so that all children with disabilities will have equal access to disability services.
Chair: A O'Neill	All children with disabilities will receive the support they require so they can lead full & independent lives.
Youth Mental Health	1. The mental health & well-being of children in Kerry will be improved.
Chair: O Mawe	All children and young people will be able to access appropriate mental health care supports when they require them.
Drugs & alcohol	1. Reduce children & young people's misuse of alcohol & drugs.
Chair: F Pattwell	 Provide a community/environment which ensures that children & young people living in the Kerry area can grow mature, safe from the dangers associated with drug & alcohol abuse.
	 Ensure that children & young persons living in the Kerry area are aware of the dangers associated with drug & alcohol abuse.
	 Ensure that Children and young persons are provided with and aware of the facilities available to them regarding rehabilitation from drug and alcohol abuse.
Parenting & Family Learning	 All children will be cared for in a loving, supportive, caring home environment which supports their social, emotional, cognitive & intellectual development.
Chair: O Fleming	2. All children will be school ready on day 1 of primary school.
	All young people will be prepared well to be caring, supportive & loving parents.
Community &	1. To map volunteer led youth clubs/groups in Kerry
Volunteer Led	2. To identify and address existing gaps in provision.
Initiatives	
Chair: G O'Brien	
Young People at Risk	 To improve the life chances of young people who engage in crime and other high risk behaviours
Chair: J Brosnahan	 Reduce young people's experience of and involvement in crime, anti-social behaviour and other high risk behaviours.
	3. Promote young people's adoption of and engagement in positive lifestyles.

A copy of the Kerry Children's Services Workplan can be downloaded from the Kerry Children's

Services Committee website on

www.kerrychildrensservices.com

This Directory of Services is divided into two sections; Part 1 outlines universal services for children & families in Kerry and Part 2 outlines services and supports available to children & families on levels 2, 3 & 4 according to Kerry CSC's 'priority action area' and in line with the Hardiker Model: Children with Disabilities; Youth Mental Health; Drugs & Alcohol; Parenting & Family Learning; Young People at Risk; and Community & Volunteer Led Initiatives.

Disclaimer:

Every effort has been made to ensure that the information contained in this Directory of Services is correct. However, Kerry CSC cannot be held responsible for any errors contained within it. If you identify any errors please contact Claire O'Toole, Coordinator by email <u>Claire.otoole@hse.ie</u>

Part 1: Universal Services for Children, Young People & Families in Kerry

HSE Primary Care

Kerry Primary, Community & Continuing Care Services & Local Health Centres

Kerry Local Health Office is the focus of the HSE community health and personal social services. Services available from the Local Health Office and Health Centres include GP services, Public Health Nurses, Social Work & Child Protection Services, Medical Cards, GP Visit Cards, Child Health Services, Community Work, Disability Services, Older People Services, Chiropody, Opthalmic, Speech Therapy, Addiction Counselling & Treatment, Physiotherapy, Occupational Therapy, Mental Health Services, Home Help and more.

The Kerry Local Health Office is located at Kerry PCCC, Kerry Community Services, Rathass, Tralee. Tel: (066) 7184500.

Ardfert	Annascaul: 9.30 – 10.30	Cahersiveen
(066) 7134411	(066) 9157400	(066) 9472266
Castleisland	Dingle: 9.30 – 10.30	Glenbeigh
(076) 1083020	(066) 9150325	(066) 9768239
	West Kerry Primary Care: 9 – 5	
	(066) 9150326	
Kenmare	Milltown	Keelagreaghane & Mastergeehy
(076) 1083076	(066) 9767113	(066) 9474128
Killarney	Killorglin	Listowel
(064) 6670743 / 6670745	(066) 9761284 / 9761276	(068) 21222
Rathmore	Sneem	Tralee Health Centre, Rathass
(064) 7758169	(086) 7872096	(066) 7195676
Waterville	Caherdaniel	Camp: 9.30 – 10.30
(066) 9474204	(066) 9475466	(066) 7130333

Health Centres in Kerry

Public Health Nurse Home Visits:

It is a statutory obligation for all PHNs to visit all new mothers and babies in the home after the birth of their baby. Home or clinic visits are ongoing depending on the needs of the family. The PHNs have a role in enabling families to become competent parents in all aspects of their child's needs. They do this by providing support & advice on physical, emotional and social wellbeing. Ongoing advice is given on feeding and expected developmental milestones. PHNs place an emphasis on stimulation & bonding, communication with baby, reading, playing and all other aspects of parenting up to school going age. PHNs provide universal developmental screening and

refer as appropriate to multi-disciplinary team members as necessary. Information on the importance of immunisation programmes is also discussed with families. The PHN identifies and coordinates the early intervention supports necessary for marginalised and vulnerable families and works closely with social workers and other multi-disciplinary team members to support at risk families.

HSE Health Promotion:

Health Promotion is a process of enabling people to increase control over, and to improve, their health; a means of making the healthier choice the easier choice. The Health Promotion Department works to promote health in a number of different settings, such as the education setting, the community and within the health service itself, and aims to build capacity to address the wide range of factors that impact on our health. Some of the key areas of work the department is involved in locally include: training, information & school supports.

Training: As part of its service the Health Promotion Department offer a training programme with a variety of courses to support the crucial role that community groups play in the promotion of health. These courses are designed to provide groups with the skills, knowledge and information to support health promotion in the community. Health Promotion Department training is available in Cork and Kerry, subject to sufficient number of applicants.

Information: Health promotion provides guidance, advice on and content for the development of health information materials. Health information leaflets on mental health, physical activity, drugs and alcohol, smoking cessation and many other topics are available to order or download free of charge at <u>www.healthpromotion.ie</u>

Schools: One of the key programmes of the health promotion service in Cork and Kerry is the Health Promoting School Model (HPS). Health promotion in a school setting could be defined as any activity undertaken to improve and/or protect the health of all school users. (IUHPE 2010). A Health Promoting School is one which is constantly strengthening its capacity as a healthy setting, which balances the attention given to curriculum development and classroom teaching with action directed towards improving the environment of the school and links with the family & wider community. It is a broader concept than health education and it includes provision and activities relating to: healthy school policies, the school's physical and social environment, the curriculum, community links and health services.

Monica O Sullivan Community Nutrition & Dietetic Service HSE South, Block 1, St Columbanus Hospital, St Margaret's Road, Killarney. Tel: 064 6670763 Email: <u>Monica.OSullivan@hse.ie</u> Website: <u>www.healthpromotion.ie</u>

Mary Lawless, Health Promotion, HSE Community Services, Rathass, Tralee.

Tel: 066 7195617 Email: <u>maryc.lawless@hse.ie</u>

Breast Feeding Support Groups

Breast feeding support groups are available in many locations in county Kerry and are organised by the HSE and the La Leche League. Research has shown that breastfeeding provides a strong protective factor for babies: it protects from illness and infection, it also contains the correct nutrients for a growing baby, aids the development of eyesight, speech and intelligence and furthermore promotes a special loving bond between mother and baby. All nursing mothers are welcome.

Tralee HSE (066) 7195676 Killarney HSE (064) 6631408 Listowel HSE (068) 21222 Castleisland HSE (066) 7141377 Dingle HSE (066) 9150325/6

Tralee La Leche League	(086) 2510357
Killarney La Leche League	(064) 7756396
Dingle La Leche League	(066) 9159105

Meet a Mum Groups

Meet a Mum groups are organised by the PHN and local communities. New mothers are invited to attend. Workshops are provided by Speech & Language Therapists, Dietician, Red Cross, Physiotherapy etc and allow new mothers to learn more about their new baby's early development and to promote positive interactions and experiences. Groups run for 8 weeks initially and it is hoped that the group would continue with inputs from the team monthly.

Agnes Lucey Keane,

Public Health Nursing Department,

HSE Community Services,

Rathass,

Tralee.

Kerry Children's Services Committee Directory of Services: Version 1, October 2012 14

(066) 7199702 or (066) 7195676

Agnes.luceykeane@hse.ie

Family Resource Centres

FRCs provide a wide variety of supports and services to people within their own community. These may include:

- Education courses and training opportunities
- Information, advice and support to families and target groups in the area
- Childcare facilities
- Counselling & Family Mediation Services
- Initiatives to enhance the role of young fathers in the lives of their children
- Involvement of men in the life of the community
- Lone parents groups
- Women's groups
- After school clubs
- Parenting courses
- Meeting point for various groups and services eg: C.I.C. MABS, AA, etc.
- Practical assistance to community groups such as training, information and advice

Adrigole Family Resource Centre	Ballyspillane Family Resource	BUDS Family Resource Centre
Address: c/o The Caha Centre,	Centre (Killarney)	(Ballyduff)
Adrigole Community Hall,	Address: Ballyspillane, Killarney,	Address: Benmore, Ballyduff,
Adrigole, Beara, Co. Cork	Co. Kerry	Tralee,
Tel: 027 60909	Tel: 064 6635589	Co. Kerry
Fax: 027 60904	Fax: 064 6623583	Tel: 066 7148883
Email: <u>thecahacentre@gmail.com</u>	Email:	Email: <u>buds1@eircom.net</u>
Contact: Noreen Murnane	ballyspillanecfrc@hotmail.com	Contact: Nora Lucid
	Contact: Connie O'Leary	
Castlemaine Family Resource	Droichead na Daoine Ltd.	Duagh Family Resource Centre
Centre	(Sneem)	Address: Duagh Village, Listowel
Address: Castlemaine, Co. Kerry	Address: Droichead na Daoine,	Tel: (068) 45333
Tel: 066 9767833	Seaview, Sneem, Co. Kerry	Email:
Fax: 066 9767833	Tel: 064 75879	duaghfamilycentre@gmail.com
Email: <u>cmainefrc@eircom.net</u>	Fax: 064 75916	Contact: Bernie Broderick
Contact: Catherine Regan or Liz	Email: <u>frc@sneem.com</u>	
Fenton	Contact: Tom Millane	
Kerryhead/Ballyheigue Family	Killorglin Family Resource Centre	Listowel Family Resource Centre
Resource Centre	Address: 39 Iveragh Park,	Address: Ballygologue, John B.
Address: Sraid Thaidhg,	Killorglin, Co Kerry Tel: 066	Keane Road, Listowel, Co. Kerry
Ballyheigue, Co. Kerry	9762933	Tel: 068 23584
Tel: 066 7116961	Email:	Email: <u>listowelfrc@gmail.com</u>
Email: <u>ballyheiguefrc@gmail.com</u>	killorglinfamilycentre@gmail.com	Contact: Jackie Landers
Contact: Seamus Falvey	Contact: Margaret Wrenn or	

	Kathleen Morris	
Shanakill Family Resource Centre	Shannow Family Resource Centre	South West Kerry Family
Ltd. (Tralee) Address:	(Abbeydorney)	Resource Centre
Shanakill, Monavalley, Tralee, Co.	Address: The Cloisters,	Address: 6 West Main Street,
Kerry	Abbeydorney, Kilflynn, Co. Kerry	Cahersiveen, Co. Kerry
Tel: 066 7127831	Tel: 066 7198018	Tel: 066 9481000
Fax: 066 7127831	Fax: 066 7193980	Email: swkerryfrc@eircom.net
Email: shanakillfrc@eircom.net	Email:	Contact: Nancy Holmes-Smith
Contact: Bernie O'Carroll	cathyosullivan05@gmail.com	
	Contact: Cathy O'Sullivan	
St. Brigid's Community Centre		
(Tralee)		
Address: Hawley Park, Tralee, Co.		
Kerry		
Tel: 066 7128521		
Fax: 066 7128521		
Email: stbrigid1@eircom.net		
Contact: Maureen O'Sullivan		

Kerry County Council

Kerry County Council provides a vast range of services and initiatives to ensure that County Kerry is a great place to live, work, visit and invest in. The Council is responsible for the planning, design and construction of important infrastructures such as roads and water supply. It provides certain social and quasi-social services, such as housing, fire stations, libraries and burial grounds.

It is responsible for protecting the environment and through its planning and environment policies it seeks to enhance the county while protecting its unique character and atmosphere. It manages the County Development Board and plays an active role in the development of the county's economic, social and cultural affairs.

Contact Details Kerry County Council County Buildings Rathass Tralee Co Kerry Phone: (066) 718 3500 Email: <u>info@kerrycoco.ie</u>

Housing & Social Support Department

One of the key services within KCC is the Housing & Social Support Department. It is responsible for the provision, management and maintenance of social housing and social housing supports in the County. This happens through the direct provision of built units (houses/apartments, etc), the provision of units through the Rental Accommodation Scheme, meeting the housing needs of homeless persons, enforcement of private rented standards and other regulations and legislation dealing with housing policy and social supports.

The Housing Directorate also provides community and development supports and tenancy management services to ensure that all of its tenants can enjoy peaceful enjoyment of their home. Kerry County Council is responsible for housing in the wider county area, with Tralee, Killarney and Listowel Town Council's covering this function in their towns.

Housing Dept	Housing Dept	Housing Dept
Kerry County Council	Tralee Town Council	Killarney Town Council
Rathass	Town Hall	Town Hall
Tralee	Prince's Quay	Main Street
Co. Kerry	Tralee	Killarney
Phone: 066 7183862	Co. Kerry	Co. Kerry
Email: <u>housing@kerrycoco.ie</u>	Phone: 066 7191351	Phone: 064 6631023
www.kerrycoco.ie/en/allservices/housing/	Email: <u>housing@ttc.ie</u>	Email: <u>housing@ktc.ie</u>
	http://www.traleetc.ie/housing/	http://www.killarney.ie/
Housing Dept	Homeless Unit	
Listowel Town Council	Denny Street	
Aras an Phiarsaigh	Tralee	
Listowel	Co Kerry	
Co. Kerry	Phone: 066 7117633	
Phone: 068 21004		
E-Mail:		
townclerk@listoweludc.ie		
http://www.listowel.ie/		

Kerry County Childcare Committee

Kerry County Childcare Committee (KCCC) was established in 2001 as part of a national initiative to support and coordinate the development of quality childcare services for parents in county Kerry. Kerry County Childcare supports community childcare, private childcare and childminding services

across the county. KCCC is funded by the Government to deliver early childhood care and education programmes which support children and families.

Parent & Toddler Groups

P&T groups provide a place for parents, childminders & carers to relax and chat together while babies & toddlers play with a variety of toys and learning resources. Groups meet in local community centres once or twice a week and are supported by Kerry County Childcare Committee through the provision of help and advice in setting up a P&T group as well as providing small grants to groups.

Denise Quinlan, Childminding Advisory Officer, Kerry County Childcare Committee, 2 Edward Street, Tralee. (066) 7181582 <u>denise@kerrycountychildcare.com</u> <u>www.kerrycountychildcare.com</u>

Kerry County Childcare Language & Play Programmes

Kerry County Childcare's Language & Play is a programme for parents of babies and children under 3 years. This programmes is based on a Sure Start/Early Start model focusing on communication, language, literacy and play from 0 - 3 years and can be used in parent and toddler groups, playgroups, family centres, nurseries and schools and is particularly useful for parents with little formal education. The programme provides parents with the skills to nurture each child's language development, taking account of diverse literacy levels, languages, cultures and needs. The Language & Play Programme consists of 6 workshops run over 6 weeks.

Catherine O'Callaghan,

Quality Officer,

Kerry County Childcare Committee,

2 Edward Street, Tralee.

(066) 7181582 <u>catherine@kerrycountychildcare.com</u> <u>www.kerrycountychildcare.com</u>

Jigsaw Kerry

Jigsaw Kerry is part of a national network of Jigsaw projects supported by Headstrong, the national centre for youth mental health. Jigsaw is an innovative youth mental health programme which works with young people, communities and local services to change the way Ireland thinks about

youth mental health. Jigsaw is a prevention, early intervention model which promotes mental health and well-being.

Jigsaw Kerry has been in existence since 2009 and has had a number of significant achievements. These include community awareness initiatives and the roll out of training for individuals and groups working with young people.

Jigsaw Kerry also established a neutral, accessible, youth friendly mental health access point for young people through the Jigsaw Hub in Tralee. All of these developments were guided by an active and engaged Youth Advisory Panel in the county.

Jigsaw Kerry is supported in its work by the HSE, NEKD and Headstrong and it works in partnership with a number of organisations who work with young people in County Kerry including: Kerry Education Service, Family Support Service, Kerry Diocesan Youth Service, Institute of Technology Tralee, An Garda Siochana, Adolescent Counselling Service, Child and Adolescent Mental Health Services, South West Counselling Centre, Mental Health Association, Kerry Recreational Sports Partnership, Students Union, Education Centre, South Kerry Development Partnership, NEPS Tralee, Link School Completion Programme.

Following an independent review, the HSE, Headstrong and NEKD along with other partners are now working together to develop a transition plan that will ensure that Jigsaw Kerry is able to continue to meet the needs of young people and the local community into the future.

Jigsaw Kerry,		
Unit 1A,		
Edward Court,		
Tralee,		
Co. Kerry.		
Tel: 066-7186785	Kerry@jigsaw.ie	www.jigsaw.ie/kerry

Kerry Diocesan Youth Service

The Kerry Diocesan Youth Service (KDYS) is a voluntary youth work organisation. It was established in 1971 as a support structure for youth clubs. Since its establishment KDYS has always striven to meet the needs of young people through committed volunteers, trained staff and the implementation of best practice. The KDYS carries out its work in partnership with several other organisations in order to best meet youth needs. KDYS has formed collaborative partnerships with statutory organizations including: Kerry Education Service (VEC), FAS, Health Service Executive (HSE) and Irish Youth Justice Service to provide services in order to best meet the needs of young people and their communities. Key to KDYS delivery is the provision of quality training to volunteers to support them to work with young people in their local community.

KDYS delivers a diverse range of family support, children and young peoples' services spread throughout the Diocese of Kerry. KDYS understands how individually diverse projects such as Youthreach, Garda Youth Crime diversion work, drugs and alcohol projects, family support projects such as Springboard and Neighbourhood Youth Projects as well as universal services for young people, can combine to generate a more effective overall response to the young person.

KDYS has established Youth Centres in Killarney, Tralee, Listowel and Killorglin and out-reach bases in Kenmare, Cahersiveen, Castleisland and Millstreet. In each of the KDYS Youth Centres, opportunities are provided for young people to engage in the Youth Café, Drop in Service & Band Projects. There are also 4 bases in Tralee for the KDYS GYDPs- MY Project, Just Us, Connect 7 and the KDYS Springboard Project. Kerry Diocesan Youth Service is a recipient of a Gold Health Quality Mark. The Health Quality Mark (HQ Mark) is an initiative from the National Youth Health Programme (NYHP), part of the National Youth Council of Ireland, which acknowledges youth organisations that have achieved a high standard of quality in promoting health across their organisation including young people, staff and volunteers. KDYS aims to empower young people within a supportive environment to make informed choices to ensure they lead healthy lifestyles. KDYS focuses on supporting and delivering on programmes and activities relating to the general wellbeing of the young person such as personal and social development, capacity building, selfesteem, decision making, sexual health awareness, drugs and alcohol awareness, mental health, & healthy eating.

KDYS Universal Services

Youth Clubs

KDYS works with local communities to respond to youth need. Currently we are supporting 47 youth clubs around the Kerry Diocese. The purpose of the youth club is to provide a needs based social, recreational and educational outlet for young people in their communities. The clubs are run by committed volunteers from the local community.

Youth Information Service

The Youth Information Service caters for young people all over the Kerry Diocese. The service aims to provide a professional, confidential and responsive information service to enable young people to become actively involved in making informed decisions which will help them to cope with everyday life and to play an active part in society. This is delivered through KDYS Youth Cafes, Mobile Youth Café, use of IT and social media technology as well as through training and education programmes.

School Based Delivery

The KDYS operates a range of school based programmes which include: Volunteer Community Mentor Programme; KDYS Transition Programmes; KDYS Peer Mentoring and KDYS Issue Based Workshops & Programmes.

Youth Cafés

KDYS operates Youth Cafes from its centres in Tralee, Listowel, Killarney and Killorglin. Youth committees are supported by trained volunteers and professional staff & oversee a diverse and varied programme of activity.

Community Based Youth Projects

Community based youth projects offer opportunities to young people to engage in a range of activities from KDYS Music project, to social action groups and special interest groups.

Linda Kearin, KDYS Manager KDYS Youth Centre, Fairhill, Killarney 064- 6631748

KDYS Targeted work

Community Based Drugs Initiatives (Listowel& Killarney)

CBDIs provide support and services to young people and their families who are affected by drug or alcohol misuse. The projects work with young people aged 12 – 22 years who are actively misusing drugs / alcohol. It also provides support to those who have stopped using and concerned families who are affected by drug/alcohol misuse.

KDYS Garda Youth Diversion Projects (Tralee x 3, Listowel, Castleisland & Killarney)

KDYS Garda Youth Diversion Projects are community based multi-agency crime prevention initiatives which seek to divert young people from becoming involved or further involved in antisocial and/or criminal behaviour by providing suitable activities to facilitate personal development and promote civic responsibility.

KDYS Mentor Project

The Tralee based Mentor project works with early school leavers, to support their progression to further education, training and/or employment.

KDYS Killorglin Neighbourhood Youth Project (N.Y.P.)

Killorglin NYP is a community based service which aims to support young people age 12- 18 years and their families in the Killorglin area. The N.Y.P. works in a manner that includes young people, families and the community in over- coming difficulties while working closely with other agencies through a mix of intensive family support and generic youth work services.

KDYS Tralee Springboard Project

Tralee Springboard is a family support initiative designed to improve the well- being of families, parents and children and to improve the organisation and delivery of services more generally. All Springboard projects have a general strategy of being open and available to all families, parents and children in the community as well as a more specific strategy of working intensively with those who are most in need. Springboard will provide a coordinated and integrated response to the needs of children, parents and families by drawing upon the resources of all relevant agencies.

Kerry Youthreach Programme:

Under a partnership agreement with Kerry Education Service, KDYS manages the Kerry Youthreach Programme in Tralee (Tralee Youthreach Leaving Certificate Applied Course, Transforum Alley Youthreach) Killarney Youthreach and Listowel Youthreach. Youthreach is an integral part of the national programme of second-chance education and training in Ireland and is a central part of the Government's contribution to the achievement of a lifelong learning society. The programme is directed at unemployed young early school leavers aged 15-20. It offers participants the opportunity to identify and pursue viable options within adult life, and to acquire certification. It operates on a full-time, year-round basis.

For further information on KDYS, visit <u>www.kdys.ie</u>.

Youthreach / Vocational Training Opportunities Scheme (VTOS) Killorgl in & Cahersiveen

Youthreach and VTOS training opportunities are available in Cahersiveen and Killorglin through Kerry Education Service Adult Education Centres. The Youthreach programme is directed at unemployed young early school leavers aged 15-20. VTOS offers education and training opportunities for unemployed adults on certain welfare payments.

KES Killorglin & Cahersiveen: Joe Brennan 0872232805 youthreachsouthkerry@eircom.net

Kerry Education Service

Kerry Education Service (KES) is the local Vocational Education Committee and is a representative statutory education authority for Kerry. KES endeavours to provide a comprehensive lifelong education service through the provision, support and promotion of high quality education and training. KES provides education at second level to students in 8 Community Colleges in Cahersiveen, Causeway, Castleisland, Dingle, Killarney, Killorglin, Listowel and Tralee. Further education and training opportunities are provided for adults through a network of 11 Adult Education Centres in Causeway, Cahersiveen, Kenmare, Killarney, Killorglin, Listowel and Tralee. KES has 2 Sports & Outdoor Education Centres located in Tralee and Cappanalea, Killorglin.

Parenting & Family Learning Programmes

Family learning programmes are organised throughout county Kerry by the KES. Family Learning Programmes provide learning opportunities to parents which creatively address parental literacy and numeracy and thereby promote parents ability to support the child's learning and cognitive development effectively at home. Family learning initiatives include: Story Sacks, Maths for Fun, Help Your Child to Learn, Language for Learning, Computers, Dads & Lads initiatives, Pride of Place Booklets, Sponge Cakes & Spelling etc.

Community Education

Community education is learning that takes place in the community and embraces the principles of empowerment, consideration, collective consciousness, social justice and equality of access. The community education parenting support programmes aim to provide parents in the community with peer learning opportunities and to learn new parenting skills and strategies. Parenting courses and initiatives provided by KES in the community include: Parents Plus Programme; Positive Parenting Programme; Incredible Years; Issue Based Workshops and Parents Council Skills Development etc.

Adult Literacy & Basic Education

Adult Literacy & Basic Education (ABE) works to build learners' confidence in their own literacy skills. Through a focus on ways in which people use written and spoken language in their lives, a range of programmes based on the literacy needs for the workplace, home or school are delivered. Michelle Anne Houlihan, or Aoife McCormack Community Education Facilitator, Kerry Education Service, Riverside House, Dan Spring Road,

Tralee (066)7181488

info@cokerryed.ie

www.cokerryed.ie

Youth Work

The implementation of the Youth Work Act (2001) is an important development for VECs and for the youth work sector. It provides VECs with the staff to begin to form more proactive and supportive relationships with the voluntary youth groups and organisations in their area. It facilitates VECs to co-ordinate youth work provision and to target resources. It will enable the VECs to work in partnership with local communities and the voluntary organisations to develop quality youth work programmes and services for young people in their area. It will ensure more funding at local level in the long term and less fragmentation in the use of resources to provide quality youth work opportunities for young people throughout the country. Youth work is defined as: 'A planned programme of education designed for the purpose of aiding and enhancing the personal and social development of young persons through their voluntary participation, and which is complementary to their formal academic or vocational education and training.' This normally includes groups such as: Youth clubs, Scouts, etc. Special interest youth work groups, Foróige Clubs Guides, etc. Independent Youth Work Projects, Youth Theatre Groups, Girls' Brigade, Girls' Friendly Society, Boys' Brigade, etc. Youth work clubs and groups can register with Kerry Education Service (KES). To do this, simply complete and return the registration form to mgalvin@cokerryed.ie. To find more youth work information and resources go to www.cokerryed.ie and click on youth work. Links are available for the role of KES, registration with KES, the Local Youth Club Grant Scheme, the National Quality Standards for Youth Work/Resources, the National Quality Standards for Volunteer Led Youth Groups, Local Youth Organisations, KDYS Projects, Youth Clubs and how to join, Comhairle na nog, a Calendar of training for Youth Workers/Club/ Group Leaders and other useful links.

Contact Miriam Galvin,		
Youth Officer,		
Kerry Education Service,		
Riverside House,		
Dan Spring Road,		
Tralee		
(066)7181488	info@cokerryed.ie	www.cokerryed.ie

Kerry Life Skills

Kerry Life Education provides a comprehensive range of high quality and evidence-based education services at both primary and secondary school level which are designed to add value to schools' existing Social Personal and Health Education provision. Sessions are delivered using a life-skills approach and each year, students develop increasing knowledge, skills and confidence to support them in making informed health choices. Kerry Life Education engages with schools in a number of ways and working with different year groups – from a visit by the mobile classroom to primary schools, to interactive discussions and activities coupled with a range of cutting edge technical supports specially designed to work in second level schools.

Evidence from worldwide research identifies effective health and drug education programmes as ones which include:

- Interactive teaching techniques. These involve group activity, discussion and role play
- Normative education where young people see that both the actual rates of drug use, and the approval of drug use, are lower than they think or assume
- Educating young people before the usual onset of drug taking starting early
- Elements of knowledge, skills and attitudes
- Developmentally appropriate and culturally sensitive information
- Involvement of parents/carers as part of a wider community approach. Parents should have access to information and support in talking with their children about drugs and keeping healthy

 Multi-component programmes where school-based education is one component in a wider campaign involving parents, the media, other agencies with an interest, and also the local community. Programmes interlink across the primary and second level experience ensuring continuity, and providing a 'building block' process of knowledge and information gathering for the student. This places the student in an informed and empowered situation when making decisions around issues such as alcohol and drug use, as they grow older.

Chris Barrow,

Coordinator, Kerry Life Education, 9/10 The Paddocks, Bellview Woods, Ballydowney, Killarney, Co. Kerry. Website: www.kerrylifeeducation.com Telephone: (064) 6635135 / 086 8797718 Email:lifed@eircom.net

North & East Kerry Development (now also working in Corca Dhuibhne)

NEKD is a local development company which seeks to promote, support, assist and engage in social, enterprise and community development, and provides services on both a one-to-one basis for clients and to groups depending on the requirements of the communities. NEKD operates in four Strategic Areas:

Social Supports; Community, Environment & Rural Development;

Employment Services; Enterprise & Tourism

NEKD achieves this through the delivery of development programmes, funded by National exchequer, EU programmes or philanthropic organisations, and these programmes include:

Local & Community Development Programme, which aims to tackle poverty and social exclusion through partnership and constructive engagement between Government and its agencies and people in disadvantaged communities or circumstances. Initiatives supported include: Early intervention evidence based Childhood and youth projects, Employment supports including enterprise and training, and Development work with vulnerable groups;

LEADER (Rural Development) Programme, which aims to improve the quality of life of people in rural areas, through bth economic and social initiatives;

Employment Services including the Local Employment Service, Jobs Clubs, Community Employment Scheme, Equality for Women Measure and the Tus Work Placement.

Social initiatives include the Rural Social Scheme, Community Services Programmes and the Tralee Community Drugs Initiative.

Tralee: (066) 7180190	Listowel: (068) 23429	
Castleisland: (066) 7142576	Daingean: (066) 9152388	www.nekd.ie

Rainbows

Rainbows is a not-for-profit facilitated Peer Support Programme which assists children and adolescents who are grieving a death, separation or other painful transition in their family. Rainbows recognise the need for emotional healing after significant loss and provide children and young people with an opportunity to share their feelings in an accepting environment supported by trained, caring and compassionate adults. Rainbows is not a counselling service and does not provide any diagnostic or therapeutic interventions. A young person showing severe symptoms of grieving should be referred for professional help. Programmes are available in Kerry for children aged 5-8 or 8-12 years old. Programmes support young people to rebuild their self-esteem in a small group setting, by enabling children to name, understand and come to terms with the many emotions they experience. Programmes are designed to reassure those who have anxieties or feelings of guilt and encourages them to move towards forgiving those people whom they feel have caused their pain. Programmes are available on Thursdays from 4-5pm at St Brendan's Pastoral Centre, Tralee.

Sr. De Lourdes Fleming, St Brendan's Pastoral Centre, Tralee, Co. Kerry. Tel: 066 7125932 Website: <u>www.rainbowsireland.com</u>

South Kerry Development Partnership

SKDP is an organisation that is involved in the administration of a broad range of National and EU funded programmes in the South Kerry Region. The organisation's head office is based in Cahersiveen with sub offices located in Killorglin, Kenmare and Killarney. The region covered by the Partnership stretches from Annascaul on the Dingle Peninsula to Ardgroom Harbour on the Beara Peninsula and includes the major towns of Killarney, Cahersiveen, Kenmare and Killorglin.

SKDP's programmes' are targeted at a broad range of individuals and businesses and covers many areas including training, community development, education, business development, agriculture, and tourism. Among the programmes which are administered by the Partnership are the Local Community Development Programme, South Kerry Skillnets, the Local Employment Service, The Walks Scheme, The Rural Social Scheme, TUS and the INTERREG IVB NWE Rural Alliances Project. Rural Alliances is a transnational project and has a total of 12 partners overall in Wales, Holland, Belgium, France as well as Ireland. The Partnership is also responsible for the Rural Development (LEADER) Programme in the region and has recently been allocated responsibility for running this programme in the Gaeltacht areas of South Kerry. It provides services on both a one to one basis for clients as well as for groups depending on the programme elements being delivered.

SKDP works in conjunction with many groups and organisations and the Community & Voluntary organisations in the region have a total of eight seats on the Board of the Partnership, two representing each of the four fora areas of Mid Kerry, Greater Killarney, Greater Kenmare and Iveragh. In addition, the Board is made up of representatives of many of the social partners as well as a number of public representatives.

South Kerry Development Partnership can be contacted in the:

Cahersiveen Office: 066 9472724

Killorglin Office: 066 9761615

Kenmare Office: 064 6641930.

The Jobs Club in Killarney can be contacted on 064 6637833. Further information on the full range of programmes administered by the Partnership can be got on the website <u>www.southkerry.ie</u>. This website will also provide you with a link to all of the Partnership Staff.

Southern Regional Drugs Task Force

The Southern Regional Drugs Task Force (SRDTF) provides planning, coordination and evaluation of drug and alcohol services across counties Kerry and Cork, excluding Cork City, under the National Drugs Strategy (*Interim*) 2009 – 2016. The SRDTF works with the community to determine needs and to develop recommendations and services in the prevention and treatment of drug and alcohol misuse. The SRDTF supports the community to develop community based responses to drug and alcohol misuse. It provides support to existing services working in the field of drugs and alcohol. The SRDTF gathers and collates up to date information in order to develop a cohesive response to drug and alcohol issues as they emerge. The task force works to improve the provision of drug and alcohol misuse.

Chris Black, Coordinator, Southern Regional Drugs Task Force, Floor 1, Kinvara House, Dublin Hill, Cork.

Gordon Kinsley, SRDTF Development Worker,

Kerry Children's Services Committee Directory of Services: Version 1, October 2012 Telephone: (021) 4930100Email: chris.black@hse.ie(087) 0549116Email: Gordon.kinsley@hse.ie

Telephone: (021) 4930100 /

Club Kerry

The Club Kerry Alcohol & Drug Awareness Programme was developed by the HSE Health promotion Department in partnership with An Garda Síochána and local publicans. It aims to increase awareness and inform those working in the pub & club environment about the possible solutions to deal with drug and alcohol issues effectively.

Michelle Foley, HSE Community Services, Rathass, Tralee. Telephone: (066) 7184566 / 7195617 (087) 1314789 <u>michelle.foley@hse.ie</u>

St. Vincent de Paul

The Society of St. Vincent de Paul is the largest, voluntary, charitable organisation in Ireland. Its membership of 9,500 volunteers throughout the country are supported by professional staff, working for social justice and the creation of a more just, caring nation. This unique network of social concern also gives practical support to those experiencing poverty and social exclusion, by providing a wide range of services to people in need. Its main purpose is to ensure that everyone has a means to participate in the life of their local community. The SVP is the largest charity in Ireland.

The SVP provides a range of services to people in need such as home visitation, hospital visitation, holiday home, social housing, day care centres, meals on wheels, shower service, laundry service, charity shops, meeting rooms, breakfast & homework clubs.

Vouchers for groceries are provided by our volunteers which can provide some help towards the costs of essential items such as food, clothing and furniture in emergency situations. These vouchers can be used in a range of shops to purchase the items needed. SVP can also provide help with the costs of education for Children and adults; however these requests have to be made on a case by case basis. If a person finds him/herself in severe debt the SVP can provide him/her with the names & contact numbers of other people who can help such as MABS (Money Advice & Budgeting Service). MABS will then set up a budgeting plan for you to work your way out of debt. Denis O'Sullivan,

St. Vincent de Paul, Greenlawn, Killarney, Co. Kerry (office open Monday to Friday)

Kerry Children's Services Committee Directory of Services: Version 1, October 2012 Tel: 064 6622668 Email: svdpkillarney@eircom.net

Tralee Area Office:Eileen McCarthy,Friary Lane, Tralee.(Office opens 3 mornings a week- Tues, Wed & Friday)Tel: 066 7128021Email: svptraleearea@eircom.net

Castleisland Family Resource Centre: Liz Galwey, St Vincent's de Paul, Church St. Castleisland. Tel: (066) 71 42234 (shop) or (087) 9775643 (Helpline)

Part 2: Support & Therapeutic Services for Children, Young People & Families: Children with Disabilities

ServiceHow to Access ServiceContact DetailsAssessment of Need - HSE Disability ServicesFor Children Born after June 1st 2002HSE Assessment of NeedThe EPSEN Act, 2004 and the Disability Act, 2005 set out a new approach to assessing the needs of children with disabilities and/or special educational needs for health and/or educational services. You are entitled to apply for an assessment of need for your child if you consider that your child has a disability. You have a disability if there is a substantial restriction in your capacity to participate in everyday life because of a enduring physical, sensory, mental health or intellectual impairment. Your concerns may be about your child's understanding, behaviour, eyesight, hearing, speech & language, social skills or physical development.How to Access ServiceContact DetailsHow to Access ServiceContact DetailsHow to Access ServiceContact DetailsHow to Access ServiceHowSubstantial restriction in your capacity to participate in everyday life because of a anguage, social skills or physical development.HSE Assessment Officer.The disability legislation states that a "substantial restriction which is permanent or likely to be permanent, results in aFor Children Born after June 1st 2002HSE Assessment of NeedHow to Access ServiceGotter FreeDisability Act, Assessment Officer.HSE Assessment officer, Disability Services, St Columbanus Hospital, HSE Assessment Officer.Cost: FreeCost: Free
significant difficulty in communication, learning or mobility or in significantly disordered cognitive processes, and means that you have a need for services to be provided continually or, in the case of a child, you have the need for services to be provided early in life to ameliorate the disability. At the end of the Assessment of Need process the person will receive a document on his/her Assessment of Need. The assessment is independent and is based solely on your child's disability needs and is carried out regardless of cost or availability of services.

Brothers of Charity Early Intervention Services (0 – 6 years) The Early Intervention Service aims to maximise the child's full potential and works within the context of the family and the community, empowering and supporting parents/care givers and family members. The Early Intervention Service also endeavours to facilitate the integration of children with special needs within their local communities through a partnership, collaboration and networking process.	For Children Aged 0 – 6 years (i.e. who are not yet attending school) Brothers of Charity Early Intervention Services welcome referral letters from Parents, Paediatricians, GPs, Area Medical Officers, PHNs, Speech and Language Therapists, Social Workers and other health related Professionals. All letters of referral, background information, reports etc., are considered and screened by the team at their monthly meeting. Cost: Free	Brothers of Charity Early Intervention & Preschool Services <u>North Kerry:</u> Moyderwell, Tralee: Tel: (066) 7126833 5 Hollytree Drive, Listowel Tel: (068) 22418 <u>South Kerry:</u> 7 Countess Grove, Killarney Tel: (064) 6633933 Rocky Road, Cahersiveen Tel: (066) 9473344
Brothers of Charity Autism Services The Brothers of Charity Autism team provides intervention services to children with Autism Spectrum Disorders, attending mainstream preschool, school and special classes. The team also provides assessment and diagnostic services when there is a concern in relation to the presence of autism. The team includes the disciplines of psychology, social work, speech and language therapy, occupational therapy and home support. Interventions are child and family focused and include individual and group work with children and parents, school consultation, staff and parent training and support, and sibling support.	For Children aged 18months – 18 years Referrals are accepted from the Kerry Early Intervention Forum, the AON Process, other health professionals, parents and teachers. All referrals are screened, to ensure that the referrals are appropriate to the service. Cost: Free	Brothers of Charity Kerry Autism Services Ms. Mary Fitzgerald Co-Ordinator Regional ASD Services Marian House Leghanamore Togher Cork Tel: (066) 7192546

Enable Ireland Enable Ireland provides services for children with developmental delay and or physical disability living in Kerry. Enable Ireland puts your child and your family at the centre of our service. We will provide you with the right information so that you can make informed decisions together with your services team.	For Children aged 0 to 18 years Children under the age of 5 years 11 months are referred via the HSE Assessment of Need process. (see above) Referrals for children aged 6 – 18 are accepted from parents, paediatricians, HSE medical officers and doctors, GPs, health professionals and other children's services. Enquiries from parents and carers are welcome; however, we will often look for information that can be provided by your child's doctor or paediatrician. Cost: Free	Enable Ireland Kerry - Children's Services, Orchard Way, Oakview Village, Oakpark, Tralee, Co. Kerry Tel: (066) 712 8220
HSE Paediatric Speech & Language HSE paediatric S&L therapy focuses on the child's speech and language development. Therapy focuses on both the child's (a) understanding of language i.e. understanding instructions as well as (b) expressive language i.e. use of words and sentences to communicate. The department also targets the pronunciation of sounds, stammering, voice disorders and social communication. The S&L team works closely with the child, parents and others involved to establish goals for intervention. Interventions vary from advice & home programmes to individual or group therapy.	For Children aged 0 – 18 years Referrals are accepted from parents, carers, GPs, health professionals, schools and other children's services. Cost: Free	Speech & Language Therapy Department HSE South, Kerry Community Services, Rathass, Tralee, Co Kerry Tel: (066) 7199730
HSE Child, Adolescent & Family Psychology Service The aim of Child, Adolescent and Family Psychology Services is to promote psychological wellbeing and to provide assessment and therapy to children/adolescents	For Children 0-18 years Referral to Kerry Child, Adolescent and Family Psychology Service can be initiated by any individual who notes concern in relation to a child's emotional, behavioural, social and psychological well- being. Permission of parents	HSE Child & Family Psychology Department, HSE Community Services, Rathass, Tralee. Tel: (066) 7199708

Kerry Children's Services Committee Directory of Services: Version 1, October 2012

(between 0-18 years) and their families. The Service aims to empower the child and significant people in the child's world to work towards coping more effectively with difficulties and to promote the child's well-being, welfare and protection.		
St John of God Services St John Of God Kerry services provides supports for children with intellectual disability aged 6 to 18 years old who attend Nano Nagle school in Listowel and St Francis school in Beaufort. Our aim is to provide a service that is responsive to the needs of these children and their families in keeping with the mission statement of St John of God.	For Children aged 6 – 18 with an intellectual disability St John of God Services welcomes referral letters from Parents, GPs, Social Workers, PHNs and School. All referrals and their details are considered by our Admission, Discharge and Transfer Committee at regular meetings and each family's situation is viewed on an individual basis.	Director of Service, St John of God Kerry Service, Monavalley, Tralee, Co Kerry. (066) 7124333
	Cost: Free	

Youth Mental Health – Therapeutic Services

Service	How to Access Service	Contact Details
		Contact Details
HSE Child, Adolescent & Family Psychology Service The aim of Child, Adolescent and Family Psychology Services is to promote psychological wellbeing and to provide assessment and therapy to children/adolescents (between 0-18 years) and their families. The Service aims to empower the child and significant people in the child's world to work towards coping more effectively with difficulties and to promote the child's well-being, welfare and protection.	For Children 0-18 years Referral to Kerry Child, Adolescent and Family Psychology Service can be initiated by any individual who notes concern in relation to a child's emotional, behavioural, social and psychological well- being. Permission of parents must be provided for referral. Cost: Free	HSE Child & Family Psychology Department, HSE Community Services, Rathass, Tralee. Tel: (066) 7199708 Website: <u>www.hse.ie</u>
National Educational Psychological Service (NEPS) This school based Psychological Service focuses on Developmental, Learning, Social, Emotional and Behavioural difficulties which impact a child's learning and socialisation in school.	For Children 5-18 years NEPS does not operate a referral system. Each school has an assigned NEPS psychologist and a dedicated allocation of service time. The school principal may request the involvement of the psychologist in supporting teachers and parents in assessment of and developing interventions to meet a pupil's needs. Where the psychologist is involved directly with or on behalf of a pupil, parental permission is sought. (NEPS psychologists work at both individual and systemic levels in schools) Cost: Free	NEPS, Clounalour, Oakpark, Tralee. Tel: (066) 7180671 Email: <u>neps_tralee@neps.gov.ie</u> Website: <u>www.education.ie</u>

 Child & Adolescent Counselling Services Counselling provides a safe space to explore issues and provide support with: Feelings and Emotions, Education and Expectations, Relationships and Sexuality, Moods - Anxiety, Anger or Depression, Bereavement and Loss - Family or Peer, Family Separation or Divorce, Worries and Concerns, Substance Abuse - self or parental, Eating Distress and Body Issues, Self Harm. 	A referral will be accepted from agencies such as HSE, CAMHS, Schools, NEPS, JLOs, Youth Services or GPs as well as the young person or a family member. To access counselling either a young person's parent/guardian or the adolescent his/herself must contact the Centre by telephone or in person. Where a child or young person is less than 18 years old parental consent is required. Cost: Donations Accepted	KACS - For Children 12 – 18 years Kerry Adolescent Counselling Service Balloonagh, Tralee Tel: (066) 7181333 Website: www.kerryadolescentcounselling.ie SWCC - For Children 5 – 18 years South West Counselling Centre, Emmett's Road, Killarney Tel: (064) 6636416 E-mail: info@southwestcounselling.ie Website: www.southwestcounselling.ie
Child & Adolescent Mental Health Service (CAMHS) The Kerry Child and Adolescent Mental Health Service (CAMHS) is delivered by the Brothers of Charity Southern Services on behalf of the HSE and provides a specialist multi-disciplinary service to children and young people with mental health disorders aged 0-16. Disorders include ADHD, Eating Disorders, Depressive Disorders and Psychotic Disorders.	For Children 0-16 / 18 years (For children being referred as new cases to the mental health services, from 1 st January 2013, all children aged 16 or under will be referred and assessed by the CAMHS service. With effect from 1 st January, 2014, all children 17 years and under will be referred to and assessed by the CAMH Service and treated in an age appropriate manner.) Children and adolescents must be referred to the Kerry Child & Adolescent Mental Health Service by a health professional. Parents or teachers cannot refer children directly to CAMHS. Referrals are accepted from medical professionals including GPs, AMOs and Paediatricians. Referrals are also accepted from NEPS, HSE Senior health professionals including Social Workers, Psychologists, Speech & Language Therapists, Occupational Therapists and PHNs.	Kerry CAMHS, Greenview Clinic, Duchas House, Edward St, Tralee, Co Kerry. Tel: (066) 7144081 Fax: (066) 7144080 Email: kerrycamhs@bocss.org Website: www.brothersofcharity.ie Cost: Free

Adult Mental Health Services Kerry Adult Mental Health Services will provide a multidisciplinary mental health care service to young people aged 16 and 17 with mental health disorders. Disorders include ADHD, Eating Disorders, Depressive Disorders and Psychotic Disorders.	For Children 16 – 18 years Referral to Kerry Adult Mental Health Services can be initiated by any individual who notes concern in relation to a child in crisis. If possible, referral to the service is made via a General Practitioner / South Doc out of hours or the A&E Department of Kerry General Hospital.	Kerry Mental health Services Kerry General Hospital Tralee Co Kerry Tel: (066) 7126222 Fax: (066) 7184142
Eist Linn Adolescent In- Patient Eist Linn is an In-patient psychiatric treatment facility for young people. Treatment is usually indicated for children and adolescents with severe psychiatric disorders such as schizophrenia, depression and mania. Other presentations include severe complex medical-psychiatric disorders such as anorexia / bulimia. Admission may also be required for clarification of diagnosis and appropriate treatment or for the commencement and monitoring of medication.	For Children 13 - 18 years Referral is usually through CAMHS but also accepted from Adult Mental Health Service for patients 16-18 who are not in contact with CAMHS.	Eist Linn, Bessbourough, Blackrock, Cork. Tel:(021) 4521100

Drugs & Alcohol – Youth Addiction Treatment Services & Supports

Service	How to Access Service	Contact Details
HSE Addiction Counselling Service The HSE has established a multidisciplinary addiction service in Kerry which treats both adults and adolescents at Edward Court and Brandon House, Tralee. Outreach addiction counselling is available in Cahersiveen, Kenmare, Killorglin, Listowel, Killarney & Dingle. The service provides assistance to individuals and families concerned about drug, alcohol or gambling issues.	For Adolescents & Adults The service may be accessed by the individual or a family member / concerned person may make the initial contact. All clients under the age of 18 have to have written parental/guardian consent. Cost: Free	Dolores Tiernan, Senior Addiction Counsellor, HSE Addiction Services, Edward Court, Tralee. (076) 1083000 Dolores.tiernan@hse.ie
Community Based Drugs Initiative The community based drugs initiative provides 'low threshold' intervention to young people who are currently using drugs or who have recently stopped using drugs and need ongoing support. The initiative also works with young people who are at risk of drug or alcohol misuse. The initiative provides one to one	The service may be accessed by the individual or a family member. Killarney: Youth Aged 17 -22 Listowel: Youth Aged 12 - 21	Killarney: Des Bailey, KDYS, Fair Hill, Killarney. (064) 6631748 / (086) 7364605 desbailey@kdys.ie Listowel: Gerard Lowe, KDYS, Upper Church St, Listowel. (068) 23744 / (087) 9263803 gerardlowe@kdys.ie Tralee: Gemma Hilario, NEKD, Clash, Tralee.
supports, information to young people, parents and families. It supports in getting further support if needed and provides support to families and concerned persons.	Cost: Free	(066) 7180190 / (087) 6708702 drugsworker@nekd.ie

	For Adolescents & Adults	
Arbour House Addiction Treatment Centre Arbour House provides assessment, treatment and counselling for people with alcohol, drug or gambling problems. Community services serve both Cork & Kerry.	The service may be accessed by the individual or a family member / concerned person may make the initial contact. All clients under the age of 18 have to have written parental/guardian consent.	Arbour House, St Finbarr's Hospital, Douglas Road, Cork. (021) 4968933 <u>addictiontreatment@hse.ie</u>
Aislinn Adolescent Treatment Centre Aislinn is a family orientated residential treatment programme which provides quality treatment for young people who are experiencing drug, alcohol or gambling addictions.	Cost: Free Provides quality treatment for persons between the ages of 15- 21 Aislinn has an open referral policy. Clients can be admitted by a variety of sources including: self-referrals, family members, psychiatric services, GP's, social workers, probation & welfare services.	Aislinn Adolescent Addiction Centre, Ballyragget, Co. Kilkenny. Tel: 056 8833777 E-mail: <u>info@aislinn.ie</u>
Cara Lodge Adolescent Treatment Centre Cara Lodge provides a residential treatment programme in a multi- disciplinary therapeutic environment for adolescent boys at Ahiohill, County Cork. The centre serves the counties of Cork and Kerry. It is a voluntary, non-profit organisation.	Cost:Non-profitmaking organisation.For adolescent boys aged 14-18 years oldAdmission to Cara Lodge is through a designated Admissions Committee which accepts referrals from:•Cara Lodge Centre Counsellors•Cara Lodge Centre Counsellors•Counsellors in the HSE Cork & Kerry Addiction Treatment Services•Probation & Welfare Officers•Principal Social Workers or Child Psychologists in the HSE Cork & Kerry region.Cost: Free	Olive O' Riordan, Cara Lodge, Ahiohill, Enniskeane, Co. Cork. Tel: 023 8839000 E-mail: <u>caralodge@eircom.net</u>

Link Workers The Kerry Link Worker works with Treatment centres to support and assist service users in the treatment and rehabilitation process by engaging with other agencies to establish links with a wide variety of statutory and community/voluntary agencies. The link worker will negotiate access to services for the clients with any agencies that can help them address their needs. Dealing with the clients' additional needs, other than treatment, can allow the service user to concentrate on their addiction issue.	Referrals are accepted from HSE Drug & Alcohol Services, Addiction Counselling Services, Talbot Grove Treatment Centre or any Addiction Treatment Centre. Cost: Free	Kerry Link Worker, Drug and Alcohol Services, HSE South: Kinvara House, Dublin Hill, Cork. Phone: 021 4923135
Talbot Grove Talbot Grove is a 30 day residential treatment centre for adults suffering from alcoholism, drug addiction and compulsive gambling. The facility can admit up to 12 participants at a time to the intensive programme. Recovery is based on abstinence and improved quality of life. The programme is tailored to the needs of the individual and is delivered through group therapy, individual counselling and educational activities.	Adult Treatment Centre (+18 years) Access may be by self referral or a concerned person may make the initial contact. An Assessment is required in order to access the service. Assessments are by appointment. Costs - € Assessment €60.00 Treatment - €4,680	Con Cremin, Director, Talbot Grove, Castleisland. Co Kerry. (066) 7141511 <u>www.talbotgrove.ie</u> Email: <u>info@talbotgrove.ie</u>

Parenting & Family Learning Supports

Service	How to Access the Service	Contact Details
HSE Home Visitation & Outreach Public Health Nurses visit all new mothers and babies in the home after the birth of their baby. Home or clinic visits are ongoing depending on the needs of the family. PHNs provide support & advice on physical, emotional and social wellbeing. Ongoing advice is given on feeding and expected developmental milestones. PHNs place an emphasis on stimulation & bonding, communication with baby, reading, playing and all other aspects of parenting up to school going age. PHNs provide universal developmental screening and refer as appropriate to multi-disciplinary team members as necessary.	Public Health Nurses visit all new mothers in the home. Cost: Free	Monica Sheehan, Public Health Nursing Department HSE Community Services, Rathass, Tralee. (066) 7195676 PHNs can be contacted via Local Health Centres, please see page 12 for full contact details.
HSE Community Parents The Community Parents Programme is a research based education project which provides a parent-to-parent home visiting programme in the Kerry area. The Community Parents are trained as peer mentors in the programme by a Public Health Nurse. The PHN provides ongoing supervision & support to enable them to deliver the service. The aim of the programme is to enhance parental capacity and improve child well-being. The programme provides information on healthcare, nutrition, development and other aspects of parenting.	Available to all first and second time parents in county Kerry First & second time parents are invited to participate in the programme but Targeted referrals are also received from Social Workers, PHNs and Community Groups. Cost: Free	Agnes Lucey Keane, Public Health Nursing Department, HSE Community Services, Rathass, Tralee. (066) 7199702 (066) 7195676 Agnes.luceykeane@hse.ie

HSE Children & Family Services Where child protection and welfare concerns exist, the Area Social work Team provides support to children and families at risk in the community. The team which consists of social workers, childcare workers and family support services ensure the protection and welfare of children and provide alternative care for children when required. The Foster Care Team recruit, support and train foster carers who provide care for children who cannot safely remain in their own homes. Tralee Springboard Project is a family support initiative designed to improve the well- being of families, parents and children and to improve the organisation and delivery of services more generally. Tralee Springboard serves families in the Tralee RAPID Area. Tralee Springboard provides a range of family support services including information & advice, early intervention & prevention as well as intensive therapeutic	Referrals are accepted from anyone who has a child protection or welfare concern about a child. The standard report form for child protection & welfare is available on www.worriedaboutachild.ie Cost: Free Serving Tralee Rapid Area Referrals are accepted from parents, carers, GPs, health professionals, schools, social workers and other children's services. Cost: Free	Oliver Mawe, Manager, Children & Family Services, HSE Community Services, Rathass, Tralee. (066) 7195622 Duty Social Worker Tralee: (066) 7121566 Duty Social Worker Killarney: Killarney Social Work Dept, St Margaret's Road, Killarney. (064) 6636030 Fostering Services: (066) 7195623 Adoption Services: (066) 7195628 Redmond Powell, Tralee Springboard Project, 38 Ashe Street, Tralee. (066) 7185620
interventions. Le Cheile Le Cheile was established in 2005 to provide a mentoring service to young people aged 12 – 18 who are engaged with Young Peoples Probation. Le Cheile offers both Parental and Youth Mentoring services, Strengthening Families and Parents Plus programmes, and Restorative	Serving families of Young People aged 12 - 18 in Kerry Referrals are accepted from Probation Services. Cost: Free	Alan Quinn, Le Chéile Mentoring Project, Unit 1, Fulflex, Galvone Industrial Estate, Limerick. (061) 422396 ext 208 086 796 6440 Email: <u>alan@lecheile.ie</u>

Kerry Children's Services Committee Directory of Services: Version 1, October 2012

Γ	Justice programmes to
	families and young people
	involved with the Probation
	Services. Le Cheile is a child-
	centrted, non-judgemental
	service which recruits & trains
	volunteers from local
	communities to work with
	young people and families.

Young People at Risk

Service	How to Access the Service	Contact Details
National Educational Welfare Board The National Educational Welfare Board (NEWB) was set up under the Education (Welfare), Act 2000. The NEWB supports parents, guardians and children to ensure that every child attends school regularly or receives a good standard of education elsewhere. Under the Education (Welfare) Act, 2000, all children aged 6-16 must receive an education, the NEWB protects children's rights to education. The NEWB was given responsibility for the Home School Community Liaison Scheme (HSCL) and the School Completion Programme (SCP) in addition to education welfare services in 2009. since then the NEWB has been working towards providing integrated services in DEIS areas while ensuring that services are provided to non-DEIS areas. NEWB's main aim is to: maximise attendance, participation and retention of school age children.	School Age Children 6-16 years Referrals are accepted from any individual or organisation in relation to a child or young person who may require assistance from the NEWB. Referral Forms are available on www.newb.ie Cost: Free	Ann Fogarty, NEWB NEPS Clounalour Oakpark Tralee Co. Kerry Tel: 066 7144625 Fax: 066 7126497
Garda Juvenile Diversion Programme The aim of this programme is to prevent young offenders in Ireland from entering into the full criminal justice system by offering them a second chance. The intended outcome of the Programme is to divert young people from committing further offences. Where a young person comes to the notice of the Garda Síochána because of their criminal activity, they may be dealt with through the Diversion Programme.	For Youths Aged 10 – 18 Years The Director of the National Juvenile Office decides whether or not a child is to be admitted to the Juvenile Diversion Programme once the preconditions have been met. In cases of serious offences, the Director of Public Prosecutions decides if a young person is suitable for the programme. Cost: Free	Killarney & Cahersiveen Districts Garda C Scanlon: (087) 0601855 Garda L Twomey: (086) 8282636 Tralee & Listowel Districts Garda M Courtney: (086) 8282638 Tralee District Garda T O'Connell: (087) 0601827

Young Persons Probation Service Young Persons Probation (YPP) is a specialised division of the Probation Service established to work with children and young	For children and young people aged 12-18 Young persons are referred to the service by the Courts. Cost: Free	Kerry Probation Service, 7 Ashe Street, Tralee, Co. Kerry. Tel: (353) 066-7122666 Website: <u>www.probation.ie</u>
people aged 12-18 years who come before the Courts or who are in the Children Detention Schools/Centre. Probation Officers deliver a service to Court through the presentation of reports and taking referrals. They provide appropriate guidance and information relating to the community sanctions. Part of this role also involves working closely with the Irish Youth Justice Service in addition to the Court.		
Killorglin NYP is a community based service which aims to support young people age 12- 18 years and their families in the Mid-Kerry area. The N.Y.P. works in partnership with other agencies ensuring integration of services delivery to young people and their families. The Killorglin NYP provides practical advice and support through various programmes including one-to-one work, group work and family support.	For Young People Ages 12 – 18 Referrals are accepted from parents, schools, social workers, juvenile liaison officers and other related services. Cost: Free	Aileen Brosnan, Coordinator, Killorglin NYP, KDYS Youth Centre, Lower Bridge Street, Killorglin, Co Kerry. (066) 9790444 Email: <u>nyp@kdys.ie</u>
Le Cheile was established in 2005 to provide a mentoring service to young people aged 12 – 18 who are engaged with Young Peoples Probation. Le Cheile offers both Parental and Youth Mentoring services, Strengthening Families and Parents Plus programmes, and Restorative Justice programmes to families and	Serving families of Young People aged 12 - 18 in Kerry engaged with Young People's Probation Service Referrals are accepted from Probation Services. Cost: Free	Alan Quinn, Le Chéile Mentoring Project, Unit 1, Fulflex, Galvone Industrial Estate, Limerick. (061) 422396 ext 208 086 796 6440 Email: <u>alan@lecheile.ie</u>

young people involved with the Probation Services. Le Cheile is a child-centred, non- judgemental service which recruits & trains volunteers from local communities to work with young people and families. HSE Children & Family Services Where child protection and welfare concerns exist, the Area Social work Team provides support to children and families at risk in the community. The team which consists of social workers, childcare workers and family support services ensure the protection and welfare of children and provide alternative care for children when required. The Foster Care Team recruit, support and train foster carers who provide care for children who cannot safely remain in their own homes.	Referrals are accepted from anyone who has a child protection or welfare concern about a child. The standard report form for child protection & welfare is available on www.worriedaboutachild.ie Cost: Free	Oliver Mawe, Manager, Children & Family Services, HSE Community Services, Rathass, Tralee. (066) 7195620 Duty Social Worker Tralee: (066) 7121566 Duty Social Worker Killarney: Killarney Social Work Dept, St Margaret's Road, Killarney. (064) 6636030 Fostering Services: (066) 7195623 Adoption Services: (066) 7195628
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