

Are you concerned about yourself, a child or another family member and would like some advice?

WHEN:

The **Second & Fourth Tuesday** of each month from
9.30 - 12.30, from January 2020.

WHERE:

Blanchardstown Primary Care Centre	(01) 829 7233
Ballymun Civic Centre	(01) 846 7109
Corduff Primary Care Centre	(01) 7956700
Navan Road Primary Care Centre	(01) 868 6802
Summerhill Health Centre	(01) 9211501
Wellmount Health Centre, Finglas	(01) 856 7700
Vernon Avenue Health Centre	(01) 853 9500

HOW:

Contact reception by phone between 9:00 & 9:30 on the morning of the clinic only to register for a 30 minute slot. This clinic is for adults and parents who have concerns about their child. Please do not bring your child to the clinic.

Please note, we do not provide assessment or therapy at the advice clinic, but we can discuss onward referral if this is required.

"I get stressed at the smallest things"

"She's not herself lately and she won't talk to me"



"I can't cope with the behaviour"

"I am just so worried about him"