

# COVID-19 Service Update

The North Dublin Regional Drug & Alcohol Task Force is committed to supporting those most in need in North Fingal while also playing our part during the current crisis. Many of our staff have been redeployed to assist the frontline response to COVID-19, but we continue to offer the following services.

### Fingal Families - (086) 793 5644 / (086) 032 8044

Support for family members impacted by another person's drug or alcohol use by phone, text, email and online

- Check-in and support for family support group members
- Online family support groups via ZOOM
- '5-Step' being offered 1 to 1 via ZOOM
- Support and liaise family members experiencing drug related intimidation with nominated inspector
- PuP (Parents under Pressure) via phone and ZOOM
- Continuing to take new referrals to Fingal Families and make referrals to appropriate agencies and services (SASSY, Crosscare, TUSLA etc.)

## North Dublin Community Care Service - (086) 794 2385

We are continuing to offer a free and confidential drug and alcohol scaled down service through remote access

- One to One check-ins via phone
- Weekly online support groups
- Crisis interventions
- Continued advocacy/links with other services (family support, treatment, probation etc.)
- Providing regular updates to new and existing links to online supports (SMART Recovery, AA, NA, GA, Relapse Prevention etc.)

# Coolmine Social Inclusion (086) 794 2385

We are continuing to offer a free and confidential drug and alcohol scaled down service through phone, video calls and email.

- Relapse prevention
- Drug crisis intervention
- Check-ins
- Referrals/Signposting to appropriate services (food banks, GP's, emergency services etc)

# Crosscare Drug & Alcohol Programme – (01) 836 0911

Ongoing regular phone support available which includes:

- Relapse prevention
- Drug crisis intervention
- Check-ins
- Supporting clients with Coronavirus/Covid-19 anxiety
- Continued advocacy/links with other services (family support services, treatment services, probation services etc)
- Referrals/Signposting to appropriate services (food banks, GP's, emergency services etc)
- Provision of information (sending clients age appropriate materials such as workbooks, colouring books and general information)

With physical distancing guidelines still in place, we encourage everyone to:

Stay home and #StopTheSpread.









