Tusla Cork Update

Tusla continues to process child protection referrals at this time, and recognises that the current conditions pose particular risks for vulnerable children and families





Alternative care

Work continues with vulnerable children and families, children in care and foster carers during the restrictions in place for Covid19. Social Workers are keenly aware of the particular stresses and risks presented by the current conditions in our communities. John Finn, Social Worker, outlined some of the work being undertaken by social workers every day in his blog, 'The Role of the Children in Care Social Worker during the Covid-19 Crisis and exploring the Utilisation of Video Messaging for younger Children in Foster Care' which can be found at

https://irishsocialwork.wordpress.com/

Early Years, Family Support and Counselling Services

- In excess of 70 Tusla Funded Services in the communities of Cork city and county providing direct supports to children and families.
 - · Services available include Family Centres, Family Resource
- The focus of our work is family support through phone calls, messaging and social media during Covid-19.
- Services involved in food preparation and delivery of activity packs for children and families.
 - Counselling is available to children and families through our Counselling Services.





tusla.ie
cypsc.ie
hse.ie
gov.ie
corkcity.ie

corkcoco.ie

Useful Websites / Numbers

https://www.tusla.ie/uploads/content/tusla10thingstodo-10.pdf

https://www.covid19parenting.com — printable parenting tip sheets available in multiple languages .

<u>https://www.womensaid.ie/services/local/cork/</u> — Women's Aid Website

<u>www.stresscontrol.org</u> — online stress control course

021-4923493 (or online) — Cork Referrals to Child Protection

021-2428611— Tusla Education Support Service (tess) Cork

1800 341 900 (24/7 national helpline)
— Women's Aid, Domestic Violence Support

Non Violent Resistance (NVR) Programme - by Phone. An initiative for the Covid 19 Crisis.

The NVR programme is for parents or carers who are experiencing child to parent/carer violence, intimidation, emotional abuse or controlling behaviour. It is not a general parenting programme but rather focuses on how parents/carers can deal with children's aggressive and controlling behaviour by giving them practical skills to help them respond to the challenging behaviour.

As a response to the Covid 19 Situation, Liberty Street House is extending their NVR service to provide a phone based Non Violent Resistance Crisis programme to parents/carers referred by Fostering and Child Protection and Welfare Teams in North and South Lee as well as those referred to Liberty Street House Young Person's Service.

What is Child to Parent (or Carer) Violence and Abuse?

When parents/carers/siblings have to walk on eggshells around their child.

Parents/siblings having to adapt their behaviour for fear that child might react in an aggressive/intimidating way. Child intimidates parents/siblings physically or verbally. Child's tries to control the family through their behaviour. Verbal or physical threats.

Child disempowers and manipulates the parent.

How to make a referral

Email a Liberty Street House NVR COVID-19 phone programme referral form to both Aoibheann Kennedy at **aoibheann.kennedy@tusla.ie** and Ilse Dahms at **ilse.dahms@tusla.ie** or post a referral to Ilse Dahms at the above postal address. Please request this from us as we will not accept referrals on the old referral form.

If you are unable to email/post a referral form, then you can phone Ilse Dahms at 021 – 4921728 or 087-9181080 and she will complete a referral form over the phone.

Parents/carers need to give consent to be referred to this programme, however given current restrictions, we will accept a record of the verbal consent.

Child to parent/sibling violence can include amongst other

Hitting, spitting, biting, scratching, hair pulling

Throwing objects/destroying property

Assaulting parent/siblings

Name calling, screaming and shouting, abusive language, verbal threats and threatening body language

Making unreasonable demands and being aggressive/threatening when those demands are not being met

Demanding that parents/siblings behave in a certain manner

Promising to change their behaviour on condition that their demands are met

Liberty House 18 Liberty Street Cork T12 R9CW

Tel: 021-4921728