

## ARE YOU AFRAID OF SOMEONE CLOSE TO YOU? IS YOUR PARTNER OR FAMILY MEMBER HURTING YOU? THERE IS NO EXCUSE FOR DOMESTIC ABUSE!

Domestic Abuse is any form of violence or control that happens within a family or home setting and it usually involves some or all of the following: emotional, verbal, financial – denial or control over necessities, sexual and physical abuse.

## YOU ARE NOT ALONE! SUPPORT IS AVAILABLE

## HELPLINE NUMBERS

Woman's Aid (Multilingual Service) 1 800 341 900

AOIBHNEAS Women & Children Refuge (01) 867 0701

Sonas Hotline (01) 866 2015

Saoirse Women's Refuge (01) 463 0000

Dublin Rape Crisis Centre 1 800 778 888

Gardaí/Police 999 or 112







