**Family Support Drop in Service**

****

We Provide:

* A Safe and Confidential Space
* Support & Signposting
* Information and Guidance
* Links to other services and organisations

**We can be contacted Monday to Thursday morning from 10am - 12pm**

No appointments necessary just contact us at Donna Cullen 018642941/0867966468 Tracy Fox 0870509198

Email:[abcfinglas@barnardos.ie](mailto:abcfinglas@barnardos.ie) or see us on Facebook @

betterfinglasireland

