Section 2: Socio-Demographic Profile of County Donegal

This section presents the socio-demographic information required for effective planning and monitoring of services for children and young people in Donegal.

Summary of Key Indicators

This table presents the basic socio-demographic indicators included in the State of the Nation's Children reports. It compares how children and young people are doing in Donegal with those in the State. Following this summary table, more extensive indicators are presented based on the five national outcomes.

Deprivation Indices and Key Components	Donegal	State
Pobal HP Index 2016 Relative Deprivation Score	-6.4	0.6
Population Change 2016 (%)	-1.20%	3.80%
Age Dependency Rate	37.7%	34.5%
Lone parent ratio 2016 (%)	20.9%	19.9%
Primary Education 2016(%)	21.6%	13.0%
Third Level Education 2016 (%)	28.3%	35.9%
Professional Classes 2016(%)	29.9%	36.2%
Semi/Unskilled Class 2016 (%)	21.0%	17.9%
Unemployment rate - male 2016(%)	20.2%	14.1%
Unemployment rate - female 2016 (%)	15.9%	12.2%
LA Rented Housing 2016	8.8%	8.7%
Private Rented Housing 2016	13.3%	19.4%
Other Key Indicators	Donegal	State
Child and Youth population 0-17 years	42,042	1,190,502
Child and Youth population 18-24 years	11,407	392,502
Child and Youth population 18-24 years Child and Youth population 0-24 years	11,407 53,449	392,502 1,583,004
	•	<u> </u>
Child and Youth population 0-24 years Child and youth population 0-24 years as % of total	53,449	1,583,004
Child and Youth population 0-24 years Child and youth population 0-24 years as % of total population	53,449	1,583,004
Child and Youth population 0-24 years Child and youth population 0-24 years as % of total population Child and Youth population under 18 on the Islands off	53,449 33.6% 286	1,583,004 33.2%
Child and Youth population 0-24 years Child and youth population 0-24 years as % of total population Child and Youth population under 18 on the Islands off Rate of infant mortality per 1,000 live births	53,449 33.6% 286 3.7	1,583,004 33.2% 3.3
Child and Youth population 0-24 years Child and youth population 0-24 years as % of total population Child and Youth population under 18 on the Islands off Rate of infant mortality per 1,000 live births Rate of neonatal infant mortality per 1,000 live births	53,449 33.6% 286 3.7 2.6	1,583,004 33.2% 3.3 2.4
Child and Youth population 0-24 years Child and youth population 0-24 years as % of total population Child and Youth population under 18 on the Islands off Rate of infant mortality per 1,000 live births Rate of neonatal infant mortality per 1,000 live births Children from Northern Ireland, Scotland, England and	53,449 33.6% 286 3.7 2.6 16.32%	1,583,004 33.2% 3.3 2.4 5.9%
Child and Youth population 0-24 years Child and youth population 0-24 years as % of total population Child and Youth population under 18 on the Islands off Rate of infant mortality per 1,000 live births Rate of neonatal infant mortality per 1,000 live births Children from Northern Ireland, Scotland, England and Children of other nationalities (excluding United Kingdom)	53,449 33.6% 286 3.7 2.6 16.32% 4.78%	1,583,004 33.2% 3.3 2.4 5.9% 11.37%

Geographical Context

In planning children and young people's services, it is important to understand the geographical context for delivering services to children and young people in County Donegal in 2020. Donegal's landscape is varied and dramatic, comprising of mountains, valleys, and fertile plains with a deeply indented coastline and many islands both inhabited and uninhabited. Donegal is the most northerly County in Ireland and has a land mass of 4,861 sq. km's or 6.9% of the total land area of the State. It is the fourth largest county in Ireland with a sparse population density (32.3 persons per sq. km compared to 70 persons per sq. km in the State) and is predominately a rural county (27 % of the total population living in aggregate urban areas compared to 63% in the State). Given the physical size of the County, its weak urban structure and low population density, accessing and providing services to children, young people and their families can be challenging. These challenges are an important context in developing efficient, sustainable and economically viable services. Overcoming them often requires creative and innovative methods to sustain children and young person's services in Donegal.

Figure 7



The County shares 181km of border with Northern Ireland (adjoining the Councils of Derry City and Strabane and; Fermanagh and Omagh) and a further 11km of border with County Leitrim as well as 65 road crossings which include a number of important strategic transport connections. Therefore it is not surprising that the population of the North West City Region functions on a cross border basis (See Figure 8 below). There are many reasons for the movement and interaction of people, business and goods across the border including access to health, education, entertainment, leisure, social and community facilities, retail activity, access to economic markets and access to international transport hubs as examples. Figure 8 below illustrates a cross border commuter map for the purposes of work or study. It shows the areas in County Donegal in dark red where there are higher concentrations of persons originating in Donegal and travelling across the land boundary for work and study. This is particularly evident in the east of the County in the Inishowenⁱ, Letterkenny and Stranorlar Municipal Districts thus demonstrating the intensity of cross border interactions in the areas closest to the borderⁱⁱ. Donegal Co. Council has continued with the engagement with Derry City & Strabane District Council in the context of identifying and seeking to mitigate the potential negative impacts that may arise as an outcome of Brexit. This situation will become clearer by the end of 2020. Notwithstanding the above, it is recognised that any barrier to / restriction on movement of people between Donegal and Northern Ireland as a consequence of Brexit will have a significant negative impact on children and young people, and in particular those who live in close proximity to the border.

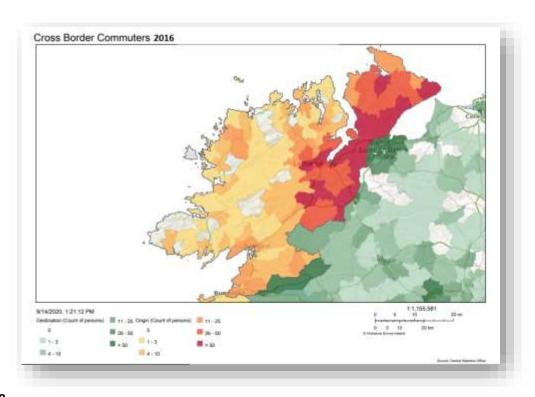
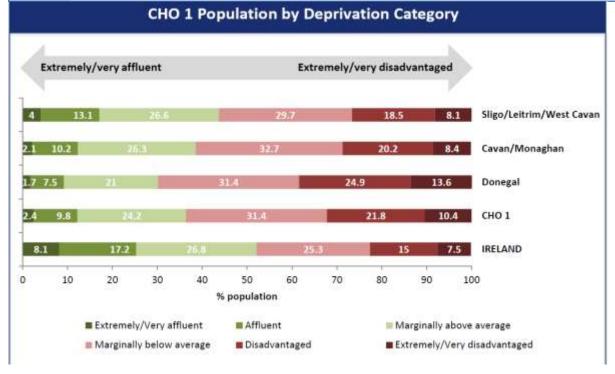


Figure 8

Demographic Context

Donegal accounts for the largest share of the Border Regions Population¹ at 40% in 2016. Donegal is home to 159,192 people and although the population decreased by -1.2% (1,945 persons) over the period 2011 - 2016, it grew by 8.1% over the previous 10 years (or 11,928 persons).

Table 1:	General Pop	oulation						
	2006	2011	2016	2016	2016	% Chg	% Chg	% Nat
				Male	Female	2011/16	2006/16	2016
Donegal	147,264	161,137	159,192	77,510	78,659	-1.2%	8.1%	3.3%
Border ² Region	357,108	391,994	394,333	196,647	197,686	0.6%	10.4%	8.3%
State	4,239,848	4,588,252	4,761,865	2,354,428	2,407,437	3.8%	12.3%	100. %



¹ The NUTS 3 boundaries were amended on 21st November 2016 (Regulation (EC) No 2066/2016). The changes resulting from the amendment are that Louth has moved from the Border to the Mid-East

²The Nomenclature of Territorial Units for Statistics (NUTS) was drawn up by Eurostat in order to define territorial units for the production of regional statistics across the European Union. The NUTS classification has been used in EU legislation since 1988, but it was only in 2003 that the EU Member States, the European Parliament and the Commission established the NUTS regions within a legal framework (Regulation (EC) No 1059/2003). The NUTS 3 boundaries were amended on 21st of November 2016 (Regulation (EC) No 2066/2016). The changes resulting from the amendment are that Louth has moved from the Border to the Mid-East and what was formerly South Tipperary has moved from the South-East to the Mid-West. The regional authorities and the two regional assemblies were abolished in the Local Government Act 2014 and were replaced with three regional assemblies. The three regional assemblies are groupings of the new NUTS 3 boundaries.

The chart above ³ indicates that each Local Health Office area in HSE in Community Health Office Area 1 (CHO1) and CHO 1 as a whole, has a higher proportion of population categorised as disadvantaged to some extent than the national average. Donegal has the highest level of disadvantage in CHO1.

Children and Young People

There are 53, 449 Children and Young People aged 0 to 24 years in County Donegal and they are the primary focus for developing this Children and Young People's Plan. This cohort has decreased by 5.8% over the 2011 – 2016 period. Children and young people require a range of different services at different stages in their lives and it is important to understand trends in population and the consequent changing need for services. In the last census there was a:

- 15.3% decrease in the number of children aged 0-4 years (pre-school)
- 1% increase in the number of children aged 5 12 years (primary School)
- 2.1 % increase in the number of teenagers aged 13-18 years (secondary School)
- 16.2% decrease in young adults age 19 24 years.

Family Structure

Census 2016 illustrates the diverse composition of families in County Donegal. In 2016, 12.2% of households in Donegal or 7,120 households were headed by 'one parent' and the vast majority, 86% or 6,122 were one parent mothers. The number of one parent households in Donegal declined by-4.6% or 342 people over the period 2011 – 2016 census. During the period 2011-2016 Donegal experienced an 11% increase in the number of households comprising of cohabiting couples, from 3,247 to 3,603. This equated to 6.2 % of all households. There were children in 28,619 households (49% of all households). Table 7 shows households with children by type of family composition.

Table 2: Family Composition	State	Donegal
All persons in private households with children	3,159,982	109,917
Married couple with children	68.8%	71.6%
Cohabiting couple with children	8.4%	7.3%
One parent mother with children	13.1%	14.0%
One parent father with children	2.0%	2.2%
Married couple with children and other persons	4.6%	2.9%
Cohabiting couple with children and other persons	0.7%	0.3%
One parent mother with children and other persons	2.0%	1.4%
One parent father with children and other persons	0.4%	0.2%

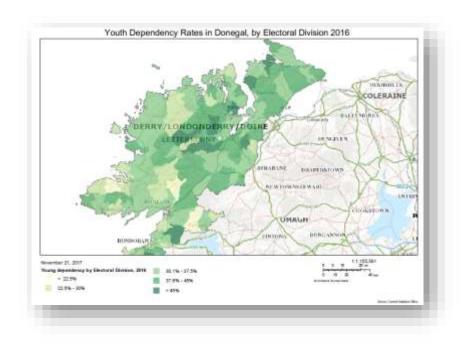
³ CH01 Child Health Profile 2018

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Table 3: Children and Young People Age Profile of Population ⁴ 2016						
Age Range	Donegal	% County Population				
0-24	53,449	33.6%				
0-4	10,776	6.8%				
5-9	12,445	7.8%				
10-14	11,821	7.4%				
15-19	10,857	6.8%				
20-24	7,550	4.7%				

The youth dependency ratio is the number of young people aged 0 -14 as a percentage of the population of working age, as shown on the map (Figure 9) ' Youth Dependency Rates in Donegal, by Electoral Division 2016. It illustrates higher concentrations of young people towards the north east of the county which corresponds with stronger urban structure and weaker concentrations towards the North West of the county. Donegal's geographical context has been central to the evolution of a unique Gaeltacht and Island culture.

Figure 9



⁴ CSO (2016)

Population of the Gaeltacht Areas Donegal's Gaeltacht is located mainly in the west of the county and experienced a population decrease of -5.6% over the period 2011-2016. There are 15, 879 Irish Speakers, aged 3 years and over, in Donegal's Gaeltacht (Decline of 743 persons). In this area, Irish is a living language with 30% or 4,771 persons speaking Irish daily outside of the educational systems or accessing a wide range of services including children and young people's services through Irish in 2016 compared to 5,514 or 32% in 2011.

Table 4: Population of the Gaeltacht Areas	2011	2016	% Chg
County Donegal	24,744	23,346	-5.6%
All Gaeltacht Areas	100,716	99,617	-1.1%

Population of the inhabited Islands off Donegal Coast 2011-2016

There were 666 persons living on the 12 inhabited islands off Donegal in 2016, decreasing by -14.9% from 2011 – 2016. Árainn Mhór Island and Toraigh Island account for 88% of the population

Table 5: Population of the Islands off Donegal Coast	2011		2016	
Total Population	783		666	
	Árainn Mhór	Toraigh	Árainn Mhór	Toraigh
All Ages	514	144	469	119
0-18 years	131	24	104	27
19-30 years	28	25	28	13
31 – 40 years	59	18	33	22
41 -50 years	70	25	73	15
51 -55 years	21	14	30	9
56 years +	205	38	201	33

Population of Inishowen Peninsula⁵

Inishowen is the most northerly part of Donegal, and of Ireland. Inishowen has 25.47% of the total County Population of Donegal. Inishowen has a particularly young population with the proportion within the 0-14 years cohort with 9,711 young people in this category (23.95%) exceeding that of both the County and the State. 29.94% of the population is 18 and under and a further 5,811 (14.33%) are over 65. Inishowen has a high dependency ratio, those aged under 15 years and 65 years and over

⁵ Census 2016 data and data gathered as part of Inishowen Development Partnership Strategy Consultation 2019

represents 38.28% of the Inishowen Population. In the 15-24 age group Inishowen is in line with the county and the State. However, in the 25-44 age group, the situation compared to the State is reversed and Inishowen lags behind by 3.6% with 25.92% in this age range, (it is 29.5% for the State). A significant cohort of the population are in the 65+ category, with 1,214 people over 80 years of age. Almost 11% of families consist of retired people. The most significant type of household in Inishowen is the married couple with children at 35% of all households, followed by one person households at 25.6%. 11% of all households are headed by a lone parent.

Resident Population by Place of Birth and Ethnicity

In 2016, 95% of Donegal's usual resident population or 148,710 persons were born in Ireland, Northern Ireland, England, Wales or Scotland compared to 89% in the State. 5% of the population (7,459) were born outside of the island of Ireland or the United Kingdom and the top 3 countries were Poland (1,858 persons); United States (976 persons) and India (517 persons). The top 5 growing communities were Indian, Pakistani, Romanian, Croatian and Afghanistan.

Table 6: Resident Population by Place of Birth 2016	State	%	Donegal	%
All countries	4,689,921		156,169	
Ireland - county of usual residence	2,891,726	61.66%	110,424	70.71%
Ireland - county other than county of usual residence	987,789	21.06%	12,805	8.20%
Northern Ireland	57,389	1.22%	12,639	8.09%
England and Wales	203,173	4.33%	8,102	5.19%
Scotland	16,644	0.35%	4,740	3.04%
Other Nationalities	533,200	11.37%	7,459	4.78%

A higher percentage (89.5%) of the population in Co. Donegal identified as White Irish than in the State (82.2%).

Table 7: Population Usually Resident and	Present 2011	to 2016		
All ages in the State	2011	% of Total	2016	% of Total
White Irish	3821995	84.5%	3854226	82.2%
White Irish Traveller	29495	0.7%	30987	0.7%
Any other White background	412975	9.1%	446727	9.5%
Black/ Black Irish - African	58697	1.3%	57850	1.2%
Black/ Black Irish – Any other black background	6381	0.1%	6789	0.1%
Asian or Asian Irish - Chinese	17832	0.4%	19447	0.4%
Asian/ Asian Irish – any other Asian background	19447	1.5%	79273	1.7%
Other including mixed background	40724	0.1%	40724	1.5%
Not stated	70324	1.6%	124019	2.6%
Total ethnic or cultural backgrounds	45,25281		46,89921	
All ages in Donegal	2011	% of Total	2016	% of Total
White Irish	43850	90.59%	140196	89.48%
White Irish Traveller	724	0.46%	588	0.38%
Any other White background	9683	6.10%	8814	5.63%
Any other White background Black/ Black Irish - African	9683 843	6.10% 0.53%	8814 569	5.63%
Black/Black Irish - Any other black	843	0.53%	569	0.36%
Black/Black Irish - African Black/Black Irish - Any other black background	843	0.53%	569	0.36%
Black/Black Irish - African Black/Black Irish - Any other black background Asian /Asian Irish - Chinese Asian/ Asian Irish - any other Asian	843 101 196	0.53% 0.06% 0.12%	569 109 216	0.36% 0.07% 0.14%
Black/Black Irish - African Black/Black Irish - Any other black background Asian /Asian Irish - Chinese Asian/ Asian Irish - any other Asian background	843 101 196 1103	0.53% 0.06% 0.12% 0.69%	569 109 216 1311	0.36% 0.07% 0.14% 0.84%

(CSO Table E8001:)

There was a -19.3% decline in the population of Irish Travellers in Co. Donegal from 2011 to 2016.

Table 8: Traveller population ⁶ 2016	Donegal 2016	State 2016
Traveller population (all) rate per 1,000 of population	3.8	6.6
Traveller population (all) percentage of population in county	726/159,217/0.4%	30,987/4,761,865/0.6%
No. of Traveller children (-18 years) in 2016 (Designated PHN)	462	30,497

The Department of Housing, Planning and Local Government facilitates the Annual Estimate of Traveller families nationally at the end of November every year. The most recent estimate by the Donegal County Council Traveller Accommodation Programme ⁷ at the end of November 2018 outlines that 287 Traveller families were resident in County Donegal at that time. In comparison to neighbouring Counties (as per most up-to-date information from the Department of Housing, Planning & Local Government), Donegal has a significantly larger number of Traveller families residing in its functional area with Sligo 139, Leitrim 68, Cavan 141 & Monaghan 161. The Donegal Travellers Project/Donegal Intercultural Platform estimate that there are between 250 – 350 Traveller families living in Donegal⁸. A breakdown of the various accommodation types of the families who were residing in the County at the end of November 2018 is as follows:

Table 9: Number of Traveller Families Residing in Co. Donegal by Accommodation Type NOV 2019						
Standard Local Authority Social Housing	176					
Private Rented Accommodation	36					
НАР	30					
Halting Site	12					
Sharing with relatives	16					
Roadside	9					
Permanent Halt	4					
Hospital Care/ Emergency Accommodation	4					

⁶ HSE, Designated PHN for Travellers, (2016)(email correspondence)

⁷ Donegal County Council Traveller Accommodation Programme 2019 – 2024

⁸ DTP/DIP Alternative Report November 2019

Donegal has two halting sites at Big Isle, Manorcunningham and Ballintra. Two Traveller-specific group housing schemes are located in Letterkenny with six permanent halts located in Letterkenny (4), Kerrykeel (1) & Ardara (1).

The *Roma Community* in Ireland consists of persons from a range of European countries, including Romania, Hungary, Slovakia, Poldi and the Czech Republic (Czechia). The Donegal Travellers Project/Donegal Intercultural Platform estimate that there are between 40 – 50 Roma families living in Donegal⁹.

Currently there is no census category for *Middle Eastern* population. Under the Refugee Resettlement Programme, 39 families have resettled in Donegal. This number comprises of 199 individuals (88 adults and 111 children). 37 families are Syrian (all speak Arabic). 2 families are Iraqi (do not speak Arabic 1 family speaks Kurdish Sorani and the other Kurdish Kurmanji). ¹⁰ These families have been resettled in a phased basis in different areas of the county including Letterkenny, Carndonagh, Ballybofey and Stranorlar with children attending local pre-schools, primary schools and secondary schools. As well as support with day to day issues, the main challenges facing families relate to transport and language. A large number of men on the programme are interested in setting up their own business. There are 77 individuals currently (as at June 2020¹¹) on the resettlement programme residing in Buncrana, Donegal Town and Letterkenny.

Table 10: Numbers on the Refugee Resettlement Programme in Co. Donegal June 2020						
	Adults	Children	Total			
Buncrana	18	20	38			
Donegal Town	7	6	13			
Letterkenny	15	11	26			
Total	40	37	77			

⁹ DTP/DIP Alternative Report November 2019

¹⁰ http://www.dldc.org/programmes/donegal-refugee-resettlement-project/ 22/6/2020

¹¹ Personal correspondence from Resettlement Support Worker 30/6/2020

Health of Children and Young People in Donegal

Of the 51,755 Children and Young People aged 0-24 years of age in County Donegal whose general level of health was stated in 2016, 1,096 (or 2.1%) stated as 'fair, bad or very bad'. The comparable figure for 2011 was 998 children and young people. While 98% (50,659) general health was stated as 'good or very good' and the comparable figure for 2011 was 54,598.

		All ages	0 - 4	5 - 9	10 - 14	15 -19	20 -24
All	State	1,583,004	331,515	355,561	319,476	302,816	273,636
	Donegal	53,449	10,776	12,445	11,821	10,857	7,550
Very good	State	1,270,788	268,763	298,302	269,112	239,203	195,408
	Donegal	42,408	8,661	10,272	9,729	8,465	5,281
Good	State	221,666	37,743	40,744	36,738	47,095	59,346
	Donegal	8,251	1,371	1,619	1,645	1,843	1,773
Fair	State	26,555	3,360	4,080	3,733	6,482	8,900
	Donegal	977	126	155	169	252	275
Bad	State	2,963	439	441	412	729	942
	Donegal	91	6	16	10	30	29
Very Bad	State	833	196	149	109	185	194
	Donegal	28	7	6	0	7	8
Not stated	State	60,199	21,014	11,845	9,372	9,122	8,846
	Donegal	1,694	605	377	268	260	184

Births, Infant Mortality and Young Mothers

There were 1,864 babies born in County Donegal in 2017. In 2016, the percentage of children born with low birthweight in Donegal (4.7) was one of the lowest in the country (5.5 nationally).

Table 12: Births in Donegal 2019	Donegal		State	
	2017	2019	2017	2019
Babies born number	1864	1817	62,053	
Babies born Rate	11.6		12.9	

Table 13: Infant Mortality 2017	Donegal	State
	Number	Number
No. of infant mortalities	10	188
No. of neonatal mortalities	9	140
Rate of infant mortality per 1,000 live births	5.4	2.8
Rate of child mortality per 1,000 live births	4.2	2.4

Donegal had a marginally higher infant mortality rate than the State in 2016 at 3.7 infant mortalities per 1000 of live births compared to 3.3 in the State. In addition, Donegal had a marginally higher rate of neonatal mortalities per 1000 live births at 2.6 compared to 2.4 in the State. The child mortality rate in Donegal (4.2) was higher than the 2017 national average (2.4), The 5 year standardised child mortality rate (2013-2017) in Donegal (2.2) was lower than the national rate (2.4) over the same period

Table 14: Age profile of mothers in Donegal at time of child's birth ¹²	2019
Under 20 years	10
20-24 years	141
25-29 years	334
30-39 years	1130
40+ years	202

 $^{^{\}rm 12}$ HSE, Child Health Personal Health Record System (2016) (email correspondence) Child Health Profile 2018

Health Protection of Children and Young People

Table 15: Vaccination	Number Eligible	Number vaccinated	% Vaccinated Donegal	% Vaccinated State	Time period
MMR Vaccination: one dose at 24 months	1978	1696	85.7		Born 2017 reported 2019
6-in-1 Vaccination: three doses at 24 months	1978	1791	90.5		Born 2017 reported 2019
HPV Vaccination: third dose (1st year girls)					
MMR Vaccination Junior Infants	2216	1977	89.2		Born 01 Sept 2012 to August 31st 2013, reported 2019

Breast Feeding

Breastfeeding rates in Donegal have gone down over the last number of years. In 2019 Donegal had a lower percentage of mothers breastfeeding at the time of first contact with the PHN than the State (42.6% compared to 58%) and much less mothers in Donegal continued to breastfeed at time of 3 months contact with the PHN than the State (24.3% compared to 42.6%).

Table 16: Breastfeeding Rates 2016 & 2019	Donegal		State	
	2016	2019	2016	2019
Time of 1 st contact by Public Health Nurse	51.4	42.6	56.8	58.0
Time of 3 month contact by Public Health Nurse	41.8	24.3	38.8	42.6
Table 17: Breastfeeding Rates at Hospital Discharge	Total		Exclusive	Combined
2015 Donegal	42.5		34.2	8.3
2016 Donegal	44.9		37.5	7.4

Children and Young People with Illness or Disabilities

Census 2016 reveals that there were 22,955 people with a physical/intellectual disability in County Donegal in 2016 of which 16% or 3,777 were children or young people aged 0-24 years. 20% of all males with a disability and 13% of all females with a disability in Donegal were aged 0-24 years. There were 250 more children and young people with a disability in 2016 than in 2011.

In 2020 the Autism Service, identified 694 children aged 6-18 years who had a confirmed diagnosis of ASD. This number included children that have been referred to the service and who may not be receiving a service, but they still have a confirmed diagnosis of ASD¹³.

Hospital Discharges for Injuries in Children (0-14 years)

In 2017, rates of hospital discharges caused by injuries in children aged 0-14 years were higher in Donegal 109, than the national average of 82 (per 10.000 0-14-year olds).

Hospital Emergency Admissions for Asthma (0-18 years)

Donegal had the highest rate of emergency hospital admissions for asthma in children in the country and this was significantly higher than the national average (412/100,000 vs 134/100,000 nationally)¹⁴.

Health and Risk Behaviour of Young People in County Donegal

The Health Behaviour in School-aged Children (HBSC) collects data on key indicators of health, health attitudes, and health behaviours, as well as the context of health for young people. The most recent HBSC Ireland study was conducted in 2018 and included 15,557 school children from 3rd class in primary school to 5th year in post-primary school. Collectively, 255 primary and post-primary schools across Ireland participated in this study. The following data presents some indicators of health and well-being in young people from Donegal, compared to the same findings from other counties of Republic of Ireland (ROI). See Appendix 5 for full report¹⁵. Within tables showing overall findings and those broken down to age groups, prevalence data are presented for young people from Donegal (n = 414, 3.52%) compared to national data, Donegal included $(n = 11,758)^{16}$.

¹⁵ Short Report: Health and Well-being of young people in Donegal András Költő, Divya Ravikumar & Saoirse Nic Gabhainn *HBSC Ireland, Health Promotion Research Centre, National University of Ireland Galway*

¹³ Personal communication Donegal Early Intervention Team 16 September 2020

¹⁴ CHO1 Child Health Profile 2018

¹⁶ In interpreting the data presented below, it is important to recognise that the sample was drawn to be representative at a national level and not a county level.

Table 18:		
HBSC Survey	% Donegal	% National sample
Not having breakfast on weekd	ays	
Overall	16.1	12.3
10-14 years	11.9	9.6
15-17 years	20.5	17.8
Participating in vigorous exercis	e four or more times per week	
Overall	42.9	49.3
10-14 years	52.3	54.6
15-17 years	33.3	38.7
Ever smoking tobacco		
Overall	7.9	10.6
10-14 years	2.4	4.1
15-17 years	13.6	23.9
Ever having been 'really drunk'		
Overall	17.6	16.5
10-14 years	3.3	4.7
15-17 years	32.7	40.7
Agree that in their school childr	en take part in making the rules	
Overall	21.4	28.5
10-14 years	26.1	34.8
15-17 years	16.6	15.7
High life satisfaction	l	
Overall	75.0	73.3
10-14 years	83.9	78.2
15-17 years	65.8	63.5
Feel that their body is too thin o	or too fat	
Overall	48.2	43.3
10-14 years	42.3	39.1
15-17 years	54.4	51.5

Having a disability or chronic condition						
Overall	24.6	21.1				
10-14 years	25.4	20.4				
15-17 years	23.9	22.5				
Ever being bullied at school in the	he past couple of months					
Overall	27.5	30.0				
10-14 years	28.5	30.8				
15-17 years	26.5	28.5				
The area in which they live is sa	The area in which they live is safe					
Overall	94.8	89.4				
10-14 years	96.6	90.3				
15-17 years	92.9	87.7				

Table 18 cont.:							
HBSC Survey	% Donegal	% National sample					
There are good places to spend free time (e.g. leisure centre, parks, shops)							
Overall	52.1	63.9					
10-14 years	63.2	70.2					
15-17 years	40.5	51.4					
Their friends try to help them							
Overall	65.3	70.9					
10-14 years	68.6	71.6					
15-17 years	61.9	69.3					
Comfortable with talking about	their sexuality						
15-17 years	73.2	80.8					
Had sexual intercourse	Had sexual intercourse						
15-17 years	21.1	25.0					

Young People Mental Health and Deliberate Self Harm

In Donegal in 2017, there were 51 hospital treated episodes of deliberate self-harm for young people age < 16 - 17 years and 96 in the 18 - 24 age category.

Table 19: Hospital Treated Episodes of Self- Letterkenny University Hospital	harm 2017	Male		Female	
< 16 years		10		16	
16-17 years		7		18	
18-24 years		46		50	
Table 20: Recommended Next Care by Hospital 2017 (all ages)	Letterkenny Hospital (n=		State		
Admitted (general and psychiatric)	55.0%		31.6%		
Patient would not allow admission	0.5%		0.6%		
Left before recommendation	6.4%		12%		
Not admitted	38.1%		55.9%		

Table 21: Statistics from Jigsaw Donegal	1/1/13 -31/12/19
Referrals	1592
Male	37.2%
Female	62.8%
Top 5 presenting issues	1 Anxiety
	2 Low Mood
	3 Sleep Issues
	4 Stress
	5 Family Problems
Top 3 age at entry to service	1 16 years (466)
	2 17 years (444)
	3 15 years (380)
Referral pathway	1 Parent
	2 Self
	3 GP

Jigsaw Donegal provides a free and confidential support service for young people aged 15–25.

Children and Young People's Welfare

48 children were listed as 'active' on the Child Protection Notification System at the end of 2018, down from 60 in 2017 and 50 in 2016. Numbers on CPNS had decreased to 34 at the beginning of 2020 but had increased to 61 by the end of September 2020. Much of the increase was a result of children listed in other jurisdictions or other parts of Ireland moving into the Area. The main concerns resulting in referrals to Tusla remains alcohol abuse, domestic violence and deficits in parenting skills. Other significant factors are issues to do with child mental health and relationship difficulties within the home. Alcohol abuse and domestic violence remain the core reasons resulting in children requiring alternative care.

	2019				
	Q1	Q2	Q3	Q4	Total
Total Number of Referrals Child Abuse/Welfare	294	450	343	237	1324
Total Referrals – Number that had a preliminary enquiry	293	449	339	236	1317
Total Referrals – Number that required an Initial Assessment after preliminary enquiry	42	70	39	44	195

	2016			2017			2018		
	Child Protection	Child Welfare	Total	Child Protection	Child Welfare	Total	Child Protection	Child Welfare	Total
Total Number of Referrals received during reporting period	249	673	922	468	1,001	1,469	314	633	947
Number of referrals received that	125	183	308	53	130	183	16	8	24

Table 23: Child Protection and Welfare Referrals to Tusla in Donegal 18

requiring an initial assessment following a

¹⁷ data.tusla.ie and Tusla Childcare Information System

¹⁸ Tulsa Donegal Childcare Information System

Table 24: Top Primary Reasons for Welfare Concern (Cases completed in 2019) ¹⁹	Count
Parents: (Children of parents) who misuse drugs or alcohol	209
Family /Household (Children of Families) where domestic violence is a factor	136
Parents: (Children of Parents) who lack parenting skills	119
Family /Household (Children of Families) with significant relationship difficulties	111
Child with behavioral problems	63
Parents: (Children of Parents) with mental health problems	47
Child with emotional problems	42
Child who is abusing drugs/alcohol	16
Family /Household (Children of Families) with a known abuser	15
Parents: (Children of Parents) whose accommodation is unstable or unsuitable	13

Children in Care

From the period 2017 - 2019, the number of children in care remained between 200 and 220. The majority of these children are based with general foster parents (between 78 - 80% in each of the three years. Under 20% of children in care are fostered with relatives; 16% in 2017, 15% in 2018 and 17% in 2019. The number of children requiring residential care has increased from 7 to 10 within the last three years.

Table 25: Children in Care ²⁰			
Donegal	Dec 2017	Dec 2018	Dec 2019
Residential Care	7	8	10
Foster Care General	158	171	163
Foster Care Relative	31	31	35
Other	4	4	2
Total Number of Children in Care	200	214	210

¹⁹ Tulsa Donegal Childcare Information System

²⁰ data.tusla.ie

Child and Family Support²¹

Child and Family Support Networks / Meitheal

The full complement of Child and Family Support Networks (CFSN) has now been established in Donegal with every part of the county being served by a CFSN. Each Network has a membership of approximately 20-25, all of whom work to achieve outcomes for children and families.

The number of requests for Meitheal multi-agency processes with children / young people more than quadrupled in the period 2017 – 2019 (from 21 to 96). There has been a drop in 2020 figures ²²due to the Covid crisis but a return to face-to-face work with children and families is likely to see an end of year return to normal levels of Meitheal requests. As expected, the volume of Meitheal requests grew throughout the county in parallel with the development of the CFSN infrastructure. The primary source of Meitheal requests in County Donegal continues to be through direct requests from practitioners working with children, young people and families.

Table 26: Meitheals in Donegal	2017	2018	2019	2020
New Requests	21	57	96	22
Open (from previous year)	3	13	47	73 (total)
Closed	18	42	44	2

Table 27: Meitheal requests per CFSN area	2017	2018	2019	2020	
North Central	6	13	35	8	
North West	2	3	8	0	
Inishowen	2	16	14	2	
South Central	8	16	28	7	
South West	3	9	11	5	
Table 28: Top 5 Primary Presenting Issues 2018 - 2020		Top 5 Seco 2018 - 2020	ondary Prese	nting Issues	
Emotional problems		Parenting su	upport		
Behavioural problems	Educational issue (e.g. attendance)				
Mental health issue	Behavioural problems				
Educational issue (e.g. attendance)	Social isolation				
Financial/Housing difficulties		Family issues/Emotional problems			

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²¹ data.tusla.ie and Tusla Childcare Information System

²² as of August 2020

Vulnerable Young People

Young Carers

The number and rate of children who provide regular unpaid personal help to a family member or friend with a long-term illness, health problem or disability in County Donegal continues to be higher than in the State.

Table 29: Populatio	Young Carers as percent of n.	All	0-9 yrs	10-14 yrs	15-19 yrs	20-24 yrs
2011	State	4.1	0.3	0.8	1.5	1.9
	Donegal	4.6	0.3	0.8	1.7	2.2
2016	State	4.1	0.2	0.7	1.4	1.9
	Donegal	4.5	0.2	0.8	1.5	2.2

Young People's Involvement in Crime, Youth Referral Statistics for the Donegal Division

The total number of referrals relating to young people living in the Donegal Division catchment area of An Garda Siochána decreased from 619 in 207 to 435 in 2018 but rose again to 682 in 2019. Public order offences were the biggest number of referrals in 2017 but were overtaken by theft and related offences in 2019. Controlled drug offences have increased from 15 in 2017 to 32 in 2019.

Table 30: Number of Referrals per ICCS Group in 2017, 2018 and 2019 relating to young persons living in the Donegal Division catchment area					
ICCS Group / Sub-Type / Type of Incident for Each Referral	2017	2018	2019		
7, F. C.					
13 - Public Order and other Social Code Offences	206	109	180		
1312 - Public order offences	110	50	80		
1313 - Drunkenness offences	47	49	52		
08 - Theft and Related Offences	109	101	114		
14 - Road and Traffic Offences (NEC)	84	32	62		
03 - Attempts/Threats to Murder, Assaults, Harassments & Related Offences	57	65	67		
12 - Damage to Property and to the Environment	51	23	57		
04 - Dangerous or Negligent Acts	29	49	38		
10 - Controlled Drug Offences	15	18	32		
All Other	68	38	132		
Total Number of Referrals	619	435	682		

* These referrals relate to young persons with an address in the Donegal Division. Offences linked to these individuals may have occurred anywhere in the country

Young people involved in Garda Diversion Project (GDYP)

The numbers of young people or under 18 years referred to the probation services from either Circuit or District Court is low as most referrals go to the Garda Diversion Projects. The figures are much greater under 24 years. These figures are not available locally. The numbers of young people engaged in the GDYP was 92 in 2018 and 108 in 2019. (Figure 10 & 11)

Figure 10

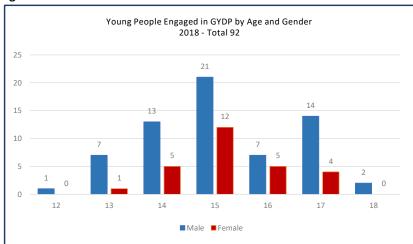
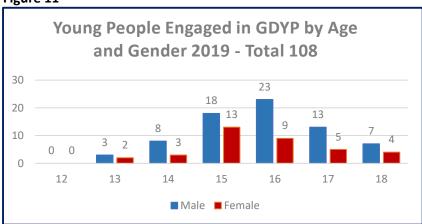


Figure 11

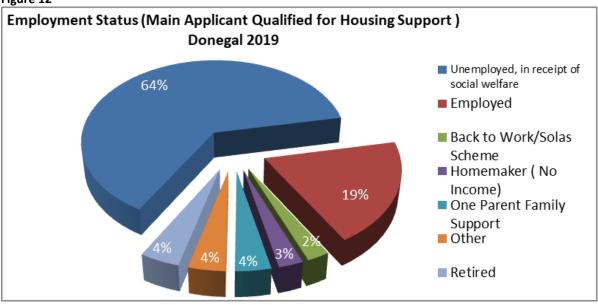


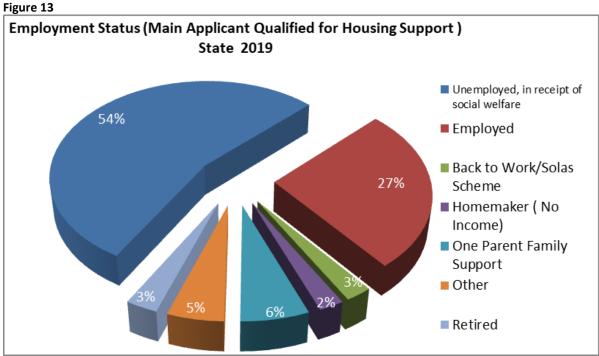
Housing and Homelessness in Donegal

In 2019 346 households with children qualified for social housing support. In 13% of households qualifying for social housing support, the main applicant was under 25 years old. This compares to 8%

under 25 years old in the State. 19% of main applicants who qualified for housing support in Donegal were in employment compared to 27% in the State.

Figure 12





The main need for social housing support in Donegal was unsuitable accommodation – household circumstances.

Figure 14

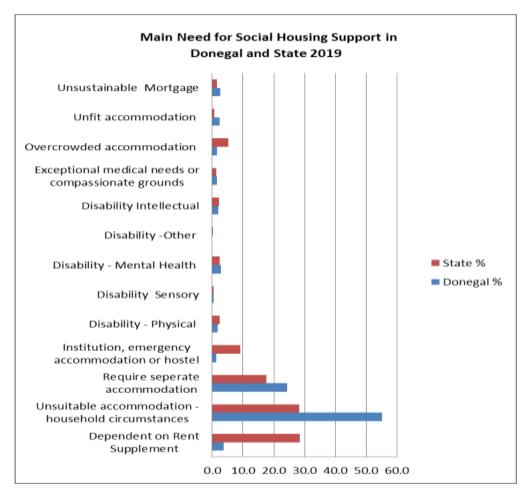


Figure 15

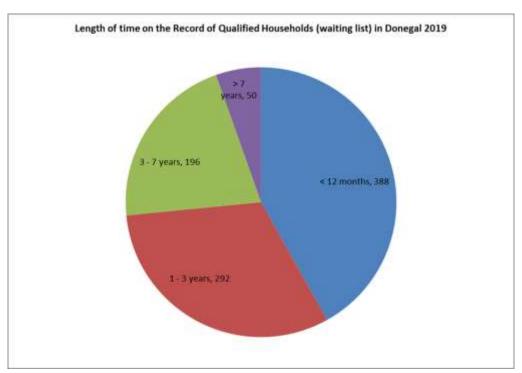


Table 31: Homeless Clients for the period 1 st July to 30 th Sept 2017 ²³						
Service	Visits to Service	Accommodated				
Donegal County Council	32	25 (18 as a result of flooding in Inishowen)				
SVP Hostel	10	18				
White Oaks	29	39				
Total	71	82				

Table 32	:						
Breakdo	wn of specific accom	modation requiren	nents in Don	negal			
Year	General, (no specific req)	Enduring sensory, mental intellectual issue	health or	omeless	Traveller	Aged 65 yrs or more	Total
2016	1,213	26	2		3	23	1,267
2017	855	28	5		1	14	903
2018	766	25	4		1	15	811
2019	879	26	6		3	12	926

Homelessness as a main need for social housing support has increased in Donegal over the last number of years but the figures are still quite low. However, numbers of homeless clients recorded by homeless services is higher than this.

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²³: Donegal County Council

Educational Opportunities for Children, Young People and their Families

Early Childhood Care and Education

Table 35: Early Childhood Care and Education – 2018 – 2019				
Total number attending	7030			
No. of children availing of ECCE (free pre-School year)	3661			
No. of childcare services	155			

In 2017/2018, Donegal had the highest vacancy rate in early years services at 13% compared to a national rate of 5%. Community Childcare Subvention (CCS) programme is primarily aimed at supporting parents on a low income to avail of reduced childcare costs. Counties with larger population centres tend to have the highest numbers of registrations for CCS. However, Donegal has been identified as a 'surprising outlier' recording 7% of registrations (comparable to Cork).

The average hourly wages in the early years sector was second lowest in the country in Donegal at €11.29 per hour. The annual staff turnover rate for staff in the early years sector in Donegal was one of the highest in Ireland at 34% compared to 25% nationally²⁴.

Educational Attainment

In Donegal, there were 124,150 people aged 15 years and over in 2016, of which 104,708 had finished their full time education ²⁵ and 19,422 had not. Table 36 highlights that 22% of our population (21,333), who have finished their full time education left with no formal or primary education compared to 13% in the State and these figures are higher for Males at 24.9% than Females at 19%. However, compared with comparable figures for 2011, it illustrates that this figure has reduced by 5,028 people. 33.4% of the population, 15 years and over in Donegal (32,552), who have finished their full time education did so with a Higher Educational Qualification, compared to 42% in the State. Females in Donegal out performed Males in terms of higher educational attainment at 37.5% and 19.3% respectively. The number attaining higher educational attainment increased by 3,794 persons²⁶ over the 2011 – 2016.

Over the twenty year period 1999 to 2019²⁷ there was an increase of 27.8% in enrolments in primary schools (mainstream and special) nationally. Donegal was the only area that saw a decrease (-0.7%) in that period. Enrolments are projected to fall over the coming fifteen years.

²⁴ Early Years Sector Profile Report 2017-2018, Pobal

²⁵ This figure includes 7,340 persons who did not state their highest level of educational attainment. Percentages as calculated in this factsheet exclude that non stated category.

²⁶ Table 36 illustrates that 32,552 persons in Donegal had attained a third level education in 2016 which equates to 33.4% of the population aged 15 years and over. The corresponding figure for 2011 was 28, 758 persons or 28.5% of the population.

²⁷ Department of Education and Science Statistical Bulletin – July 2020 Overview of Education 1999 – 2019

Table 36: Highest level of education 15yrs and over						
	State, 2010	5		Donegal,	2016	
	Total	Male	Female	Total	Male	Female
Total education ceased and not ceased	3,755,313	1,839,849	1,915,464	124,150	60,966	63,184
No formal education	52,214	28,296	23,918	3,869	2,204	1,665
Primary	334,284	175,603	158,681	17,464	9,717	7,747
Lower secondary	449,766	243,128	206,638	17,594	9,897	7,697
Upper secondary	573,643	268,675	304,968	17,393	8,474	8,919
Technical/vocational	271,532	122,938	148,594	8,496	3,575	4,921
Advanced certificate/completed apprenticeship	182,318	119,588	62,730	5,284	3,214	2,070
Higher certificate	153,351	66,290	87,061	5,023	2,067	2,956
Ordinary bachelor degree/professional qualification or both	237,117	106,692	130,425	6,699	2,668	4,031
Honours bachelor degree/professional qualification or both	331,293	147,460	183,833	8,529	3,312	5,217
Postgraduate diploma or degree	284,107	119,676	164,431	6,543	2,480	4,063
Doctorate (Ph.D.)	28,759	16,016	12,743	474	271	203
Not stated	198,668	99,422	99,246	7,340	3,581	3,759
Economic status - total at School, university, etc.	427,128	211,054	216,074	13,329	6,530	6,799
Economic status - other	231,133	115,011	116,122	6,113	2,976	3,137

Educational Participation

Table 37:		
National Schools by County 2020		
	State	Donegal
Ordinary National Schools	3,106	174
Ordinary National Schools with Pupils with Special Needs	620	14
Special Schools	134	2
All National Schools	3,240	17

Table 38:					
National School Pupils by County, School Programme 2020					
	State	Donegal			
All first level school programmes					
Pupils in National Schools	567,716	18,789			
Classes in National Schools	25,312	882			
Pupils with special needs in mainstream national schools					
Pupils in National Schools	6,822	242			
Classes in National Schools	1,169	45			
Pupils in special national schools					
Pupils in National Schools	8,351	161			
Classes in National Schools	1,173	28			
All mainstream national school programmes					
Pupils in National Schools	552,543	18,386			
Classes in National Schools	22,970	809			

Table 39: Second Level Schools and Pupils by County, Type of School, statistical indicator 2020²⁸

		State	Donegal
Secondary schools	Schools providing Second Level Education	381	4
	Pupils receiving Second Level Education	201778	3377
Vocational schools	Schools providing Second Level Education	246	15
	Pupils receiving Second Level Education	108303	5085
Community schools	Schools providing Second Level Education	82	6
	Pupils receiving Second Level Education	53660	3783
Comprehensive schools	Schools providing Second Level Education	14	2
	Pupils receiving Second Level Education	7709	922

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²⁸ CSO

Second level education	Schools providing Second Level Education	723	27
institutions aided by DoES	Pupils receiving Second Level Education	371450	13167

School population, attendance and retention

Table 40: School population, attendance and retention ²⁹	Donegal	State
Primary School (5-12 years):		
• 2010-2011	19,463	504,267
2015-20162016-2017	18,936	553,380
2010-2017	Not available	557,998
		,
Post-Primary (12-18 years):		
Post-Primary (12-18 years):		
2010-20112015-2016	13,514	344,931
• 2016-2017	12,675	345,550
	Not available	351,816
Absenteeism rates (20 days or more):Primary Schools:		
• 2015-2016	7.9%	12.3%
• 2016-2017	7.6%	11.8%
Post-Primary Schools:		
• 2015-2016	17.1%	14.9%
• 2016-2017		
	22.0%	14.7%
Leaving Certificate retention rates ³⁰		
2012 entry cohort	91.7%	91.5%
% of pop. aged 15+ whose education ceased before the age of 15 years ³¹	3.9%	3.6%

²⁹ Tusla AAR 30 DES

³¹ SONC, 2011

School suspension and expulsion rates - Primary and Post-Primary 2016

School suspension rates in Donegal primary Schools decreased slightly in the academic year 2014-2015 from 0.06% compared to 0.09% in the previous year. This was also true for post-primary Schools from a rate of 3.37% compared to 3.56% the previous academic year.

School expulsion rates in Donegal are negligible in primary Schools. In post-primary Schools have seen an decrease in rates from 2014 - 2017 from above the State average to below it.

Table 41:School suspension and expulsion rates — Primary and Post Primary					
Suspension Rate	Donegal primary	Suspension Rates	Donegal Post-Primary		
2013-2014	0.09%	2013-2014	3.56%		
2014-2015	0.06%	2014-2015	3.37%		
2015-2016	0.16%	2015-2016	3.48%		
2016-2017	0.13%	2016-2017	3.86%		

Table 42:School suspension and expulsion rates –Post Primary				
Expulsion rates Donegal Post Primary Expulsion Rates State Post Primary				
2014-2015	0.06%	0.040%		
2016-2016	0.04%	0.04%		
2016-2017	0.02%	0.048 %		

Programmes for school-age children

Youthreach is the Department of Further and Higher Education's official education, training and work experience programme for young people who have left school early and who have limited qualifications. Youthreach is managed locally by Donegal Education and Training Board (ETB). There are six centres in County Donegal; Ballyshannon, Buncrana, Glengad, Gortahork, Letterkenny and Lifford. There are 160 places available on the Youthreach programme in County Donegal and it operates a continuous intake policy all year around.

Daybreak is an individually tailored education programme to support young people to remain in education and is led out by the Donegal Youth Service. The programme is delivered in three locations in county Donegal; Letterkenny, Ballybofey and Raphoe. The programme is designed to support students from First Year to Junior Certificate who are at risk of school dropout and who attend the programme on individual days. Referrals are made by schools, social work, EWO, CAMHS, parents or by self-referral. There are 36 places on the Daybreak Programme in County Donegal.

Youth Service is also involved. It is funded under the European Union's PEACE IV Programme and is run in partnership with South West College and TIDES TRAINING. Youthscape currently operates in Letterkenny and Ballybofey and supports 14-24 year olds from all backgrounds to build self-confidence, promote employability and develop cross-community engagement. It is an eighteen week programme and has supported twenty young people who were partial or non-school attenders over the past two academic years.

Economic Opportunities for Young People and their Families

Labour force Participation and Unemployment rates

According to Census 2016 Donegal has a lower rate of participation in the labour force³² at 57.3% than the State at 61.4%. 18% of Donegal's labour force is unemployed or first-time job seekers significantly higher than the State at 12.9. %. Of the 12,829 people who were unemployed or first time job seekers, 1,931 people were under 25 years and 10,898 people 25 years and over. 32.6% of the labour force aged '15 – 24 years' were unemployed or first-time job seekers, compared to 18.2% aged 25-34 years; 13.9% aged 35-44 years; 15.7% aged 45-54 years and 22.6% aged 55-64 years. The unemployment rates for males were higher in all of these age categories than for females.

Table 33: By County 2016	Total Labour Force Participatio n Rate (%)	Total Unemploym ent Rate (%)	Male Labour Force Participatio n Rate (%)	Male Unemployme nt Rate (%)	Female Labour Force Participation Rate (Rate)	Male Unemploym ent Rate (Rate)
State	61.4	12.9	67.8	13.7	55.2	12
Leitrim	59.3	14.5	64.6	16.5	53.9	12.2
Sligo	57.9	14	63.1	15.9	53	12
Cavan	61.3	15.1	68.7	15.1	54	15
Donegal	57.3	18	63.4	19.9	51.4	15.8
Monaghan	61.9	13	68.6	13.4	55.4	12.6

The Border³³ region has seen the most impressive labour force participation growth rate in Ireland since 2012 (4.2 compared to 1.3 in the State), with the exception, of Dublin, but even so it remains the region with the 2nd lowest rate, (59.3) and the rate has in fact fallen during 2017 - 2019³⁴.

Table 34:					
Persons on Live Register (Number) by Sex, Social Welfare Office, Age Group and Month					
		Nov 2018	May 2019	Nov 2019	May 2020
State	Under 25 years	19921	20347	18469	29617

³² This is calculated as the sum (persons at work + unemployed + first time jobseekers) / (total population 15 years and over)

³³ Donegal, Cavan, Monaghan, Sligo and Letirim

³⁴ CSO Labour Force Survey Q4 2019

	25 years and over	179748	169520	163527	196045
	All ages	199669	189867	181996	225662
Donegal County	Under 25 years	1235	1157	1086	1395
	25 years and over	9305	8877	8498	9487
	All ages	10540	10034	9584	10882

Deprivation

In 2015 disposable income (€15,705 per person) was lowest in Donegal at 77.2% of the national average of €20,334. In 2016, Donegal, at -6.4, was the lowest Relative HP Deprivation score in Ireland and compared to the overall state score which was 0.6³⁵. In 2016 Donegal had the highest proportion of households at 18.5%, where state pension was majority of income. The median gross income per household was €45,256 and households with the lowest incomes were in Donegal (€32,259).

The 2016 Pobal HP Deprivation Index

¹ According to Census 2016, 3,478 persons in the Inishowen Municipal District cross the border each day for work or school purposes.

ii Donegal County Council September 2020