

TEN

things you
could do today!

TUSLA
An Ghníomhaireacht um
Leanaí agus an Teaghlach
Child and Family Agency

- 1 Create your very own [Time Capsule](#)
- 2 Listen to any radio station in the [world](#)
- 3 Make a [bird feeder](#)
- 4 Get 360 views of Icebergs from a [kayak](#)
- 5 Enter a competition to design a [book cover](#)
- 6 Go on a colour scavenger [hunt](#)
- 7 Exercise and [count by 5's](#)
- 8 Take a virtual tour of New York's [Central Park](#)
- 9 Fill in this colourful booklet, [Autism, my sibling and me](#)
- 10 Play balloon volleyball and more energetic [games](#)

