



Our Mission

Aster Family Support aims to nurture children, their families or guardians by working with them to increase their capacity for day to day living and by building trust with them to support them to be healthy and to stay together.

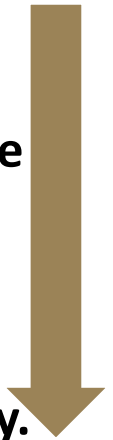
History of Aster Family Support

Homemaker Service established in 1979

Community Homemaker and Family Support Service 2006

Aster Family Support Ltd 2014 – Homemaker Service developed into Household Assistance Programme.

2018 Aster Family Support received funding to establish a new Family Resource Centre in Balbriggan. The Family Resource Centre (FRC) is Ireland's largest National Family and Community-based support programme, core funded by Tusla-The Child and Family Agency.



Where we work:

Dublin 5, 13, 17. Fingal- Howth, Malahide, Balbriggan, Rush, Lusk, Donabate, Swords, Skerries Oldtown, Naul , Ballyboughal, Garristown



What's in our catchment area

2 County Councils, (DCC & FCC)

118 Primary schools.

4 Local Intreo Centres, (Kilbarrack, Swords, Balbriggan, Coolock)

39 Secondary schools.

2 Tusla Offices (Airside, Nexus)

And many more.....

2 CFSNS (Coolock & Balbriggan-Swords)

2 CYPCS (Fingal, Dublin North City)

5 CDNT's (Coastal, Coolock, balbriggan, Swords, Kilbarrack)

16 Local Health Centres

What we do

Aster Family Support works to increase a family's capacity for self-sufficiency by building on strengths, enhancing life skills and strengthening community linkages.

Supports are generally provided to families and individuals in their own homes and communities.

The primary focus is on early intervention aiming to promote and protect the health, wellbeing and rights of all children, young people and their families, paying particular attention to those who are at risk.



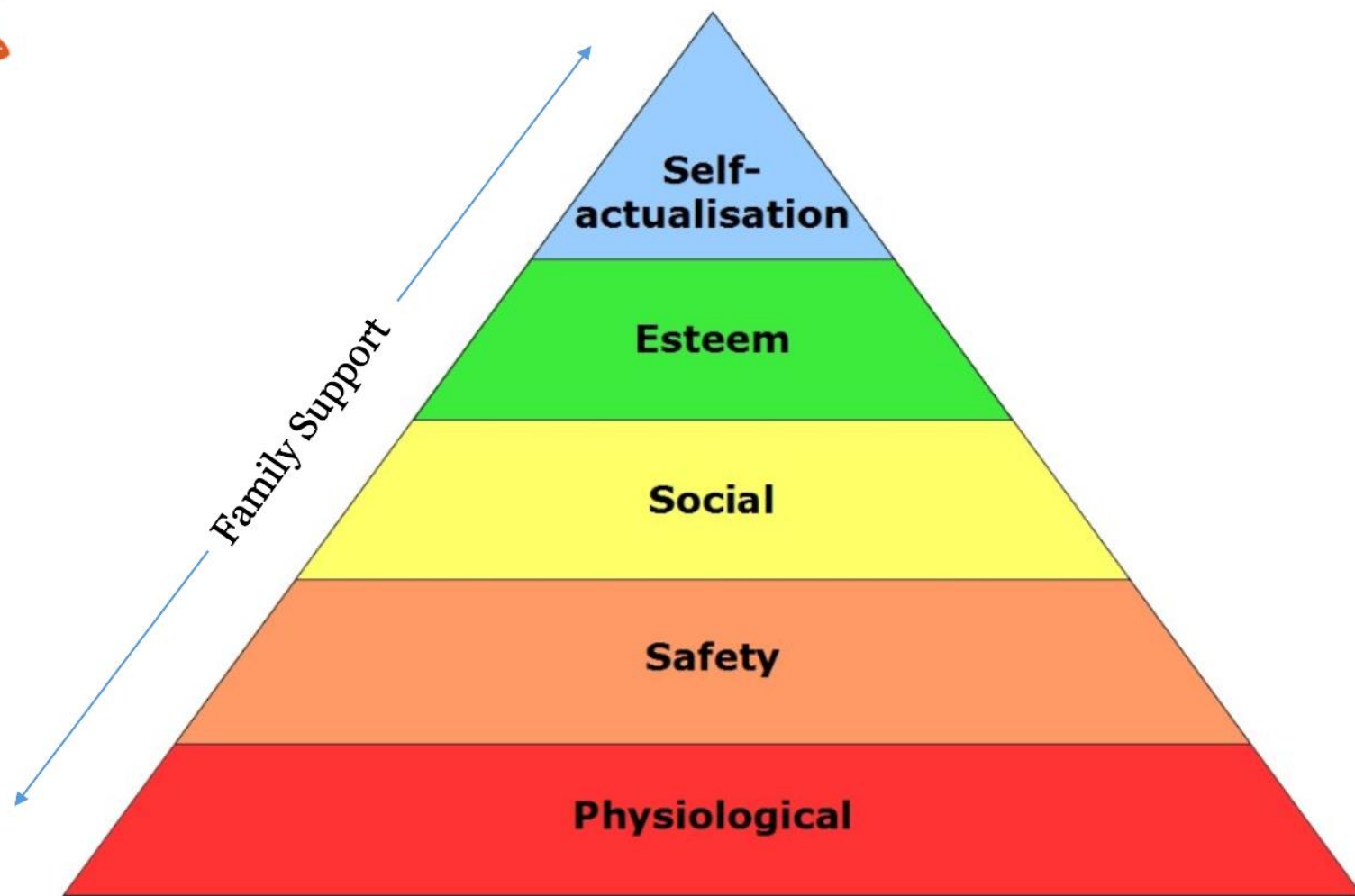
How we do it

- Family Support (core funded by Tusla)
- Household Assist Programme
- Triple P Parenting Programmes & Non Violent Resistance
- National Family Resource Centre Programme (Core funded by Tusla).



How we do it

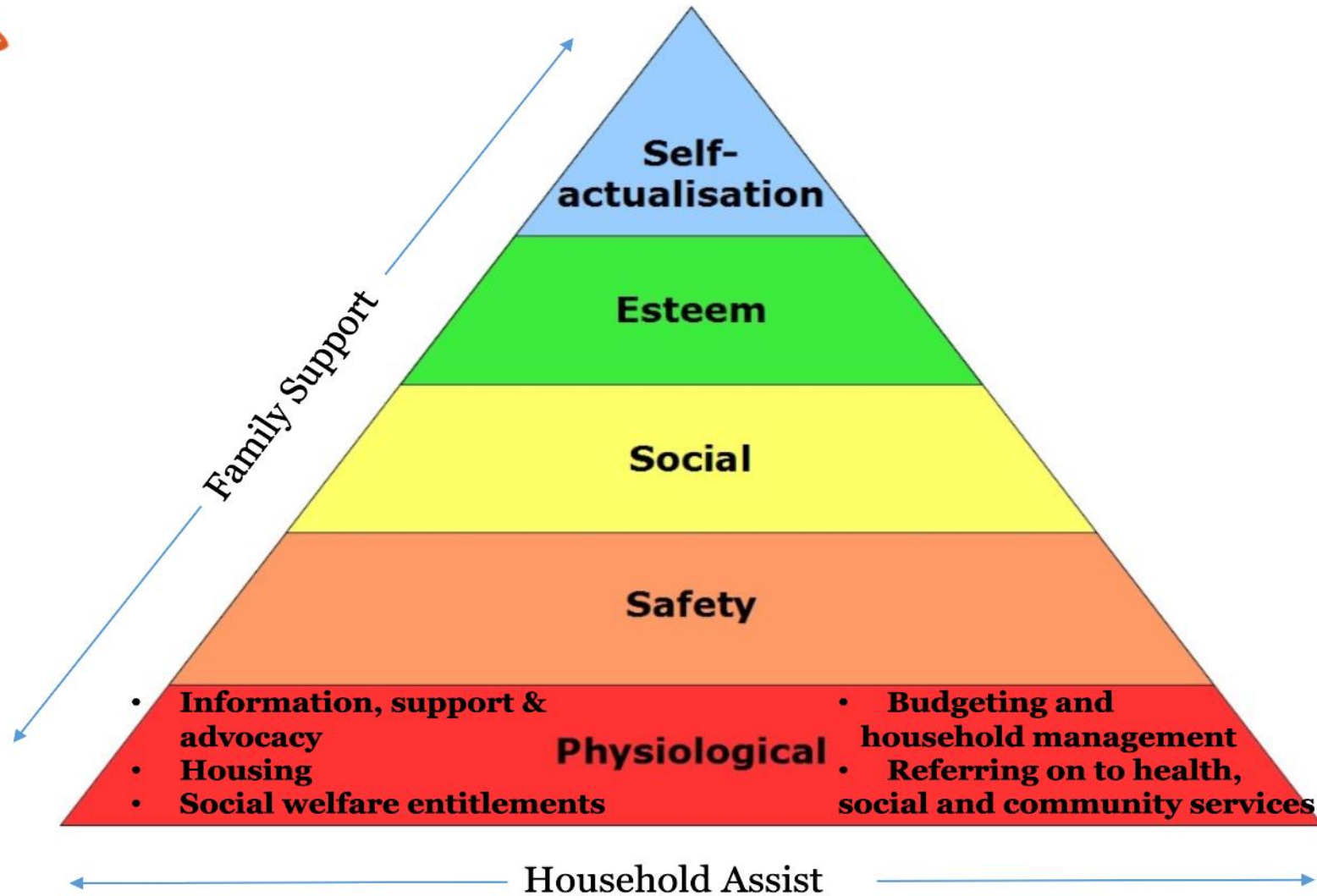
- In 2021 family support worked with a total of 242 families and 713 children across 4 programmes of **Family support, Household Assist, 1:1 Triple P and 1:1 NVR**.
- An additional 88 adults and 125 children were supported through **group TP & NVR**
- **Total =1043**
- In 2021 714 adults and 805 children received supports through **FRC programmes & community based Family Support Services**
- **Total = 1519**
- **2,562 in total**
- **Food Bank** stats for 2021 a total of 1177 adults supported and 1382 children. This was outside our remit as an FRC, but it was identified as a need. We met that need as best we could and now a dedicated food bank is being developed in Balbriggan to continue to meet the needs of the community. **Total =2559**



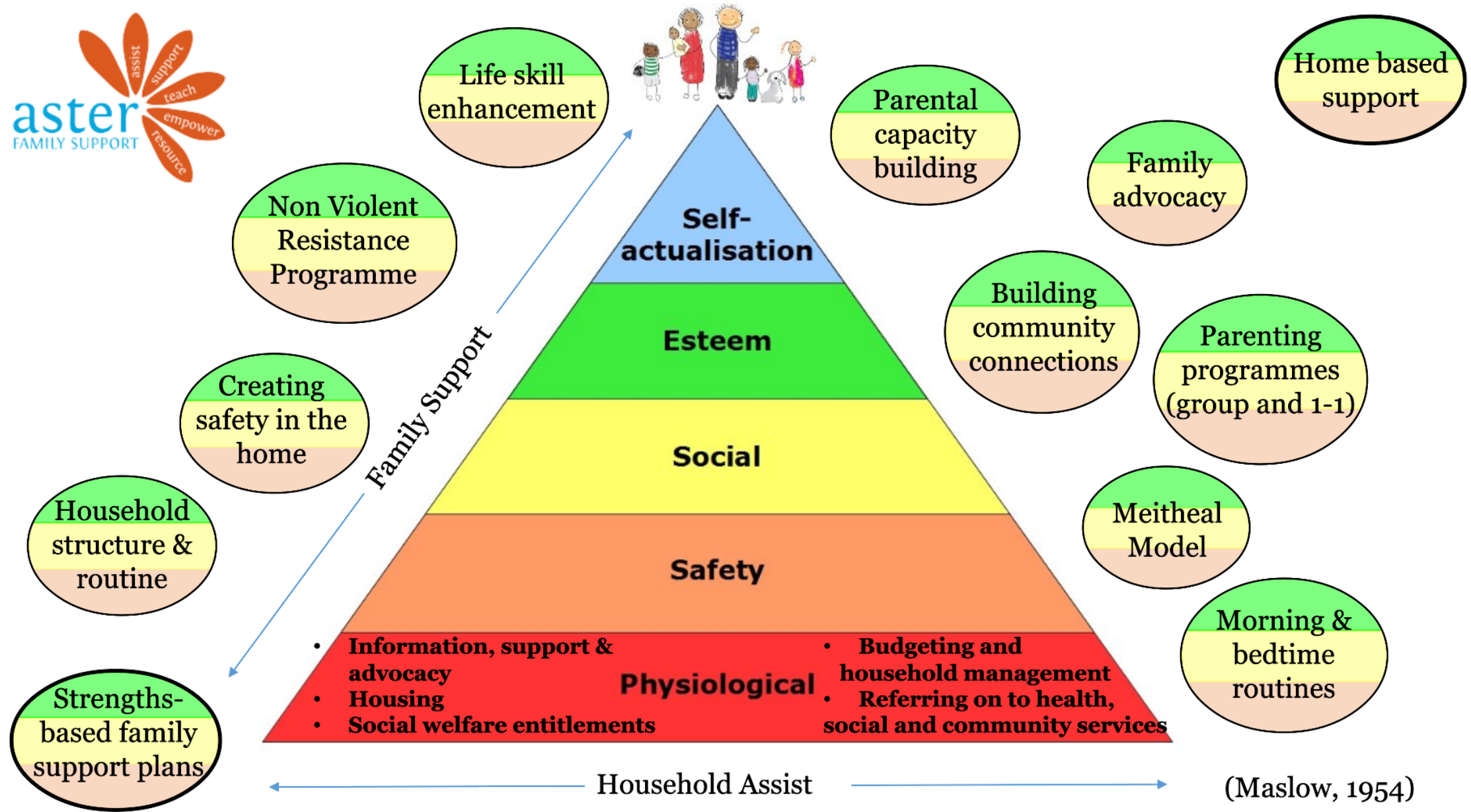
Family Support

Household Assist

(Maslow, 1954)



(Maslow, 1954)



Family Support

- Family support intervention is a time limited skills development approach and the engagement and commitment from the family is vital.
- We work with families to increase their capacity for self sufficiency by building on strengths, enhancing life skills and strengthening community linkages.

Supports include;

- Home, family & personal hygiene
- Supporting the educational and health needs of the family
- Supporting plans to identify access and barriers re: making/attending appointments
- Supporting the Meitheal process
- Supporting re-unification plans
- Helping families to achieve their goals
- Parenting skills
- Advice and information on services
- Referrals & signposting

Aster Family Resource Centre

The aim of the National FRC programme is to combat disadvantage and improve the functioning of the family unit. Aster Family Resource Centre is now based at 1 Georges Square, Balbriggan, Co Dublin.

Supports include:

- Adult Counselling
- Children's Play Therapy
- Parent Lead Autism network
- Food bank
- Community Development
- Aster Hope Arch Club
- Rainbows
- Mother and Toddler Group
- Baby massage
- Afterschool groups and Activities
- And many more.....

Household Assistance

Household Assistance;

- The Household Assistance programme is a practical support designed to inform and build a persons capacity to manage home, life tasks and administration. Ensuring support to access basic entitlements and physiological needs such as: housing issues, social protection payments, household management and budgeting skills.
- The aim of the programme is to empower households and families to effectively address problems and move forward positively.

Typical supports include:

- Support with social welfare applications & appeals
- Information, advocacy and support around housing issues
- Budgeting and financial planning
- Advice and support to deal with debt and bills
- Setting up sustainable utility and bill management options
- Information, advocacy & support around basic entitlements
- Referral and signposting to other organisations
- Skills development of household management goals and plans



HA & typical Housing supports provided

Advocacy and Support liaising with DCC/FCC & Voluntary Housing bodies.

Support to complete application forms for housing support.

Support to apply for transfers on medical and welfare grounds.

Support to apply for HAP/ Rent supplement.

Support to link with housing welfare teams.

Support to accesses maintenance or EHO services depending on tenancy agreements.

Support with rent assessments.

Support around eviction procedure (registering NOT with council, linking with threshold for NOT validation etc.).

Support to liaise with FCC/DCC around access/ entry to emergency accommodation.

Information on how to request housing viewings and applications (preparation of emails etc.)

Support to apply for CWO kit out grants following offers of housing.

Support to establish household bills and budgets.

Support to develop household management routines.

Guidance documents we regularly refer too in housing support

[ALLOCATIONS SCHEME 15-6-11 \(fingal.ie\)](#)

[Adopted Allocations Scheme 2018.pdf \(dublincity.ie\)](#)

How to access our services

Family Resource Centre

HOUSEHOLD ASSIST DROP IN CLINIC INFORMATION, ADVOCACY & SUPPORT

SEPTEMBER 22TH, OCTOBER 20TH, NOVEMBER
17TH, DECEMBER 8TH TIME: 10AM TO 1PM

ASTER FAMILY RESOURCE CENTRE, 1 ST GEORGES SQUARE,
BALBRIGGAN, CO DUBLIN.

The aim of this clinic is to act as a gateway for the community to effectively address needs and move forward positively with practical support in the following areas:

- Budgeting and financial planning
- Advice and support to deal with debt and bills
- Information about other supports and organisations in the community
- Referral and signposting to other organisations
- Support with completing paperwork including social welfare applications
- Advice and support around housing issues and housing applications
- Form filling for various services and additional supports
- Referral on to other aster programmes if necessary

For further information contact: Sharon Rogers FSW -0871617108 or Sarah Thompson FSW- 0873804321



Service Users can access Information, Advocacy & Support Clinic once per month at in our Balbriggan Family Resource Centre.

1 Georges Square

Balbriggan

Co. Dublin

018414463

Referral Process Family Support & Household Assist

Aster Family Support is responsible for receiving all family support referrals for the HSE Dublin North area on behalf of Tusla.

Every referral received is reviewed by Aster Family Support and referrers are contacted to discuss the case and individual needs of that family.

Referrals for Family Support are then brought to a monthly Allocations meeting.

These meetings include Family Support Co-ordinators from Tusla Family Support services.

We accept referrals from services and agencies who work with families within the community.

- Tusla (the Child & Family Agency)
- Public Health nurses
- Schools
- CAMHS
- GPs and other local health professionals,
- Local Intreo Office and other agencies working with families including the St Vincent de Paul.

We also accept direct expressions of interests from families who would like to be a part of our programmes.

Further Information and referral forms are available via our website www.asterfamilysupport.ie



www.asterfamilysupport.ie

Aster FS 01-5161146

Sharon Rogers -0871617108

www.asterfamilysupport.ie

aster
FAMILY SUPPORT

Home

About Us

Publications

Contact



ABOUT FAMILY SUPPORT

Family Support is both a style of work and a set of activities which reinforce positive informal social networks through integrated programmes → [Learn More](#)



REFER A FAMILY

The Family Support Service will consider requests for family support services for families in the Tusla Child and Family Agency (CFA) administrative area of North Dublin only. → [Learn More](#)



CONTACT US

If you would like to ask us a specific question or need to talk to one of our team members at Aster, please visit the contact page and use our form or send us an email today. → [Contact Us Today](#)

WE ARE ASTER FAMILY SUPPORT

Aster Family Support provides services to parents and other caregivers of vulnerable children in the Dublin North area. Learn more about where we work.

[More Info](#)



Any questions?
