DONEGAL CYPSC

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COVID19 supports in your area. Send us your info for inclusion in the CYPSC Newsletter





The Donegal Children & Young People's Committee (CYPSC) aims to improve outcomes for children and young people aged 0-24 vears in County Donegal.

The purpose of CYPSCs are to bring statutory, community and voluntary agencies providing services to children and young people together to cooperate and plan and work in a coordinated way. CYPSC's are funded through the Department of Children and Youth Affairs and Chaired by Tusla. The local authority holds the position of Vice Chair. They work to support children, young people & their families to achieve the five national outcomes set out in Better Outcomes, Brighter Futures: the National Policy Framework for Children and Young People 2014-2020.



USEFUL Helplines:

Community Helpline 1800-928-982

HSE 180024 1850

Alone 0818 222 024

Seniorline 1800 804 591

Samaritans 116 123

Pieta House 1800 247 247

Woman's Aid 1800 341 900

Donegal Domestic Violence Service:

Helpline open 24hrs 1800 262677

Flac 1890 350 250

CARI Helpline 1890 924567

Worker's Rights Centre 1890 747 881 (1800 112277)

Threshold 1800 454 454

MABS 0761 07 2000

Jigsaw: help@jigsaw.ie

Childline: www.childline.ie

1800 66 66 66 Text: 50101

Lifeline Inishowen: support@Idvs.org

Helpline 074 9373232 Mon-Fri 10 - 1.30

STILL HERE Campaign for people who are suffering Domestic Abuse at this time -

https://www.stillhere.ie/

National Traveller Helpline 083 100 6300

National HSE Roma Helpline 0871264606

The Donegal Parent Support line



DONEGAL CHILDREN AND YOUNG **PEOPLE'S SERVICES COMMITTEE**

Is CYPSC Dhún na nGall muid i gcuideachta le chéile

NEWSLETTER

Special Edition 8 May 2020

Donegal Community Resilience & Response to COVID19:

WHAT IS THE INNOVATE TOGETHER FUND?

The 'Innovate Together' Fund is a €5 million Fund which will focus on supporting innovative responses to the Covid-19 crisis.

HOW DOFS IT WORK?

There are 3 closing dates for applications

Round One open call (13th May 2020 – 27th May 2020)

Round Two open call in June 2020 Round Three open call in September



SOCIAL INNOVATION **FUND**

Sustaining great ideas

WHO CAN APPLY?

Projects working in the area of:

- **Enabling online education**
- Youth mental health interventions
- Circular economy
- Improving food security
- Community outreach
- Re-skilling our workforce
- Physical health

For further information on funding, please check out the website:

http://www.socialinnovation.ie/ innovate-together/

YOU HAVE MADE YOUR VOICE HEARD

A massive thank you to all who participated by completing a survey to inform the Children & Young People Plan 2021-2023, 210 Young People responded and 232 Parents responded.

The closing date for the Early Years survey has been extended to 29th of May.

The survey for Service Providers will launch on the 15th of June. CYPSC will contact all partner agencies. Watch this Space!



Sensory Gifts Bags

Donegal CYPSC became aware of the heightened levels of stress and anxiety experienced by young people with a disability or additional needs, as a direct result of the COVID19 restrictions.

Working with the Bluestack Special Needs Foundation a funding proposal was made to CYPSC for the re-direction of funding to implement the **Sensory Support Gift Bags Initiative.** The initiative supported 4 local charities: Bluestack Special Needs Foundation, Sproai Agus Sport, Donegal Down Syndrome & ICARE. All of whom, work with young people with physical, sensory and intellectual disabilities across Donegal. Sproai agus Sport are currently rolling out this initiative for their young people and will feature in the next edition of the Newsletter.

A special Thank you to all who supported this initiative, the staff and volunteers, An Garda Síochána, local businesses, Lifestart Services CLG and Finally, a sincere Thank You to Ireland's national television station RTE and to Eileen Magnier for telling Donegal's story. You can read RTE's coverage of this work here-.

"This was a fantastic initiative, and shows what can happen when local organizations come together and work as a team, the best part of it for us had to be seeing the faces of the young people we work with, seeing their glorious smiles and knowing that for a brief moment we brought pure joy to the parents, seeing their adored children, happy, respected, thought of and valued"

Wendy Mc Carry, Manager,
Bluestack Foundation.

Video Here



Sensory Gift Bags continued...

"On Saturday morning 23rd May we set off on a journey around Inishowen accompanied by a Garda escort. Gardai Sean Sweeney and Tomás McMahon had the task of handing over the bags to delighted children and young people who couldn't believe we were thinking about them. The smiling faces would've done your heart good. They were peering into their bags which were full to the brim with sketch pads, crayons, pencils, puzzle books, sensory toys,



sweets, crisps, drinks and they were over the moon. Thank you to CYPSC for helping make this happen." Angela Tourish, Manager, i.C.A.R.E.

"We at Donegal Down syndrome wanted our 170 members to know we are thinking of them. We made every bag with that person and family in mind. The knock on the door and wee chat all with social distancing was as great as the Gift itself. It was wonderful touching base with everyone and asking face to face 'How are you doing?' We forget how much we miss interacting with others. The surprise on everyone's faces when they got their gift was wonderful."



Gina Grant ,Donegal Down Syndrome. Video Here

Previously, a similar initiative was run by Lifestart Services. "Sensory Fun Packs for Sensational Children was a Lifestart Services GLG initiative to provide sensory input for children with physical, sensory and cognitive needs. Lifestart Services developed this initiative to enhance fundamental sensory input for children. Our Sensory Packs were designed to support all 8 senses and individualized for each child. Sensory input provides children with tools to self regulate and an opportunity for optimal learning and development." *Helga Tinney, Lifestart Services*.