

Experiencing Cyberbullying

- 1 6 (17%) Boys
- 1 − 4 (26%) Girls
- 3 times more younger than older Victims

• 1-11 Online Bullies

Reports incl EU's Net Children Go Mobile

Web: Lonely, Unfriendly, Fearful Place



 "It is worse being bullied over the internet because everyone can see and it makes you feel really little and small."

-Girl, 13

Online World

- Crude
- Rude
- Aggressive
- Disrespectful
- Misogynist



Cyber-bullying takes toll on teens' mental health

By Niall Murray, Education Correspondent

Four of every five teenagers seen by the country's biggest independent mental health service have been recent victims of cyber-bullying.

Although their underlying issues mostly relate to issues like eating disorders, anxiety disorder, substance abuse and, in rare cases, psychotic disorder, 80% of those referred to the adolescent services of St Patrick's University Hospital (SPUH) were bullied online in the weeks or months before being referred there.

SPUH medical director Prof Jim Lucey said this kind of harassment could worsen the effect of existing mental health problems for many young people.

"The trouble is that there is no escape from cyber-bullying like there is from bullying in the school yard. The impact of things being online means there is no going back, the genie is out of the bottle," he said.

"The magnetisation of exposure is huge because if five so-called friends are saying something bad on Facebook, they will have another 500 friends and it enlarges very quickly."

Web: Dehumanising Women



First Cyberbullying Victim

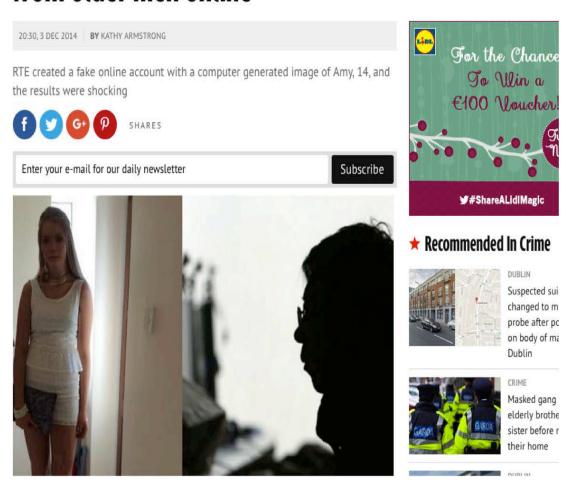


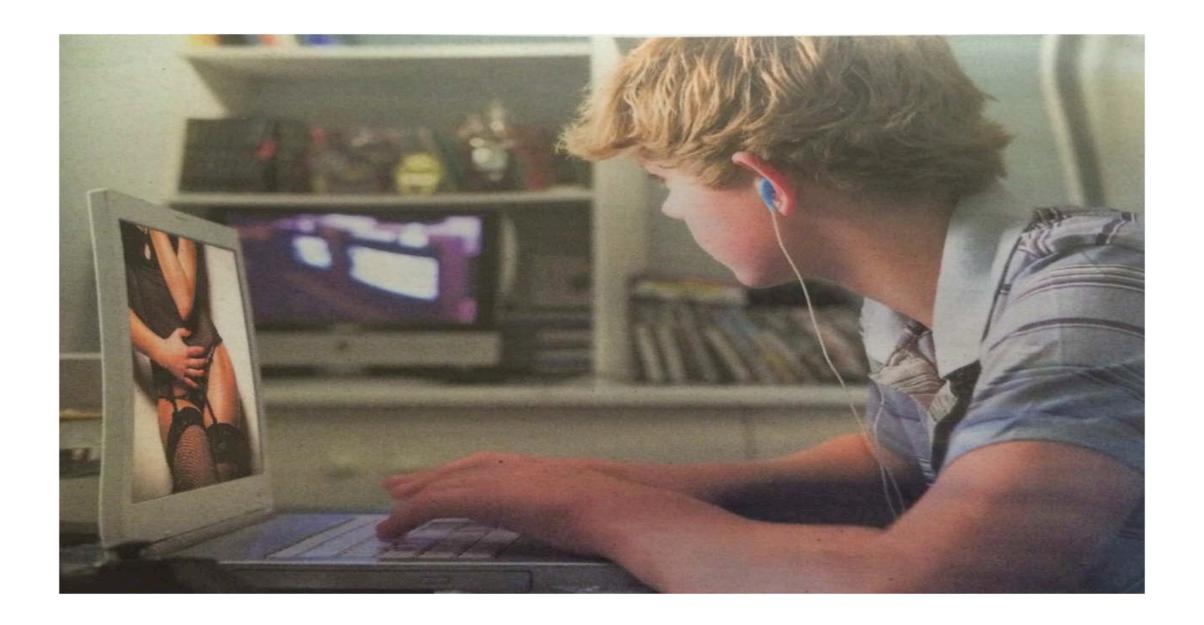


"@mplefty67: If Hillary Clinton can't satisfy her husband what makes her think she can satisfy America?" @realDonaldTrump #2016president"

4/16/15, 5:22 PM

Prime Time Investigation reveals how "14-year-old girl" is bombarded with sexually explicit messages from older men online







US Institute for Psychological Sciences

- Compares Porn industry's connections with social ills to the link between tobacco & cancer first identified in 1964
- Tobacco was then viewed as 'cool' 'modern' & 'liberating' for women

Ireland: Cyberbullying

- Anxiety
- Isolation
- Inadequacy
- Depression
- Self-Harm
- Suicide



First line of Defense

Parents

77% Parents say they have talked to their teenage sons & daughters about Internet Safety.



Only 44%
Teenagers
say their parents
have talked to
them about
Internet Safety.



Teenager victims: "My Parents should have done more."



Technology Generation Gap

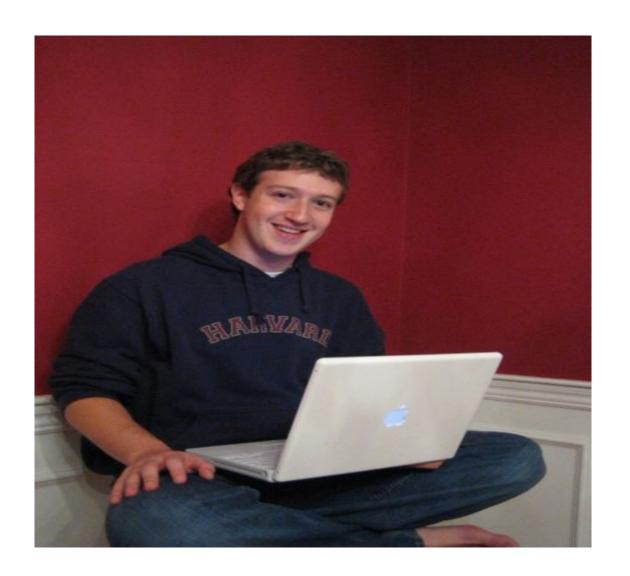
Young Person's World



Facebook

Mark Zuckerberg

19 years



Good Old Fashioned Parenting

The 'Big Talk'

Essena's

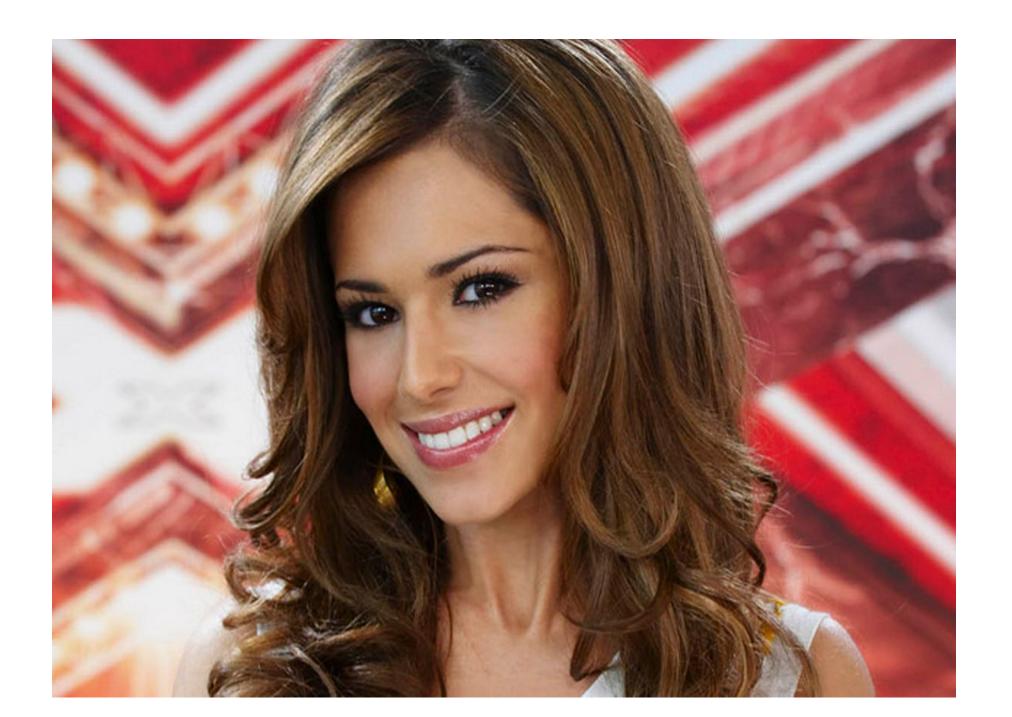
Set Plan!!!!



Want to know my real secret?







Teen hackers study considers link to addiction

By Leo Kelion Technology desk editor

3 24 October 2016 | Technology





A study suggests there are parallels between the way youngsters turn into hackers and how youths become addicted to drugs and alcohol.

The report was written for the EU's law enforcement agency Europol.





Court told man groomed young girl online



O Monday 30 November 2015 22.26



A Dublin man who set up a fake social media profile to convince a 15-year-old girl to come to his house and have sex with him will be sentenced in January.

Conor O'Keefe, 26, from Oakdale Close, Ballycullen was convicted at the Dublin Circuit























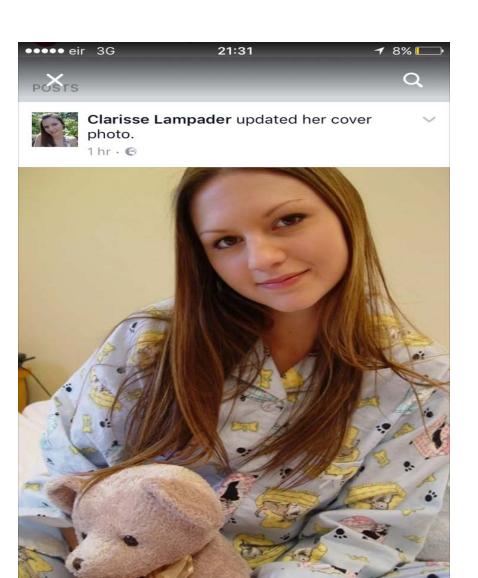












Angelic & Hottest Pics

overallsite.com



Charming is the new hot, you'll know after seeing today's awesome batch of pics.

Sexy Fishnet Stockings

ciao.co.uk



Find very sexy Fishnet Stockings & more at Ciao.co.uk! Shop smart and save your money!

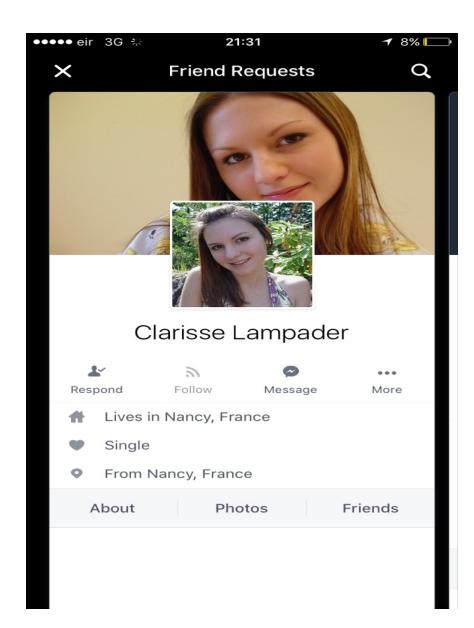


The Photo

Never Disappears







Ronan Hughes: Funeral held for Coalisland schoolboy

© 9 June 2015 Northern Ireland



A schoolboy understood to have taken his own life after being tricked into posting images online was taken "advantage of and exploited", a priest has told mourners at his funeral in County Tyrone.

Two men appear before court on drug charges

Breaking News by Our Reporter - Jul 4, 2015

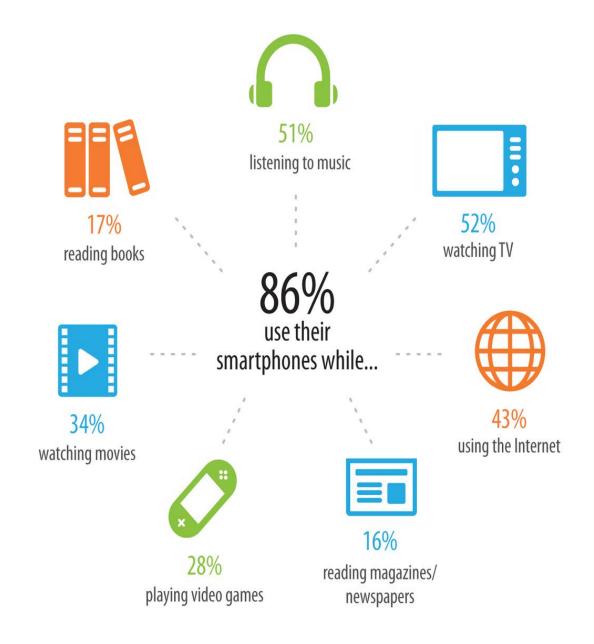


Two men have appeared before Galway District Court in connection with a number of drugs offences.

			w	ere arrested in the	
	area of the city late las	st night.			
			, appea	red before Galway	
District Court this morning on charges of obstruction and the possession of heroin.					
20 year old				, was also charged	
with obstruction under the mis-use of drugs act 1977.					
It's understood that the men attempted to swallow a quantity of heroin when					
approached by Gardai in the		area late last ni	area late last night.		
They were arrested and a further search of a residence in the area recovered a					
significant quanity of the class A drug.					
Both men are believed to be members of a least criminal gang operating					
throughout Galway city.					

Usage Guidelines

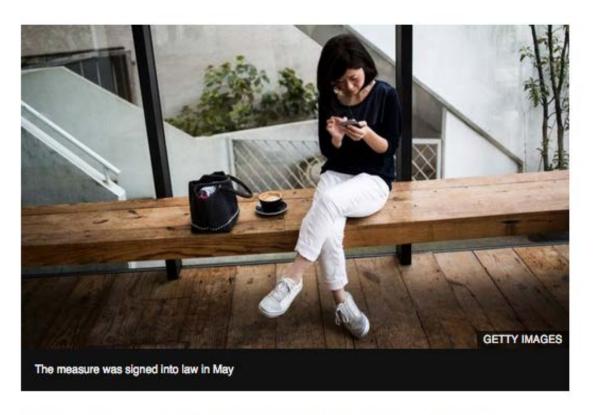




French workers get 'right to disconnect' from emails out of hours

31 December 2016 Europe

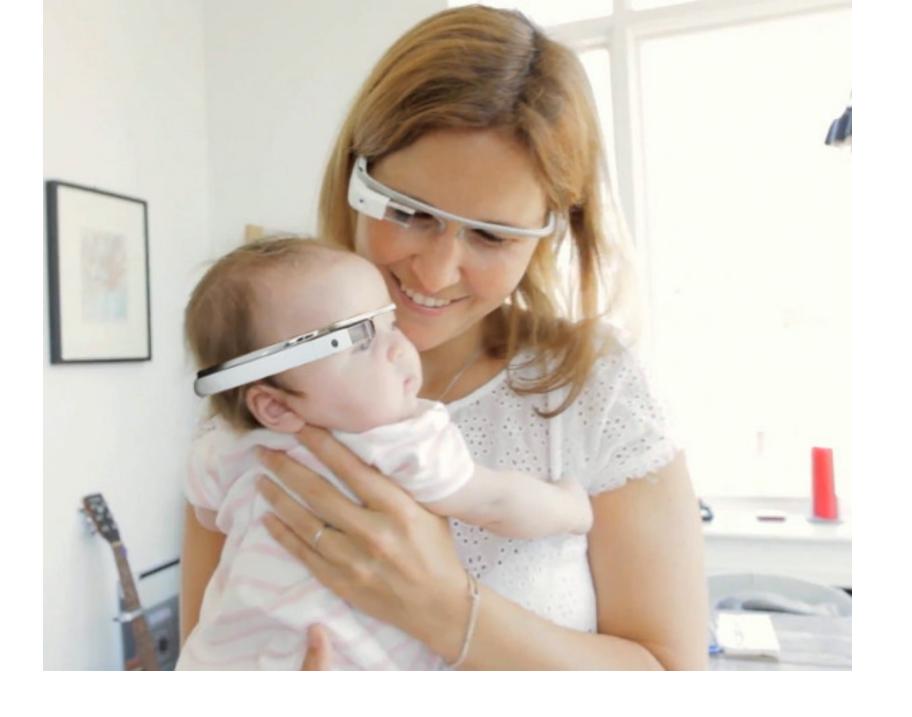




France employees are getting the legal right to avoid work emails outside working hours.

The new law, which has been dubbed the "right to disconnect", comes into force on 1 January.

Digital Detox Days



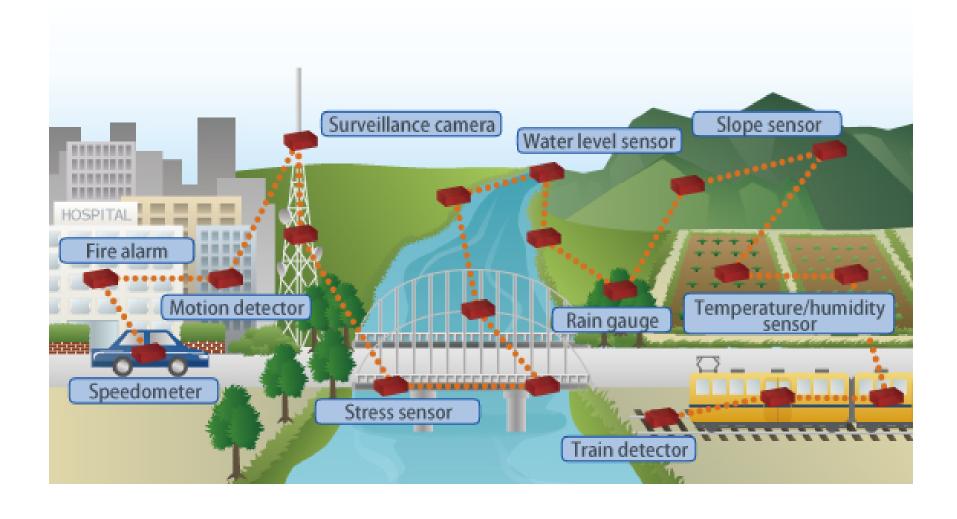
SMART PET

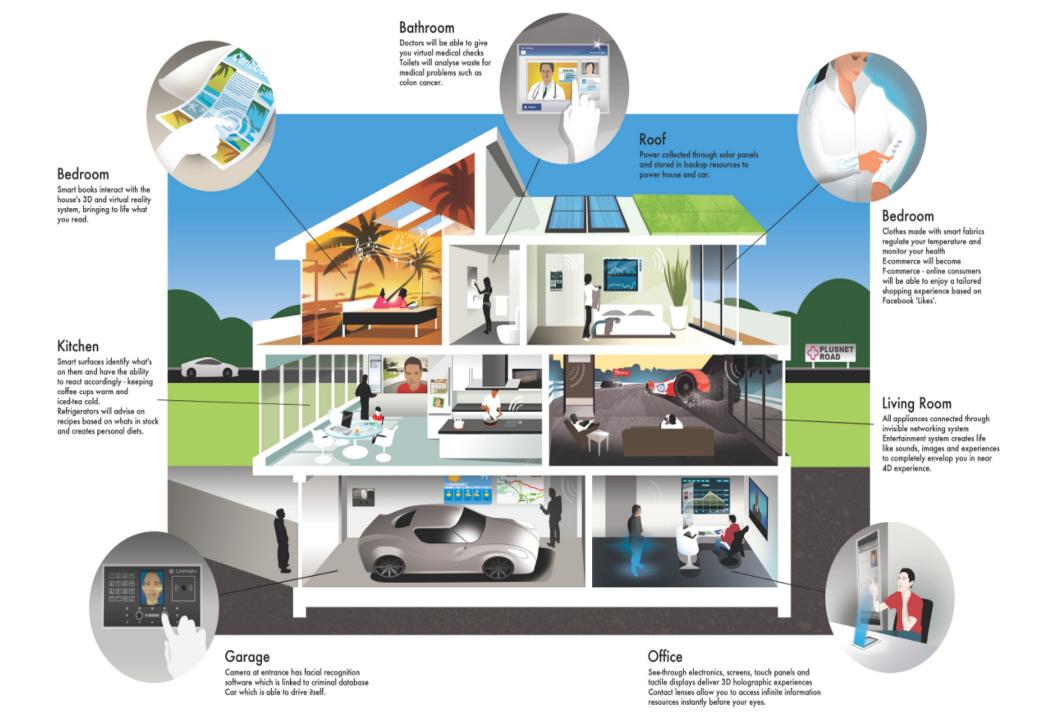




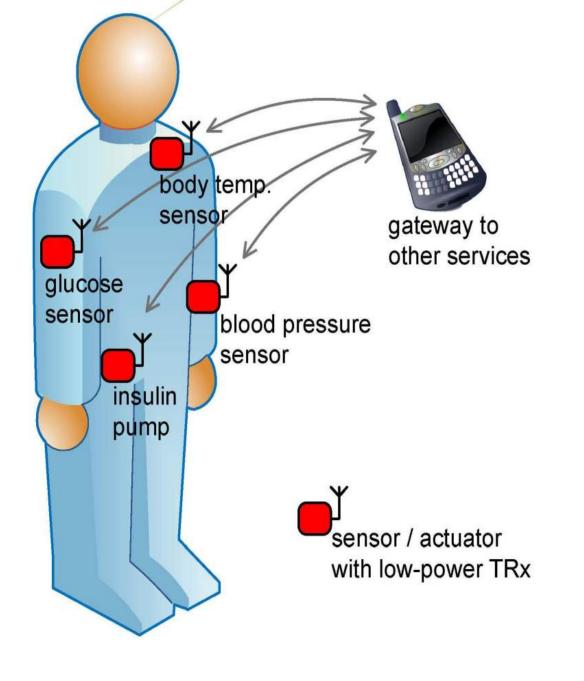


Internet of Things



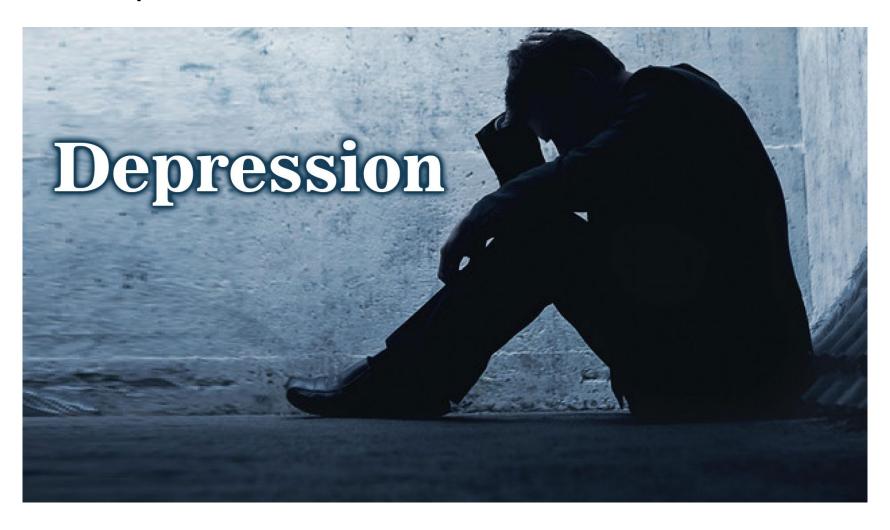








Disconnect with Nature – Health Implications



Global Population changes

- 1800 1 billion
- 1927 2 billion
- 2015 7.4 billion

Global Urbanisation

- 1800 3%
- 1950 30%
- 2014 54%

Nature Deficit Disorder (NDD)

- 74% of older people experienced woodland play
- 5% of children experience tree climbing
- 10% of children visited a forest
- Ireland Highest rate of obesity & weight excess in Europe
- 70% too inactive (Healthy Ireland Survey '15)
- 20% of young people suffer from a mental disorder

Nature Heals

- 'Mycobacterium Vaccae' in organic soils triggers release of hormone Serotonim in human body which elevates mood & decreases anxiety
- Planting trees in housing estates reduces aggression & fear amongst residents (calming)
- People who use open spaces are three times more likely to achieve physical activity
- Hospital patients improve better if they can view Nature though windows

100,000 Trees of Terryland Forest

- Provide Oxygen for 400,000 people each day
- Absorb 3,800 metric tons of CO2 (10 yrs)
- Offset the climate impact of 800 cars for 1 yr
- Provide €4.64 billion air pollution control (50yr)





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Outdoor Gym

