Children and Young People's Services Committees

Healthy Ireland Progress Report 2024





Working together
to improve the
lives of children,
young people
and families

www.cypsc.ie

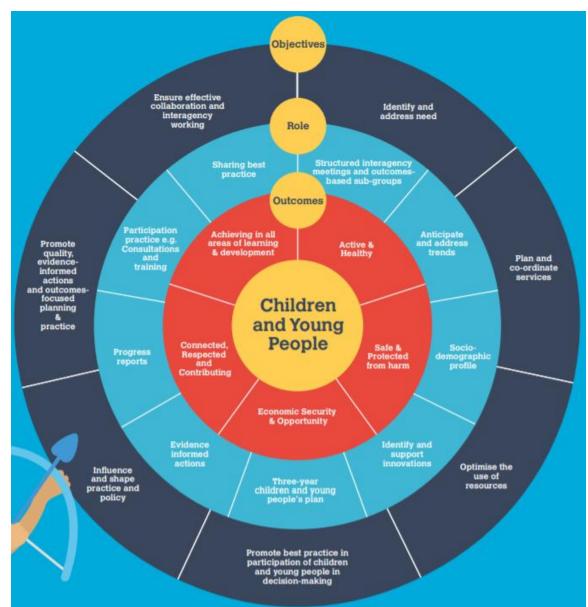




CYPSC national model of inter-agency working



CHILDREN & YOUNG PEOPLE'S SERVICES COMMITTEES







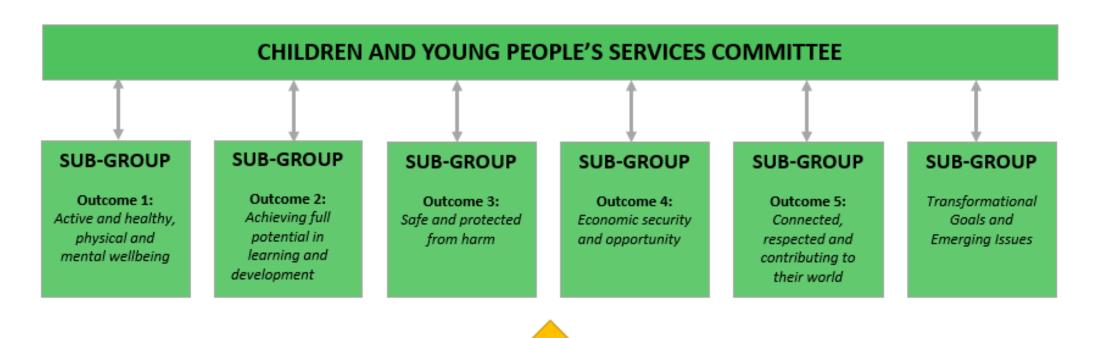
1.2 CYPSC national model of inter-agency working

Implementation Support

- 27 CYPSC
- 27 local CYPSC Co-ordinators
- 1 National Co-Ordinator for CYPSC
- 1 CYPSC Project Support
- 1 Healthy Ireland Co-Ordinator for CYPSC
- Tusla Area Managers Chairperson of local CYPSC
- Local Authority Senior Manager Vice Chairperson of local CYPSC



CYPSC national model of inter-agency working



Planning





Overview of Local CYPSC progress and activity 2024 Context and Contents

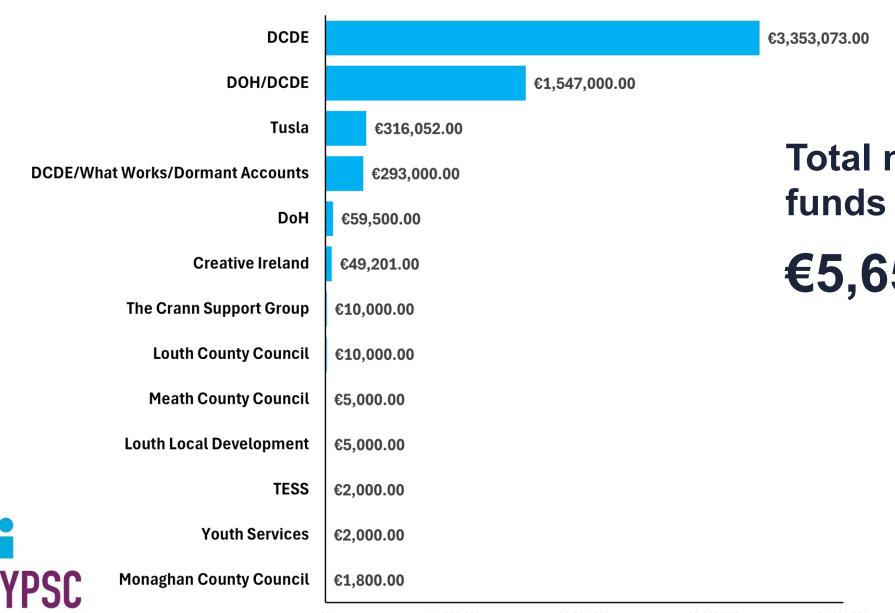
- Implementation of CYPSC Planning and Reporting Framework
- Tusla Survey System, 8 sections
- Submissions due March 2025, all received by April 2025
- 96%* Response rate

CONTENTS
Finance
Interagency Measures
Policy Implementation
Achievements
Healthy Ireland
Strengths and Challenges
Priorities





Finance: Prominent Funding Sources levered by CYPSC in 2024



Total non-pay funds levered:

€5,653,626.00



€0

CHILDREN & YOUNG PEOPLE'S SERVICES COMMITTEES

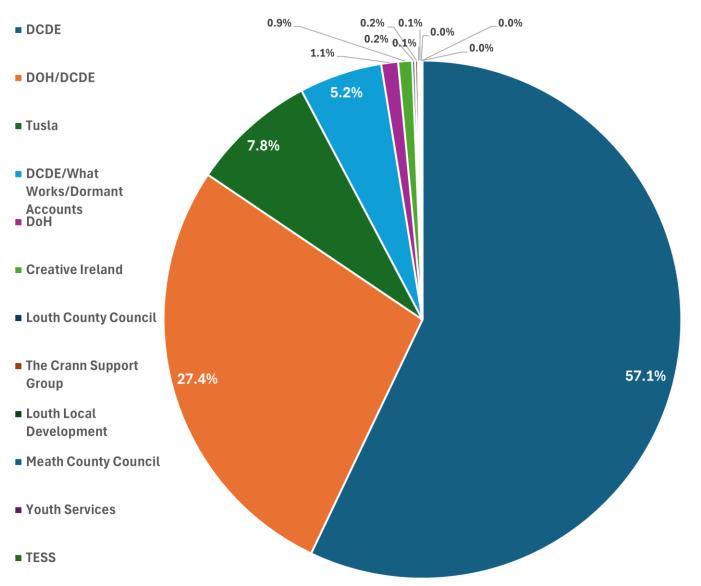
€1,000,000

€2,000,000

€3,000,000

€4,000,000

Finance: Prominent Funding Sources levered by CYPSC 2024



Total non-pay funds levered:

€5,653,626.00





Finance: Prominent funds received by CYPSC in 2024

Total non-pay funds levered:

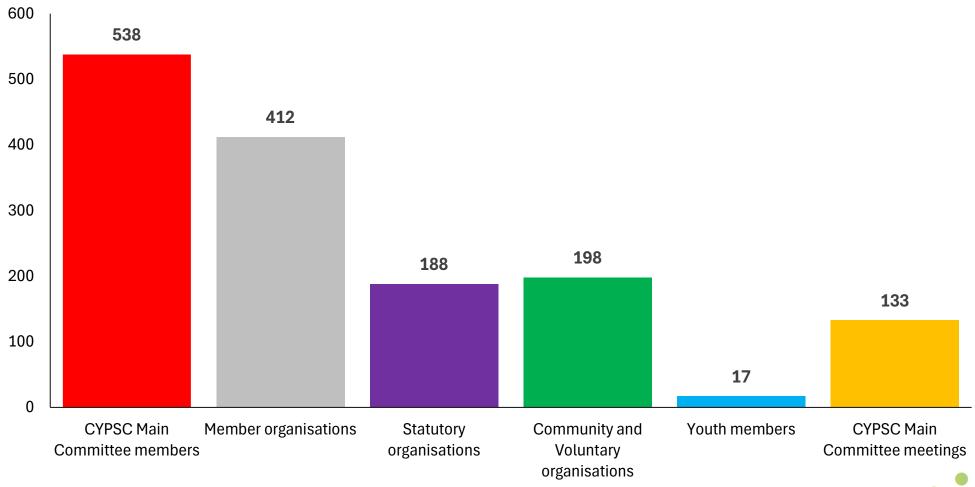
€5,653,626.00

Funding Source	Funding Programme	T	Total Amount	% of total funds	Number of CYPSC
DCDE	CYPSC International Protection Support Fund 2024	€	1,762,029.00	31.2%	26
DOH/DCDE	Healthy Ireland Funds 2024	€	1,547,000.00	27.4%	26
DCDE	CYPSC Programme Fund 2024	€	1,040,000.00	18.4%	26
DCDE/What Works/Dormant Accounts	Child Poverty Pilot Fund 2024	€	293,000.00	5.2%	4
DCDE	CYPSC Underspend	€	281,029.00	5.0%	8
Tusla	National - Homevisting	€	145,000.00	2.6%	1
DCDE	What Works	€	140,000.00	2.5%	3
DCDE	Parenting Awareness Fund	€	130,015.00	2.3%	26





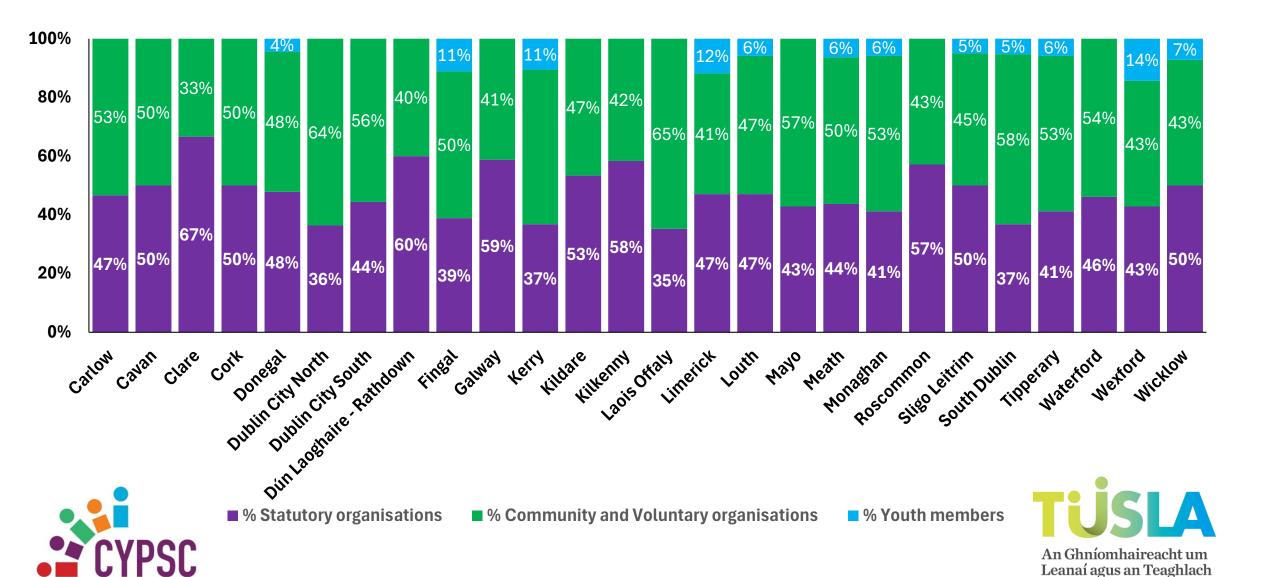
Inter-agency Engagement: CYPSC Main Committee





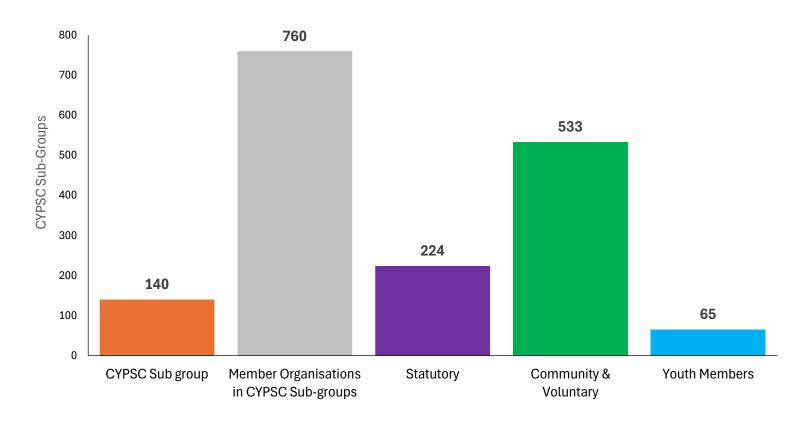


Inter-agency engagement: CYPSC Main Committee by sector and CYPSC



Child and Family Agency

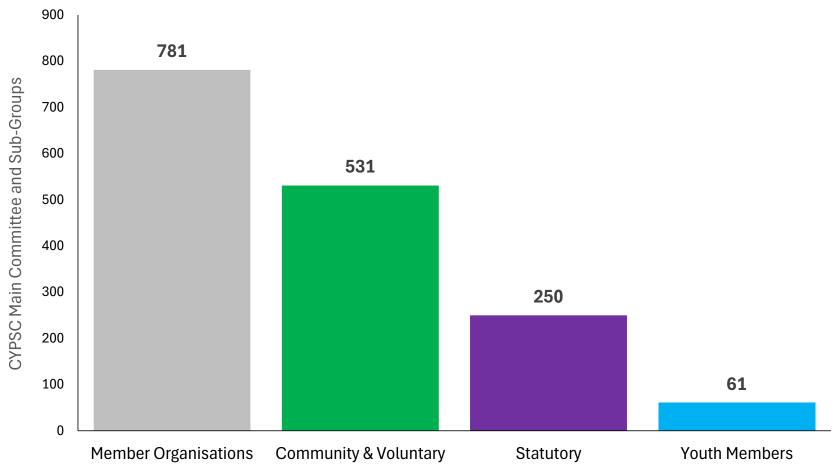
Interagency Engagement: CYPSC Sub-groups by Sector







Inter-agency Engagement: CYPSC Main Committee and CYPSC Sub-group Members

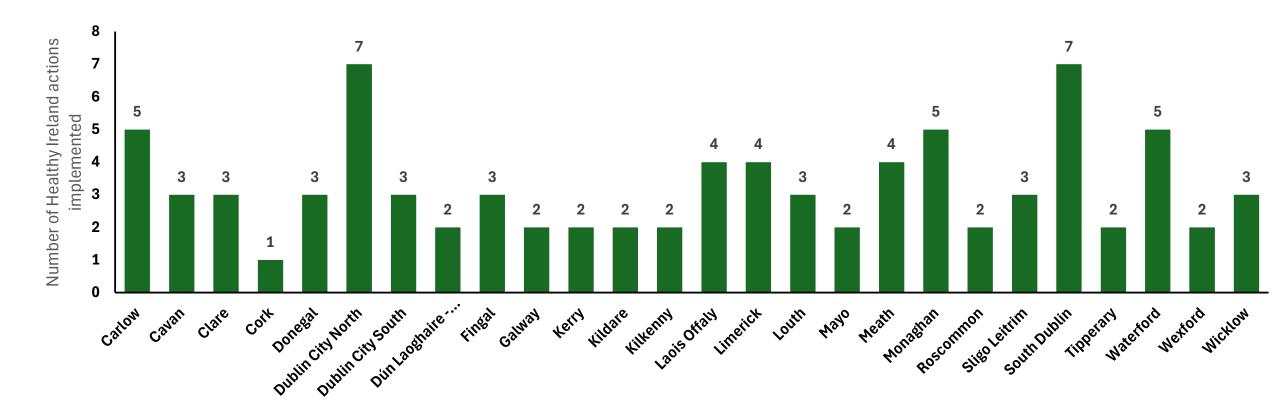


An Ghníomhaireacht um Leanaí agus an Teaghlach Child and Family Agency



Healthy Ireland: Number of actions implemented by CYPSC

26 out of 26 CYPSC implemented 84 Healthy Ireland Actions

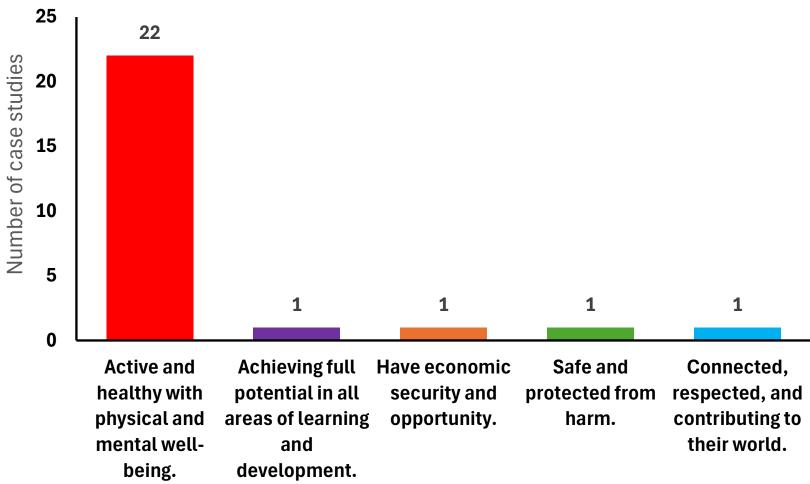








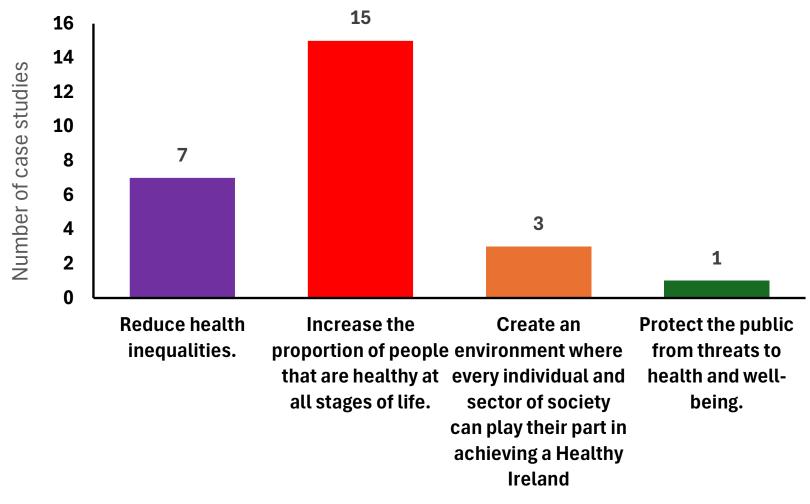
Healthy Ireland: Case Studies by National Outcome







Healthy Ireland: Case Studies by Healthy Ireland Framework Outcome







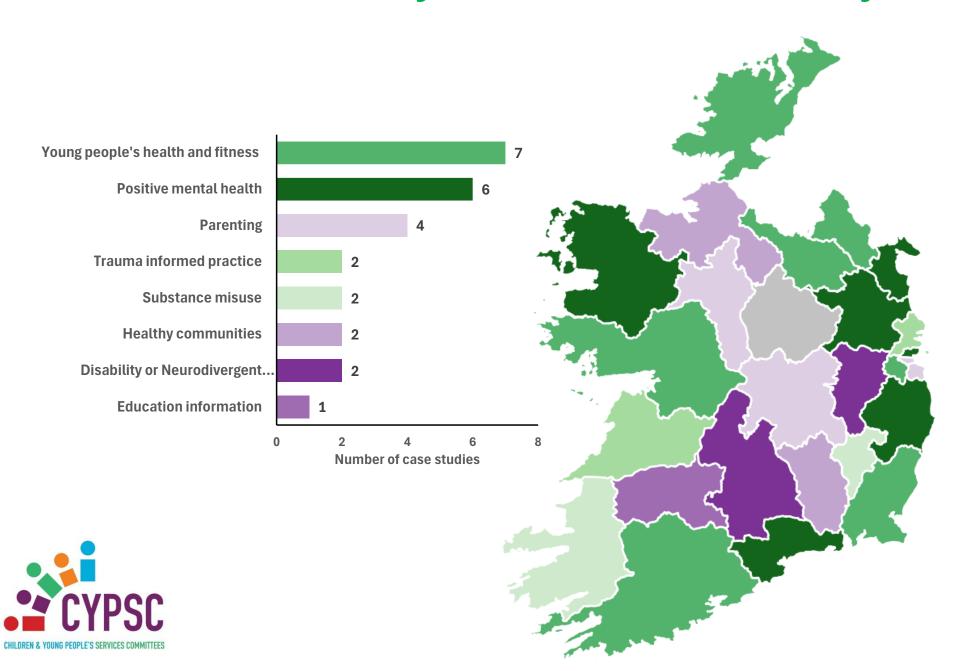
Healthy Ireland: Case studies

- Of the 26 case studies outlined by CYPSC throughout the country:
- The costs ranged from €1,622 to €59,500
- Over 5,000 children and young people were identified as benefiting from the project
- The number of partner organisations ranged from 2 to 10
- 10 out of 26 case studies were evaluated



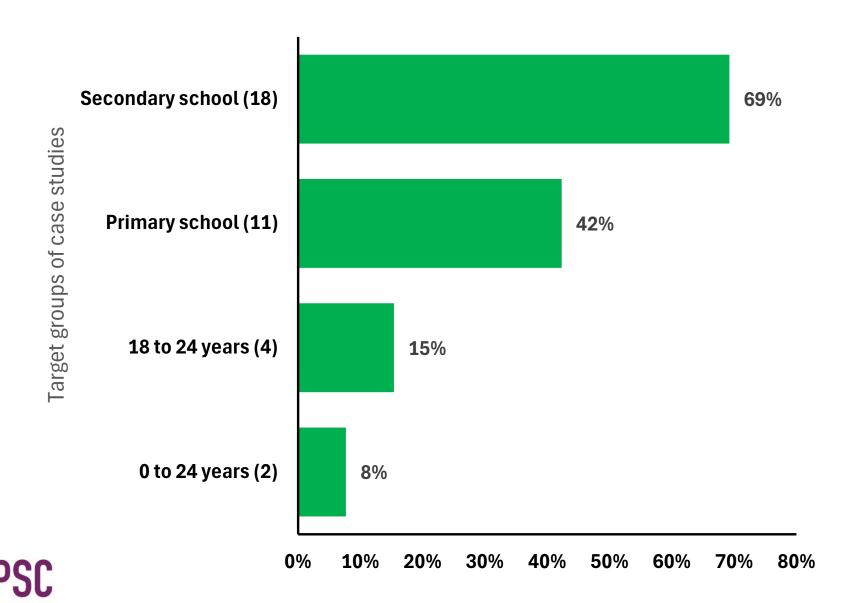


Healthy Ireland: Case Studies by Theme





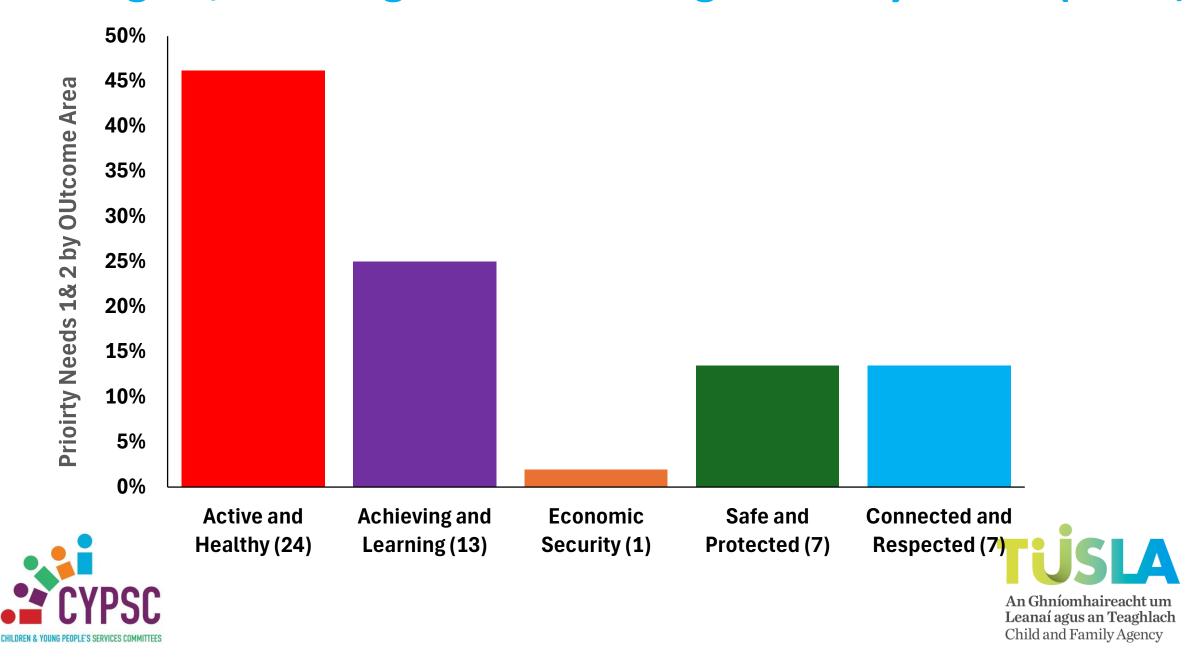
Healthy Ireland: Case Studies by Target Groups



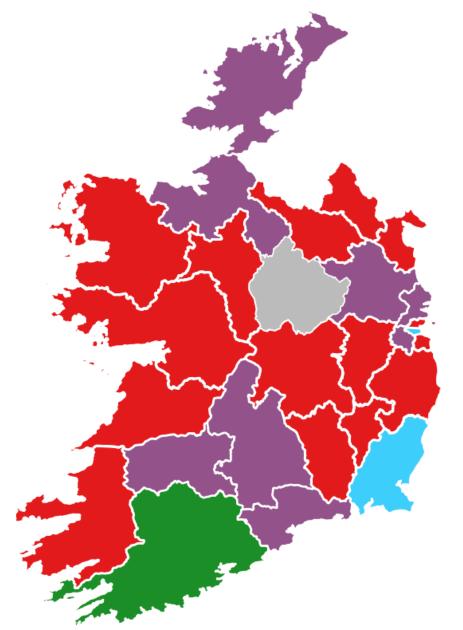
CHILDREN & YOUNG PEOPLE'S SERVICES COMMITTEES

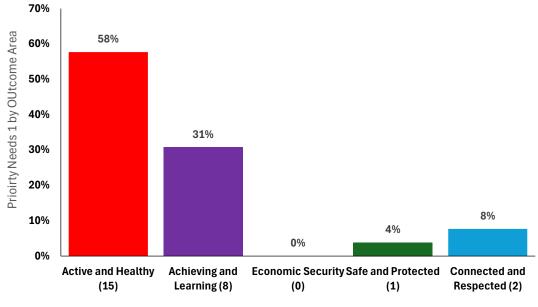


Strengths, Challenges and Learnings: Priority Needs (1 & 2)



Strengths, Challenges and Learnings: Priority Needs (1)

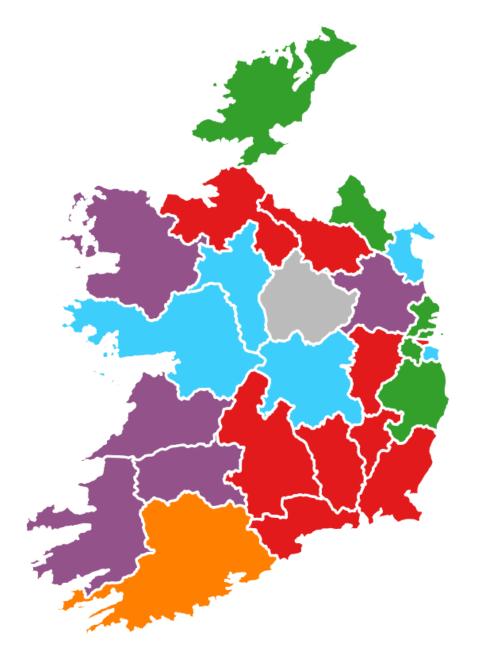


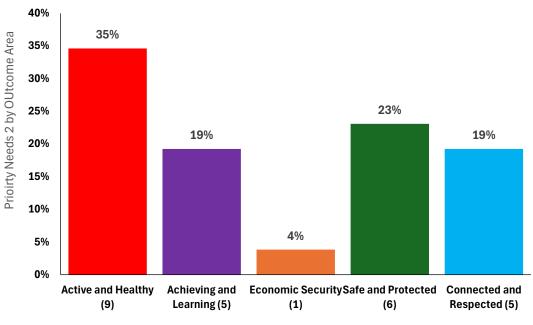






Strengths, Challenges and Learnings: Priority Needs (2)

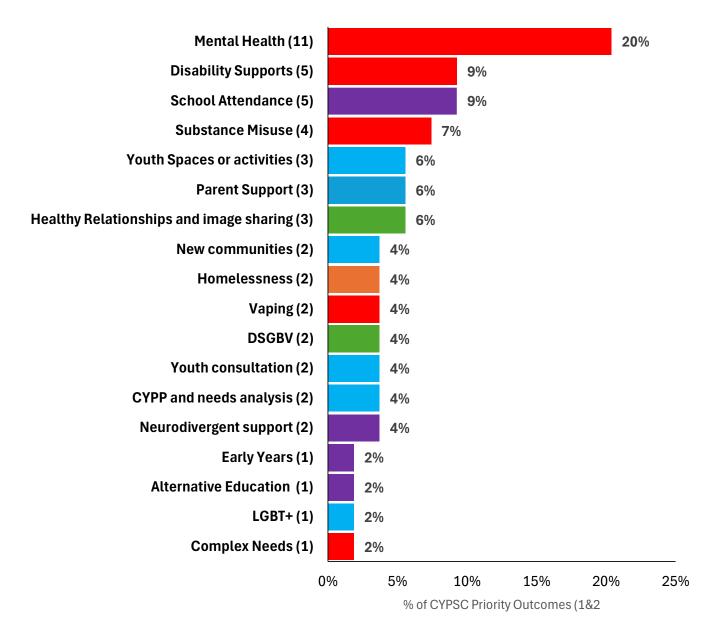








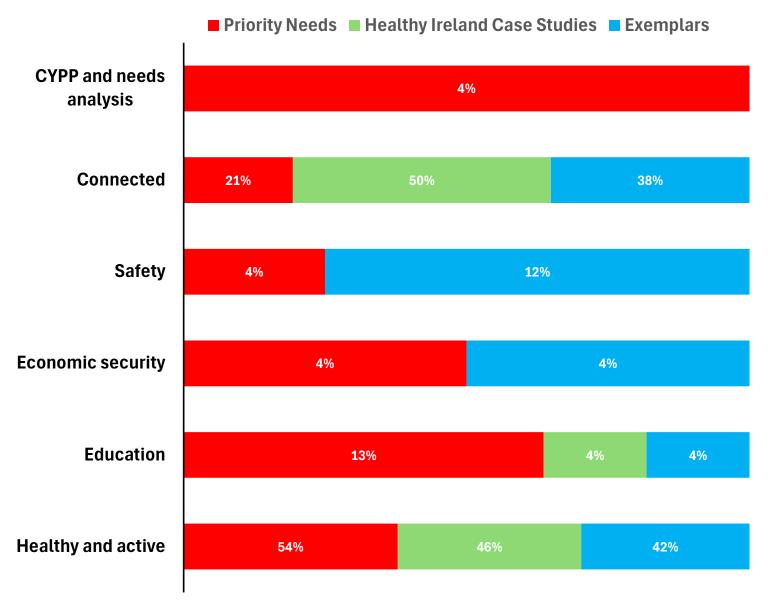
Strengths, Challenges and Learnings: Priority Needs (1 & 2)







Priority Needs, HI Case studies and Exemplars







+
Highscope training/refresher
Daughters of Charity delivery
of 2 programmes for children attending the Jobstown Child
and Family Service.
+
+
•





Action 1	Action 2	Action 3	Action 4	Action 5	Action 6	Action 7
	Substance Misuse					
I	Programmes je RISE	Programme				
Foróige Health and		Evidence Baseline				
	Body Image project	Report				
	Farly Movers Healthy					
	Lifestyle	Disability Equality				
	Youth Work Ireland -	A year in nature &				
	LGBTQ+ young people	Programme				
	Gr8 2b yng: Wicklow					
	Initiative	The Sleep Project				
		North West Clare				
I						
		_				
	Therapeutic	Youth Services				
		, ,				
		_				
H AN FORM	lealthy Budgeting and Nutrition rogramme oróige Health and Vellbeing Project ctive Inishowen oroige _ Activity rogramme across ligo Leitrim Vest Wicklow Youth ounselling rauma Informed Vorking Group	realthy Budgeting and Nutrition rogramme Programmes ie RISE oróige Health and Vellbeing Project Body Image project Early Movers, Healthy Lifestyle oroige _ Activity rogramme across ligo Leitrim Youth Work Ireland - activity programme for LGBTQ+ young people Gr8 2b yng; Wicklow Youth Ounselling ISPCC Digital Mental Health Initiative Frauma Informed Vorking Group Health project Infant Health & Vellbeing Intervention for Children Flanet Afterschool	lealthy Budgeting and Nutrition rogramme Programmes ie RISE Programme Oróige Health and Vellbeing Project Body Image project Report Early Movers, Healthy Lifestyle Disability Equality Oroige _ Activity rogramme for LGBTQ+ young people Programme O'est Wicklow Youth Ounselling SPCC Digital Mental Health Initiative Programme ISPCC Digital Mental Youth Programme ISPCC Digital Mental Health Intervention for Children Planet Afterschool Breastfeeding O'est Wellbeing Cavan Planet Afterschool Breastfeeding	lealthy Budgeting and Nutrition Substance Misuse Programme Programme Programme Programme Programme Programme Programme Disability Equality Early Movers, Healthy Lifestyle Disability Equality Early Movers, Healthy Lifestyle Disability Equality Disability Equality A year in nature & Balance Bike Programme EVIDENCE PROGRAMMENT PROGRAMMEN	lealthy Budgeting nd Nutrition rogramme Substance Misuse Programmes is RISE Programme Programmes is RISE Evidence Baseline Report Early Movers, Healthy Lifestyle Disability Equality Programme across ligo Leitrim Gr8 2b yng: Wicklow Youth Mental Health initiative FRC Ukrainian Youth West Clare FRC Ukrainian Youth Programme FRC Ukrainian Youth Programme ISPCC Digital Mental Health Programme Therapeutic Intervention for Children Planet Afterschool Breastfeeding Wrapping up your mental health Programme Evidence Baseline Report A year in nature & Balance Bike Programme FRC Ukrainian Youth Programme The Sleep Project North West Clare FRC Ukrainian Youth Programme Therapeutic Intervention for Children Planet Afterschool Breastfeeding	ealthy Budgeting Mutrition rogramme Programmes ie RISE Programme Ordige Health and Veilbeing Project Early Movers, Healthy Lifestyle Disability Equality Ordige Activity rogramme across ligo Leitrim Gr8 2b yng; Wicklow Youth Gr8 2b yng; Wicklow Youth Mental Health Initiative Faruma Informed Versing Group The rapeutic Infant Health & The Programme Across Grant Health & The Services Mental Health Supports Therapeutic Infant Health & Children Wrapping up your mental health Programme Evidence Baseline Report A year in nature & Balance Bike Programme A year in nature & Balance Bike Programme The Sleep Project North West Clare FRC Ukrainian Youth Programme Therapeutic Intervention for Children Vouth Services Mental Health Supports Wrapping up your mental health Programme Evidence Baseline Report A year in nature & Balance Bike Programme The Sleep Project North West Clare FRC Ukrainian Youth Programme Youth Programme FRC Ukrainian Youth Programme Find thealth & Vouth Services Mental Health Supports Planet Afterschool Breastfeeding





CVDCC d						0-4: 5	A-4: 7
CYPSC and Number of	Action 1	Action 2	Action 3	Action 4	Action 5	Action 6	Action 7
actions							
	Overcoming Barriers						
	to Mental Health	Ballinfoile Youth					
Galway (2)	Services	Activity Project					
Roscommon		Roscommon Young					
(2)	Early Years Project	Carers Project					
,— <i>,</i>							
	Planet Youth	Child and Youth Social					
Tipperary (2)	Coordinator Role	Prescribing					
ripperary (2)	Coordinator Kole	Frescribing					
	PATH (Pre-						
	Adolescent Traveller	Wexford Girls Get					
Wexford (2)	Holistic Programme)	Active					
	Drugs & Alcohol	Summer programme					
	Education &	for children with					
	Prevention Officer	additional needs in					
Kerry (2)	Project	West Kerry					
	Developing a Mental						
		Davida a manata fa					
	Mental Support Role	Development of a					
NA (2)	in Mayo Primary	Decider Skills Practice					
Mayo (2)	Schools	Network		+	+	+	_
		Act Belong Commit					
Kilkenny (2)	Healthy Streets	Campaign					
	Early Years						
	Development	Neurodiversity &					
Kildare (2)	Initiative	Inclusion Initiative					





CYPSC and Number of actions	Action 1	Action 2	Action 3	Action 4	Action 5	Action 6	Action 7
Dún Laoghaire - Rathdown (2)	Early Parenting Support	Youth Mental Health					
Cork (1)	Pod collaboration for children living in Homelessness						





Hea	Ithy Ireland Framework Outcome: Create an envir	onm	ent where every individual and sector of societ	y can play their p	art in achievi	ing a Healthy Irelar	nd
CYPSC and Project Title	Aim		Objective	Benefici		Cost	Evaluation
				Туре	Number		
Carlow: Not Around Us	The aim of the Not Around Us is that schools, clubs and businesses will sign up to Not Around Us. This is a pledge that there will be no vaping or smoking around young people or children. It is an anti-vaping and anti-smoking campaign. Once signed up there will be a Not around Us sign for outside the building and window stickers. This is a joint project with CYPSC Kilkenny, CYPSC Carlow, Healthy Kilkenny and Healthy Carlow.		Reduce vaping and smoking around children and young people. Educate children and young people on the dangers of vaping and smoking. Have children and young people take ownership of the project and promote same.	0-24 Years	n/a	€6,000	No
Cavan: Planet Afterschool Leisure Time Activities	Our aim is to provide increased leisure time opportunities for young people in their local communities in safe, healthy spaces, rolled out by local current youth providers and encourage youth participation and project collaboration to increase access to a wide range of activities.	:	Provide safe spaces for peer interaction. Increase range of leisure time activities. Improve engagement with parents/carers.	13-16 Years	429	€36,700	No
Laois Offaly: Laois Offaly Parent Hub	The Parents Hub is a collaborative approach to exploring needs and wants of parents in Co Laois and Offaly and supporting the gaps in provision. The Parent Hub Initiative is a project identified by the Prevention Partnership and Family Support (PPFS) Subgroup of the Laois and Offaly CYPSC. The Parent Hub will represent a collaborative group of Statutory and Community Services who have a common focus of parenting support		Parents will have a better awareness and in turn accessibility to existing supports including parenting programmes in the local community. Services will continue to collaborate to ensure programmes are run on a need led basis and in a cohesive way. Less Families facing greater challenges and crisis point as a result of education, empowerment and earlier interventions	0 – 24 Years		€20,600	No





CYPSC and Project Title	Aim	Aim Objective		aries	Cost	Evaluation
nue			Туре	Number	-	
Clare: Trauma Informed Working Group	The Clare Trauma Informed Working Group is an interagency group which was established under CYPSC and Healthy Ireland in response to the increasing interest in a shift towards trauma informed care and practice within the county. The vision is that all frontline organisations across county Clare are trauma aware, trauma sensitive and eventually trauma responsive.	Collaboration: Learning from and working with subject matter experts. Training: Coordinating a training programme for frontline workers. Implementation: Supporting organisations to develop and implement trauma aware/informed practices.	0-24 years		€23,950	No
Donegal: Early Movers, Healthy Lifestyle	To provide an affordable program of fun, educational, health and wellbeing activities to families with children and young people age 0 – 24 in their local community. This project aims to support parents, young people & children to connect with their peer group and to engage in active pursuits to support both physical and mental health and wellbeing.	 To combat isolation by connecting families with children and young people age 0 – 24. Promote Healthy Lifestyles. Support positive attachments in children. 	0-24 Years	1058	€30,000	Yes, Link will be available soon
Dublin City South: Booklet to support' Talk to Your Baby Cube'.	To support and create further awareness of the importance baby: parent attachment in the First 1000 days for Infant Health and Wellbeing, through development of complementary practice tools for babies and parents and additional supports for and from professionals supporting babies and families in the area.	Increase awareness of the importance of child development in the first 1000 days. Support tool for baby: parental attachment. Tools for professional support when working with targeted families.	Babies - in the first 1000 days	100	€5,329.60	No





CYPSC and Project Title	Aim	Aim Objective		iaries	Cost	Evaluation	
ride			Туре	Number	1		
Dún Laoghaire — Rathdown Early Parenting Support	Re-establish the DLR Infant and Early Childhood Mental Health Network Group (IECMH-NG) to increase awareness and understanding of Infant and Early Childhood Mental Health theory and its practical implementation.	Host an introductory event to raise awareness of Infant and Early Childhood Mental Health Network Groups and provide information for managers and participants. To create an interdisciplinary reflective practice space to support knowledge and practice in Infant and Early Childhood Mental Health. To provide participants with the early, introductory and advanced training/ongoing learning and professional development.	0-5 Years	100	€36,595	No	
Fingal: Foróige Health and Wellbeing Project	The aim of the Foróige Health and Wellbeing Project is to provide support to young people, in Fingal with complex needs who have encountered trauma.	To assist the young person to develop appropriate social skills so that they can achieve their full potential in life whilst also encouraging engagement with other youth and family services as appropriate to promote their social support network. To enable young people to stay in or return to education.	Secondary School	12	€36,155	No	
		To support the young person to live with their parents/ carers and improve family functioning and set goals for going forward to support the development or repair of relationships.					
Kerry: Extending Adolescent Addiction Support Services in Kerry	To develop and support a Drugs & Alcohol Education & Prevention project in Kerry to strengthen the prevention of substance misuse and the associated harms among children and young people. The project will work closely with schools, Youthreach centres and youth services to provide comprehensive support to pupils, parents	To work with parents, teachers and students to enhance & support the Social, Personal and Health Education (SPHE) curriculum with a focus on empowering young people to build self-confidence. Strengthen young people's knowledge and understanding of the health effects of drug and alcohol misuse and strengthen	7-12 Years 13-18 Years 18-24 Years	90	€59,500	No	





CYPSC and Project	Aim	Aim Objective		iaries	Cost	Evaluation
Title			Туре	Number		
	and professionals within each school/ education community.	interpersonal social skills among their peer groups. To bring together relevant stakeholders to ensure that services and supports work collaboratively together and to support the signposting of young people to appropriate early intervention supports when required.				
Kildare: Neurodiversity & Inclusion Initiative	To enhance supports to neurodiverse children/young people so that they are afforded the opportunity to reach their potential and thrive.	To enhance the understanding, knowledge and confidence of professionals in supporting neurodivergent children/young people and their families through continuous professional development and training. To enhance understanding, skills and confidence of neurodivergent children and young people in navigating their day-to-day lives, through 1-2-1 and group supports. To enhance understanding, knowledge and confidence among parents in supporting their neurodivergent children/young people, through 1-2-1 and group programmes.	5-17 Years	32	€20,151	No
Kilkenny : Healthy Streets	In 2024, the primary objective was to deliver the final phase of Healthy Streets while conducting a comprehensive evaluation to assess its impact and secure sustainable funding for the future. The evaluation of Healthy Streets aims to provide clear evidence of its effectiveness, supporting its integration into future health promotion strategies and ensuring its sustainability within the community."	Conducting a literature review to inform best practices. Develop a measure to assess programme outcomes. Create a practical toolkit to support programme delivery.	0-18 Years	n/a	€20,000	Yes Not Ye Published





	Healthy Ireland Framework O)utco	me: Increase the proportion of people that are	healthy at all sta	ges of life.		
CYPSC and Project	Aim	Aim		bjective Benefici		Cost	Evaluation
Hue				Туре	Number	-	
Mayo: Development of a Decider Skills Practice Network	To develop a practice network to train professional in 'Decider Skills' and to support the ongoing implementation of the programme in community settings, in a collaborative way, across Mayo.	:	To train professional in 'Decider Skills.' To develop a practice network to support the ongoing implementation of the skills. To foster interagency collaboration with implementation of the programme in community settings across Mayo.	9-19 Years	1100	€22,631.80	No
Monaghan: Planet Youth Afterschool Leisure Activities	Planet Youth Monaghan Leisure Time activities encourage young people to avail of afterschool activities in their school. Cavan Monaghan Education and Training Board support the project with the coordination of the activities matching schools with a panel of facilitators who provide a range of activities. the school provide the venue free.		To provide a range of programmes and activities for young people afterschool. To support young people to make better choices for their lifestyle and try new hobbies. To increase activity levels of young people and reduce screen time.	5th-6 th class, 2 nd Year and TY students	2,130	€7,000	No
Meath: East Meath Mental Health Project	The aim of the work is to provide a programme of supports that will support young people to foster and develop skills for positive mental health. The group will create learning opportunities to acquire new skills, creativity and social relationships.		To develop and practice skills for positive mental health and wellbeing. To increase awareness of positive mental health and appropriate supports/services that are available locally. To increase positive mental health in youths.	12-13 Years	200+	€10,000	No
Sligo Leitrim: A Year in Nature and Balance Bike Programme	The A Year in Nature initiative fostered environmental awareness and outdoor learning through workshops, communities of practice, and soil health education. Educators gained practical skills in nature-based education.		Promote physical activity and develop motor skills in through the Balance Bike Programme. Enhance soil health awareness and practical learning opportunities through the Soil Collective.	2-5 Years	900	€37,167	Yes
South Dublin: Rub with Rob Project	Run with Rob Project uses running as tool of engagement, which will promote physical activities and in turn, allow us to engage with Young People and empower them to be their		Reach out and support young people who may be facing various challenges. Help those at risk, including those dealing with mental health issues, engaging in anti-	18-24 Years	15-20	€13,635	Yes, not published yet





CYPSC and Project	Aim	Objective	Benefic	iaries	Cost	Evaluation
Title			Type	Number	-	
	best selves. A project entitled "Run with Rob," was piloted in the first quarter of 2024 and received great interest from the young men and women we work with. The groups have been consistent and entered their first race on St Patricks day where six young men took part in their first 5km running event.	social behaviour, and involved in drug use or drug-related crimes. Extend a helping hand to these young people, ensuring they receive the care and support they need in a friendly and professional manner.				
Wexford: Wexford Girls Get Active	The aim of "Wexford Girls Get Active" is to encourage young female adolescents to consider re-engaging with sport, physical activity and movement. The initiative involves an eight-week physical activity programme where a qualifies instructor / coach provided one session per week for eight weeks.	To engage young girls in a range of physical activities to encourage their participation and engagement. To ensure that participants have a broader knowledge and improved skill set in relation to taking care of their health and wellbeing. Participants have opportunities to interact with their peers and positive role models while improving health and wellbeing.	13-17 Years 18-24 Years	71	€29,500	n/a
Wicklow: Gr8 2 b yng: Wicklow Youth Mental Health Initiative	The aim of the 'Gr8 2 b yng' is to start a conversation with young people about their mental health, to promote young people's positive mental health and to promote and enhance mental health and wellbeing through the facilitation of "Wellness Workshops".	To increase resilience in young people for them to maintain positive mental health and coping strategies now and in the future. To ensure that young people are aware of the supports available to them. To identify the needs of young people particularly in relation to their mental health and to highlight gaps in service provision for young people and parents.	15-20 Years	435	€10,000	Yes





CYPSC and Project Title	Aim	Objective	Beneficiaries		Cost	Evaluation
			Туре	Number		
Dublin City North	The BLEND is a Music Generation, 12 week program for 10-17 years old's designed to support Mental, Social, Physical health of young people at risk. They enhance their skills by participating in something they enjoy while learning about music production, Song writing and performance in collaboration with Music Generation Dublin City(MGDC). The aim is to support young people at risk and offer educational social supports to build their skills and offer an alternative to anti-social activities in a community that has little support.	Provide Safe spaces for children's living in a forgotten community. Supporting young people to choose Healthy pro-social choices and enhance their wellbeing Building resilience, skills and provide alternatives to engaging in negative social activities.	10-17 Years	12	€9,200	No

Healthy Ireland Framework Outcome: Reduce health inequalities.						
CYPSC and Project Title	Aim	Objective	Beneficiaries		Cost	Evaluation
			Туре	Number		
Cork: Teen Support	Teen-Fitness/Gym GROUP focuses on several teenagers who are struggling with their social and emotional well-being.	Build meaningful trusting relationships. Reduce or hold traumatisation. Provide regular consistent and a safe weekly outlet for children in homelessness.	5-24 Years	190	€59,500	Yes, Report available on the Good Shepherd Website





CYPSC and Project Title	Aim	Objective	Beneficiaries		Cost	Evaluation
			Type Number			
Galway: Ballinfoile Youth Activity Programme	To deliver a community health programme to young people aged 5-16 years in the Ballinfoile area of Galway City. The aim of the programme is to improve the lifestyle and behaviours of young people from hard-to-reach cohorts through proactively encouraging and facilitating a positive relationship with local services.	To increase physical activity among 6 - 15. year olds in the Ballinfoile area. To increase the local sense of ownership over community-based facilities and buildings. To strengthen local working relationships between service providers and provide focus to the work of the City North CFSN.	7-12 Years	212	€69,500	Yes
Limerick: School Attendance Project	Development of a suite of user-friendly resource for 1) schools; 2) parents; and 3) students (primary and post-primary) informed by the literature review and consultations with young people, parents and service providers (educators and other statutory and community partners).	Consult with young people currently, or with previous experience of school attendance problems. Development of a suite of user-friendly school attendance resources. Promote resources and support improved interagency responses to school attendance problems.	5-18 Years	Unknown	€48,418	No
Louth: Wrapping up your mental health- A suite of Health and Wellbeing programmes for young people in Rural Louth	'Wrap Up Your Mental Health' runs in collaboration with the Deeside School Completion Programme. The programme was devised in response to the barriers faced by young people in rural Ireland when trying to attain positive mental health/emotional wellbeing. The programme is delivered over a six-week period in both Ardee and Dunleer and identifies young people between the ages of 12 and 14 years that have presented with highlighted issues wellbeing, coping mechanisms and resilience-building.	Engage marginalised young men in meaningful consultation Promote open dialogue and mental health awareness Encourage movement and connection through wellbeing groups	12-18 Years	112	€13,000	Yes, Availabl on Request
Roscommon: Early Years Project	To support the wellbeing of babies, young children and their parents/carers in Roscommon, by offering a variety of programmes aimed at promoting positive	 To support the wellbeing of babies, young children and their parents/carers in Roscommon. 	0-5 Years	200	€35,00	N/A





Healthy Ireland Framework Outcome: Reduce health inequalities.							
CYPSC and Project Title	Aim	Objective	Beneficiaries		Cost	Evaluation	
			Type	Number			
	parent-child relationships and attachments, while also promoting physical health and wellbeing.	To offer a variety of programmes aimed at promoting positive parent-child relationships and attachments, while also promoting physical health and wellbeing To have a focus on outdoor play initiatives.					
Tipperary: Tipperary Branch, Down Syndrome Ireland - Service Delivery Model Design	We will recruit a service development worker on a short-term basis to develop the service that the branch offers. We are established in our centre in Thurles and are developing our 6-day week programme of delivery. We will develop a model that takes the geography and infrastructure of Tipperary into account.	To work towards the development and improvement of our service To extend our reach across the county To create and develop partnerships with other agencies and community groups To promote and encourage integration of our members into the community To work towards the development and improvement of our service with a view to enabling all our members to access planned, meaningful interventions.	0-24 Years	100	€25,680	Yes, not available yet	
Waterford: West Waterford Wellbeing Project	The West Waterford Wellbeing Project's primary focus is to support the positive mental health and wellbeing within disadvantaged communities. Its aim is to empower children and adults to develop wellbeing practices, which will support them to be calm, resilient, present and to have good relationships with others.	Support the positive mental wellbeing of children and parents living in the west Waterford area. To empower families to develop wellbeing practices, that support them to be calm resilient and connected to themselves and others. Increase social connection, integration and inclusion amongst participants of the programme.	0-18 Years	400	€1,662	N/A	





Links to CYPSC Healthy Ireland Exemplars 2024 on www.cypsc.ie

	National Outcome for Children and	Healthy Ireland Outcomes
Project Name	Young People	Framework Outcome
		To create an environment where every
		individual and sector of society can
Not Around Us	Active and healthy	play their part in achieving a Healthy
		To create an environment where every
	5 Connected, respected, and contributing to	individual and sector of society can
Planet Afterschool Leisure Time Activities	their world.	play their part in achieving a Healthy
		Increase the proportion of people that
Trauma Informed Working Group	Active and healthu	are healthy at all stages of life.
	Active and healthu	Reduce health inequalities.
	,	Increase the proportion of people that
Active Inishowen	Active and healthu	are healthy at all stages of life.
	,	Protect the public from threats to
The BLEND Project	Active and healthu	health and well-being.
		Increase the proportion of people that
Booklet to support' Talk to Your Babu Cube'	Active and healthu	are healthy at all stages of life.
	, , , , , , , , , , , , , , , , , , , ,	Increase the proportion of people that
Bub with Bob Project	Active and healthu	are healthy at all stages of life.
1100 1111111111111111111111111111111111	Traine and nearing	Increase the proportion of people that
Farly Parenting Support	Active and healthu	are healthy at all stages of life.
Larie Farciking cappors	Treate and nearing	Increase the proportion of people that
Foréige Health and Wellbeing Project	Active and healthy	are healthy at all stages of life.
	,	Reduce health inequalities.
	Active and nealthy	Increase the proportion of people that
	A ation and brother	are healthy at all stages of life.
Services in Kerry	Active and nearthy	Increase the proportion of people that
Managadina adipu & Japana da Jajana kina	A - 15	are healthy at all stages of life.
Wedfordiversity & Inclusion Initiative	Active and healthy	Increase the proportion of people that
Hardeta Service	A ation and the late.	are healthy at all stages of life.
Healthy Streets	Active and nealthy	To create an environment where every
	المالية المالية	individual and sector of society can
Laois Offaly Parent Hub		play their part in achieving a Healthy
8 1 11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		la
	and development.	Reduce health inequalities.
	l	l
	Active and healthy	Reduce health inequalities.
		Increase the proportion of people that
Network	Active and healthy	are healthy at all stages of life.
		Increase the proportion of people that
East Meath Mental Health Project	Active and healthy	are healthy at all stages of life.
L	l	Increase the proportion of people that
		are healthy at all stages of life.
Early Years Project	Active and healthy	Reduce health inequalities.
		Increase the proportion of people that
	Active and healthy	are healthy at all stages of life.
	Have economic security and opportunity.	Reduce health inequalities.
West Waterford Wellbeing Project	Active and healthy	Reduce health inequalities.
		Increase the proportion of people that
Wexford Girls Get Active	Active and healthy	are healthy at all stages of life.
Gr8 2 b ung: Wicklow Youth Mental Health		Increase the proportion of people that
31 2 E E 31 31 1 1 1 1 2 3 3 1 1 1 3 3 3 1 1 3 3 3 1 1 3 3 3 1 1 3 3 3 3 1 1 3 3 3 3 1 1 3 3 3 3 1 3		
	Planet Afterschool Leisure Time Activities Trauma Informed Working Group Teen Support Active Inishowen The BLEND Project Booklet to support' Talk to Your Baby Cube' Bub with Rob Project Early Parenting Support Foróige Health and Wellbeing Project Ballinfoile Youth Activity Programme Extending Adolescent Addiction Support Services in Kerry Neurodiversity & Inclusion Initiative Healthy Streets Laois Offaly Parent Hub School Attendance Project Wrapping up your mental health - A suite of Health and Wellbeing programmes for young people in Bural Louth Development of a Decider Skills Practice. Network East Meath Mental Health Project Planet Youth Afterschool Leisure Activities Early Years Project A Year in Nature & Balance Bike Programme Tipperary Branch, Down Syndrome Ireland - Service Delivery Model Design West Waterford Wellbeing Project	Not Around Us Active and healthy 5 Connected, respected, and contributing to their world. Trauma Informed Working Group Tean Support Active and healthy Booklet to support' Talk to Your Baby Cube' Active and healthy Bub with Rob Project Active and healthy Forfaige Health and Wellbeing Project Ballinfoile Youth Activity Programme Extending Adolescent Addiction Support Services in Kerry Neurodiversity & Inclusion Initiative Laois Offaly Parent Hub School Attendance Project Wropping up your mental health - A suite of Health and Wellbeing project and healthy Levelopment of a Decider Skille Practice. Active and healthy Planet Youth Afterschool Leisure Activities Early Years Project Active and healthy Active and healthy



