



Anew

Supporting women & families

Who We Are

Anew have been supporting pregnant women and new mothers, particularly those at risk of or experiencing homelessness, since 1981. We are the only service in Ireland who specifically provide accommodation and supports to women who are pregnant and at risk of or experiencing homelessness.

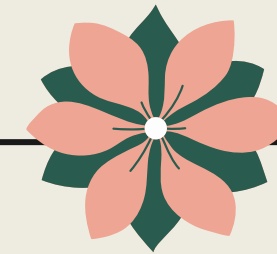
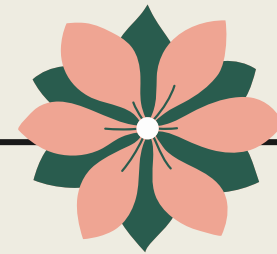
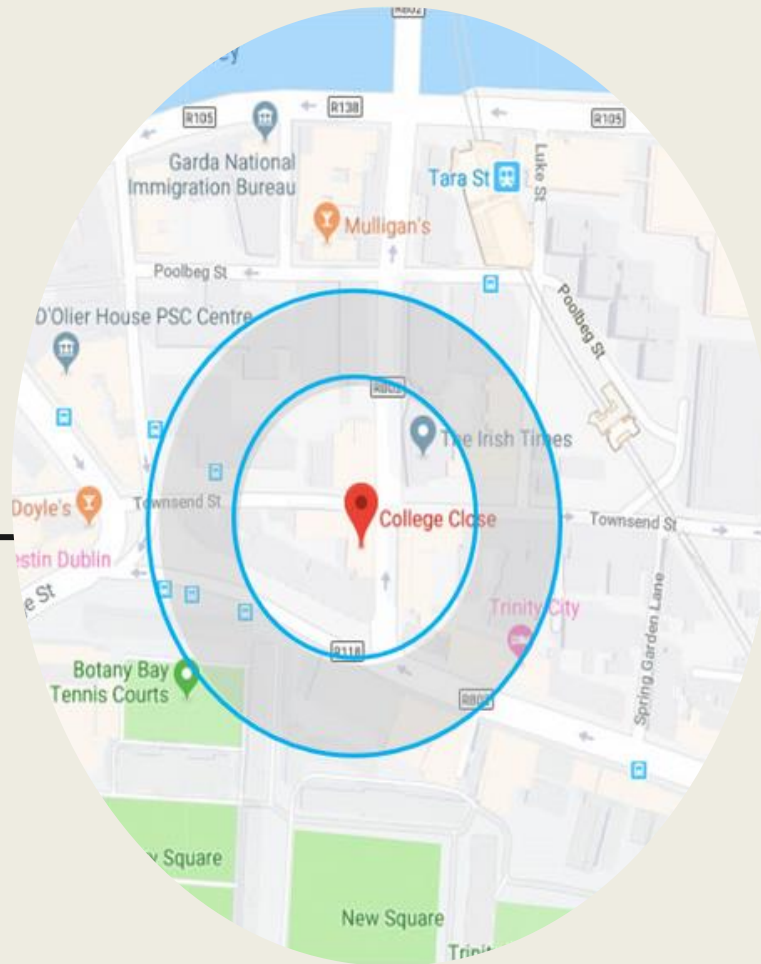
We work intensively to support, safeguard and protect the women, babies and children we work with, while supporting them to access appropriate housing and accommodation as soon as possible.

Our aim is to:

- Provide preventative and early intervention support for better lifelong outcomes.
- Improve post-natal health and well-being for mother and baby.
- Reduce homelessness for pregnant women and new mothers.
- Promote and protect the health, wellbeing and rights of the women and babies we work with.



Where we are



Established over 40 years
Fully compliant with the Charities Governance Code

Locations

Dublin City Centre
North Dublin - Swords

Our Services

1. Housing & Homeless Support

- Information and practical support with housing eligibility
- Support with accessing HAP / HHAP
- Sourcing alternative accommodation options
- Tenancy sustainment
- Advocacy and advice

2. Supported Temporary Accommodation (24/7/365)

- Four bedrooms with en-suite bathrooms
- Intense one to one key working
- Specialised Pregnancy and Maternal Well being
- Baby / Child Development and Parenting Support
- Peer Support Groups

3. Day Services

- Group and one to one support
- Life skills – cooking, budgeting, relationships
- Pregnancy and parenting support
- Support with physical and mental health
- Counselling service
- Peer support programmes
- Outreach support





Our Team

We have a small team of 13 who are committed to advocating for, supporting and providing the highest level of care to those who access our services.

CEO
Marian Barnard

Senior Services
Manager
Danielle Gannon

Financial Officer
Sharon Culliton

Social Care Team
Leader
Norma Fitzgerald

Housing Officer
Genevieve Kelly

Social Care Worker
Grainne Bollard

Social Care Worker
Niamh Rogers

Social Care worker &
Registered Midwife
Caroline Snowe

Support Worker
Alan Fitzgerald

Support Worker
Norma Guiden

Support Worker
Patricia Apolot

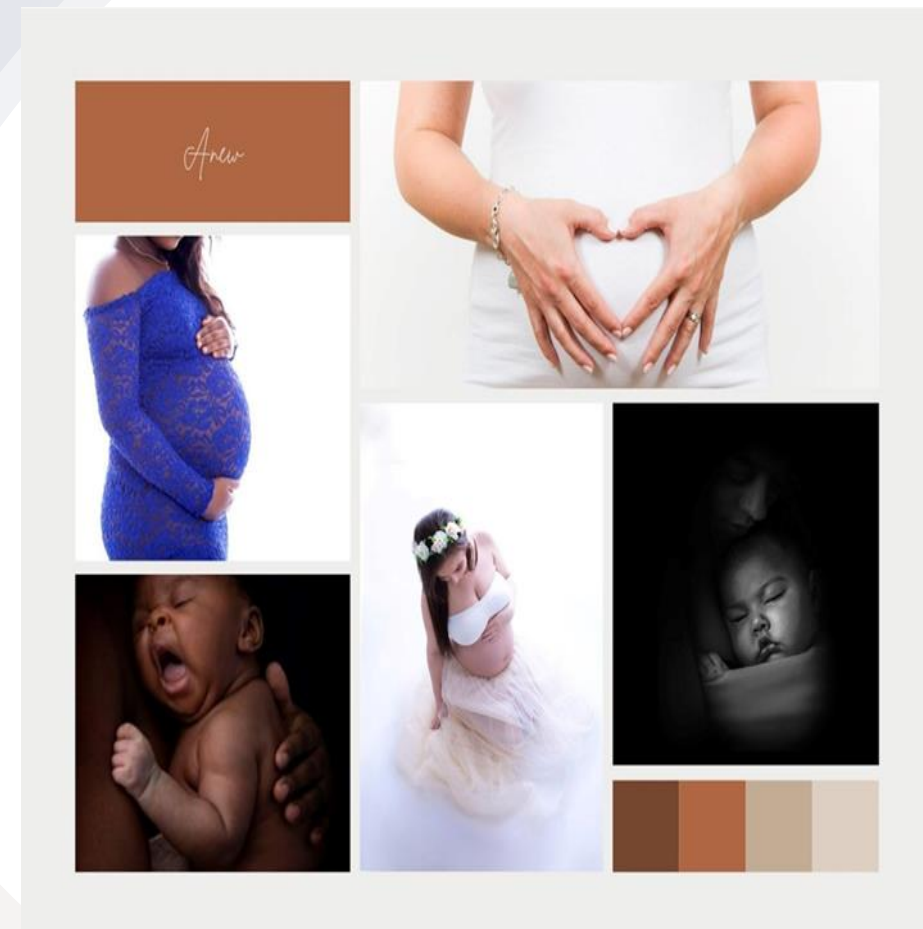
Support Worker
(Relief)
Betty Lynch

Support Worker
(Relief)
Kate Lennox

Who do we help?



- Pregnant women and new mothers from all backgrounds
- Homeless due to their pregnancy
- Alone and isolated due to circumstances such as domestic violence, cultural stigma, unsuitable accommodation
- Marginalised women such as migrants, members of the traveling community.
- Socially disadvantaged women
- Women who have come through the care system
- Women with children in care



Homelessness and Pregnancy

Majority of the women we work with become homeless due to:

- Becoming pregnant.
- Some have lost employment
- Some are leaving the Care System
- Some leave Domestic Violence

Many of the women face challenges such as:

- Isolation from family members and support networks
- Some are excluded from family due to cultural differences
- Stigma and shame of being homeless

Impact of Homelessness

- Loss of supports
- Relationship breakdowns
- Long-term homelessness / unemployment
- Risk of substance use
- Often develop health problems including Mental Health





Who can refer to our Services

- Self Referral
- Central Placement Service and Family Support Team
- Maternity Hospitals
- Social Inclusion Social Workers
- Tusla
- Tusla Aftercare
- Housing bodies and local authorities
- Domestic Violence Services
- Other Homeless services
- Family Support Services
- Other NGO's



Accessing our services

Initial Contact

Referral and assessment completed
based on needs

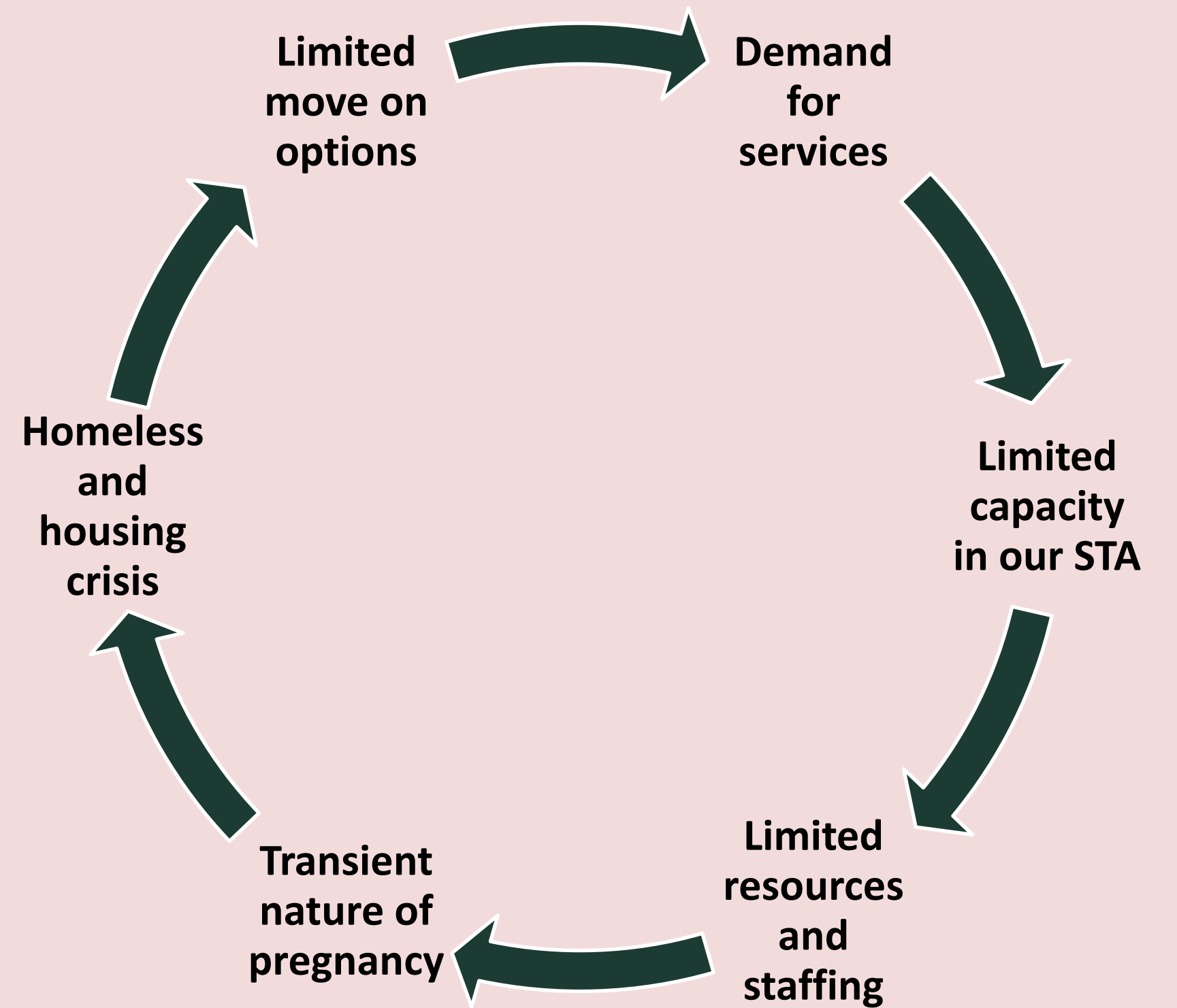
Support to complete homeless and
housing assessment if not complete

Put on waiting list for STA

Alternative supports offered -
outreach, access to day services



Challenges



Testimonials

*"I am starting to gain **confidence in my ability to raise a child** on my own and I really feel my future is going to be brighter."*

*"**I felt so safe** in my room that I thought I never wanted to leave. In fact for the first few days, I don't think I left my room. I was completely overwhelmed at the fact that my baby and **I at last had a safe space** for ourselves."*

As a young first-time mom, I appreciated all the support in terms of what to expect as a new mom. It was nice learning from other moms and babies for instance knowing what to buy for a baby, making bottles, changing nappies etc.

*"I love being a mother, but it can be very difficult on your own. A new staff gave me back my confidence and self belief that **I can be a good mother** and raise my child with love and understanding."*

I loved the support, very helpful and it felt like home. It was such a happy environment. The rooms are comfortable and homely. It didn't feel like a homeless place.

Contact Us

Website: <https://anew.ie>

Email: hello@anew.ie

Facebook: Anew Support Services @ANEWNational

Instagram: @anewsupportservices

Twitter: <https://twitter.com/AnewSupport>

