



COVID-19 CYPSC Contingency Arrangements for the Coordination of Services

West Cork Area



Given the sudden 'invisibility' of children in society due to the 'stay at home' measures, there is growing concern that avenues for children at risk to seek support (school, clubs, sports etc.) have narrowed dangerously and that society may no longer have eyes on, or sight of, the child. At this time in particular, it is important that all of us promote the welfare and safety of children.

Recognising when a child is being harmed can sometimes be hard and knowing when to talk to Tusla Child & Family Agency is important, click [here](#) for more information. If you are worried about a child please contact the **Cork Dedicated Contact Point** Telephone **021 4923493** (Monday - Friday, 9am - 5pm)

If a child is in immediate danger contact the Gardaí at 112/999 or www.garda.ie

BEARA WEST CORK FAMILY RESOURCE CENTRE

Open to All

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- Practical and emotional Family Support
 - Contact: - Claire 086 02223398
 - Natalie (Family Support) 086 7806093
- Information on financial, social welfare and business supports.
 - Contact: - info@bearawestfrc.ie
 - <http://bearawestfrc.ie/>
- Care Ring Service for older people, offering practical and emotional support
 - Contact: Aideen 086 0560319

Manager/Coordinator of Services:

Helene Costigan

Tel: **083 159974**

Beara West Family Resource Centre on Facebook

THE CAHA CENTRE

Open to All

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- Practical and emotional family support.
 - Contact: - Lizzie (Family Support and Community Development Worker) 087 1217745
- Information on financial, social welfare and business supports
 - Contact: - Rita (Project Coordinator) 083 3258584
- Care Ring Service for older people, offering practical and emotional support.
 - Contact: - Julie (Support Worker for Older People) 087 9144427

Manager/Coordinator of Services:

Rita Bevan
Tel: **083 3258584**

Other Contacts:

Margaret – Administrator: 087 2512445
Mary-Frances – Health and Wellbeing: 083 1491543
Dympna – Community Worker: 087 9348720

DUNMANWAY FAMILY RESOURCE CENTRE

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- Meals on Wheels
 - Contact: (023) 8868110
- Dunmanway & Area (Dway) Comfort Line - This is a volunteer-led telephone service which will take calls from individuals, parents, isolated or older members of the community living in & around the Dunmanway area who may be anxious, or seeking information or simply want to have a chat with someone.
 - Contact: (023) 8856818 - Monday and Friday between 9am and 5pm. Leave a voice message and one of our team of trusted volunteers will phone you back.
- Family Support
 - Contact: 083 8514132
- Family Resource Centre
 - Contact: (023) 8856818

Manager/Coordinator of Services

Rita Kearney

Email: rita@dunmanwayfrc.com

Tel: **087 138 5823**

<https://dunmanwayfrc.com/>

<https://www.facebook.com/dunmanwayfamilyresourcecentre>

SKIBBEREEN FRC

Open to All

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- Practical and Emotional Family Support

Manager/Coordinator of Services

Deirdre McHugh

Email: deirdremchugh.skibbcfrc@gmail.com

Tel: **087 1769603**

FOROIGE BEARA

All Young People and Parents are welcome.

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- Practical and emotional support. Gwen O' Donovan is working from home and is available to parents and young people on her mobile and email

Manager/Coordinator of Services

Gwen O' Donovan

Email: gwen.odonovan@foroige.ie

Tel: **086 3841066**

YMCA CLONAKILTY, SKIBBEREEN AND DUNMANWAY

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- Instagram: - Theshackclonakilty
- Thehiveskibbereren3
- Our Podcasts will be going out every Friday. All information on how to send a song request or send an audio clip is on Instagram.
- Hangout space Thursday from 4 – 6pm for all young participants on ZOOM. Details can be found on Instagram and Facebook.

Manager/Coordinator of Services

Courtney Canning

Tel: **087 1838691**

WEST CORK WOMEN AGAINST VIOLENCE

Open to All.

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- WCWAV are operating a phone line support Monday- Friday 9am-5pm (outside of those hours our voicemail provides alternative numbers to call).
- We will also respond directly to emails and Facebook messages from women. Our website and Facebook pages are also good sources of information and updates.
- Unfortunately, we cannot safely provide face to face sessions or outreach at this time. However, our support workers are available at the times above to listen, discuss, help with safety planning and provide options for women to consider.

Manager/Coordinator of Services:

Marie Mullholland

Tel: **027 53847 / 1800 203 136**

-  <https://www.facebook.com/westcorkwomenagainstviolence/>
-  <https://westcorkwomensproject.ie/admin@westcorkwomensproject.ie>

CITIZENS INFORMATION SERVICE (WEST CORK)

Open to All

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- Currently providing information and advice/assistance to the community by phone and email on all rights and entitlements

Manager/Coordinator of Services

Anne O' Donovan

Tel: Bantry 0761 07 8390

Macroom: 0761 07 8430

National: 0761 07 4000

Website: www.citizensinformation.ie

Email: bantry.cic@citinfo.ie

macroom.cic@citinfo.ie

WEST CORK CHILD DEVELOPMENT SERVICES

Open to Existing Clients Only.

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- Some respite services are still being provided and home support still being provided
- If families contact us looking for supports, please ask them to contact their key-worker or pass on Hazel's land-line number

Manager/Coordinator of Services

Hazel Trudgill

Tel: **(023) 8890306**

SCHOOL COMPLETION PROGRAMME

Open to any child who is linked to MICC, Skibbereen Community School or Bantry Community School.

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- Support for Children and parents/carers

Manager/Coordinator of Services

Roger Earl

Tel: **087 6386567**

WEST CORK COUNSELLING AND SUPPORT SERVICE

Open to All

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, phone support is available as follows:

- Tel: **023 88 56852**
- Crisis Pregnancy & Aftercare Counselling - **FREephone 1800 25 23 59**

CORK COUNTY COUNCIL HOUSING – WEST CORK

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- HAP/RAS Tenants - HAP office continuing to process HAP applications and are prioritising where necessary
 - Contact: (023) 8833328
 - hap@corkcoco.ie
 - Address: HAP/RAS - Housing Section, Floor 4, Cork County Council, Carrigrohane Road, Cork, Ireland Eircode: T12 R2N
- Cork County Council Tenants
 - Emergency repair contact no. 021/4800048
 - rentassessment@corkcoco.ie
 - Address: Rent Assessment Unit, Cork County Council Offices, Kent St., Clonakilty, Co. Cork. P85 X375
- Homelessness – Contact (023) 8863713
- Traveller Support – Contact (021) 4285114

Manager/Coordinator of Services

Helen O' Donovan

All details available on the Cork County Council Website <https://www.corkcoco.ie/en>

NOVAS

Open to Existing Clients Only

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- The lone working service is primarily working remotely from home as a response to Covid-19
- During the Covid-19 pandemic, The West Cork Tenancy Sustainment Service will be contacting all clients remotely and providing therapeutic, practical, and health-focused supports to individuals and families (prioritising those who are high risk)

Manager/Coordinator of Services:

Patrick Healy

Email: patrick.healy@novas.ie

Tel: Contact head office (Limerick) on **061 370325**

WEST CORK TRAVELLER CENTRE

Open to All

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- West Cork Traveller Centre – **(023) 8835039**
- The **Roma Helpline** number is **087 1264606** and information can be accessed in Romanian and Romanes at this number
- The **Traveller Helpline** number is **083 1006300**

Manager/Coordinator of Services

Margaret Allen