

Fingal Wellbeing Roadshow

October, 2022

Emilia Marchelewska



Cairde is an advocacy organisation working to tackle health inequalities among the ethnic minorities in Ireland



- Health Information & Advocacy
- Working with communities
- Working with service providers
- Research
- Policy

HEALTH INFORMATION AND ADVOCACY CENTRES PROVIDE:

- Information about health services in Ireland
- Guidance on rights and entitlements
- Advocacy and support to deal with problems
- Assistance in one's own language as we speak Arabic, French, Chinese, Italian, Polish, Russian
- Application forms and other helpful materials are available to take
- All services are free and confidential

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BALBRIGGAN OFFICE



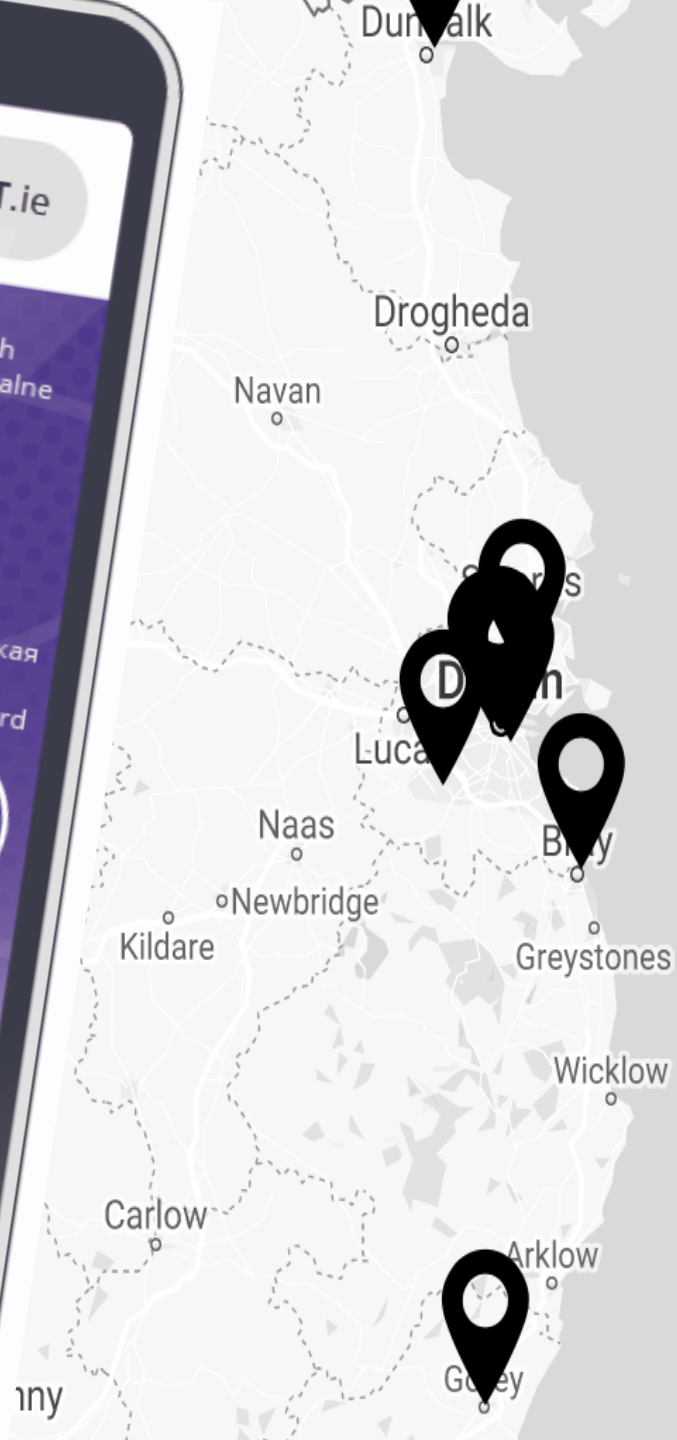


Cairde

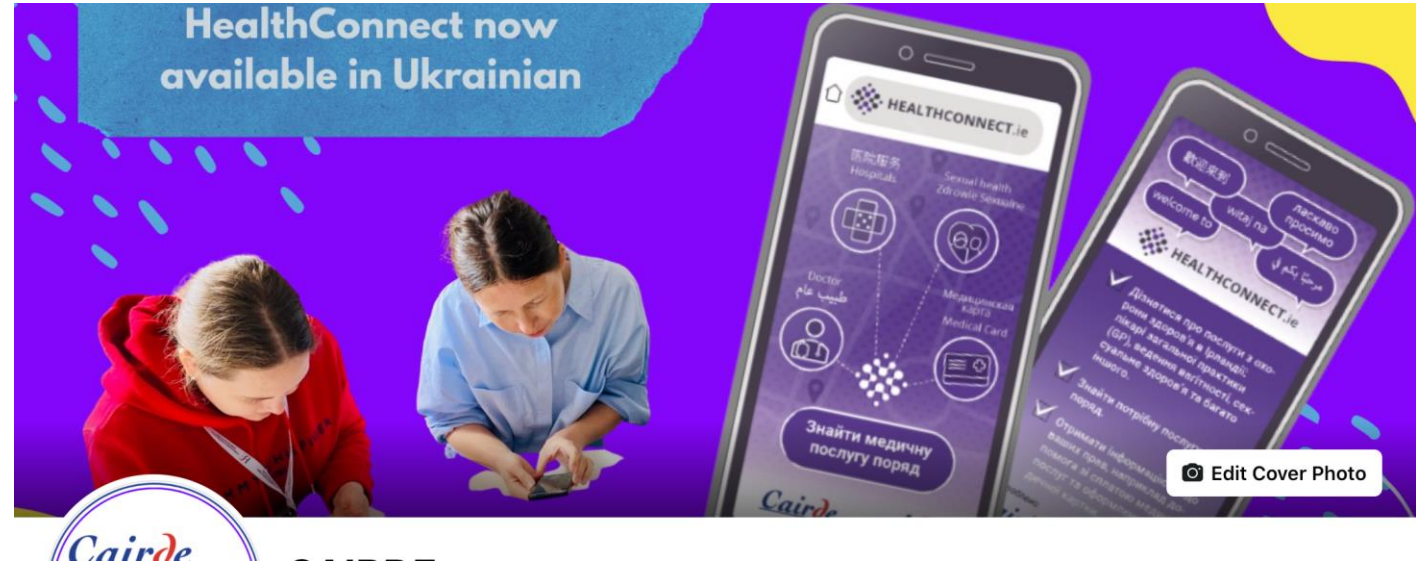
Balbriggan

- **HIAC - Individual Support**
Monday-Thursday
- **Groups**
 - Incl. BIF, BWDG, Youth Forum, Family mirror; AA, NA, brass band
- **Classes and courses** incl. knitting, machine sewing, sustainable arts & crafts, cooking & baking, wellness
- **Thrive Balbriggan**





HealthConnect recent campaigns



Roma Project

National Roma Infoline

- Monday – Sunday 9am-9pm
- Romanian, Romani, English
- Health Information and Advocacy
- 087 126 4606



Training





- Mental Health **Guides** & Directory in 8 languages
- **Workshop** for migrant community groups
- **Capacity building** for migrant faith & community leaders
- Mental Health and Wellbeing **Advocacy and Support**



Mental Health
and Wellbeing

Ukrainian Crisis Response

- Health assessments in
CHO 9, CHO 6
- Community development
Dublin City North
- Individual support



Thank you



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