

DONEGAL CYPSC

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The Donegal Children & Young People's Committee (CYPSC) aims to improve outcomes for children and young people aged 0-24 years in County Donegal.

The purpose of CYPSCs are to bring statutory, community and voluntary agencies providing services to children and young people together to cooperate and plan and work in a coordinated way. CYPSC's are funded through the Department of Children and Youth Affairs and Chaired by Tusla. The local authority holds the position of Deputy Chair. They work to support children, young people and their families to achieve the five national outcomes set out in Better Outcomes, Brighter Futures: the National Policy Framework for Children and Young People 2014-2020.

The national outcomes are that Children & Young People are:

- *Active and healthy with physical and mental well-being
- *Achieving full potential in all areas of learning & development
- *Safe and protected from harm
- *Have economic security and opportunity and
- *Are connected, respected and contributing to their world.

Over forty organisations across Donegal work in partnership to achieve these outcomes.

BETTER
OUTCOMES
BRIGHTER
FUTURES



DONEGAL CHILDREN AND YOUNG PEOPLE'S SERVICES COMMITTEE

Is CYPSC Dhún na nGall muid i gcuideachta le chéile

NEWSLETTER

Quarter 1 2019

READ DL 2019, an initiative from CYPSC Education & Learning subcommittee

"Mr. Stink" by author David Walliams is this year's book for Read DL 2019. "This is the 9th year of Read DL and its appeal remains as fresh as ever with hundreds of children & young people from 77 schools across Donegal including 6 youth reach centres and 10 ETB Learning for Living Centres taking part in what has become an incredibly successful community literacy initiative. Read DL 2019 was launched by Minister Joe Mc Hugh on 28 Feb 2019. It is a county-wide reading movement, designed to bring the people of Donegal together by collectively reading the

same book. It aims to foster a love of reading, encourage people young & old, to not only read more but to read the same book & to share ideas and perspectives. Speaking at the launch Cathaoirleach of Donegal County Council Cllr. Seamus O'Domhnaill described Read DL is a fine example of how community interaction & dialogue can be encouraged across a vast area and explained that "there are numerous benefits to reading and being literate. It can have far reaching consequences in a person's life." Copies available www.donegallibrary.ie www.readdonegal.com



The Disability & Inclusion Project Information Event.

DESSA, the Disability Equality Specialist Support Agency and Donegal CYPSC hosted an information workshop on the Donegal Disability & Inclusion Project. 2nd April, Finn Valley Family Resource Centre. This project aims to support members of Donegal CYPSC in developing and embedding, as

best practice, a strategic approach to social inclusion enabling children and young people who experience disability the opportunities to live full and active lives. This project will entail a series of training workshops exploring and developing the values that guide inclusive practice

and actions and the practical know-how in making inclusion a reality.

Contact
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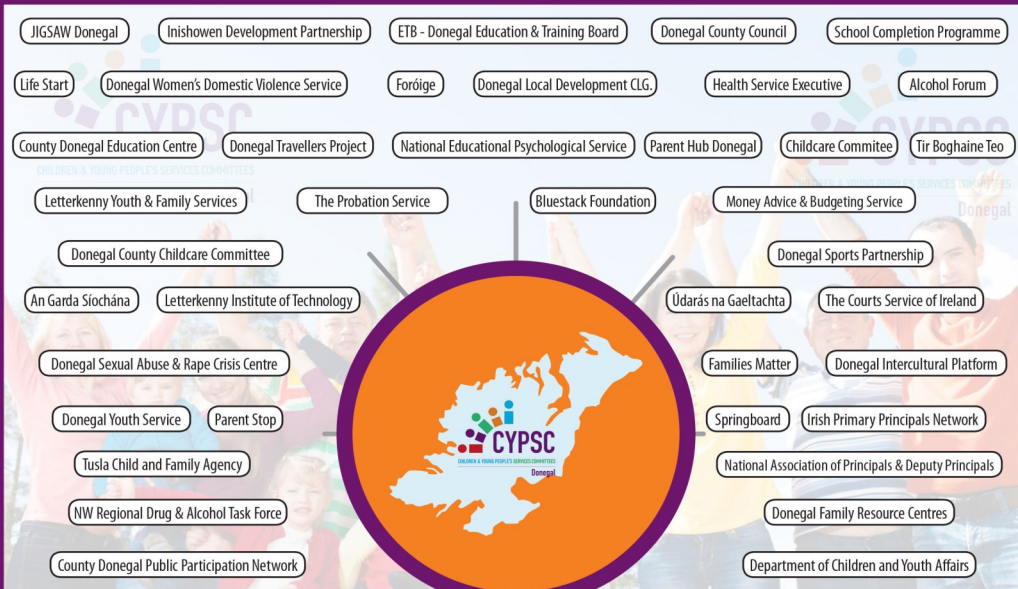
This initiative is funded by the Department of Children and Youth Affairs under the What Works 2019 Network Support Fund

SAVE the DATE!

Our Education & Learning Subcommittee invite you to SAVE the DATE for the annual Lifelong

Learning Education & Learning Showcase event which will take place on Friday 11 October, 11.00am-1.00pm, Finn Valley Centre, Stranorlar. DLDC is the

lead partner and organiser. If your organisation would like to reserve an exhibition stand for this event. Contact Aisling at asharkey@dlcd.org



Together, we are Donegal Children
& Young People's Services Committee

Is Coistí Na Seirbhísí Do Leanai & Do Dhaoine
Óga Dhún na nGall muid i gcuideachta le chéile

Personal Financial Skills Development workshops.

Personal Financial Skills Development, is an initiative of the Economic Wellbeing Subcommittee in collaboration with Eve Curran, Community Banker, Ulster Bank. We are working together to bring FREE informative workshops on Personal Financial Skills development to young people in Donegal. Eve can tailor the workshops to the individual group and a wide variety of programmes are available to choose from., so all age groups and levels of capacity can be catered for. We have ring fenced 2 days per month from March to November 2019 inclusive specifically for groups linked to Donegal CYPSC. If a group only meets on a Saturday or in the evening, this can be accommodated on a case by case basis. Donegal CYPSC launched this collaboration with a 'Money Skills for Life' workshop from the Competition & Consumer Protection Commission on 14th Feb. **Contact** eve.c.curran@ulsterbank.com

Changing Futures Website Launched

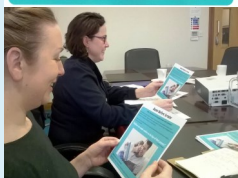
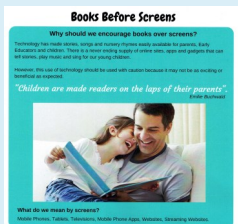
Tusla launched a new website, designed by young people with experience of Tusla services, to help children understand what it means if Tusla are involved in their lives. The concept for the website, called Changing Futures, came from a group of young people in the South Dublin and Wicklow area with lived experience of Tusla's services but also contains contributions from young people and services across the country. **Spread the Word!** www.changingfutures.ie
The new animated Meitheal Explainer video for Young People was created by the Tusla Donegal funded **Donegal Youth Voices** group. Donegal Youth Voices is coordinated by Foroige in partnership with the Tusla PPFS team. This video resource can also be accessed from the following link <https://youtu.be/wp89nsR5jcE> **Well Done All!**

Book Before Screens:

Books Before Screens is an additional element added to the Creating Lifelong Readers programme, from the CYPSC Education & Learning Subcommittee. Technology has become a much more regular part of life for everyone and with that comes the need for everyone to consider the impact of screens on our lives and the lives of children. One of the key areas that Books Before Screens considers for early educators and parents is the importance of shared reading using paper based books. This resource is available from Donegal Childcare Committee & Donegal Library Service. *Funded by CYPSC Better Outcomes Brighter Futures Fund, Department of Children & Youth Affairs.*



Sean & Conor from Donegal Youth Voices attending the launch of 'Changing Futures', with Kit O'Neill Foroige, Marty Kenney PPFS Tusla, Minister Zapone & Effion Williams Tusla.



New Resource 'A Parents Guide to Device Safety'



Janique Burden Tusla, Joint Chair of the CYPSC Safe & Secure Subcommittee launched **'A Parents Guide to Device Safety'** on 12 March in LYIT, Letterkenny. Gareth Gibson, Donegal Youth Services, who led this project, facilitated an Information session, hosted by LYIT, on Device Safety for CYPSC members & front line staff working with young people. Gareth, describing the Parents Guide said *"This booklet aims to provide a range of information on how to keep children safe online and how to keep personal information from predators and hackers"*. This Guidebook brings to fruition a key recommendation from the 'Young People and Internet Survey', carried out in collaboration with the Donegal Youth Council. The findings of this survey were launched in leaflet form by Dr. Niall Muldoon Ombudsman for Children, in October 2017. An analysis of the survey findings identified that: *There is a general perception that parents' knowledge of the Internet is low and in many cases probably not enough to protect children from threats and dangers of the web.* This 'Parents Guide to Device Safety' is available from the Youth Information Centre, 16-18 Port Road, Letterkenny, from Donegal CYPSC or https://issuu.com/letterkennyyc/docs/Parents_safety_device_handbook_prin

This is an initiative of the Safe & Secure Subcommittee of Donegal CYPSC, led by Donegal Youth Service funded by CYPSC Better Outcomes Brighter Futures funding from Dept. Children & Youth Affairs.

Be Healthy, Be Happy Residential

Foróige, in conjunction with sessions from the Foróige Be Donegal CYPSC and Donegal Healthy Be Happy programme Donegal County Council hosted a three and putting into practice the day residential during the skills they learnt. The trip was midterm break with 47 young time out from social media, to people travelling from all over engage with their friends in Donegal to enjoy the beauty positive and supportive ways, of the Errigal mountain area. cooking healthy meals, playing The focus of the residential games, practicing mindfulness, was Healthy Living incorpo- working together as a team, rating lots of fun ways to build going for walks and generally in all four aspects of health, enjoying each other's company, social, physical, mental and a great time was had by every-spiritual life into everyday one involved. Friendships were living. Young people played a made, fun was had, learning key role in the design of the happened and most importantly residential participating in young people came away having *Healthy Ireland.*



positive memories of a time well spent together. Contact info@donegal.ie This was a initiative of CYPSC Health & Wellbeing Subcommittee, led by Foroige, funded by