



COVID-19 CYPSC Contingency Arrangements for the Coordination of Services

North Cork Area



Given the sudden ‘invisibility’ of children in society due to the ‘stay at home’ measures, there is growing concern that avenues for children at risk to seek support (school, clubs, sports etc.) have narrowed dangerously and that society may no longer have eyes on, or sight of, the child. At this time in particular, it is important that all of us promote the welfare and safety of children.

Recognising when a child is being harmed can sometimes be hard and knowing when to talk to Tusla Child & Family Agency is important, click [here](#) for more information. If you are worried about a child please contact the **Cork Dedicated Contact Point** Telephone **021 4923493** (Monday - Friday, 9am - 5pm)

If a child is in immediate danger contact the Gardaí at 112/999 or www.garda.ie

BALLYHOURA DEVELOPMENT

Community Development Company, Ballyhoura area – North Cork
Open to all

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- Phone call support
 - Video Calling
 - Provision of information (proactively through online platforms, email, text, phone calls and on request)
 - Sign posting and referral to supports and services
 - Continuing to deliver Youth Supports remotely using video calling, phone and text.
 - We continue to work with all community groups, many of whom have established local delivery services within their communities
- Contact details – phone, social media platform etc. www.ballyhouradevelopment.com

Manager/Coordinator of Services:

Eileen O’Keeffe - eokeyffe@ballyhoura.org
Tel: 087-6216200

LE CHEILE FAMILY RESOURCE CENTRE

Open to all - Mallow and surrounding areas.

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

Contact details – phone, social media platform etc.

Tel: 022-42439

Manager/Coordinator of Services:

Marie Fenlon

RESPOND HOUSING

Existing client group - Charleville and Middleton area.

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- Providing ongoing support to all families that are linked with the project and others as the need arises.
- Where there are issues with regard to homework or activities for children, follow up contact is being made with the school, information or resources are being posted out
- An up to date Local Contact list has been made available on face book to the families but is also being posted out by the Respond Housing Officer and has been shared with Cork County Council to post out to their families
- Where food donations have been offered by local food companies, this has been communicated to families; we are working with Ballyhoura Development CLG on this and trying to ensure safe collection points.

Manager/Coordinator of Services

Margaret Fenton

Tel: 087 776 2977

BARNARDOS

Open to All.

The government's response to Covid-19 has meant that normal routines and sources of support are currently unavailable to many families. However, supports are available as follows:

Through our dedicated telephone and email support service Barnardos staff can provide support and advice to parents on the following issues:

- How to talk to your children about the corona virus
- Setting a good routine
- Managing children's behaviours and sibling dynamics
- Managing aggression and family discord
- Home schooling/managing school expectations.
- Fostering natural learning opportunities in the home
- Healthy eating
- Accessing fun and educational activities for families and individual children
- Managing your child's worries
- Self-care for parents
- Helping parents manage their own worries and anxieties
- Managing children's online activity

Barnardos also provides specialist services and support in relation to bereavement, adoption and fostering.

Tel: 1800 910 123 between 10.00am and 2.00pm Monday to Friday

Email: parentsupport@barnardos.ie

<https://www.barnardos.ie/>

Barnardos Bereavement Helpline is open from:

- 10am-2pm Monday to Thursday
- Offering information and advice in relation to how to support children through bereavement
- Open to members of the public and professionals who are in contact with bereaved children

Tel: **01 4732110** (10am-2pm Monday to Thursday)

<https://www.barnardos.ie/our-services/work-with-families/bereavement-services>

ISPCC (IRISH SOCIETY FOR THE PREVENTION OF CRUELTY TO CHILDREN)

Open to All

The ISPCC provides a range of services directly to children and families and advocates for change to enhance the lives of children in Ireland.

- (1) **The ISPCC Support Line** provides a confidential listening service, offering information, advice and emotional support to members of the public who contact us on any issue in relation to child protection and welfare.

ISPCC Support Line provides

- Information on services available / signposting
- Advice on family relationship issues, parenting and coping strategies
- Advice on child development and the impact of certain situations on children
- Guidance and referral to statutory services to assist and support with child welfare and protection issues
- Support and guidance on issues such as bullying, cyber safety, mental health, child abuse, parenting and social support

The ISPCC's Support Line can be contacted between 9am and 1pm Monday to Friday, by calling **01 6767960**, emailing ispcc@ispcc.ie or by writing to any local ISPCC office. Check www.ispcc.ie for the number as it changes daily.

- (2) **Resilience Support Service**

For queries about referring a child or young person to the Resilience Support Service please contact:

- amy.buckley@ispcc.ie
- sinead.mckee@ispcc.ie
- www.ispcc.ie

- (3) **Childline**

Childline is Ireland's 24-hour national listening service for all children and young people (under the age of 18) in Ireland. Phone, text and online service are continuing as normal:

Online: www.ispcc.ie

Tel: 1800 66 66 66 (24hrs a day)

Text: 50101 (10am-4am daily)

You can also chat online at www.childline.ie

CLOYNE DIOCESAN YOUTH SERVICES (CDYS)

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- Targeted Youth Work Projects - open to existing and vulnerable young people in Mallow, Fermoy, Mitchelstown and Midleton.
 - Contact: Miriam **086 8031206**
- Garda Youth Diversion Youth Projects – Mallow, Cobh, Mobile to cover Mitchelstown/Charleville/ Midleton/Fermoy and environs
 - Referral based only – call Miriam **086 8031206**
- Community Based Drugs Workers (CBDO's) - Referral based community supports for people or families struggling with alcohol or substance use/misuse. Locations generally Macroom, Mallow, Mitchelstown and Fermoy and environs.
 - Contact: - Mallow and Mitchelstown area – Nicola **086 3836414**
- Fermoy Area – Kasia **086 6096874**
- Creative Community Based Alternative Support Workers - Referral only from Social Work department and Tusla CCA Coordinator.
 - Contact: Victoria O'Brien **086 8065863** (North and East Cork)
- Family Support Workers - Referral based work supporting families primarily through Tusla, PPFs and CDYS projects and services.
 - Contact: Victoria O'Brien **086 8065863**
- Local Training Initiatives / Full Time Education Projects - Appointment based, phone, digital platform or other digital apps such as WhatsApp etc. and learning and platforms.
 - Contact: - North Cork **086 4693360**
- Outreach Counselling and Community Psychotherapists - Appointment based, phone, digital platform or other digital apps such as WhatsApp etc. Our play therapy/ art therapies and other therapeutic services are currently closed.
 - Contact: Finbarr **086 1841860** (Under 18's Outreach Counsellor North Cork)

FOROIGE CHARLEVILLE

Open to All – Young People and Parents are welcome.

In order to comply with HSE guidelines all activities within the centre have ceased until the end of April. However, supports are available as follows:

- Holding Zoom sessions with groups and individuals.
- Group sessions will be meeting with the young people and will include planning things to do working out the obvious restrictions but being creative. So for example recipes, eating together, exercise, crafts.
- Also providing tips on dealing with anxiety/ boredom/loneliness and how to set a good routine and goals in order to create a sense hope and something to look forward to.
- Also available on WhatsApp/text and can also email young person/ parent with similar ideas/ support if they wish.

Contact: Jane Beretta **086 6773861**