

## BARNARDOS FAMILY SUPPORT SERVICES D15

MULHUDDART AND CORDUFF

### PARENTING SUPPORT/ Programmes:

Partnership with parents (PWP) parenting programme

Practical Family Support

Parent child relationship work

Sensory Attachment intervention – The Just Right State Programme (emotional regulation and relationships -parents)

Parenting when separated – co-parenting

Triple P Fearless – parenting children with anxiety.

Parent Toddler Groups

### WORKING WITH CHILDREN:

Individual work with children (resilience, coping strategies, relationships, regulation, self esteem and identity.

Friendship Group

OASIS Group

Sensory Attachment Intervention – Just Right State kids

Finola McLoughlin

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PL Mulhuddart Family Support



Patricia Murphy

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PL Corduff Family Support

## BARNARDOS WELLBEING SERVICE

Tyrellstown - Blanchardstown Area

Wellbeing workshops and programmes.

Delivered in classroom and community settings.

For Parents and children.

SANDRA MCGLYNN

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Wellbeing Worker D15

0861036155

Body Awareness,

Breathwork and Movement

Drumming, Music and Rhythm

Drama, Story Telling and Role Play:



## MULHUDDART EARLY YEARS COMMUNITY CHILDCARE

OLIVIA SPEIGHT

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