

BMVI – Wellbeing Roadshow

Mission

Dedicated to the intensive, holistic support of young people and their families who may be at risk or affected by substance misuse, poverty, educational disadvantage, crime and poor mental health

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Agenda

Mission

Overview

Service Offering

Referral

Case Example

Sample Activities

BMYI MISSION

Supporting "at risk"
clients in D15



Drugs
Awareness

Family Support

Coping Skills

Life Skills

BMYI is dedicated to the intensive, holistic support of young people and their families who may be at risk or affected by substance misuse, poverty, educational disadvantage, crime and poor mental health.

Overview of BMYI

Located in Blanchardstown, BMYI is funded by the HSE, Blanchardstown Local Drug & Alcohol Taskforce and Tusla to serve the Dublin 15 area.

We have a purpose built building and we have a generous amount of space which includes a gym, a computer room, an education/project room, 2 large ground floor multipurpose rooms, a family room, and a large multipurpose IT room.

BMYI has 5 project workers, 1 part-time Administrator and 1 manager.



BMYI SERVICE OFFERING



Referral method

Simplified Referral Form

Only foundation information sought initially

Foundation information has minimal impact on GDPR considerations & simplifies the first contact

Needs Focused

Referral method

BMJI Referral Form: Young Person



Referrer Information - person completing the referral	
Name	
Organisation	
Phone	
Email	
Date of Referral	
Have parents/guardians given consent to share details for referral?	

Referral Information - details on young person being referred	
Name	
Is the young person resident in Dublin 15	
Last/Current School	
Age	

Referral method

Parent/Guardian Information	
Name	
Phone number	

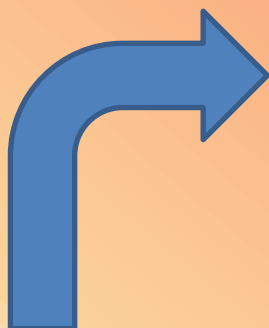


Referral Rationale - Reasons for referral

What level of importance would you say the supports below are for the young person being referred?

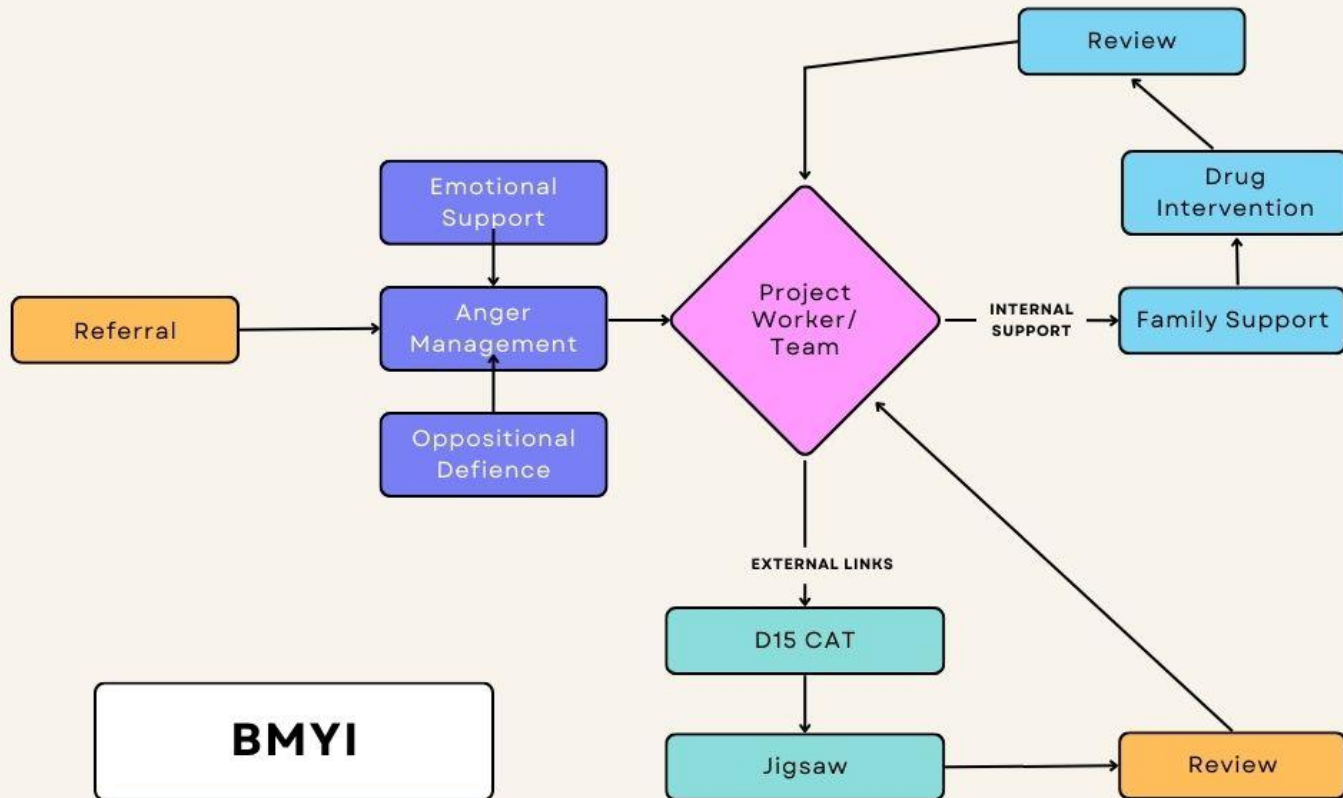
Please insert L for Low importance, M for Medium importance and H for High Importance

Promote/Enhance Physical Health	
Promote Positive Mental Health	
Promote/Enhance Education and Further Education participation	
Promote/Enhance Positive Social skills	
Promote/Enhance Life and Employability Skills	
Promote/Enhance Positive Peer Groups	
Promote/Enhance Drugs & Alcohol Awareness	
Promote/Enhance Addiction Awareness	
Promote/Enhance Community inclusion	
Promote/Enhance Personal Safety	



**Positive Framing
&
Solution Focused**

Referral Process Flow



Case Example - 16 yr old Male

Initial Referral rationale:

Emotional outbursts, Classroom disruption and disregard for School Authority.

Supported with:

- 1 to 1 Emotional Support Programme
- Peer Behaviour Support Programme

Further needs identified:

- Substance misuse (Cannabis)
- Drug Debt
- Drug Debt Intimidation
- Family Relationship Breakdown

Supported with:

- Family Support to Parents
- 1 to 1 intervention looking at Substance misuse
- 1 to 1 intervention looking at Drug Debt
- Links with Coolock Youthreach, CTC Blanchardstown to maintain educational path
- Links with Jigsaw and D15CAT to support mental health and address drug use
- BMJI weekly 1 to 1 support (Planning & Problem Solving, Relationships, Managing feelings)
- BMJI weekly Group work (Creativity, Confidence and Communications)



BMYI Activities

BMYI delivers Drugs Awareness programmes to individuals, small groups and large groups e.g. Coolmine Community School and Blakestown Community School.

BMYI provides physical education to clients in our gym. Physical exercise can provide a positive outlet for mental strain and also provide for an organic space to develop social connections.



BMYI Activities

BMYI frequently works with NCYI through the Artist in Residency programme. Working with the Actor and Film-maker, John Connors, BMYI helps young people to explore many social and personal issues while enhancing the following:

Communication skills
Confidence & Agency
Planning & Problem Solving
Relationship Building
Creativity
Emotional Regulation
Resilience
Self Determination



BMYI Activities

BMYI continues to provide its Summer Programme which helps to maintain connections with young people, enhance the Project Worker/ Client relationship and demonstrate the reality of fun and engagement, without drugs.

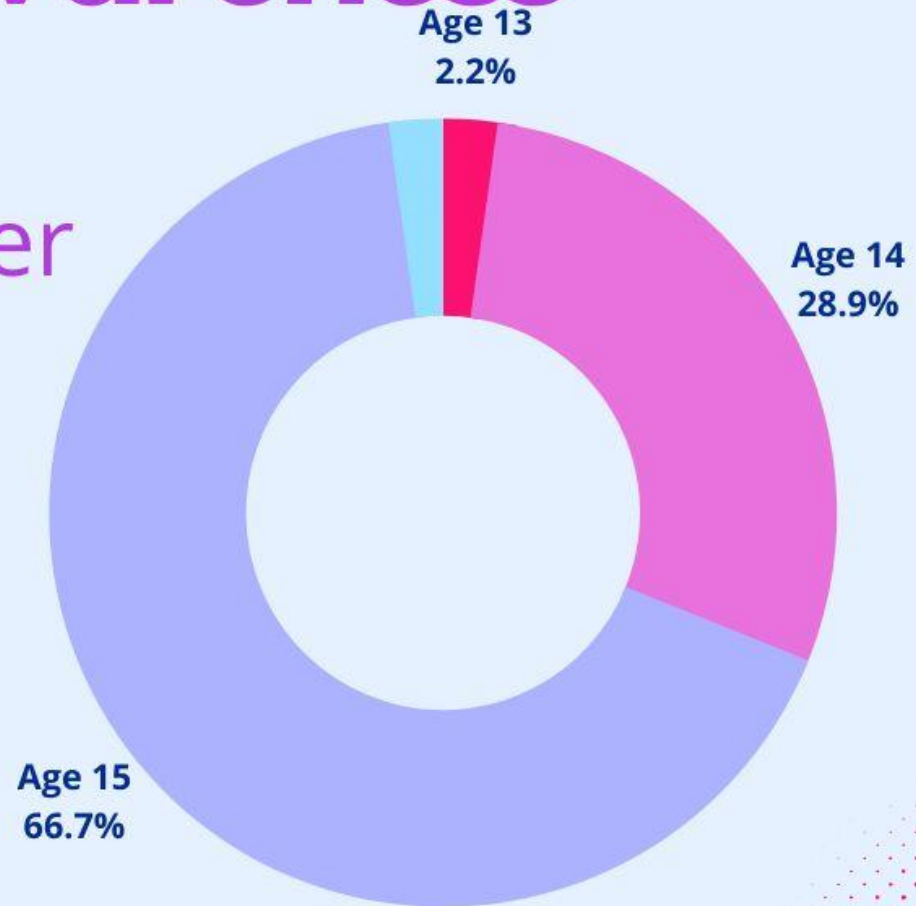
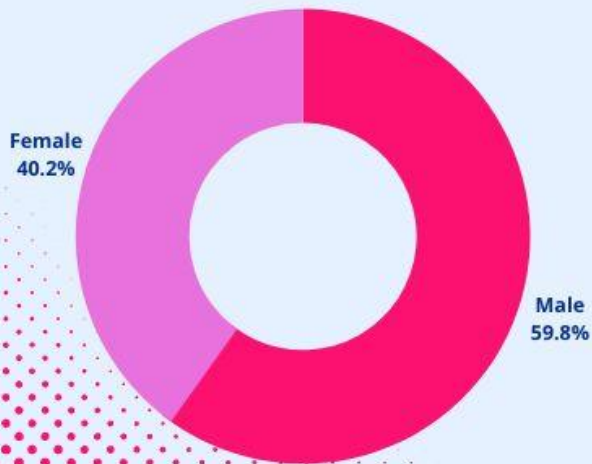
While Summer Programmes were run 1 to 1 sessions and other supports continue to ensure presenting issues are always addressed.

BMYI also continues with its Christmas Toy event which sees a local group of workers who wish to remain anonymous donating thousands of Euros worth of toys. These are distributed to families with financial burdens and also neighbouring agencies working with families needing support.

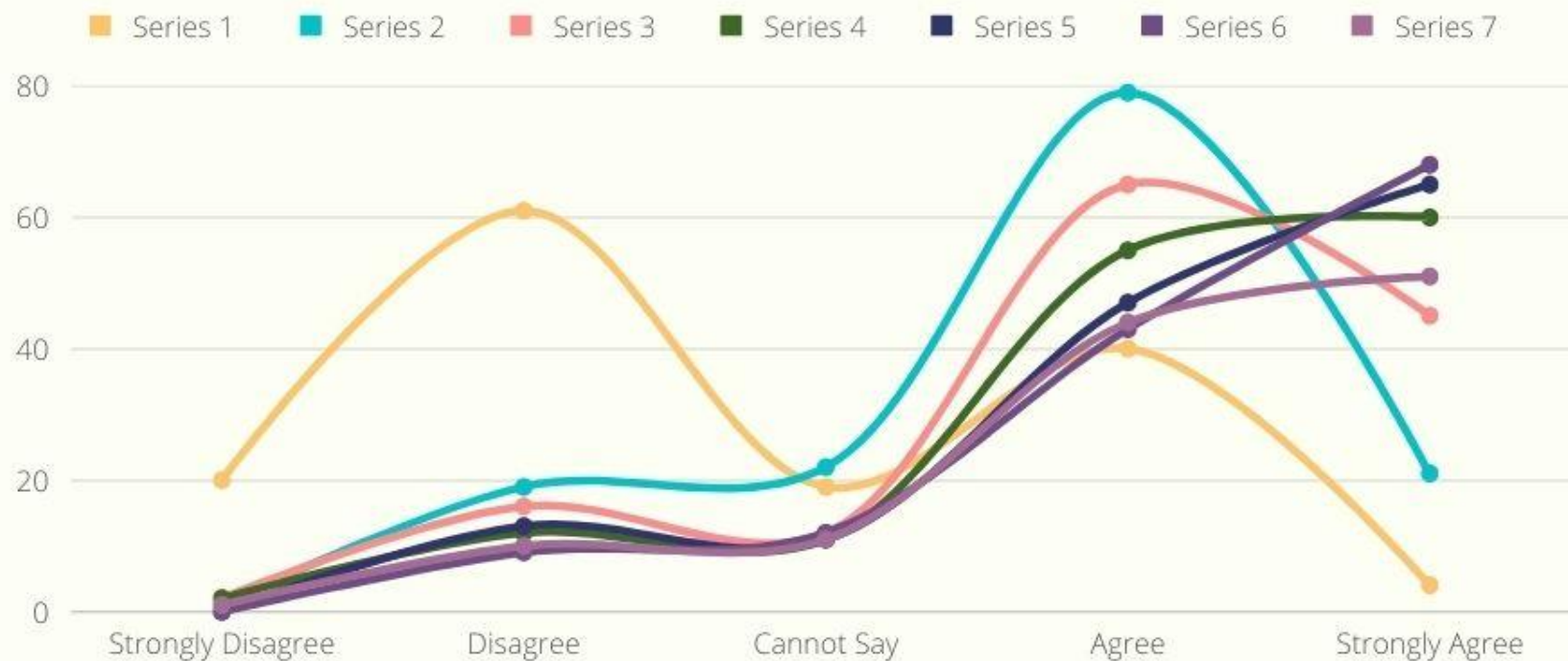


Drugs Awareness

Age & Gender Profile



Drugs Awareness



Initial Inquiry

Are drugs bad for mental health?

Final Inquiry

Are drugs bad for mental health?

Promotional Video

Check out our video

https://www.youtube.com/watch?v=6_c7Btk4ITg&t=4s

Connect with us

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Thanks for
listening