

Network Areas



Network 1 Saggart, Rathcoole, Newcastle

Network 3 Lucan, Adamstown, Balgaddy

North Clondalkin Ronanstown, Neilstown, Quarryvale

South Clondalkin Clondalkin Village

Ballyfermot Ballyfermot, Cherry Orchard, Chapelizod

Rathfranham Knocklyon, Firhouse, Ballyboden

Islandbridge Bluebell, Inchicore & Kilmainham

South West Inner City Dublin 8, Rialto, Dolphins Barn

South East Inner City Portabello, Ringsend, Irishtown

Pembroke/Rathmines Terenure, Rathgar, Rathmines

Child and Family Support Networks

Meitheal is supported through the establishment of Child and Family Support Networks (CFSNs) across Dublin South Central. Each CFSN is made up of services in that geographic area who are working with children, young people and families. Network members include community and voluntary organisations, HSE services, schools, early years care and education, Tusla, Gardaí, etc. The purpose of networks is to ensure that there is **NO WRONG DOOR** for children, young people and families who are in need of support. Network members develop and share knowledge on services available in that area and how to access them.

Coordinators are also available to deliver briefings to staff groups on the Meitheal process and how you might use it in your work.

Senior CFSN Coordinator Contact Details

Dublin South City
Lorrainef.doherty@tusla.ie 087 7573243

Dublin West
Grainne.finnegan2@tusla.ie 087 9776372

CFSN Coordinator Contact Details

North Clondalkin
Peter.oneill@tusla.ie 087 2960125

Ballyfermot
miriam.schweigard@tusla.ie 087 3431396

Social Care Worker

Dublin South City
heatherm.mcloughlin@tusla.ie 0872194199

Meitheal
A **TUSLA** led national practice model

Working with Families for Families



A guide for those working with children, young people and families

Are you worried about a child or young person?

Struggling in school? Isolation?

Poor school attendance?

Anxious?

Relationship difficulties at home and/or in school?

Housing issues? Financial pressures?

Don't know which services to access?

Are parents in need of/want support?

Have you thought about a Meitheal?

The Meitheal process is a means by which you can help a parent and young person identify what they would like to be different in their lives so the young person can reach their full potential. The process will help bring supportive services together to work with the family. It

creates a team around the child to agree a plan that is regularly reviewed.

Parents thoughts on Meitheal...

The child protection services weren't coming in to monitor my parenting to see if I'm a good enough mam. They were coming in to support me to be the mam I could be...to be the mam I knew I was.

...setting up meetings that aren't intimidating...meeting people in neutral spaces...

Where do we go? What happens? Where does the help come from?

I don't know where he'd be now if we didn't have that support

What is a Meitheal?

M- Multi-agency group including parent/ carer & child/young person

E- Early help for a child/ young person who has unmet additional and/or complex needs

I - Identifies the strengths and needs of the child to ensure a strengths-based approach

T- Tailored response to improve child/ young person's outcomes to help ensure their rights are realised

H- Holistic view of the child/young person in the context of their family and their environment

E - Expert team around the child/young person with parent and young person's voices privileged as the experts in their own situation

A - All aspects of the process are led by the parent/child and based on their voluntary engagement

L- Limits duplication, agrees clear actions & roles, reduces workloads and promotes partnership