**Family Support Drop in Service**

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We Provide:

* A Safe and Confidential Space
* Support & Signposting
* Information and Guidance
* Links to other services and organisations

**We can be contacted Monday to Thursday morning from 10am - 12pm**

No appointments necessary just contact us at Donna Cullen 018642941/0867966468 Tracy Fox 0870509198

Email:abcfinglas@barnardos.ie or see us on Facebook @

 betterfinglasireland

