

Free things to do from home

25th Mar 2020. Please send updates to Local.engagement@HSE.ie

Online learning

UK Recovery college online courses

- www.recoverycollegeonline.co.uk/

Khan Academy (USA) online courses

- Serious learning, wonderfully polished
- www.khanacademy.org

Open University (UK) online courses

- Pioneers in distance education
- www.open.edu/openlearn/subject-information

UNESCO Educational resource list courses

- [Link HERE](#)

Virtual Tourist

Museum tours

- Mentalfloss has an amazing list of tours
www.mentalfloss.com/article/75809/12-world-class-museums-you-can-visit-online

Stately Homes

- Virtual tours of stately homes
- www.southernliving.com/news/virtual-tour-historic-mansions

Science museums

- Virtual tours of 11 amazing science museums worldwide.
<https://interestingengineering.com/11-science-and-tech-museums-you-can-tour-virtually>

[Georgia Aquarium Live Stream](#)

[How to watch theatre around the world from your home](#)

Reading Resources

Ebooks

- <https://openlibrary.org/>

Flatten your Curve(s)! Thanks, Simone

Yoga classes online:

- www.youtube.com/user/yogawithadriene/videos

Pilates classes online:

- www.youtube.com/results?search_query=free+online+pilates+for+beginners