

DONEGAL CYPSC**Email:**

Anne.TimonyMeehan@tusla.ie
Gearoid.Horkan@tusla.ie

Website:

www.cypsc.ie

Facebook

@CYPSCDONEGAL

COVID19 supports in your area. Send us your info for inclusion in the CYPSC Newsletter



@CYPSCDONEGAL



@CYPSCDL

The Donegal Children & Young People's Committee (CYPSC) aims to improve outcomes for children and young people aged 0-24 years in County Donegal.

The purpose of CYPSCs are to bring statutory, community and voluntary agencies providing services to children and young people together to cooperate and plan and work in a coordinated way. CYPSC's are funded through the Department of Children and Youth Affairs and Chaired by Tusla. The local authority holds the position of Vice Chair. They work to support children, young people & their families to achieve the five national outcomes set out in Better Outcomes, Brighter Futures: the National Policy Framework for Children and Young People 2014-2020.

An bhfuil do shaol mar theaghlach
níos dúshlánaí faoi lathair?
An bhfuil tú ag streachailt?
Tá tacaíocht ar fáil.



A Listening &
Signposting Service
on Parenting during
Covid-19

MONDAY TO FRIDAY
9AM - 3PM

USEFUL Helplines:

Community Helpline 1800-928-982

E-mail covidsupport@donegalcoco.ie

HSE 180024 1850

Alone 0818 222 024

Seniorline 1800 804 591

Samaritans 116 123

Pieta House 1800 247 247

Woman's Aid 1800 341 900

Donegal Domestic Violence Service:

Helpline open 24hrs 1800 262677

Flac 1890 350 250

CARI Helpline 1890 924567 Donegal

Parent Line—1800 11 22 77

Worker's Rights Centre 1890 747 881

Threshold 1800 454 454

MABS 0761 07 2000

Jigsaw: help@jigsaw.ie

Childline: www.childline.ie

1800 66 66 66 Text: 50101

Lifeline Inishowen: support@ldvs.org

Helpline 074 9373232 Mon–Fri 10 – 1.30

STILL HERE Campaign for people who are
suffering Domestic Abuse at this time -

<https://www.stillhere.ie/>

National Traveller Helpline 083 100 6300

National HSE Roma Helpline 0871264606

Supporting Children & Families Hub:

www.gov.ie/supportingchildren



DONEGAL CHILDREN AND YOUNG PEOPLE'S SERVICES COMMITTEE

Is CYPSC Dhún na nGall muid i gcuideachta le chéile

NEWSLETTER

COVID19 Special Edition 16—September 2020

First Young Adult Representative to take her seat on Donegal CYPSC

Donegal CYPSC is delighted to welcome Éadaoin Nic Con Uladh from Dungloe, as the first Young Adult Representative on the committee. Éadaoin's Expression of Interest was approved at the CYPSC meeting on 1st Sept. She brings a wealth of experience gained from her involvement in the current Donegal Youth Council, Donegal Youth Voices Group, Foroige Reference Panel, Foroige National Council and Foroige Financial Subcommittee. Éadaoin has also been a member of the Jigsaw National Advisory Panel, the School Council and the National School council with ISSU. Éadaoin was



also part of the Donegal Youth Council group who worked on the design, content and piloting of the CYPSC Young Peoples Survey to inform the new Children & Young People Plan 2021-2023. Shauna Hoey, Donegal Youth Council Coordinator commented "Éadaoin has been involved in many youth organisations throughout her teenage years. Her work is known throughout the county and she demonstrates so many traits of an inspiring role model within her peer group. Éadaoin has shown dedication and determination with her involvement on the Donegal Youth Council and she will thrive in this role as well." Éadaoin will be supported throughout the process and will have a direct link to the Youth Council as she will be returning as a Youth Leader for the new term. Éadaoin will attend her first Donegal CYPSC meeting on 29th Sept. 2020. The participation of Children and Young People is a fundamental principle of Donegal CYPSC. Donegal CYPSC will continue to work to strengthen the involvement of children and young people including seldom heard children and young people, young people from new communities and black and ethnic minority backgrounds as well as children and young people with disabilities, young carers and young people who identify as LGBTI+.

NASC & Ireland Together - Covid 19 World Service

Covid 19 World Service is a joint initiative of Nasc and Together Ireland. Over 30 doctors and other healthcare professionals from around the world, that live and work in Ireland, have voiced the video messages for the Covid-19 World Service Initiative aimed at providing up-to-date and accurate public health information to migrants living in Ireland. For more info click [here](#). In addition to their public health videos, they have videos for parents of children returning to school in Aug/Sept 2020. These videos were voiced by education professionals including teachers and SNAs in Ireland and the messaging has been approved by the Irish College of GPs. Click on the language below for the relevant video uage.



Albanian	English	Kurdish Sorani / Kurdiya Sorani	Romanian / Română
Amharic	Esperanto	Latvian	Russian / русский язык
Arabic / عربي	French	Lithuanian / Lietuvių kalba	Serbian / Srpski
Bengali / বাংলা	Georgian / ქართული ენა	Lingala	Slovak
Bosnian	Greek	Macedonian / Македонски	Spanish/ Español
Bulgarian / Български	Hindi / हिन्दी	Malay/ Bahasa Melayu	Swahili
Catalan / Català	Hungarian	Pashto / پښتو ژبه	Tamil
Cantonese	Irish/Gaeilge	Polish / Polskie	Ukrainian / Українська
Croatian / Hrvatski	Italian	Portuguese / Português	Urdu / اردو
Czech / čeština			Yoruba

MACE & NSPCC Launch - Look, Say, Sing, Play

Look, Say, Sing, Play is all about simple, fun activities that fit in to your routine and support your child's development. For information contact; Donna Mc Gee [HERE](#) for Strabane & Donegal OR Shauna Hawes [HERE](#) for Letterkenny, Inishowen & Derry areas.



National Education Psychological Service (NEPS) Back to School

NEPS psychologists work with both primary and post-primary schools and are concerned with learning, behaviour, social and emotional development. NEPS psychologists specialise in working with the school community. They work in partnership with teachers, parents and children in identifying educational needs. They have produced four short video clips to help communicate with students and parents about the return to school, with to key universal messages to support wellbeing.

For a video on Parent Advice click [HERE](#)

For a video on Primary Students (J1 to 2nd) click [HERE](#)

For a video on Primary Students (3rd to 6th) click [HERE](#)

And for a video on Post Primary Students click [HERE](#)



NEPS offer a range of services including wellbeing toolkits for primary and post primary schools. For more information check their website [HERE](#).

Funding News Flash— National Lottery Grants

The HSE has been allocated National Lottery Funding for distribution to community based groups & voluntary organisations, under the Respite Care Grant Scheme and the National Lottery Scheme. Groups and organisations involved in providing health & personal social services can apply for once off funding of between €500 and €10,000 for suitable projects. For information on how and where to apply see www.hse.ie/lotterygrants OR contact HSELive Team on 1850 24 1850 and on hselive@hse.ie Closing date for applications is noon on 18th September 2020

COVID-19 Small Grants Scheme for Sports Clubs in Donegal

Regarding the COVID-19 Club Small Grant Scheme, Myles Sweeney of Donegal Sports Partnership said "Donegal Sports Partnership welcomes the announcement of financial support for sports clubs across Ireland and encourages all sports clubs in County Donegal to assess their need for financial support towards COVID-19 related hygiene and social distancing protocols." The scheme will be based on identified needs. Donegal Sports Partnership will work to ensure that the investment is distributed fairly and every effort will be made to ensure that the wider sports community benefits from this scheme. There is a €1,500 limit per club on this grant scheme and applications will be means tested and only clubs with the most need will be eligible for the full amount. For Information contact

Maggie Farrelly, Email: Maggie@activedonegal.com OR

Myles Sweeney, Email: info@activedonegal.com

CLOSING DATE: WEDNESDAY 9th SEPTEMBER 2020 (12:00 noon)