



COOLMINE
OVERCOMING ADDICTION, SUPPORTING RECOVERY

D15 CAT

Community Addiction Team

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Community Addiction Team



- **D15 Community Addiction Team (CAT)**
- **Voluntary non-profit organisation.**
- **Community Day service offering a wide range of programmes for alcohol and substance mis-use.**
- **The D15 CAT team consists of 4 project workers and 1 team leader.**

D15 CAT

Community Addiction Team



Location/Opening hours

37a Porters Avenue

Coolmine Industrial Estate

Dublin 15

01-6991078

0860277471

Monday, Wednesday, Friday 9am-5pm

Tuesdays-Thursdays 9am-9pm

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Community Addiction Team



Initial Contact

Referrals and Assessment

- Probation service
- Family members
- Support services
- Youth programmes
- Secondary schools
- Self Referral

**SERVICES WE PROVIDE
AT D15 COMMUNITY ADDICTION
TEAM**

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Stabilisation Programme

- **Adults 18+ who are impacted by drug and alcohol misuse**
- **2 groups per week at 1.5 hours per group.**
- **Clients enrolled in the programme are also keyworked on a weekly/bi-weekly basis**

Alcohol Programme

- Our alcohol programme runs 3 mornings per week, Monday, Wednesday and Friday for a duration of 2 hours.
- This is a 20 week day programme.
- Similar to the stabilisation programme, clients are keyworked on a weekly/bi-weekly basis.
- Once clients have completed their programme they are eligible to then move onto our aftercare programme which runs once per week for a minimum of 5 months.

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Young Persons Programme

- Our young persons group is aimed at 16-24yr olds.
- This runs twice per week for a duration of 1.5 hours.
- This is run as a Reduce the Use programme.
- Young people are keyworked weekly and/or bi-weekly.

Cocaine Programme

- Cocaine Programme is based on the Resonance Factor and runs twice per week for a duration of 1.5 hours.
- The cocaine programme is a 12 week closed group and takes place in the evenings.
- Specifically for adults who are struggling with their cocaine use.
- Clients are also keyworked on a weekly/bi-weekly basis.

Parents Under Pressure

- Our Parents under Pressure programme is designed to help parents build and maintain healthy and nurturing relationships with their children.
- This programme is carried out either within a group setting or on a one to one weekly session.

Family Support Programme

- Our family support is a facilitated weekly open group that runs once per week for a duration of 1.5 hours.
- This is for family members only who have been impacted by addiction.
- The aim of family support is healing and recovery for family members from the destruction of addiction.

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Q & A



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Thank you!