

## Corona Virus - Covid 19

### Information on how agencies involved in FCYPSC are operating during Covid 19 March 2020

<b>Tusla</b>	All Tusla offices are currently operating as per government recommendations on the 28.03.2020. Staff are working remotely and staff on site have been reduced to a minimum. Tusla has put a range of operational measures in place to ensure the delivery of essential services during this time across key areas including child protection and children in care, emergency out of hours' services, and domestic, sexual and gender based violence services. If you wish to report a child protection concern please contact the duty social worker on <b>01/8708000</b> or log on to the Tusla portal on; <a href="https://portal.tusla.ie/">https://portal.tusla.ie/</a> . CFSN networks are also operational across all areas of the county. Working to deliver a local response to all areas in Fingal.
<b>Fingal County Childcare Committee</b>	Offices will be closed until further notice and staff will be working remotely. The team at Fingal CCC are committed and available to provide support and advice to early year's providers, parents, child-minders and employers in the Fingal area. The team will be available to answer your calls and emails from Monday-Friday 9am-5pm. Email <a href="mailto:info@fingalcountychildcare.ie">info@fingalcountychildcare.ie</a> . Adrienne Doyle Manager, <b>0879217918</b> . <a href="http://www.fingalcountychildcare.ie/">http://www.fingalcountychildcare.ie/</a>
<b>Daughters of Charity, Child and Family Service</b>	<p>The Daughters of Charity Child and Family Service Dublin Safer Families Service, and Family Centres are continuing to provide a service to children and families remotely and are continuing to take Referrals at this time. Opening hours 9am to 5pm and evenings based on need of families. Balbriggan and Turas do late evenings twice a week and this has moved now to online or phone based on need of families</p> <p>Please contact the centres below at the following numbers;</p> <ul style="list-style-type: none"><li>· Aistear Beo Family Centre/Connaught Street 086 035 3827 or 086 389 6657</li><li>· Balbriggan Family Centre 086 035 3843 or 086 410 8848</li></ul>

	<ul style="list-style-type: none"> <li>· Turas Springboard Family Centre (operating from St. Benedict's in Kilbarrack) 086 035 3810</li> <li>· Dublin Safer Families Service 086 142 8816</li> </ul> <p>The assessment centres will continue to provide a service;</p> <ul style="list-style-type: none"> <li>· St Benedict's Assessment Centre 086 035 3822 or 086 035 3821</li> </ul>
<p><b>An Garda Síochána</b></p>	<p>All Public Offices of Garda stations remain open. However, if you need to contact An Garda Síochána please consider the following:</p> <ul style="list-style-type: none"> <li>• In an emergency always dial 999/112 - You should use this service if a crime or incident is happening now or if anyone is in immediate danger.</li> <li>• For non-emergency or general enquiries, you can contact your <a href="#">local Garda Station</a> by Telephone and Email.</li> <li>• Contact details for key offices are available in the <a href="#">Garda Stations Directory</a></li> </ul>
<p><b>DDLETB</b></p>	<p>DDLETB schools and centres closed as advised by government. Schools and centres will remain closed until further advice from the government. DDLETB staff will continue to work remotely. Schools, centres and youth services are maintaining regular contact with parents and young people. The main agents for the delivery of youth services for DCYA through DDLETB in Fingal are Foroige and Crosscare both of which have or are currently adapting their services to respond to the day to day need of young people linked in to their services during this uncertain time. <a href="mailto:info@ddletb.ie">info@ddletb.ie</a> <a href="mailto:martinmacentee@ddletb.ie">martinmacentee@ddletb.ie</a> <a href="http://www.ddletb.ie">www.ddletb.ie</a> DDLETB number <b>01-4529600</b>.</p> <p>DDLETB has set up a number of resources to continue catering for all the young people that are engaged in their services.</p> <p>In relation to ALP all youth workers are communicating with the ALP tutors and gathering work the students would have been doing if they were still attending ALP. From here the youth worker is emailing/hand delivering the work to the young people and putting a reasonable dead line on the return of this work. The youth worker will contact the young people two/three times over the week and ensure everything is ok. Alternatively, the young people can contact the youth worker at time via whatsapp/text/email or their organisations Facebook page. All organisations policy and procedures are adhered too in relation to the above contact measures.</p>

	<p>In relation to youth groups DDLETB youth workers have developed whatsapp groups and each day the youth workers will post in daily challenges for the young people to do. Challenges such as do 10 press-ups, make a cup of tea for a loved one. They have to document it and post it back into the group.</p> <p>The youth workers both in ALP and our youth groups are also putting up important information in relation to Covid-19. Such as how it is contracted, how you keep yourself safe during this time, psychological/counselling service available to young people and positive mental health tips. The DDLETB sport department are also linking in with the youth workers and designing youth friendly daily at home exercises which is distributed to young people and their families on a weekly basis via the youth workers. These exercises are also up on the DDLETB Facebook and Instagram page (please see links below).</p> <p>Facebook : <a href="https://www.facebook.com/Dublin-Dun-Laoghaire-ETB-Youth-Sport-Development-Service-273248996432249/">https://www.facebook.com/Dublin-Dun-Laoghaire-ETB-Youth-Sport-Development-Service-273248996432249/</a></p>
<b>Empower</b>	<p>Are providing support to anyone needs support from their employment, training or community services. They will be providing this support via phone and email over the coming weeks. <b>018209550</b> or <a href="mailto:info@empower.ie">info@empower.ie</a> . Working remotely; remote teams in Swords and Balbriggan. Two videos empower made to help people access unemployment payments. Empower Help with Covid 19 Unemployment Payment</p> <p><a href="https://www.youtube.com/watch?v=E7f67qDJZal&amp;feature=youtu.be">https://www.youtube.com/watch?v=E7f67qDJZal&amp;feature=youtu.be</a> and Apply for PPSN or PSC</p> <p><a href="https://www.youtube.com/watch?v=aCuYyeGuyp8&amp;feature=youtu.be">https://www.youtube.com/watch?v=aCuYyeGuyp8&amp;feature=youtu.be</a></p>
<b>Fingal County Council</b>	<p>Fingal County Council's public offices are now closed to the general public.</p> <p><b>Fingal Community Response Forum</b></p> <p>The Community Response Forum has established a 'COVID 19 Community Support <b>Helpline 1800 459059</b>' and email 'covidsupport@fingal.ie', which is operational seven days a week from 8am to 8pm.</p> <p>This helpline provides an effective, centralised service which uses community resources to deal with requests for assistance from vulnerable citizens during the Covid-19 crisis. The helpline/email deals with non-emergency, non-</p>

	<p>medical calls. The objectives of this helpline/email are to:</p> <ul style="list-style-type: none"> <li>➤ Signpost and refer callers to the appropriate agency supports, local and national helplines as required.</li> <li>➤ Coordinate and assist in the delivery of food, fuel and medicine to vulnerable people where their usual sources of support are unavailable, through community structures.</li> </ul> <p>A dedicated community support helpline and email address has been launched to assist at-risk members of the public in accessing non-emergency and non-medical supports and advice. Find out more at <a href="https://bit.ly/3aDYzQM">https://bit.ly/3aDYzQM</a></p> <p><b>Email: <a href="mailto:Covidsupport@fingal.ie">Covidsupport@fingal.ie</a></b></p>
<p><b>Mountview Family Resource Centre</b></p>	<p>Mountview FRC have set up two Zoom cloud groups for their children and parents group. The Play Therapy Service will suffer greatly as Play Therapy Ireland has advised Play Therapists not to work with children as it is not possible to keep a safe distance. The service is linking in with the most vulnerable of our clients and the most vulnerable of our participants i.e. The men's group and our women's groups some who live alone and many would have mental health issues also. We are ringing and making a phone call daily offering to shop and help in any way we can while observing H &amp; S and offering support, more importantly providing a listening ear so they don't feel so isolated or fearful. They are really appreciating the phone call and link in. All service users have been given contact numbers for staff. The community is kept informed through their Facebook page. They have organised online links for computers and art sessions that the participants of the computer and Art class can avail of to ensure they don't lose their skills. It's all very new and they adapting to the needs as they present. They are being creative and keeping the support going as its needed more than ever at this time. <b>Telephone: 01/ 8206171</b></p>
<p><b>Barnardos</b></p>	<p>Barnardos are offering a layered approach to families depending on their presenting needs as outlined below. We are operational and open for receiving new referrals from Tusla and other referral pathways. New families will receive a service from Barnardos during these times as required. The services will continue to operate with as much creativity to support families through this time.</p> <p><b>Current work with our Parents and Families in Dublin North</b></p> <p>We are maintaining regular Skype and phone contact with our current families and are also <b>beginning</b> to provide</p>

support to those on our waiting lists. This support includes;

- Practical support, parenting support, parental and child overwhelm due to current circumstances, safety planning, establishing and maintaining routines, support in managing crises, budget management, advocacy work for parents in need of services, barring orders etc, understanding and managing the emotional impact of COVID, supporting the completion of school work, compiling and distributing activity packs and supporting families in utilising these.
- 1:1 support during these restricted times via Skype for both parents and children.
- Barnardos also work with families and teens are experiencing anxiety regarding COVID or alternatively at times, teens who have not been taking COVID seriously.
- Developing and delivering creative activity packs and materials to parents to keep children occupied.
- Online support provided for groupings of either children, parents or individual family groups
- Individual Mindfulness and online mindfulness groups for children, parents and families
- Parent Toddler Groups online
- Afterschool activity workshops with parents and children.
- Distributing donated toys etc
- Provision of Food to Families in need

**Specialist Services available nationally to parents and children;**

- Our Post Adoption Support service operates a helpline for adoptive parents, we are planning to make this available to foster parents also and can expand the hours of this to a full time helpline should you think this is helpful.
- Our Childhood Bereavement service also operates a helpline for bereaved families. We could expand this to increase availability to support families with unexpected bereavements without the usual societal supports to help them process their loss.

**Supporting parents and families nationally;**

A **National Parenting Response** phone service line is available for all parents and families. The line is open from **Monday to Friday; 10am-2pm** each day for support, advice or information. The number is 1800 910 123. Contact can also be made by emailing [parentsupport@barnardos.ie](mailto:parentsupport@barnardos.ie). A parent will be able to talk directly to qualified staff who is

	<p>either located in their geographical area or who specialises in their specific area of presenting need. They will receive parenting support and guidance in relation to general parenting, feelings of parental overwhelm, understanding the emotional impact of COVID, developing structure / routines / activities/ supporting education; behaviour; feelings; education, grief and family violence. Where more targeted services are required they will be referred to one of our family support services to receive further support. Barnardos are also establishing a COVID 19 area on their website which will have useful information and a range of resources available for families.</p>
<p><b>Blanchardstown Drugs Task Force</b></p>	<p>The majority of Task Force staff has been redeployed to assist in the provision of isolation facilities to homeless clients of the addiction services. Drug services are still available through Marie McKay at D15CDT on 018216601 or 087 927 6471. Also through Gerry Ryan at Tolka River Project on 087 668 4671. Family Support services are available through Sarah Jane Leonard on 087 957 4215. These services are only available over the phone and are much simplified.</p>
<p><b>North Dublin Regional Drugs task force</b></p>	<p>Centre based work is suspended. The Staff of the NDRDTF have been redeployed to setup and manage a Covid 19 “Cocooning” unit. This 32 bed facility is based in north county Dublin and will be used to accommodate clients of social inclusion services who, due to underlying health conditions, would be highly vulnerable if they were to contract the virus. Staff of North Dublin RDATF and our colleagues in Ballymun LDATF areas will run this unit 24/7 and provide the necessary administrative back up support. The Community Care Service and Family Support service continue to offer remote support to our clients. For family support service ring Siobhan <b>086 793 5644</b> and for community care service ring <b>01-8131786</b>.</p>
<p><b>Tusla Educational Support Service</b></p>	<p>TESS Educational Welfare Service is responding to the current situation by engaging with the children and families who are open cases to our service through carrying out the actions below. It is worth noting that not all the schools where the children are attending have the support of DEIS and therefore some of the children and families that we are working with do not have the support of our School Completion and HSCL (Home School Community Liaison) colleagues. <b>Educational Welfare Officers (EWO’s)are currently:</b></p> <p>1) Checking in with all families who are currently open cases to Tusla EWS by phone call or text (or home visits if deemed necessary in exceptional circumstances).</p>

- 2) If schools have not provided work for children, or where the work provided is not accessible due to, for example, no broadband or IT in family home, Educational Welfare Officers are making contact with the school and requesting follow up by school staff to ensure the children are not disadvantaged further.
- 3) Contacting and working alongside colleagues in HSCL, SCP and other support services who are involved with the same vulnerable families to coordinate response/supports as required.
- 4) Highlighting to TESS management any cases where it is felt there are child protection and welfare concerns following contact with families which have been exacerbated by the current crisis and where it is felt that social work intervention may be required through making a referral to Tusla CPSW.
- 5) Participating in any locally coordinated response led by Tusla or other support services which are established to identify local need and deliver appropriate responses to vulnerable families.
- 6) Sharing with our teams any innovative and creative responses being provided in our local areas so that these can be shared and replicated if possible.
- 7) Regularly reviewing interventions being provided by TESS and amending as necessary

**Home- School Community Liaison coordinators have been advised to**

- HSCLs have been directed to keep in regular contact with the most vulnerable families at this time by phone, text or email to support education at home and for general check ins. This is to continue a connection to the school and their child's education at this time.
- To link in with their family/local coordinators by way of peer support and information sharing.
- link in with their SCP programme and principals regularly to plan how they can support families together.
- Use part of their budget to help families where needed.
- Communicating via weekly emails
- involved in the School Meals Scheme

	<p><b><u>School Completion Post Primary</u></b></p> <p><b><u>Initial Response</u></b></p> <ol style="list-style-type: none"> <li>1. Identification of those students who are vulnerable and require additional supports.</li> <li>2. Contact made with the above to ensure they have books/access to IT etc.</li> <li>3. Organising for those who do not have books to collect safely from school.</li> <li>4. Ensuring those who do not have IT access receive work from teachers.</li> <li>5. Involved in the School Meals Scheme</li> </ol> <p><b><u>Going Forward.</u></b></p> <ol style="list-style-type: none"> <li>1. SCP will make contact with those families identified by phone x 2 per week.</li> <li>2. Students will be emailed by SCP staff with positive messages and links to websites etc (for eg: Jigsaw etc) and with our contact details reminding them to contact us if they need to.</li> <li>3. Continuation of delivery of materials to those who require it.</li> </ol> <p><b><u>Primary</u></b></p> <p>In some Primary schools in conjunction with HSCL preparation and delivery of packs to homes with games, learning materials etc.</p>
<p><b>Jigsaw</b></p>	<ul style="list-style-type: none"> <li>• Jigsaw has phone support contact with all young people/parents attached to our clinical service and will do on an on-going basis, by agreement with the young person.</li> <li>• <a href="http://jigsawonline.ie">jigsawOnline.ie</a> also has an "<a href="#">Ask Jigsaw</a>" section where young people and parents can ask questions of our clinicians in an asynchronous way.</li> <li>• <a href="http://jigsawonline.ie">jigsawOnline.ie</a> has lots of <a href="#">relevant articles/videos and other content for young people</a> focused on the current</li> </ul>



	<p>Covid19 situation and the impact on young people's mental health, along with other general mental health concerns.</p> <ul style="list-style-type: none"> <li>• Jigsaw's <a href="#">Instagram</a> page has lots of additional vlogs/live sessions/mindfulness pieces to support young people at the moment.</li> <li>• Jigsaw continues to engage with our Youth Advisory Panel's across the country to ensure a youth voice is central to our approach at this time.</li> </ul>
<p><b>Secondary School in the North Fingal</b></p>	<p>Schools are closed However they are maintaining a community of practice - albeit a virtual one. Weekly updates being posted on the school website. Providing pupils with a remote learning plan. <b>Schoology:</b> This is used for posting updates, scheduling tutorials and communicating with students. Students are asked to check it daily. They are keeping in regular contact with the school community through the website, iClass and text. An email address is provided to contact the school.</p>
<p><b>Primary School in D15 have responded</b></p>	<p><b><u>Aladdin Connect:</u></b> We have activated Aladdin Connect, which is a new communication tool we will be using to connect with parents and pupils. Launched last Wednesday, we now have 95% coverage.</p> <p><b><u>Dedicated Email Address:</u></b> We have set up a special email address for parents to communicate directly with me. This is working very well as parents feel they can contact me directly, without delay.</p> <p><b><u>School Website Updates:</u></b> We are constantly updating our school website as new information comes to light. We have asked parents to check-in on our website for regularly for updates.</p> <p><b><u>Emergency Contact Number:</u></b> In the event of an emergency, parents can contact me using a dedicated mobile number. This is working very well. <b><u>Video messages to pupils:</u></b> Teachers and principal are sending regular video messages to pupils in their classes to maintain contact, reassure pupils, provide continuity and a familiar face in a time of stress and uncertainty. This helps to reduce anxiety and stress among our pupils.</p> <p><b><u>Teaching and Learning Platform:</u></b> We are working hard to develop new teaching and learning platforms for pupils, to support learning from home- a steep learning curve!!</p> <p><b><u>Phone calls to vulnerable families:</u></b> Senior Management have drawn up a list of vulnerable families with whom they will maintain regular contact in order to provide support.</p>

	<p><b>Networking:</b> We are using our professional networks to share information, resources, ideas and mutual support in these challenging times.</p>
<p><b>Foróige</b></p>	<p>Foróige is following all Government advice in relation to Coronavirus COVID-19. All Foróige Clubs are suspended until at least 30th March. Staff continue to provide online and telephone support to the young people. They are also providing in person contact using social distancing and are Delivering packs to families in need.</p> <p>The delivery of our Relationships &amp; Sexuality Programme (REAL U), Leadership programme and Health and wellbeing programme. We are talking to DDLETB to determine whether some of the schools or Oberstown might be interested in having them delivered by youth workers to the schools population.</p> <p>Continued and regular academic support for young people with their school work (both to those who are in school and early school leavers). Packs have been delivered to young people who want them and youth workers engage on line with others who are working on their own work.</p> <p>HI funded project worker will today begin work on designing holistic health pack ideas that could be used by staff in North Dublin and then nationally - this will be in the form of a document or resource for staff to get inspired by.</p> <p>Food parcels and creative parcels are being delivered to young people and their families. Creative parcels enables youth workers to work on line together with a young person or create, cook or engage in an activity. Majority of this work is done using Zoom</p> <p>One to one face to face work is continuing in open spaces only - all Foróige offices are closed except for Blanchardstown Youth Service, however it is closed to the public.</p> <p>Priority is given to the most targeted and vulnerable young people - some living in homeless accommodation, others in overcrowded homes. A lot of support is being provided to parents in the form of phone calls and use of Strengthening Families module around living with your teens.</p> <p>Camara laptops, dongles and smartphones are being made available to families who do not have access to these and they are been given email addresses to ensure good quality of engagement with the youth workers. This is working very well. We will attempt to get more laptops but they are now in short supply.</p>

	Contact with all of the Foróige projects across the county can be made by calling <b>01:8212012</b>
<b>CAMHS</b>	CAMHS Blanchardstown and Castleknock continue to operate in Corduff Primary Care Centre. Appointments are happening by phone unless it's an emergency. We are still accepting referrals. Any emergency in-person assessments get a phone call that day for a phone assessment of any COVID 19 symptoms or close contacts etc. Some of our staff are working from home if they need to. Some of our staff are self-isolating. Any repeat prescriptions are being faxed direct to the pharmacy. For those on medical cards there is no need to get a transfer form for scripts from GP, pharmacies are accepting them by fax. We are also in contact with clients by email and have been emailing relevant resources to parents and children. The service will continue to operate as it is for as long as possible. Each clinic number will have a message about where to contact for support if the service has to close or staff are redeployed. Following all advice in relation to Covid 19 it may not be possible to get face to face appointments with a member of a CAMHS team. Currently they are offering 1 to 1 appointments to those who are at risk of suicide and those with eating disorders. The HSE website lists supports: <a href="http://www.hse.ie/mental-health-services/connecting-for-life">www.hse.ie/mental-health-services/connecting-for-life</a> .
<b>Cairde</b>	Face to face services in Dublin and Balbriggan have been suspended until further notice. If a person needs <b>Health Information, Advocacy and Support they can contact. Contact details:</b> 01 855 2111, 01 8020785 Email us: info@cairde.ie Get in touch via Facebook.ie/CairdeCentre <a href="http://cairde.ie/changes-to-cairdes-services/">http://cairde.ie/changes-to-cairdes-services/</a>
<b>Dublin City University</b>	Dublin City University has now suspended all on-campus lectures, tutorials and teaching laboratory classes effective from March 12 <sup>th</sup> . Students are being provided with online teaching tools.
<b>Tusla DSGBVS</b>	Domestic Violence Services helplines and outreach numbers remain open to support those experiencing Domestic Violence at this time. Outreach numbers are diverted to the refuge helplines outside of office hours so there is 24/7 support available from all services. Aoibhneas Outreach support <b>01 912167024/7</b> Helpline <b>01 867 0701</b> , North County Dublin Domestic Abuse Service <b>087 062 4341</b> , Sonas Advice and Information helpline available on <b>087 952 5217 24/7</b> Refuge – <b>01 866 2015</b> , Women's Aid <b>1800 341 900</b> (24 hours) Support is being done over the phone on a case by case basis. It is difficult as perpetrators are in the home.
<b>Jillian Connolly</b>	Waiting for feedback. Link to resources on the NCSE <a href="https://ncse.ie/online-resources-for-parents">https://ncse.ie/online-resources-for-parents</a>

<b>Ellen O’Dea</b>	The head of health and wellbeing is currently running the testing centres in CHO 9, all health promotion work has stopped until the crisis has passed.
<b>Mary Healy</b>	IPPN and NPC will work together with other national stakeholders in the coming weeks to support school communities to best support children’s learning. There are online resources for schools and TextaParent SMS units will be provided to all schools that request them, without requiring up-front payment, to ensure that no school would run out of ‘credit’ in communicating urgent information to parents.
<b>Crosscare Youth Service</b>	<p>Swords Youth Service has been using online youth work as a tool to continue to engage with young people. They have</p> <ul style="list-style-type: none"> <li>-Been continuously updating their Facebook and Instagram pages with information and positive messages:  <a href="https://www.facebook.com/Crosscare1/">https://www.facebook.com/Crosscare1/</a> <a href="https://www.instagram.com/crosscare1/?hl=en">https://www.instagram.com/crosscare1/?hl=en</a></li> <li>-Each group running is either part of a Facebook Messenger Group or Whats App Group and they continue to make contact with young people through these methods.</li> <li>-All youth work staff have been set up on the Swords Youth Service Instant Messenger and are responding to messages from young people at any time of the day including evenings and weekends. Responses in line with good youth work practice</li> <li>-Youth Workers have been using Zoom to deliver group work and keep up to date with their weekly and/or daily groups</li> </ul>
<b>NEPS</b>	<ul style="list-style-type: none"> <li>• NEPS has developed advice and some resources for young people to manage and stay well when schools are closed. This information is available on the Department’s website and includes material on creating new routines at home, advice for parents and schools on talking to children and young people about COVID-19, managing their access to the media and dealing with the change in social interactions. These resources are being updated and expanded on an ongoing basis and are linked <a href="#">here</a>.</li> <li>• NEPS has developed advice for teachers on minding their wellbeing and self-care during COVID-19. This information is available on the Department’s website <a href="#">here</a>.</li> </ul>

- To support the wellbeing and mental health of our Leaving Certificate students, the Department of Education and Skills, with NEPS, in partnership with the Department of Health and the HSE has provided a comprehensive range of resources to support the Leaving Certificate student cohort, including a dedicated Leaving Certificate 2020 webpage to facilitate access to this support (<http://www.gov.ie/leavingcertificate>). This webpage provides a range of information and resources to support students to manage and cope at this time. It also includes links to more individualised support for students to access, should these be needed, and will be monitored and updated on a continuous basis.
- NEPS has produced Guidance for Post-primary schools and Student Support Teams at post-primary level to support the wellbeing of students at this time.
- NEPS psychologists are currently engaging with all post primary schools on this guidance and looking towards planning for the 2020/2021 school year.
- NEPS has developed additional guidance for schools to help them respond to critical incidents during school closures and on return to school [here](#).
- During the current period of school closures NEPS psychologists continue to be available via telephone and video-conferencing to all schools to provide advice and support in relation to concerns regarding the impact of school closures generally and casework around individual students.
- NEPS has gathered data through our contact with schools which is helping to identify the priority concerns and guide planning for supporting schools, now, toward the end of the current academic year, and looking forward to the looking towards the end of the current academic year and planning for the transition back to school.
- NEPS developed a Webinar for the Junior Cycle for Teachers (JCT) Support Service, *Supporting Wellbeing in the School Community* which 240 post primary teachers attended. This Webinar is available on the Department's website [here](#)

**NEPS' Actions Underway with Next Steps:**

- NEPS is developing a strategic approach to supporting the wellbeing of students with their return to education in the school setting. This approach will involve collaboration and alignment with key service providers within the Department and with service providers of the Department of Health and Children and Young Affairs.
- NEPS is currently developing a training programme for teachers focusing on building resilience which will consist of four modules. This programme is designed to build teacher knowledge and understanding of the risk and protective factors which impact on wellbeing and resilience and to build their skills in the application of trauma-

	<p>and attachment-aware strategies in teaching and learning in their classrooms. It is planned to have the programme ready to deliver via webinar and/or face to face training for the academic year 2020/2021.</p> <ul style="list-style-type: none"> <li>• NEPS in collaboration with the ERC have developed a diagnostic literacy assessment test to be used with 1<sup>st</sup> years in Post Primary schools. It is expected to be available from September 2020. This test will allow post primary schools to develop a literacy skills profile for each student to inform teaching and learning at school and individual pupil level.</li> <li>• NEPS has delivered training to c 2,700 primary teachers in the Incredible Years Teacher Classroom management programme over the past three years. NEPS has also trained over 3,000 primary and post primary teachers to deliver the FRIENDS resilience programmes. These programmes focus on teaching CBT based coping skills to children and young people. NEPS is looking at how we can continue to roll out this training and develop additional supports to embed these approaches in schools.</li> <li>• NEPS is continuing to lead on the implementation of the DES Wellbeing Policy and Framework for Practice in schools and is currently piloting a programme of training and support for schools.</li> <li>• NEPS continues to prioritise service to DEIS schools with school in the programme getting twice the time allocation of non-DEIS schools. This will continue and NEPS will be available to support all DEIS schools in considering and responding at school level to the impact of the closures and public health measures on their particular pupil cohort.</li> <li>• NEPS is developing capacity to provide tele-assessment for particular cohorts, for whom this approach may be possible and appropriate.</li> </ul>
<b>Aster Family Support</b>	<p>Food bank set up with review of families already involved with Aster; possibility of further assistance of requests from agencies if available; contact Aster if you require this you can contact ; Louise O Neil; 0879088003, Betsy Abu; 0873854102, Sarah Thompson; 0873804321, <a href="mailto:info@asterfamilysupport.ie">info@asterfamilysupport.ie</a>. They have developed Resource packs for young people and an Advice leaflet and activities is been worked on</p>
<b>YAP</b>	<p>YAP are continuing to give support</p> <ul style="list-style-type: none"> <li>• In the DNOR/DNCIT region we have 34 active cases with 22 getting full service, 8 phone support, 3 on hold (at request of family) and 1 has increased service</li> <li>• where possible face to face meetings are taking place with yp - physical distancing is being adhered to and activities are walking, cycling, football, racket sports</li> </ul>

	<ul style="list-style-type: none"> <li>• We are supporting parents over the phone and assessing the need in family</li> <li>• We have offered a range of supports, with groceries, petrol, IT, phone and credit, household cleaning items, DIY items, games, etc</li> <li>• We are being flexible and creative with Art, dance, sport challenges to keep yp engaged and motivated</li> </ul> <p>They are open to accepting referrals for urgent or emergency cases.</p>
<b>Aoibhneas</b>	<p>North County Dublin Domestic Abuse Support Service (NCDDAS) –We are offering support by way of SAFETY PLANNING, emotional support, domestic abuse education, and providing information re: legal orders etc and preparing and applying for same.</p> <p>Referrals can be made through – <b>0870624341 – Monday – Friday 9am – 5pm.</b></p>
<b>Crosscare Teen Counselling</b>	<p>All therapists are working remotely. In first instance providing Tele-Support to all of the parents in our service. Secondly therapists are providing Tele-Support to all of the Teens in their service. The service will Pilot some work by Zoom with teens this week and depending on how realistic for teens to have private space and good connection we will extend this if it proves more useful than the Tele-support. They have clients on our waiting list and will move to providing Tele-Support to those [parents who wish to use it. Tusla clients on this waiting list are being prioritised for this input. We are still accepting referrals but the processing of those referrals and the ability to identify when we can offer a service is not clear. Teen Counselling staff are also supporting Crosscare Residential Units, Emergency Food Supplies and some residential units so that some of these frontline services remain available. The contact number is <b>01-5574705</b>. The line is not manned. Messages are being picked up remotely and responded to.</p>
<b>Pieta House</b>	<p>Due to the impacts of Covid-19, Pieta has been providing counselling over the phone since 13th March 2020. Anyone experiencing suicidal ideation, self-harm or who has been bereaved by suicide is welcome to contact their local centre (numbers can be found on <a href="https://www.pieta.ie/contact/#find-centre">https://www.pieta.ie/contact/#find-centre</a>). We are continuing to take referrals and will provide supports to those suitable for our service. Our 24/7 suicide helpline and text service is manned by trained therapists (psychotherapists &amp; counselling psychologists) and is available for anyone in the country. It is free to call or text and is also available for anyone who is concerned about someone.</p>

	<p><b>Helpline:</b> 1800247247</p> <p><b>Text:</b> Text <b>HELP</b> to 51444 and someone will text or call back. This depends on client's preference.</p> <p><b>Email:</b> <a href="mailto:mary@pieta.ie">mary@pieta.ie</a></p>
<p><b>Baldoyle</b></p>	<ul style="list-style-type: none"> <li>• Meals on wheels' service on going and back up plans in place. Only this week stopped taking new referrals as they are not in the office to process referrals. Plus kitchen is on reduced staff as CE staff has been told not to come in.</li> <li>• Adult and Child therapists available and contacting families via phone and net</li> <li>• Down syndrome and sibling groups engaging via technology supports. Self-led linking in with each other.</li> <li>• Phone line support on going with helpline support contacts readily available</li> <li>• Facebook contacts and update with children activities daily. Telephone numbers provided for listening ear service. This is a real supports for individuals and families.</li> <li>• Alcohol and drugs worker for Adults and teens at risk; on-going technology supports</li> <li>• Counselling adolescents and child therapy all being linked with by phone.</li> <li>• Centre is now being closed. But they can make contact by phone.</li> <li>• Facebook page being updated daily with activities and thoughts for the day. Good engagement on Facebook page. RTE schooling hub is advertised. Good response.</li> <li>• Men's group linking in with each other via phone and with centre manager.</li> <li>• Senior alerts still operational. Not taking new people.</li> <li>• <a href="https://www.facebook.com/baldoylefamilyresourcecentre/">https://www.facebook.com/baldoylefamilyresourcecentre/</a></li> <li>• Linking in with DEIS school re distributing of hampers to community members in need</li> </ul> <p><b>Contact number: 0860394783</b></p>