



CYPSC Healthy Ireland Fund Guidelines Briefing November 23rd, 2023.

Agenda

- Welcome, by National Coordinator for Children and Young People's Services Committees
- Aims, Objectives and Outcomes of HIF briefing
- CYPSC Healthy Ireland Fund Guidelines
- Questions and Answers Session
- Evaluation

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Aim



- To provide a briefing on the operational guidelines for CYPSC Healthy Ireland Funding in support of successful CYPSC-Healthy Ireland planning, implementation, and reporting.

Objectives



To provide an overview of the content of the CYPSC-Healthy Ireland Fund Guidelines



To outline the alignment of the Healthy Ireland Fund with the existing CYPSC model of interagency working and collaboration



To signpost supporting resources for consideration by CYPSC in their outcomes-focussed implementation of the Healthy Ireland Fund



To communicate the steps each CYPSC will take in planning its Healthy Ireland Actions.



To highlight how CYPSC will report on its Healthy Ireland Actions 2023-2025.

Outcomes



That all attendees are familiar with the CYPSC Healthy Ireland Fund Guidelines



That all attendees will have an awareness of Healthy Ireland planning deliverables.



That all attendees will understand the reporting requirements for CYPSC Healthy Ireland Funding.



Briefing attendees know who to contact regarding CYPSC Healthy Ireland implementation support.

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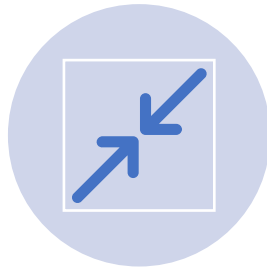


**Working together
to improve the
lives of children,
young people
and families**

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Healthy Ireland Framework Goals A FRAMEWORK FOR IMPROVED HEALTH AND WELLBEING 2013-2025 (DoH)



**INCREASE THE
PROPORTION OF
PEOPLE WHO ARE
HEALTHY AT ALL
STAGES OF LIFE.**



**REDUCE HEALTH
INEQUALITIES**



**PROTECT THE PUBLIC
FROM THREATS TO
HEALTH AND
WELLBEING.**



**CREATE AN
ENVIRONMENT
WHERE EVERY
INDIVIDUAL AND
SECTOR OF SOCIETY
CAN PLAY THEIR PART
IN ACHIEVING A
HEALTHY IRELAND**

The Healthy Ireland Outcomes Framework and Indicator Set, *Healthy Ireland Outcomes Framework* (DoH,2018).

Health Status



Preventative Measures

- Breast Cancer Screening Rate
- Cervical Cancer Screening Rate
- Measles Mumps and Rubella (MMR) Immunisation Rate
- Meningitis C Immunisation Rate

Lifestyle and Behaviour Risks

- Overweight and Obesity
- Physical Activity Levels
- Current Smoking Rate
- Harmful Use of Alcohol
- Breastfeeding Rates
- Condom use (young people)
- Screen time (young people)

Health Outcomes



Mortality and Morbidity

- Healthy Life Years
- Premature Non-Communicable Disease Mortality
- Cancer Incidence

Wellbeing Factors

- Self-Perceived Health
- Positive Mental Health
- Probable Mental Health Problem
- Moderate and Severe Depression (age 50+)
- Social and Cultural Participation (age 50+)
- Safety and Security (age 50+)
- Feeling Safe (young people)

Social Determinants



Environmental Factors

- Air Quality Index
- Water Quality
- Radon

Socio-Economic Factors

- Long-term unemployment
- Jobless Households
- Education: Retention
- Education: Attainment
- Literacy and Numeracy
- Consistent Poverty Rate
- Inequality of Income

Active and Healthy National Outcome 1 and Indicator Set, *Better Outcomes Brighter Futures* Indicator Set Report (DCEDIY, 2021, p8)

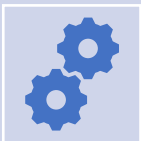
Outcome	Aim	Indicator areas	
1. Active and healthy	Aim 1.1: Physically healthy and make positive health choices	1. Breastfeeding 2. Healthy weight 3. Immunisation uptake	4. Physical activity levels 5. Risky health behaviours 6. Mortality rate by cause and age
	Aim 1.2: Good mental health	7. Positive perceived mental health and well-being 8. Self-harm	9. Parental mental health 10. Access to child and adolescent mental health services
	Aim 1.3: Positive and respectful approach to relationships and sexual health	11. Early sexual activity 12. Teenage pregnancy 13. Knowledge about sexual health	
	Aim 1.4: Enjoying play, recreation, sport, arts, culture and nature	14. Participation in sport, leisure and recreational activities 15. Play	16. Screen time

BOBF Outcome 1 Active and Healthy	Health Ireland Outcomes Framework
	Indicator Set
Aim 1 Active and Healthy	A. Health Status
Aim 1.1 Physically healthy and make positive health choices	A.1 Preventative Measures
Indicator areas	Indicator areas
1. Breast feeding	a) Breast Cancer Screening
2. Healthy Weight	b) Cervical Cancer Screening Rate
3. Immunisation uptake	c) Measles Mumps and Rubella Screening (MMR) rate
4. Physical Activity Levels	d) Meningitis C immunisation rate
5. Risky Health Behaviours	A.2 Lifestyle and Behaviour Risks
6. Mortality rate by cause and age	e) Overweight and Obesity
Aim 1.2 Good Mental Health	f) Physical Activity Level
7. Positive perceived mental health and well being	g) Current smoking Rate
8. Self-Harm	h) Harmful use of alcohol
9. Parental Mental Health	i) Breast feeding Rates
10. Access to child and adolescent mental health services	j) Condom use (young people)
Aim 1.3 Positive approach and respectful approach to sexual relationships and sexual health	k) Screen time (young people)
11. Early sexual health	B Health Outcomes
12. Teenager Pregnancy	B.1 Mortality and Morbidity
13. Knowledge about sexual health	a) Healthy Life Years
Aim 1.4 Enjoying play, recreation, sports, arts, culture, and nature	b) Premature non communicable disease mortality
14. Participation in sports, leisure, and recreational activities	c) Cancer Incidence
15. Play	B.2 Well-being factors
16. Screen time	d) Positive Mental Health
	e) Probable mental health problem
	f) Moderate and severe depression 50+
	g) Social and cultural Participation 50+
	h) Safety and security 50+
	i) Feeling Safe (young people)
	C. Social Determinants
	C.1 Environmental Factors
	a) Air quality
	b) Water quality
	c) Radon
	C.2 Socio Economic Factors
	d) Long Term unemployment
	e) Jobless Household
	f) Education Retention
	g) Education Attainment
	h) Literacy and Numeracy
	i) Consistent poverty rate
	j) inequality of income

Signposting Supporting Resource



As an aid to outcomes-focussed implementation practice the Healthy Ireland Fund programme has identified the Michie Model of Behaviour Change as an instructive resource for consideration and application as part of the Healthy Ireland Fund.



Michie Model of Behaviour Change- the behaviour wheel framework and COM-B model.

Guide for application of the outcomes frameworks for CYPSC-Healthy Ireland Fund action planning

Step 1: Identify need

Each CYPSC has developed a local Children and Young People's Plan (CYPP)

Section 4 of the CYPSC CYPP presents an analysis of the needs of children, young people, and families in the CYPSC area / county.

Section 5 of the CYPP sets out in summary the priority outcome areas to be addressed by the CYPSC in implementation of the CYPP.

CYPSC should review priorities noted under Outcome 1 Active and Healthy and select the Outcome 1 area(s) of focus that will benefit from utilisation of the Healthy Ireland Fund.

Guide for application of the outcomes frameworks for CYPSC-Healthy Ireland Fund action planning cont.

Step 2: Healthy Ireland Outcomes Framework review

Review the Healthy Ireland Goals and identify the outcome(s) from the Healthy Ireland Outcomes Framework that the CYPSC CYPP Outcome 1 priority area of focus is most aligned to.

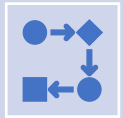


The central aim is to maximise the impact of local activity on increasing health and wellbeing in each CYPSC area and this should form the basis of the rationale for selection.

Guide for application of the outcomes frameworks for CYPSC-Healthy Ireland Fund action planning cont.



Step 3: Selection of intervention



Each CYPSC will consider the desired priority outcome(s) to be achieved and in keeping with the existing CYPSC planning approach take an evidence-informed approach to designing the intervention to be implemented.



CYPSC will consider whether the COM-B Model of Behaviour Change can add value in the design of the appropriate intervention(s) / action(s).

Guide for application of the outcome's frameworks for CYPSC-Healthy Ireland Fund action planning cont.



Step 4: Number of Interventions / Actions to be implemented.

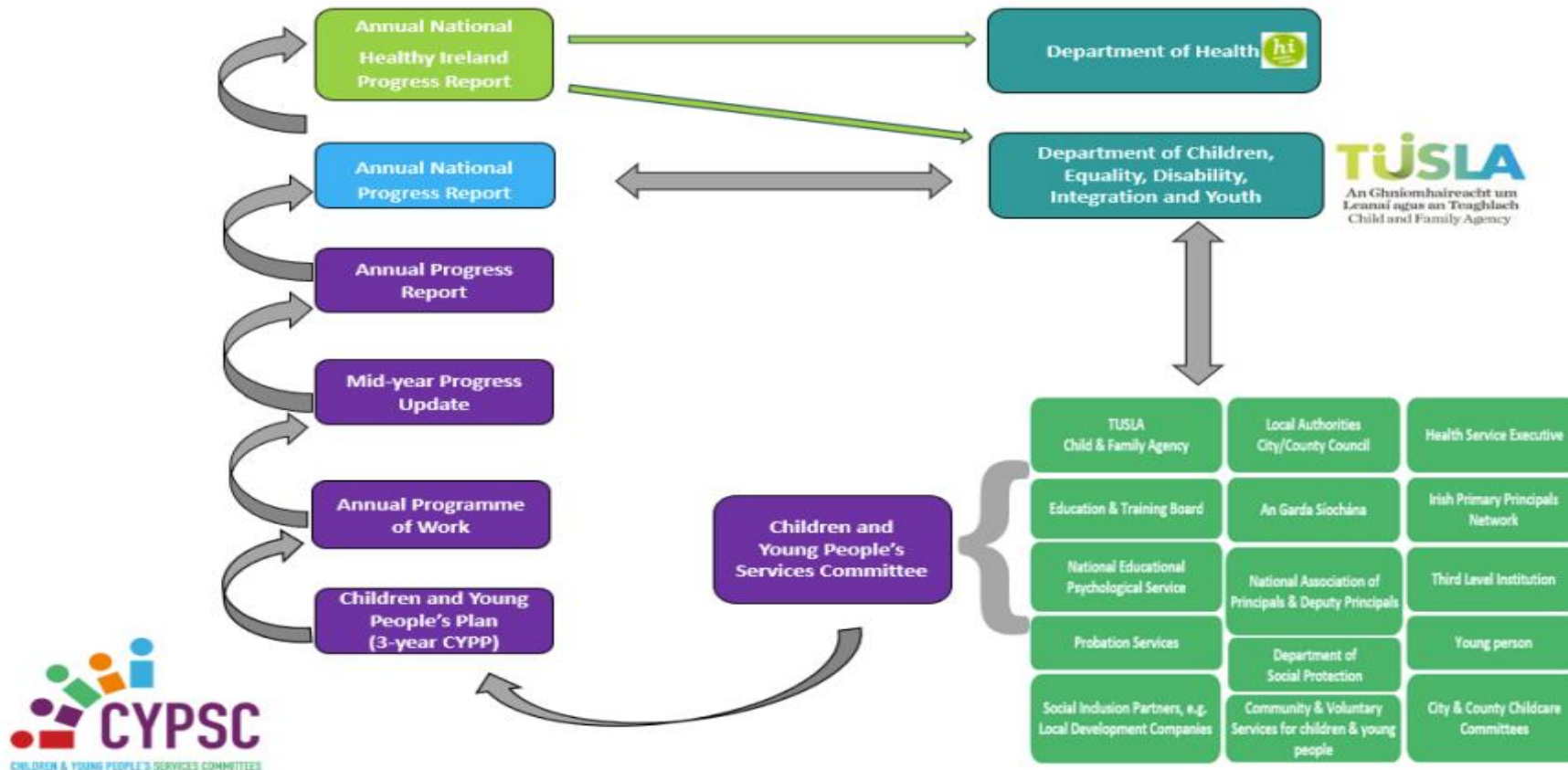


In identifying and designing appropriate interventions / actions to achieve the desired priority outcome(s) CYPSC should aim to operationalise interventions or actions that have a greater likelihood of achieving significant impact across a geographic area or a specific population and that can be evidenced as having resulted in positive impact.



This means planning for less in number and bigger more substantive and strategic activity; **no more than 3 actions / interventions** that can make and can evidence real change. CYPSC therefore must avoid funding multiple small actions with multiple associated small fund allocations.

CYPSC Healthy Ireland Reporting



Evaluation and Measurement of Outcomes

It is essential that in designing and selecting interventions to achieve desired outcomes that CYPSC plan for measurement and evaluation.

For CYPSC interventions/actions in 2024 **it is mandatory that at least one of CYPSC-Healthy Ireland funded intervention be evaluated.**

A variety of tools and templates which support evaluation are available on [What works - Collecting Outcomes Data for Services](#)

[What Works Evidence Hub](#), provides information about prevention and early intervention programmes that have been evaluated.



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Disability, Integration and Youth

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Collecting Outcome Data in Services

Outcomes are the things that change for people because of an activity or action.

When we measure outcomes, we are able to see the real and tangible difference that we are making to people's lives.

Standardised measures are tested and validated tools that have been

WHAT WORKS

SHARING KNOWLEDGE
Improving Children's Futures



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What Works Ireland Evidence Hub

WHAT WORKS

SHARING KNOWLEDGE
Improving Children's Futures

The *What Works* Ireland Evidence Hub provides information about prevention and early intervention programmes that have been evaluated and shown to improve outcomes for children and young people. The Evidence Hub is the first tool of its kind in Ireland, developed by the Department of Children, Equality, Disability, Integration and Youth in conjunction with What Works for Early Intervention and Children's Social Care (WWEICSC).

Ineligible Activities and Projects

There is a list of ineligible activities and projects on page 14 of the CYPSC Healthy Ireland Fund Guidelines .

If any local CYPSC requires any support and guidance regarding this, please contact your local CYPSC coordinator.

Key Dates for CYPSC Planning and Reporting

CYPSC Planning and Reporting	Submission Dates
Annual Programme of Work 2024	23 rd February 2024
CYPSC Annual Progress Report 2023	15 th March 2024
Mid-Year Progress Update 2024	12 th July 2024



Evaluation Form

Thank you

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Questions and Answers



Evaluation Form

Thank you

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